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# THE CENTRE POST

The March wind roars  
Like a lion in the sky,  
And makes us shiver  
As he passes by.

When winds are soft,  
And the days are warm and clear,  
Just like a gentle lamb,  
Then spring is here.

- Author Unknown

## COMMUNITY EVENTS

- 3rd Mon. of month Sheffield Mills & District Women's Institute
- 3rd Thurs. of month GNC  
*Good Neighbour Club*
- 3rd Sat. of month 'Big Breakfast'  
7 – 10:30 AM
- May 7th – Annual Pig Roast  
*CDCDA*
- May 24th -Annual Meeting  
*CDCDA*
- 200th Anniversary Events  
First Cornwallis Baptist Church  
*(see the back page for more information)*

Do you have an interesting story about Centreville? Do you belong to an interesting organization or do you have a picture you think would be of interest to the community? E Mail to Isabel Tait or call 678-9765 [isabelbruce@eastlink.ca](mailto:isabelbruce@eastlink.ca) Terry-Lee King checks the content and keeps us on track.

To place an advertisement call Mike Sweeney 679-2780.

The 'Centre Post' is printed by B & B Paper Plus, New Minas.

Check out Centreville's Web Site [www.centreville-kings-county.com/](http://www.centreville-kings-county.com/)

## OUR WARMEST THANKS

Over the last two years, Shari Mckenzie-Ramsay has spent countless hours putting the Centre Post together. Without her contributions we would not have been able to revive our community newsletter. Shari is now leaving her post at the Centre Post. Her talents will be missed. Thank you Shari for all of your noteworthy contributions to the community.

And so, we march in this March issue with a new editor. Isabel Tait has graciously accepted the responsibility of compiling our newsletter. We welcome Isabel with as much enthusiasm as Shari has put forth into newsletter over the last two years. Our warmest thanks to Shari and Isabel. We appreciate the time

they devote to our community.

The Centre Post is published quarterly, Mar. 21, Jun. 21, Sept. 21 and Dec. 21 with submission deadlines being Mar. 01, Jun. 01, Sept. 01 and Dec. 01 respectively. If you would like to contribute to your community we are always looking for volunteers to enrich our newsletter. Any articles, recipes, tips, or announcements will be greatly appreciated in our upcoming issues. Many thanks to the people who already have contributed to their community. Please feel free to email your submissions at any time to Isabel at [isabelbruce@eastlink.ca](mailto:isabelbruce@eastlink.ca) or mail to Isabel Tait, Box 141, Centreville, B0P 1J0.

Remember, the June issue of the Centre Post will arrive in your local post office, Foote's Farm Market, Ward's General Store, Kwik-way and Sanford's Garage on June 21, 2007.

## "BEST BUDS" meet 3rd Thurs. of the month 7-9 PM at St. Paul St. Stephen, Kentville



One year ago "Best Buds" a Breast Cancer Support Group was started in this area. Four local women, survivors of breast cancer, began the process. Their mandate is to share questions, feelings, information, ideas, treatment options, side effects and sometimes funny anecdotes.

*"We do not give medical advice."*

Many have said, breast cancer survivors are a most upbeat and caring group. Camaraderie is the biggest drawing card and just knowing others have been there helps. Special speakers on select topics add to our meetings. For more information call Dorothy Rand 582-7043 and leave a message.

### Centreville District Community Development Association BOARD OF DIRECTORS' MEETINGS

**Where:** Centreville Hall

**When:** Fourth Thursday of the Month

**Time:** 7:00 PM

**Exceptions:** JULY, AUGUST & DECEMBER

BY NOTIFICATION – *All meetings are open to the public come out to*

## BLOMIDON COUNCIL #918



*People Helping People Since 1888*

### **A Fraternal Benefit Society**

*For more information call Membership Chairman:  
Phil Beeler, 678-8115*

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at time of order.

## BLOMIDON COUNCIL #918 UCT

The Order of United Commercial Travelers of America is commonly referred to as UCT; it is a fraternal benefit society offering its members various insurance products and other benefits. You are not required to buy insurance to join us but it is there if you wish to use the service.

A unique group of men and women joined by the theme "People Helping People." Interested men and women are invited to join and enjoy the fellowship and support of the group. We reach out to our communities and lend a helping hand to those in need.

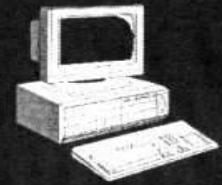
One of our special projects is helping those labeled mentally challenged; another is cancer care in the Valley and Province; also youth in sports by encouraging our youth to be active and by helping pay for uniforms and tournaments.

It should be noted that while we acknowledge the Travelers Club in Kentville we are not affiliated with them and are a separate entity.

We usually meet the fourth Monday of the month in Canard United Church hall. At times we have breakfast meetings, BBQ's or informal outings.

If you would like to learn more about Blomidon Council #918, UCT or to join us call Phil Beeler 678-8115, Membership Chairperson.

