

THE CENTRE POST

September 2017, Issue 48

Next Issue: December 21, 2017
Submissions Due: December 1, 2017

T.J.'s Convenience Store Rebuild by Gail Salmon

There has been a lot of commotion at T.J.'s Convenience Store in Aldershot, and customers have seen the sign on the wall. I met with Lisa Bezanson, the manager of the store, as the owner, Stephen Morine, has taken a short vacation before the excitement begins. T.J.'s is not getting a facelift with renovations; it is getting a brand new building. To do this, the store will be closed on Labour Day and reopen on or around October 10th.



The store is about 27 years old. We watched the building go up, as my son was at Aldershot Elementary at the time and we were constantly passing the construction site. On completion, I remember the notes going home from the principal with rules that the children were not allowed to go to the store during the school day; I did, though, meet some teachers who partook in the fried chicken and French fries during lunch.



The back of the store once housed Pat's Used Clothing, a Frenchy's-type store, which was always busy with young parents finding cheap clothes for their children. This was my first introduction to second-hand stores as I was relatively new to the area, and a friend showed me the skills necessary to unearth bargains. The laundromat was handy for the four apartment dwellers upstairs and the many people living in the area. It also was the saving grace for those of us whose machines broke down. The gas bar and furnace fuel were also welcomed entities for the area. Currently there are 10 to 15 employees at T.J.'s, but the new store will require additional people.



Stephen Morine wanted the new building to be bigger and better and keep all the services his customers require. There will be an additional 1000 square feet of space. It will be a single-storey building set on a slab, so the entrances to both the store and the laundromat will be level with the pavement - no stairs! They are getting all new appliances and equipment. The store will have a larger, walk-around deli, more confectionary and Robin's items, and fewer grocery items. The dining area will be larger and will have more seating, and the menu will be expanded. There will also be a Robin's drive-through. Lisa said that the staff are excited about the new building, which will have three washroom facilities - women's, men's, and staff's - and there will be a staffroom just for them. The Wi-Fi will remain in both the store and the laundromat.

con't p.3

The Centre Post is published four times a year:

September, December, March and June.

The deadline for news items, etc., is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.

For announcements, stories, ads or information, contact one of the following:

**Submissions/Set-up of newsletter:
Suzanne Trudeau at (902) 678-7769
E-mail: centrepstlady@hotmail.com**

**To place an advertisement:
Mike Sweeney at (902) 679-2780.**

Assistant Editor's Note

As I prepare this edition of the newsletter, it has just dawned on me that its publication dates coincide with the changes of the seasons (sometimes I'm a little slow :). We can hope that fall doesn't pass as quickly as summer seems to have. The days are shorter, and even the morning birds' songs are different. Whatever the season, there's usually something to enjoy.

Thanks to all our contributors and advertisers for making this newsletter happen. We encourage anyone who is interested in contributing material or becoming involved in the production of the paper to contact Suzanne:
centrepstlady@hotmail.com

Anne-Marie Waterbury

Submissions may be edited due to space limitations or for clarity purposes; content will not be changed.

Centre Post Staff:

- Mike Sweeney - Advertising
- Suzanne Trudeau - Lead Editor
- Anne-Marie Waterbury - Associate Editor
- Madeline Sheffield - Distribution
- Gail Salmon - Roving Reporter

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Centreville Website

www.centreville-kings-county.com
info@centreville-kings-county.com

Centreville Hall Rental

Contact Minnie Sheffield at
902-678-6391

Dates to Remember...

- Sept 16.....Big Breakfast 7:00 -10:30 am
- Sept 20.....Park Association Meeting 7:30 pm
- Sept 21.....Good Neighbour Club 7:30 pm
- Sept 22..... *first day of fall*
- Sept 27.....CDCDA Meeting 7:00 pm
- Oct 9.....**Thanksgiving Day**
- Oct 18..... Park Association Meeting 7:30 pm
- Oct 19.....Good Neighbour Club 7:30 pm
- Oct 20.....Clothing Give Away, Baptist Church
- Oct 21..... No Big Breakfast**
- Oct 25.....CDCDA Meeting 7:00 pm
- Oct 28.....Fuel Supper 4:30 - 6:30 pm
- Nov 11.....**Remembrance Day**
- Nov 15.....Park Association Meeting 7:30 pm
- Nov 16.....Good Neighbour Club 7:30 pm
- Nov 18.....Big Breakfst 7:00 -10:30 am
- Nov 22.....CDCDA Meeting 7:00 pm

T.J.'s - con't from p.1

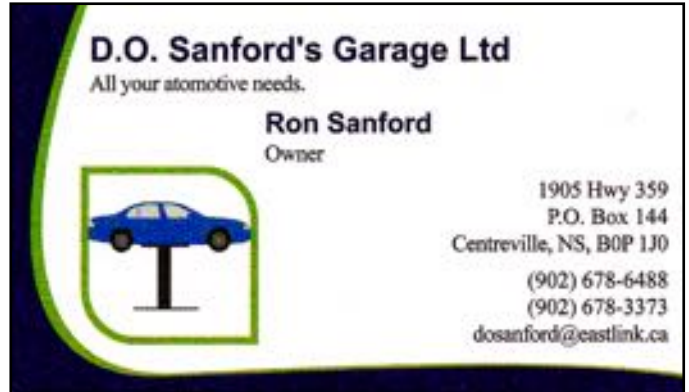
The laundromat will be getting new washers and dryers, and there will be heat and air conditioning and a television to make waiting a little more fun. The door to the laundromat will be automatic so it will be easier to carry your load and open the door, with no stairs to navigate with your baskets of laundry. You can have a coffee and donut, watch television, text your friends in the comfort of T.J.'s hospitality - all while doing your laundry.

The gas pumps will be moved to the front of the building facing the street for much easier access, and with the same gasoline services. They will still carry furnace oil for all their patrons. They are hoping to alleviate the congestion with a larger parking area, as the building will be set farther back from the road.

The brand new building will be aesthetic to the community, all the new upgrades will provide the same great service, and it will be much more accommodating and convenient for their many customers. Keep looking for the signs to let you know when the store will reopen, and I will inform you in our

December issue of the *Centre Post* of the Grand Opening. In the meantime, enjoy your autumn and keep safe.

T.J.'s has been a long-time supporter of this newsletter through advertising and distribution.



Wisdom is the ability to anticipate consequences.

Unknown

TJ's Convenience Store - Irving Gas Bar



Located at 466 Aldershot Road in Kentville.

We are open from 6 am until midnight Monday until Saturday and 7 am until midnight Sunday.

We are well known for our huge selection of magazines. On site you will find our "state of the art" self-serve laundromat.

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Finish that off with a hot cup of delicious Robin's coffee and a sweet treat baked on site.



***You're always welcome here at TJ's.
Where old friends meet to sit and relax.***



Story from the Family Farm

By Mack Frail



Summer is coming to an end, and sometimes there are signs and a feeling of fall in the air. In the early part of the summer, Sheila and I travelled by plane to Newfoundland, where we met with my sister Rachel and her husband, Jim McDonald. They had arrived the previous day from London, Ontario, and picked us up at the Deer Lake Airport in our rental car. It was Sheila's and my first trip to Newfoundland, and the third trip for Rachel and Jim. They were familiar with the island and knew the places that we would like to visit. On the way to our first destination, I was immediately impressed by the magnificent scenery. It is a rugged landscape with high cliffs and many bays and harbours where there are attractive homes and fishing boats. Our first stop for a night was River of Ponds, and it was a pleasant stay. We left there in the morning, June 30th, and arrived in St. Anthony at about 1:00 pm. It is a neat, attractive town situated on a large harbour. Its hospital was founded by Dr. Wilfred Grenfell, who was knighted in 1927 by King George V for his work and dedication in the medical profession. Dr. Wilfred Grenfell was born in England in 1865, where he attended Oxford University to become a medical doctor. He came to Newfoundland in 1892, when there were no roads to the isolated settlements. He travelled by boat and dog sled to tend to his patients. I was very impressed with the Grenfell Centre, which describes his life and his many wonderful accomplishments. From there we drove farther north to Hay Cove, where we stayed at a bed and breakfast. There we saw lots of icebergs and patches of snow higher up and in sheltered areas.