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## TIPSY GARDEN POTS by Pamela Peverill

*Want an interesting conversation piece in your garden?  
Why not make some tipsy pots.*



You need a piece of rebar, or a long dowel or any long metal rod that can be pushed into the ground. Push rod into the ground about 30 cm. Slot the first pot over the rod (through the center hole) and down to the bottom, fill with dirt, and then slot another pot over the rod and down to rest on the first one and fill with dirt. Continue adding pots one at a time and balance each one on the edge of the previous pot. Adjust the amount of "tipsy" you want for each pot as you add them. You can add as many pots as you wish depending on the size of the rod you have.



You can also get creative and instead of using pots, you could use old metal containers, metal pots, old metal tea kettles, old watering cans. The finished result is only limited by your imagination.

## WOMEN'S INSTITUTE

*"Learning, Sharing and Improving the  
Quality of Life for All"*

WINS – Women's Institute of Nova Scotia is a community-based, educational organization, active in more than 60 communities across Nova Scotia.

Sheffield Mills & District WINS takes in Centreville, Canard and Sheffield Mills and area in between.

Our interests include: Nutrition and Health, Agricultural Awareness, Buy Nova Scotia, Environmental Awareness, Personal Development, Water Quality Issues, Education, International Understanding, Leadership Skills.

Every year WINS gives two scholarships to deserving students.

To learn more about WINS email: [osbornct@gov.ns.ca](mailto:osbornct@gov.ns.ca) or come to a meeting; call our President Mary Swetnam 582-3970, for location and time.





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**SUBTOTAL OF A SUCCESSFUL VENTURE** by Marke Slipp

There's been a lot of activity going on in the warehouse in Centreville during the past couple of years. Who would've thought that Centreville would be the host to a multi-million dollar company that services businesses all around the planet? But then again, why not? Centreville used to be a hub of economic activity long ago.

Back in the 1930s Centreville was a bustling little community and the warehouses were a large part of the commotion at the time. Trains came in from the wharf at Kingsport, in the eastern part of the county, and from orchards as far away as Somerset in the west. Depending on the day or season, they might be filled with apples for the warehouses or students on their way to school in Kentville.

Heavily laden with apples, it would sometimes take two engines to pull forty boxcars from the warehouses to the depot in Kentville. Some of the old timers in the village (or "Growth area" as it is now termed) remember the sounds of train whistles blaring as the engines chugged past the railway crossings getting up enough momentum to climb the slight rise in elevation going into town.

After W.W.II the apple industry declined severely. The warehouses (there were four originally) became potato storehouses. In the 1960s they became a Hostess Foods chip factory. After that they were idle for a while. A Frenchy's outlet came and went. So did Centreville Dodge, although the sign still lingers like a lost beacon.

But now there is a new engine chugging away at the old warehouse. And it is the type of business that is

needed in our area. Daryl Fraser created a company, Subtotal-POS, which services thousands of Subway franchisees, the world's largest fast food chain ("if you count the number of outlets"). Some people have referred to it as a "Call Center", but it is only partially that. Daryl likes to call his operation "an Integrator", providing a total package to his clients: hardware, software and service.



Daryl started all this with the Subway franchises he owns in Coldbrook and Berwick. In 1999 he was having trouble with his

point-of-sale (POS) system at his outlets. He wanted something that worked more effectively for his purposes and got together with his friend, Mark Connors, and together they created a new system for his restaurants. When other Subway franchisees saw what had been created, they wanted the same for their own operations. Now there are over 4500 systems in outlets in 19 countries: from Australia and the United States to Norway and Sweden; from England, France and Germany to Spain, Guatemala and Mexico. Subtotal also provides their clients with other devices, such as the digital surveillance systems that remotely monitor the various activities of the outlets. More information on the products Subtotal provides can be found on their web site, <http://www.subtotalpos.com/>.

Subtotal has 27 employees from various locations around Kings County working in the newly renovated, air-conditioned offices inside the warehouse. There are call center technicians, plus software development, administration, software testing and ship-

ping departments. They used to build the computers on site but found a more cost effective place to get them built. "As we become bigger, we become more efficient," says Daryl. And he has plans to get bigger yet. Subtotal is also developing unique software for a new taco franchise out of the States. And Daryl has plans to put up a large building beside the existing one that will house servers for his next development: an online Java-based software that will be used by clients directly off the Internet, and serviced from Centreville.

It's a long way from the cooperages and smithy shops of the 1930s to the cyber enterprise of the 21<sup>st</sup> century that is now in the warehouse. But Fraser's Subtotal business certainly adds up to a bright future!

**BETWEEN THE BUSHES  
BLUEBERRY CAKE**

(also nice made as muffins)

- Mix: 2 cups flour
- 1 cup sugar
- 1/4 tsp salt
- 3 tsp baking powder
- Cut in: 1/2 cup margarine
- Add: 2 beaten eggs
- 1 cup of milk
- Finally
- add 1 1/2 cups of blueberries
- Place in an 8 X 8 pan (or if you prefer muffins - place in muffin pan)
- Cook at 350 degrees for 50 minutes

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## Make it your F.O.L.T. (Focus On Long-Term)



Investing well is not easy. It's true because the way we humans think is not ideally suited to the business of making investments, let alone successful ones. Consider that we're all generally most concerned with the "here & now". What happens in the present looms much larger than the future and for many, the distant future barely looms at all.

When it comes to the future, an investor needs to understand the term "time horizon"- the period of months &/or years before he/she begins to draw income out of that investment. This determines if the investment should be short, medium or long-term in nature.

This article will focus on the most prevalent investor – the long-term one. To be a successful long-term investor (whether doing it yourself or working with a trained, qualified advisor), you need to think in long-term time frames – matching your time horizon. With that realization, comes the requirement to make the proper investment choices. You shouldn't invest in the stock market if you're not prepared to follow through with these principles in tow.

This truism exists for several reasons. First, lets look at the promise of stocks. Over extended time frames, stocks have bettered the average returns of most other asset classes. Look at the annual compounded growth rates for Canadian stocks during the past several decades:

- 1950s = 13.2%
- 1960s = 10.0%
- 1970s = 10.4%
- 1980s = 12.2%
- 1990s = 10.6%

Over the last 5 years, up to November 30th last year, our S&P/TSX has compounded at 13.6%. These numbers are very attractive and consistent over those time frames, but when you look at the same market over short periods of time, you'll be far less pleased. The best year for Canadian stocks has been a stellar 86.9%, while the worst was a devastating 39.2%. As well, years with losses will actually happen regularly.

This may be where you wonder why you can't avoid those disappointing years and invest only when the markets are on your side – going up.

While a great idea, history and economics has shown us that you're unlikely to correctly predict the markets' short-term direction. Most well-bred money managers are only able to outperform the markets over the long-term. They're not concerned about their short-term performance.

**Got the lesson here? Focus on the long-term value, not the short-term despair, as the wealthiest men in the world do.**

Although the stock markets will always yield relatively high returns, they'll also force us to deal with short-term volatility, just like what's happened from February 27<sup>th</sup> onward this year. No one saw this latest sell off coming.

If you're still thinking you can avoid the volatility bullet, STOP IT!!! Those who know have a mantra that says "It's time IN the market, not TIMING the market that rewards you over the long-term." When you're out of the market, you not only avoid the bad days but you also miss the great days. That's a risky strategy when you consider, that out of the 2528 US trading days in the 1980s, only 40 were responsible for a whopping 88%

of that decades return. Missing those days would have been crushingly expensive.

Successful investing will always require skill, but all the skill in the world is worthless if you or your advisor doesn't stay focused on the time horizon for the goal to be reached.


Stay tuned for articles on other strategies that may fit into your financial planning efforts.

*Steve E. Peverill PFP, is an independent Professional Financial Planner, living with his family here in Centreville and practises throughout Kings, Hants and Halifax counties.*



### JOKES FROM AND FOR KIDS

- Q: What sound do porcupines make when they kiss?  
A: Ouch
- Q: What did one fish say to the other?  
A: If you keep your mouth closed you will not get caught.
- Q: Why are fish so smart?  
A: Because they live in schools.
- Q: What is the longest word in the dictionary?  
A: The word smiles because there is a mile between each s.
- Q: Who earns a living driving their customers away?  
A: A taxi driver.
- Q: What do you get when you cross a dog with an elephant?  
A: A very nervous postman.

 How many Easter Eggs can you find in the Centre Post?  
See back page for answer.



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## “THE BODY CORPORATE”

By Rev. Michael Gibbons, Canard United Church

It would appear as though we are now through the worst of the winter, and quite frankly, it's not a winter I would relish living through again. Along with the cold temperatures of the latter part of the season, came the announcement that the Maple Leaf Plant in Canard would close. The week that the announcement came I was working on Sunday's worship service, and as I turned to the Lectionary reading for that Sunday I read the well-known, well-loved words of the apostle Paul: "For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. . . . If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it" (1 Cor 12: 12, 26 NRSV). We are a hurting community, and while we put on a brave face, in true Maritime tradition, there are members of our community who are in great pain – the body is broken. As a community we need to stand with one another, and

support one another in our endeavours.

Now of course some of you will think that I'm *preaching to the choir*, and in all likelihood I am. And while I am not so idealistic to think that there is a perfect solution for what has happened with the plant in Canard, I do see it as a sign of things to come. We have a responsibility to look after one another; to help and to care for who and what we are.

Outside of Kitchener-Waterloo in Ontario there are still some old order Mennonite communities. These are the Mennonites who still wear traditional dress, and who keep to what are traditionally called "the old ways." One of the most distinctive features of these old order Mennonite communities is that they still use horse and buggy as their mode of transportation. Most of us who either visit, or see these communities, are usually struck by how quaint this way of life is. What we usually miss, however, is the deep theology which informs how

these people live. I'm sure there are a good number of old order Mennonites who quite frankly can't stand their horse and buggy, but by using it they ensure that their economy is kept to a radius of human contact. When we are able to move rapidly with cars which move over 100 km/hr we expand our radius to a huge area. This means that when I keep my radius of economy and commerce to a small radius I ensure that my neighbour has a job, and that another family benefits from the purchases I make. Now I'm certainly not advocating horse and buggy as the norm, but it can be a mindset we use when we think about how we live in community.