On June 31st we spent most of the day at L'Anse aux Meadows, where the Vikings settled in 1392. It is a wonderful, interesting place, especially to realize that they settled there a hundred years before Columbus arrived on the North American continent. From there we drove a long distance to Rocky Harbour. There was a lot of lovely scenery along the way - we saw more icebergs, a moose, and a whale breaking the water. On July 3rd we went on a boat tour of Bonne Bay, with a lot of other people on the boat. The guide provided a description of the areas where isolated settlements had been located, and many other things of interest. We saw American eagles and their nests, and whales surfaced close to the boat. The Newfoundland humour was appreciated, and being initiated as a citizen of the province was a memorable part of the boat tour. The initiation included kissing the cod and a taste of their Newfoundland Screech.

We arrived at Twillingate on July 4th, where we rented a lovely old salt box house equipped with everything required to set up housekeeping. Twillingate is a lovely town, with an attractive harbour and fishing boats. Sheila and I walked along the shore enjoying the scenery, which included icebergs. On our way to Clarenville the next day, we stopped at the Beothuk Interpretation Centre. I have a very keen interest in history and was interested in the history of the Beothuk, Newfoundland's native people. We stayed in Clarenville for two nights and travelled to interesting and scenic places within the general area. One of the scenic and interesting places was Cape Bonavista, where John Cabot is believed to have landed in 1497.

We arrived in St. John's on July 8th, where Sheila and I stayed with our nephew Dr. Martin Mack, his wife Anne, and their four children. It was nice to be staying in their home, where we enjoyed our family. They showed us around the lovely city of St. John's - museums, the harbour, and Signal Hill with its spectacular view.

We left St. John's on July 10th and headed back on a long drive towards Deer Lake to fly back to Nova Scotia and home. The first place that we stayed on the return trip was Botswood, a scenic town with a natural

cont p.5

...*Family Farm* con't from p.4

wide harbour and a lot of history. During early aviation, from 1937 to 1945, the town pioneered as a location where sea planes, referred to as 'flying boats', operated the first transatlantic flights across the Atlantic to Europe. The flying boats carried 72 passengers, who travelled with luxury accommodations. Botswood boasts of having had visits from VIPs that include Winston Churchill and Bob Hope.

We arrived back at Deer Lake on July 11th and had an opportunity to look around the town. The large lake from where the name for the town, 'Deer Lake', was derived is a lovely lake with a sandy beach, where we enjoyed a picnic lunch. It was named by early settlers who observed animals swimming across the lake: they were woodland caribou, but they mistook them for deer. Sheila and I were up at 4:15 am for Jim and Rachel to drive us to the Deer Lake Airport to catch our 5:30 am flight to Halifax.

We enjoyed our trip, and I am proud that the wonderful island of Newfoundland is a part of Canada.


If I were away from our lovely Annapolis Valley for a long period of time I would miss the countryside and the farming communities. Centreville is one of those communities with a broad history that includes when farming first began with the French Acadians and the New England Planters. It is a history that should be preserved, as it is with other communities. I have recently purchased a framed photograph of Ruben Thorpe's home and store located on Centreville Corner, dated about 1900, to add to my collection of Centreville history. Ruben is standing in front of his store that he had built and opened for business on May 4, 1874. The boy in the photograph is one of his four sons - probably his firstborn, William, who was the next proprietor of the store after his father. I have shared the photograph with elder residents of the community.




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Banana Blueberry Muffins or Mini Loaves

Submitted by Margie Brown,
Blueberry Acres U-Pick



Heat oven to 350° F

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- 3 - 6" x 3 ½" loaf pans (40 - 50 min)
- or 1 - 9" x 5" loaf pan (60 - 70 min)
- or 12 muffin cups (25 min)

In a large bowl, beat together: 1 cup sugar
½ cup oil

Add: 1 cup (two medium) mashed ripe bananas
½ cup plain or vanilla-flavoured yogurt
1 tsp. vanilla
2 eggs

Blend well.

Add: 2 cups all-purpose flour
1 tsp. baking soda
½ tsp. salt

Stir just until dry ingredients are moistened.

Gently stir in 1 cup fresh or frozen blueberries (do not thaw).