As we venture further into this season of Lent, and as we make our way towards the joy of Easter, I would invite each one of us to examine our own lives, and to discover how we are called to be in community with one another, and to work towards a body which is whole. Pax  
www.freewebs.com/canardunited/

## EASTER BUNNY CAKE By Pam Peverill

white cake mix  
white frosting  
shredded coconut  
jelly beans



Take one box of your favourite white cake mix. Bake in two, eight or nine inch round pans, according to directions. Turn out to cool. One of your cake rounds will be used for the ears and bow tie; the other will be the bunny face. To cut the ears and bow tie, imagine the cake is a clock. Starting between one and two o'clock, cut a graceful arch toward the middle, then back out to the edge, ending between four and five o'clock. This will be one bunny ear.

Then, starting between ten and eleven o'clock, cut another arch toward the middle and down to between seven and eight o'clock. Now you have your other ear. What is left will be a big bow tie. Cover a large cookie sheet or piece of cardboard with aluminium




foil. Place the round cake about 2/3 of the way down, or far enough down that the ears will fit on the head. Place the bow tie under his chin, and the ears at the top of the round cake, positioning them like "rabbit ears," or a wide-bottom "V."

Using your favourite white frosting, frost the whole cake. If you like, you can frost the bow tie a pastel colour. Use coconut to cover the bunny face and ears in fur. (Or if some of your family doesn't like coconut, leave the ears and bow tie without it.) Colour some other coconut with green food colouring, and place that around the outside of the bunny.

Using jelly beans, give the bunny eyes, a nose, and mouth, and if you like, line the inside of the ears with pink jelly beans, and give the bow tie some colourful jelly bean polka dots.



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## NEWS FROM CENTREVILLE BAPTIST CHURCH by Angus Ells

Spring is a time of new beginnings and on April 15<sup>th</sup>, Centreville Baptist Church will celebrate two of our own.

Firstly, we will celebrate the official opening of our new sanctuary. After many hours of volunteer labour over the past year we are nearly ready to move our worship services into this new and larger space. Secondly, Sunday worship services will begin at a new time – 10:20 am.

On Sunday, March 4<sup>th</sup> a special service was held to honour all those in our communities who work in agriculture and the agri-food business. This was our way to say thank you to the people whose efforts provide us with our daily bread. We continue to pray in particular for those affected by the impending Maple Leaf Poultry closure and for all those working in the pork industry. We also look ahead to the coming growing season and pray that God will provide a bountiful harvest.

Easter is quickly approaching and we invite you to join us for Easter. There will be a Maundy Thursday service at Centreville Baptist – 6:30 PM, April 5<sup>th</sup>. The Canning & Area Inter-Church Council will be holding an Ecumenical Good Friday service at the Canard United Church 11 AM, April 6<sup>th</sup>. Easter Sunday, April 8<sup>th</sup>, worship begins with an Early Morning service at 7:00 am on the Hall's Harbour Wharf. This will be followed by a breakfast at Centreville Baptist. The Easter Worship Service will begin at 10:55 AM.

Mission work is an important ministry at Centreville Baptist. We have a goal of sending someone on a mission trip every year. Last year, we were blessed with several mis-

sions ministries. Lisa Stewart spent most of the year in an inner-city mission in Toronto; Larry and Sarah Knowles went on a father-daughter mission trip to Bolivia in the spring; and Nova Keddy and Angus Ells and their children Luke, Amos, Emma, Brianna and Nathan participated in a family mission trip to the Czech Republic during Christmas. Currently, Katrina Brittain is undergoing missionary training in Kenya and we have partners in mission in Nairobi, Kenya – the Des Roches.

A typical week at Centreville Baptist is filled with many activities:

**Sunday**  
 9:30 A.M. Adult Sunday School  
 10:30 A.M. Children's Choir Practice  
 10:55 A.M. Worship Service  
 (changing to 10:30 A.M. April 15<sup>th</sup>)

**Monday**  
 6:00 PM TOPS  
 6:30 P.M. Children in grades P-6  
 7:00 P.M. Youth

**Tuesday**  
 10:00 A.M. Senior's fitness classes  
 1:30 P.M. Ladies Bible Study  
 7:15 P.M. Evening Bible Study  
 7:30 P.M. Evening Workers Auxiliary

**Wednesday**  
 10:00 A.M. Mom's morning out  
 10:30 A.M. Men's Group

**Thursdays**  
 8:00 A.M. Early Morning Prayer.  
 10:00 A.M. Senior's fitness classes

We encourage you to join us for any of these activities that you may be interested in. Also, we invite you to drop by the church and share with Pastor Marc and Pastor David any prayer requests, questions, or concerns that you may have.

## GOOD LUCK MASON



Mason Foote accepts cheque from David Briggs of the CDCDA.