Pour into chosen pans. Sprinkle cinnamon/sugar over top and bake.

Cool 5 minutes; remove from pans and cool completely.

From *Pillsbury Complete Book of Baking*

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Many people suffer from inflammatory conditions such as repetitive strain injuries, arthritis, sprains, disc issues, headaches, fibromyalgia, and gastrointestinal conditions such as irritable bowel syndrome (IBS). Other people suffer from lymphedema (LE), a protein-rich swelling that can occur post surgeries (most commonly after having a mastectomy), after a trauma, or from a malformed lymphatic system.

The lymphatic system is a collection of lymph nodes, lymph vessels, lymphatic tissues (thyroid, spleen, etc.), and lymph fluid that help you fight infections and eliminate dust, toxins, dyes, lactic acid, excessive proteins, and fluids from your tissues. In other words, it is a major part of your immune system.

In 1936, an Austrian couple, Dr. Emil and Estrid Vodder, developed the Dr. Vodder technique to help individuals suffering from lymphedemas. These techniques help the lymphatic system be more effective at removing unwanted fluid and substances from the tissues and extracellular spaces. The Vodder technique of manual lymphatic drainage (MLD) is gentle and non-invasive. It utilizes sequential, repetitive motions to assist the movement of substances and fluids in the lymphatic system. In some cases, bandaging, exercise, and skin care will also need to be performed, depending on the severity of the LE.

MLD can be a powerful technique to decrease common inflammatory conditions as stated above. If you suffer from any type of condition or illness where inflammation occurs at a micro- or macroscopic level, MLD may be the therapy for you. MLD has also been shown to be beneficial with concussions, depression, reflex sympathetic dystrophy (RSD), polymyalgia rheumatica (PMR), neurological conditions, burns, and detoxification. Many individuals are now becoming aware that complimentary health care can help resolve or decrease their symptoms and/or conditions.

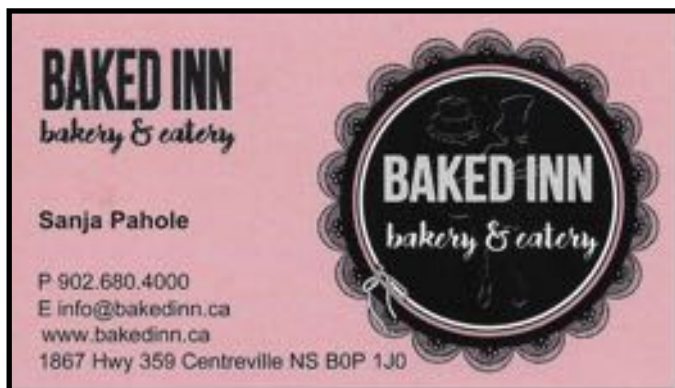
Manual lymphatic drainage is a post graduate training for a registered massage therapist. All 2200-hour RMTs are trained in lymphatic drainage; however, the Dr. Vodder technique is more efficient. To locate a practitioner who practices MLD, please visit www.vodderschool.com or call Danielle at 902-690-7227.



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Update from the Marsh **by Gren Jones**

As I write this article, a massive event is taking place in the state of Texas and along the Gulf Coast. The largest and most powerful hurricane to date of the 2017 season unleashed its fury along the coast before heading inland.

It is at times such as this that we can be thankful it wasn't 'our turn!' We've had our share of nasty storms in the summer, and one only has to visit the Fishermen's Memorial in Lunenburg to understand that even in the 1920s there were powerful storms.

One such storm in recent years that many won't forget was the 'perfect storm.' It was one that affected me and my family personally at our waterfront cottage in Summerville, on Port Mouton Bay in Queens County. We believed that the cottage was going to be destroyed by the relentless waves. Fortunately, it wasn't, and I can assure you that it is well protected by a concrete foundation and a massive sea wall.