Centreville and area residents and the Foote family banded together and raised enough money to send sprinter Mason Foote to Disney's Wide World of Sport in Orlando, Florida. He is one of four Kings County athletes (29 in Nova Scotia) chosen to attend the Team Nova Scotia training camp. The athletes will train and compete at the Disney track and field complex in Orlando and at the U.S. National Training Centre in Clermont, FL.

They will take part in daily clinics and receive training from US Hall of Fame coach Brooks Johnson as well as Dennis Mitchell who is an Olympic Champion and former world record holder in the 100 metres, as well as training the athletes will compete in track and field events, including the Disney Showcase, Disney Relays, US Training Centre trials and the world-renowned Disney World Invitational. This is a unique training opportunity. The CDCDA was pleased to be able to help Mason in a small way and wish him well in his chosen field.

Good Luck, Mason. Your community and family are proud of you.

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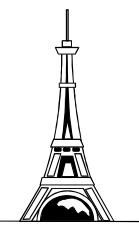


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**FAQs about France:**

1. Is it true that the French are rude?
2. Why do the French devote so much time to eating and drinking?
3. France is so dirty....

4. I don't speak French- how will I enjoy my trip???

5. Do 2 -star hotels have private baths?

6. What about money? Should I take travelers' cheques?

1) If you're considering traveling to France, be prepared to see a country with a great deal of variety! The architecture, the climate and even the language itself will change as one changes provinces or regions. I highly recommend that as one plans an itinerary, Paris be saved for the end of the trip. I frequently see families who arrive in Paris and are often totally unprepared. A mix of jet lag and culture shock can spoil ones vacation!! It's a good idea to read up on your destination and I highly recommend that travelers use the Michelin Guides. They are excellent resources and will help you to plan more effectively. They are readily available in the travel section of book stores such as Chapters. Here in the Valley, one can often obtain the guide books by contacting someone who works for Michelin. When traveling with my adult groups and students, we tend to spend our first night within 100 km of Paris. I choose places that are quiet and quaint! In my summer school in Saint Malo, one of the most important lesson our students learn is about being polite! I am constantly amazed at the difference between "here and over there!!" In the shops

and markets you will find that the people who work there are friendly and they are extremely polite. My students tend to notice this difference right away and they are very happy to feel welcomed. It is so important to pick up on the little things that people do-saying hello or good bye and thanking the customers. In restaurants, travelers should be aware of the importance of simply asking "s'il vous plaît." It's the key to being served politely and efficiently.

2) France is the capital of gastronomy! People take their meal times very seriously! I learned a long time ago an expression that is quite true: Au Canada, on mange pour vivre. En France on vit pour manger.

While we tend to eat quickly and snack frequently, the French are the opposite. They live to eat while we eat to live. Breakfasts are light. Lunch can be a 4 or 5 course meal depending on the amount of time available. Noon hour in France is a time when shops and offices close. Unlike in our country, people don't run errands at noon! The café and restaurant owners have been to the markets before sunrise. They prefer food that is fresh and don't mind shopping each day. This is particularly true for bread which is a staple in the French diet. It is said that there are over 300 types of bread in France and I can assure you that the bread that we call "French bread" is nothing like the real thing!

In addition to eating well, the French drink well! France is the capital of wine and another saying comes to mind:

Un jour sans vin, c'est comme un jour sans soleil.

Without wine there is no sun-

light! Wine is produced in at least 8 regions around the country and the choices are fabulous and often inexpensive. As an aside, I have a friend who lives in the 15th arrondissement in Paris. She is over 90 years old and she survived the heat of 1993. I was in Paris on two occasions during that hot summer and I paid her two visits. We drank a bottle of champagne on each visit! One thing that people should realize is that it does not have to be an expensive bottle in order to be good! When dining in France you will often find that the "patron" has his own special wine and there are often promotions such as the wine of the month.

While we're on the topic of food and drink, it's important to understand two things which will make your visit very pleasant: First, the menu is divided into two parts: You can order "à la carte" which is like ordering here in our restaurants, or more interestingly, you will see "le menu." These are in the form of "table d'hôte" where there is a selection of menus and prices. We often eat in a bistrot near our hotel in the 15th in Paris and there are menus starting at around 13 euros and going as high as 30. It depends on your budget and also on your appetite! Generally 3 course meals are of excellent value. It should be noted that in France the price is the price! In restaurants this means that tax and gratuity are included and thus it is not necessary to leave a tip or to worry about calculating the final price. Since the euro is currently trading at below \$1.50 CD, it's easy to respect one's budget. In Paris, there are many restaurants and cafés where one can eat dinner for less than \$20.00 CD! In fact, travelers are often led to believe that Paris is an expensive city to visit. I disagree!

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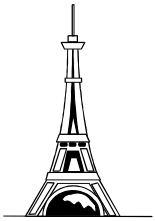
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## TRAVEL IN FRANCE: Part Two *continued*

I spend less money on hotels and restaurants in Paris than in Halifax!!

3) People have often noted that France is a dirty country. Once again, I disagree. The French do not litter the way we do. They respect their environment and make every effort to clean up after themselves. An excellent example is to observe what happens when the open air markets close. It generally occurs around 1 PM and the streets will be thoroughly cleaned by the town's sanitation department. In addition, the tendency to use less packaging

leads to less garbage. France recycles more than we do in NS, a province that is considered to be a leader in waste reduction. People are encouraged to pick up after their dogs and I often see plastic bags at the entrance to parks. "Toutou net" is a serious operation in a country where people love their pets! In Paris and other large cities, you can often see young workers in green suits on board motorcycles that are specially equipped with garbage cans; they drive on the sidewalks, scooping any waste in their path. When you consider the pressure created by the number of visitors, this is a very important operation!

4) Since France has so many visitors annually, it is important for the hospitality industry to meet the needs of their guests. I know a businessman in Brittany who is the director of the tourist office in his town. His summer employees are required to be able to communicate in at least

three languages beyond French! In addition, they must be able to use a computer in order to assist their visitors to locate accommodations or learn of upcoming events and points of interest. In Paris, there are many Asian visitors who do not speak French. Many hotels, restaurants and shops advertise the fact that they have staff who can serve the needs of this growing segment in the tourism industry.

5) When traveling in North America, we tend to stay in large hotels that are often part of modern chains. The majority of hotels in Halifax are owned and operated by the likes of chains such as Best Western, Holiday Inn, Sheraton and Westin to name but a few. When traveling in Europe, one can find the same chains and the prices to match! I've heard of people who complain about the high cost of hotels in cities such as Paris. In Europe, hotels are classified by a star system that rates accommodations

in a slightly different manner than those in North America. During a recent travel show in the Valley, I had a prospective client who wanted to travel with us last summer on our "Corks and Forks" tour. One of his first questions for me was, "Where is the bathroom?" It was then that I realized that he did not understand about 2 star hotels. We use a variety of 2 star facilities because they offer good value and comfort. I have never stayed in a 2 star that did not include private bath! There are two "chains" that we often use. They are excellent for value and reliability. The first is known as "Logis de

France" and the other is "Hotels de Charme." You can locate them on Google and click on the icon for service in English. With "Logis" one can locate a hotel simply by typing in the name of a place or by asking for the map of a region. Many of the "Logis" have full service restaurants and offer 1/2 pension per person which includes the room, breakfast and dinner. Last summer, while staying at one of my favourite hotels, le Diderot in Chinon (Loire Valley) I asked la patronne why their hotel was not a 3 star. She told me that they were very content to be a 2 star and that a change would be very inconvenient. Their hotel is about 400 years old and it would indeed be a shame to see it change. It is one of the nicest hotels that I have ever stayed in!

6) Money: France uses the Euro as its currency. In some ways, it resembles our money except that the bills increase in size as they do in value! In addition, there are centimes / cents which resemble ours. As previously mentioned, the

price includes tax and service where applicable. Travelers to France should avoid bringing travelers cheques. Contrary to the ads on TV, they are a curse! Use your debit card to withdraw cash in ATMs which are everywhere, or use your Visa card at excellent exchange rates. Some people who travel think that it's a good idea to bring US\$. This may be true in Cuba, but it's totally unnecessary in Western Europe! In addition, you cannot make purchases with Can. currency or debit card in France. Credit cards are very popular, even in the markets. If you cannot use your card, then get the cash at the ATM located nearby! As an

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### TRAVEL *cont'd* Part Two

aside, I would suggest that shopping in France is much like shopping here. I feel that the price of food and drink is comparable in most cases. Of course, Paris has shops that many of us only dream about! Do not expect to find a bargain in the boutiques at Place Vendôme! (Unless you arrive by limousine!!) I highly recommend to shoppers who have the patience to shop where Paris shops: aux Galeries Lafayette or at Printemps on Boulevard Haussmann near the Opera. If you like to shop, these huge stores are amazing! An excellent store in the same area is C&A. Everyone who goes to Paris should spend at least part of their visit on les Champs - Elysées, the most famous street in Paris! There is something for everyone! Have lunch at le George V café and visit Virgin Mégastore nearby- the music collection is superb! If you're into buying something chic (or funky), or if you simply want a souvenir t-shirt, then shop in le Quartier Latin across from Notre Dame Cathedral on the Left Bank. That's also where you will find hundreds of restaurants with great prices!

*By Gren Jones*



### E-WASTE RECYCLING ON IT'S WAY

The province took a big step towards making Nova Scotia greener on February 23. Nicely situated on the tipping floor of our Eastern Management Centre in Kentville, Environment Minister Mark Parent announced new regulations that will prohibit the disposal of certain electronic products in Nova Scotia landfills. This is good news for Nova Scotians as it is estimated that more than 4,500 tonnes of electronics are generated every year in Nova Scotia alone. Many of these products are outdated and replaced after a few years. Removing these items from the residual waste stream will not only help the environment it will also cut down on the cost of disposal for the municipality. Valley Waste currently transports roughly 30 tonnes of garbage daily to Chester for disposal.