At that time, many locals claimed that it was a '100-year storm.' This, of course, is far from the truth, as more and more storms continue to batter our province. Whether we like it or not, climate change is a fact of life and we all need to be prepared. According to the scientists at the Department of Fisheries and Oceans (DFO), ocean waters around Nova Scotia are warming this year. Further, we are experiencing higher and lower tides. In the 17th century, the Acadians settled in places that were fertile but required some 'infrastructure'. Many of these settlers came from Western France, where one can see how the lowlands were adapted to agriculture by creating the *polders*, or plots of fields that were protected from the tides. They built dykes to prevent the sea from flooding their lands. In places such as the Bay of le Mont-St-Michel, windmills were also built to pump out the water as the powerful tides invaded their farmlands. When the Acadians arrived they began building dykes, but instead of windmills they created an innovative way of preventing the waters from flooding their lands on a daily basis. It is believed that the *aboiteau*, a wooden structure hewn from logs and containing a wooden clapper, kept the sea at bay. Life was good!

Today, with rising tides, warmer winters, and more frequent storms, we have a problem. In Nova Scotia, there are about 260 km of dykes that, for centuries, have continued to protect farmland. These dykes can be found not only in the Annapolis Valley, but also in Cumberland and Colchester Counties. With rising sea levels and the concerns over shoreline erosion, major

decisions about the dykes will need to be made. Ducks Unlimited Canada (DUC) and federal/provincial Departments of Agriculture are studying the situation. The cost of repair and restoration work is a primary consideration. Dykes are being repaired and reinforced in some areas, while in others another solution is being considered.

At Beaubassin, near Aulac, New Brunswick, a project was started several years ago. In this area, there are inner and outer dykes around Tongue's Island. Scientific research to support the work comes from Acadia and Mt. Allison Universities, along with other schools. In this particular case, shoreline erosion due to the powerful tides led to a project in which the outer dyke walls were opened in several key spots. These openings are perhaps 10 meters wide. Thus, the sea began to wash into the area between the two dykes and, as a result, a buffer zone that is essentially a salt marsh has been created with the ebb and flow of the tides. Students are involved in various research projects providing an in-depth look at which species of fish and other wildlife and flora have appeared. The results are very positive and the dyke walls are healthy.

DUC is aware that some dykeland will not be maintained by traditional methods. These places will revert to salt marshes over time. Obviously, they are in locations where agricultural practices have disappeared. Locally, the Cornwallis Marsh, a DUC project created 30 years ago when the connector road from New Minas to Belcher Street was built, has been decommissioned. The dyke walls have been hit hard in five spots by the forces of the tide. No amount of funding would prevent this marsh from degrading to the point where the walls will disappear. Thus, with due diligence, the water-control structure is in the process of being removed and Mother Nature will run its course. We fully expect that this beautiful pond will become a healthy salt marsh where wildlife will continue to thrive.

Update on Rescue Our Wetlands-™

The campaign is going very well: our objective of 500M\$ will be achieved by December 31, 2018. This is part of a larger, continental fundraiser that will raise two billion dollars, the largest private campaign ever organized in North America.

If you are interested in donating or in making a legacy gift to Ducks Unlimited Canada, I invite you to contact me-
< gc_jones@yahoo.ca > or
902.670.4967.



Centreville Who's Who 2017

Each year, the Municipality recognizes individuals who are particularly notable volunteers.


Doug Brown, George Graves, and Mary Ellen McDuff have provided outstanding service to the community through volunteering with the Hall Association, the Good Neighbour Club, the Centreville Park Association, and the Centreville and District Community Development Association.

They are shown here with Mayor Peter Muttart, who invites us all to join him in celebrating the riches bestowed on our communities by volunteers. There are thousands of volunteers and countless hours clocked at community organizations located in all four Kings County municipalities. It must be said that the generosity of neighbours like Doug, George, and Mary Ellen is what makes Centreville flourish. When you look around and see the many things there are to like about Centreville, you can be sure that a volunteer played a role in making it happen. Thanks Doug, George, and Mary Ellen. You are our volunteer rock stars for 2017!

Pauline Raven



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CDCDA Bursary

For the past several years, the Centreville District Community Development Association has awarded a \$500 bursary to a local student who is a member of Northeast Kings Education Centre's (NKEC) graduating class. CDCDA President Merv Steadman presented the award to this year's recipient, Shirley Hodder, during the graduation ceremony. Shirley, who is the daughter of Tracy Gibson and Stanley Hodder, will be attending Dalhousie University this fall. Our congratulations and best wishes for continued success in her studies.



Education is the most powerful weapon which you can use to change the world.

Nelson Mandela

Eagles

**Steven Hopper, D.Min.,
Senior Pastor, Centreville
Baptist Church**



For as long as I can remember, I have been fascinated by bald eagles. They are such a majestic bird. They are Canada's largest bird, with a wingspan that can exceed six feet, and weighing in excess of 15 lbs. Living close to the ocean, fish are their natural prey, although they have been known to steal such prey as recently-shot ducks before an alarmed hunter. I am equally amazed at the size of their enormous nests. The bald eagles return year after year, adding to and expanding their nests until they averages six feet in width and three feet in height. (For more interesting facts about bald eagles, Google the New Brunswick Museum website.)

The day I moved to Centreville was the very weekend of the 25th Annual Eagle Watch in Sheffield Mills. Unfortunately, unpacking kept us from attending the event, but we did drive by and wondered what it must have been like to see the birds so close.

I discovered something similar as I rode my motorcycle near Aylesford Lake this summer. A large adult bald eagle quickly dove from the sky toward prey on the side of the road. Its keen eyesight enabled it to see its target, which was unnoticed by me. Fortunately, the rodent lived to see another day as the sound of the motorbike caused the bird to give up on its prey and ascend high into the sky. Not, however, before flying so close to me that I could not only see its massive wings, distinctive white head, yellow bill and feet, but also those brownish-yellow piercing eyes.

I suspect my interest in this bird can be traced back to my childhood religion classes in my family's church in New Brunswick. There, we were encouraged to memorize bible verses. The following was one that I tried to commit to memory.

*But those who wait on the Lord
Shall renew their strength;
They shall mount up with wings like eagles,
They shall run and not be weary,
They shall walk and not faint.*

Isaiah 40.31

This Bible passage teaches that our faith in God is a great resource for us in times of weakness or difficulty. He gives us strength to cope with all of our challenges. When we are tired and worn down by all of the stuff of life, wondering how we can ever carry on, God does not abandon us. Instead, through a variety of means, He recharges our batteries, allowing us to carry on.

I have been asked the question, "Of what practical value is faith?", or to word it another way, "What real noticeable difference will the Christian belief system make in my life?" Strength to carry on, as alluded to in this passage, is a partial answer to this question. Don't just take a preacher's word for it. Science appears to support this truth as well. In an article titled, "The Science is in: God is the Answer", Lisa Miller of Columbia University reported that her research shows that kids raised with spirituality are happier and healthier. She goes on to say that an intensely felt, transcendental sense of a relationship with God is more protective than any other factor against life's dangers. Spiritually-oriented children do not shy away from hard questions and difficult situations as they grow older. (MacLean's, March 30, 2015). Certainly, what is true for teens is true for adults. Faith gives us a grounding that helps us stand strong in the midst of adverse conditions.

So why not give faith another chance?

This fall, the Centreville Baptist Church will offer a variety of programs to help people of all ages explore or re-establish their faith. We offer Sunday morning worship services and a children's program, Wednesday morning bible studies for adults, youth groups for teens, and Mid-Week. Please call the church office at 902-678-1946, visit our Facebook page, or download our app for a full schedule and times for each program.

Centreville Baptist Church

870 Murray Drive, Centreville

We are here to serve the community. Our excellent facilities may be available to you - simply contact the church.

Steven Hopper, Senior Pastor
902-678-1946 (Office)
cvillebaptist@eastlink.ca

Community Events

Annual Fuel Supper Centreville Community Hall



Date: Saturday, October 28, 2017

Cost: \$12 Adults; \$8 Children

Time: 4:30 - 6:30 pm

Anyone who would like to help or donate, please phone Mary Ellen at 902-679-9780.

Fall & Winter Clothing Give Away

Centreville Baptist Church, Murray Drive

Date: Friday, October 20, 8:30 - 11:30 am

Sponsored by Centreville Baptist Church Missions in Action

Donations of clean clothing, bedding, and towels accepted one week before – **October 12 - 19 only** – due to storage limitations.

Items for children are especially appreciated.

NO SUMMER CLOTHING WILL BE ACCEPTED at this time.