The regulations require the electronics industry to ensure the safe and environmentally friendly management of their products. Instead of placing old electronics in the garbage, we will be able to drop off our unusable electronics at various collection facilities, free of charge. The cost of the program will be covered by the electronics industry; however, the industry may charge consumers a fee when purchasing new products. Elec-

tronics contain metals that are not only toxic to the environment but can be recycled to reduce the need for mining new resources.

When does the program start? It is anticipated that e-waste collection facilities will be ready to start accepting selected electronics by February, 2008. At this time the facilities will be able to collect and recycle computers, monitors, printers, keyboards and televisions. A second phase (with launch date to be determined) will include items such as phones, VCR's, DVD players, stereos, scanners and fax machines.

Even though the program does not start until next winter, whenever possible, save your old computers and televisions until facilities exist. An even better alternative; share them with someone else.

A few more points of interest.

1) Earth Day is April 22. Valley Waste will be celebrating Earth Day at the Kentville Home Show. Stop by our booth and get all the information you need about the 3 R's, composting and Spring Clean-up.

2) Spring Cleanup is not far off. Residents in the Centreville area are part of Zone B, so Cleanup takes place on your regular collection day between May 7-18.

3) You may have heard recently about some regions in Nova Scotia switching to clear bags for garbage. Valley Waste has no immediate plans to take this initiative. We are however always looking at increasing participation rates.

If you have questions about the waste management program please contact Valley Waste: Tel: 679-1325 or visit [www.vwrm.com](http://www.vwrm.com).



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I mentioned in the December edition of the Centre Post that given the opportunity that I would share the information concerning the three old books that were loaned to me.

I will begin with the book that was used to keep the school tax accounts, the expenditures that included the teachers salary and the minutes of the annual school meetings. The records and information in this book include 1903 and the years up to and including some information for 1910. The book is interesting not only for the information but also because I am able to recognize many of the family names. A lot of these people I knew as senior citizens in Centreville when I was a boy, and many more of the names I have heard my father mention. They were often included in the stories he would tell concerning the residents of Centreville.

The community of Gibson Woods was also included within the Centreville school district. It was not until 1939, that Gibson woods had their own school house built. The building that housed the school was also the Centreville Hall, the school was upstairs and the hall was downstairs.

It was opened in 1871 and was one of the first schools in Kings County. After the beginning of the school tax system, everyone was taxed in order to support the school in a particular area. Centreville and Gibson Woods area was School District No. 44. The school tax was based on property assessment. Those who did not own property paid a poll tax only.

There were three trustees for School district No.44. They were appointed at the Annual School District business meeting. The trustees were responsible for the management of the

school.

The first school inspector's report for the Centreville School Section that I have a copy of is dated Oct, 31st, 1870. The report was prepared by the School Inspector for Kings Co. Rev. R. Sommerville. The report is for a smaller school that was located on Sherman Belcher Road. I have described its location when writing about it in a previous article. In the report it is mentioned there were ninety-one school sections in Kings County and that five were without a school house. There are sixteen locations mentioned where there are schools that are only open half of the school term. This smaller school in Centreville is one of the four schools mentioned that is open during the summer months and closed during the winter. The remaining twelve schools were open in the winter months. Another school report that I have is about 1874; it mentions that Centreville School is much improved. This report is after the school in the hall opened in 1871.

There is mention that Berwick has the best school house in Kings County and that Kentville has voted \$3,000.00 for a school house and that the site had been purchased. I would expect that this was the beginning of Kings County Academy. Also mentioned is that Habitant has voted \$600.00 for a school house to be built the following Summer.

The school house in Pereaux was destroyed by fire that past Winter and they were without a school.

Richard Martins was the first school teacher to teach school in the Centreville School Section No. 44 the first year that it opened in 1871 upstairs in the Hall. The copy of his agreement that he signed on Oct.

31st, 1872 states that he had taught in the school section No. 44 for the period of one hundred and eleven authorized days during the term ending Oct. 31st, 1872. His rate of salary for half term was \$110.00.

There are the names of fifty- one students that attended school that year, they range in age from five to twenty one years. There was one teacher for all grades and as they did in later years the grades were grade primer up to and including grade nine. Students continued their high school grades at Kings County Academy in Kentville.

I don't know when K.C.A was available for these students living outside of the Kentville School section. It was not built until about 1875. After the railway was built from Kentville out through Centreville and as far as Kingsport in 1890, the students traveled to Kentville on the train to attend classes at K.C.A.

The information that I have concerning the hall and upstairs school during the period from 1872 until 1903, is not sufficient that I am able to put it together at this time. I will continue with the information from the old book beginning in 1903 that includes information for each year until 1910. Some of these years there is not a lot of information supplied and I will include that which is available within that period.