For further information call 902-678-7584 (Madeline) or Centreville Baptist Church 902-678-1946.

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The Good Neighbour Club

Susan Wood

The GNC is hoping everyone had a great summer, as it is coming to a close. It feels like fall a little early with the cool nights and evenings, but the daytime is nice.

Our meetings start on September 21st, and the Big Breakfast will be on September 16, 2017. A reminder that there will be no breakfast in October, as we will be busy with the Fuel Supper.



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www.eaglecrestgolfcourse.com



Centreville Park and Recreation Association Report

George Graves, President

Recently, the final additions to the playground area were put in place. We now have spring toys (two whales and a frog), a teeter-totter, and a merry-go-round. Members of the association, as well as mothers and their children, helped to spread wood chips at the base of these toys for soft landings. This completes the children's playground, which is also enjoyed by the parents and grandparents as they watch from picnic tables nearby.

Centreville Day was rescheduled from August 19th to the 26th due to rain. It turned out to be a beautiful sunny day and was very successful, even though some of the features, such as the Bouncy King and entertainers, weren't available for the 26th.

Families came out to take part in the different games and prizes. Scott Henshaw's wagon rides were very well received by young and old. The Kentville Fire Department provided sprinkler showers for the children, and a baseball tournament consisting of twelve Mosquitoes teams took place from 9:30 am to 4 pm.

There was a large canteen to feed the crowds, manned by volunteers. Two members of New Minas Scotiabank were on hand this year, as they will match funds raised by the canteen, 50/50 sales, etc., up to \$2,000.

The 50/50 draw was a huge success this year thanks to our ambitious volunteer, Bob Richards. We raised \$450.00 and \$225.00 went to the lucky winner, Ruth Corkum.

Matt Millett provided musical entertainment for the evening before cake and the great fireworks that capped off the evening.

We would like to thank the Municipality of the County of Kings and the businesses that contributed money for the 9 pm fireworks by Adam Horton and his wife: Stephen LeBlanc Construction, Foote's Farm Market, Bob Ansem's Farm, Pineo's Pet Spa, Colby Daniel's Rust Check, Chris Hines Automotive Repairs, Kevin Smith Driveway Sealer, and D.O. Sanford Garage.

The Board of Directors extends its sincere thanks to Centreville Day 2017 sponsors and all who volunteered or participated to make this Centreville Day the success it was!

In other news:

Special thanks to Eaglecrest Golf Course for their donation of a portion of the proceeds from a golf tournament held earlier in the summer.

Signage: There are two new park signs (4' X 8'), one at the Sherman Belcher Street entrance and the other at the Saxon Street entrance. They showcase all that the park has to offer and are quite visible. They were made by Auto Trim and erected by Stephen LeBlanc Construction.

Summer Student: Many thanks for Brendan Haughn's hard work at keeping the park in tip top shape and for looking after Tuesday and Thursday morning day camps. We wish him well with his continued studies.

Fall Cleanup: There will be a fall cleanup at the park. Watch for the date at the Community Hall signage or the Park Association's Facebook page.



Centreville Day

August 26, 2017



A beautiful butterfly...



Scott Henshaw's wagon rides were very well received...

**Fireworks at
9:00pm
Centreville Park
and Matt Millett is
playing @5:00pm!**

*Entertainment, and
many thanks to the
fireworks sponsors...*

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Pauline
Raven
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Your voice. My voice.
Our voice!
Councillor District 2

What is “FCM” and why does it matter to us?

The FCM is the Federation of Canadian Municipalities, and your county stands to benefit from its membership in this organization like never before.

Building on the great results of the last federal budget for municipalities, FCM has continued negotiating on behalf of all municipalities throughout this summer. The key topics on the table with its federal counterparts in Ottawa have been:

1. Full and fair cost-sharing;
2. Municipal access to green infrastructure funding and, most importantly for us,
3. Empowering rural communities.

The 2017-18 increases in infrastructure funding available to communities, alongside the wider range of uses permitted, is solid proof that Ottawa is listening to “local voices”.

Why should this matter to Centreville?

Once upon a time, federal funds available for municipal projects had very restrictive uses and our municipality has tended to use its share almost

exclusively on water and sewer projects. Now it’s possible to start assessing if communities are interested in other things: for example, community energy systems, improved broadband connectivity, projects related to culture, tourism, recreation, etc.

The FCM should have announcements to make about the results of its summer negotiations later this year. Meanwhile, I am keeping in touch with Minister Brison and looking forward to what will emerge from the collaborative relationship between the FCM and our federal government.

There’s a slogan being used by the Green Municipal Fund: “Big or Small---Sustainability for All.”

But grabbing hold of the opportunities FCM is creating, that’s entirely: “Up to Us”.

I’m bringing forward some ideas for hosting a discussion on these topics to the Centreville and District Community Development Association. Meanwhile, I am very interested in hearing from anyone with an interest in community energy systems or other green-energy initiatives. Give me a call anytime, 902.670.2949. *Pauline Raven*

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Cell: 902-670-0387
Res: 902-678-3773
Fax: 902-678-0387

Centreview Farm
Wagon & Sleigh Rides

Scott Henshaw
7810 Hwy 221
Cell 902 670 0387
Home 902 678 3773

Firewood & Kindling for Sale

Charles Macdonald Concrete House Fred Macdonald

Another summer season has come and gone at the Charles Macdonald Concrete House. We thank Sarah Lincoln and Lucy Wilkie for their invaluable help in welcoming visitors to our museum gallery and indeed, to our community. We wish them the best in their future endeavours.

In early August an event was held at the Concrete House to unveil a new cancellation stamp for the Centreville Post Office. It recognizes Charles Macdonald's international travel at the turn of the last century, featuring an outline of one of his concrete deer statues. Collectors are already inquiring about its release. Geof Turner and Ruth Legge unveiled the design.

A talk and tour of the Concrete House and cottages was the last event of the season for us, and the first of the season for Kim Vaughan and her Rangers.



On July 29, Kevin West and Lucy Wilkie represented the Charles Macdonald Concrete House at Prescott House's Heritage and Culture Family Day in Starr's Point (Used by permission of Paul Illsley)




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Community Groups

Good Neighbour Club

The Good Neighbour Club (GNC) meets at the Centreville Hall at 7:30 pm on the third Thursday of the month (except June, July and August). All Centreville women are welcome to attend and join the club.

'50-Plus' Group

The '50-Plus' Group meets at the Centreville Hall every Wednesday, 1:30 - 4:00 pm. New members are welcome.



Pins and Needles

Anyone is welcome to join us at the Community Hall on Thursdays. Bring along a craft you are currently working on and a paper bag lunch, and stay for the day. Tea and coffee are available. We also get together once a month to work on 'comfort quilts': These are made with donated fabric and are sewn and tied, then given to organizations to provide comfort to those in need.

For further information call Ann Steadman at 902-678-4472

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on Monday evenings. Weigh-in is from 6:00 to 6:30 pm, followed by a short meeting. We are open to new members at the cost of \$48.00 yearly, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night. For more information contact Sheila Frail at 902-679-5274 or Madeline Sheffield at 902-678-7584.

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held every Tuesday at 10:00 am at the Baptist Church here in Centreville. For more information, please contact Sue at 902-681-6446.

Centreville Hall Rental

Contact Minnie Sheffield at
902-678-6391

Centreville Park Association

The Centreville Park Association meets the third Wednesday of each month at 7:30 pm at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are those who make the park a success.

Next meetings - Sept 20/17, Oct 18/17

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall
When: Fourth **Wednesday** of the month
Time: 7:00 pm

Exceptions: June, July, August and December by notification

All meetings are open to the public — come out and support your community's development!

Next meetings: Sept 27/17, Oct 25/17

Please note the change in meeting night.

Cancer Support Group

For women with and/or recovering from any type of cancer.

Meeting the 3rd Wednesday of each month.

Info:

Dorothy 902-538-3374 msalsman@xcountry.tv
Pat 902-678-9100 patmutch@hotmail.com
Margot 902-542-1466 margotwithat@hotmail.com

Battery Recycling in Centreville

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 am - 2:00 pm, as well as at the monthly Big Breakfast, except in July and August.



All batteries can be turned in **except** car batteries.