In 1904 there were fifty-seven families living in Centreville School section No. 44 recorded as property owners, besides these families there were ten non property owners that paid a poll tax only. Most of these families owned and lived on family farms. The largest property owners were the Kinsman's. Everett Kinsman

(cont'd on Pg 11)

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## STORY FROM THE FAMILY FARM

By Mack Frail

leads the list with property assessment of \$4,100.00, a very large family farm during the days when farm property was worth about ten dollars an acre. The amount paid for school tax in 1904 based on this large property was \$7.79 including \$1.00 Poll tax. The School Tax rate for that year was about \$1.85 for \$1,000.00 property assessment. The large property known as the John and Robert Kinsman farm consisted of over three hundred acres. John and Robert were brothers. I am familiar with this Kinsman family farm that was an original Kinsman land grant and situated on 221 East. The second home on the left after the old Centreville Post Office. This property in 1907 was assessed for \$2,175.00. I am also familiar with the Rufus Kinsman family farm before it was sold for residential development. In 1907 this property was assessed at \$2,300.00. It was originally a Kinsman land grant from the early 1760's. (The old farm house is located on the east side of 221 Hwy, West just before the first hill going from Centreville.) The two other Kinsman families that lived in Centreville are Marshall Kinsman and Arch Kinsman. They both had smaller farms of about one hundred acres.

The Clarence Roscoe property was valuable with a property assessment of \$3,700.00. The Roscoes were very prominent in Centreville. They were successful at farming as well as being high achievers in other occupations such as the legal profession, business, education and military. In 1904 there were five Roscoe families living within the school section of Centreville.

The name Bowles is another

early name in Centreville. Their original land grant included a large part of Centreville including our home and property. The Bowles family sold off their property so that the village of Centreville could be formed. The first store in Centreville was Bowles store. It was located where the old Baptist Church is. The store was moved and it is part of our home. Ruben Thorpe purchased a large portion of the Bowles property.

Ruben Thorpe was born Feb. 3rd, 1839 and he died Mar. 15th, 1930. He was a young man when he first began a small general store that was located where he built his much larger general store that is now Ron Ward's Store. Ruben Thorpe's property assessment in 1907 was \$3,450.00.

The name Burgess was common in Centreville; the old Church map shows their property near the centre of the community; there is a mention of an area called Burgess Plains. Arthur Burgess property assessment is \$3,450.00. John Gibson who lived in the Gibson woods area is assessed at \$1,750.00. Harry Newcomb's farm is assessed at \$2,500.00. The Edward Doering family farm assessment is \$2,200.00. Edward Doering is the Grandfather of John Doering, the man who submitted the interesting article in the Sept. edition of the Centre Post.

The old Centreville Hall that was on the ground floor below the school was a busy place with the farmers. Grange meetings, the Centreville Literary Club and the entertainment that they put on. Church services were held there before the Centreville Baptist Church was built in 1920. All of the children's Christmas Concerts were held there; a lot of political meetings and many social events

were held in the old Centreville Hall. There were generations of school children that attended classes in the school upstairs from the time that it was opened in 1871 until the new school was opened in 1921. The downstairs hall area was used again as a temporary class room in the 1950(s). This old building that was located on the south corner of 221 Hwy, West and 359 Hwy. and so much a part of the early history of Centreville was torn down in 1994.

The Centreville Good Neighbour Club began in 1947, and if it were not for their efforts to maintain the old hall, it may not have stood as long as it did.

Some of the highlights of the annual School Meetings that were held in the Hall on June 29th, 1903 with Clarence M. Roscoe as chairman and John E. Kinsman as secretary: it was discussed concerning the school room needing repairs after thirty-two years of use and it was about to be condemned by the school board. Inspector Clarence Roscoe proposed that they build a new School that would cost about \$700.00. It was passed that they repair the school suitable for inspection by the School Board Trustee. Andrew Neville was appointed to be in charge of the repairs. It was approved that twenty dollars be spent to build two new outhouses.

June 27th, 1904 Annual School Meeting Mr. H. A. Newcomb was appointed Chairman, Mr. Truman Eaton as Secretary. It is mentioned that \$800.00 had previously been loaned for school repairs from which \$788.00 was paid for school repairs. The repairs to the school would have been extensive considering that the cost for a new school was about \$700.00.

*(To be continued in  
June, 2007 issue)*



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## COMMUNITY EVENTS

### COMMUNITY ANNOUNCEMENT

The Centreville District Community Development Association has made application to the Municipal Council to establish an AREA ADVISORY COMMITTEE (AAC) for the District.

The committee would be established by the Council and the composition would be decided by them. The committee would meet as needed when applications regarding the District come forward. Council would develop a terms of reference for the AAC laying out the terms of the members. The responsibility of the committee is simply to provide advice to the Planning Advisory Committee on planning applications – it is not a decision making group but an advisory group only.

To fill the positions, the Council would advertise and people would apply to sit on the committee. The committee is subject to the Procedural By-law of the County which is on the County web site.

### ANNUAL MEETING

THE ANNUAL GENERAL MEETING OF THE CENTREVILLE DISTRICT COMMUNITY DEVELOPMENT ASSOCIATION WILL BE HELD ON **MAY 24, 2007 AT 7:30 P.M.** AT THE CENTREVILLE HALL. EVERYONE WELCOME!



Answer: 9

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### **THE FIRST CORNWALLIS BAPTIST CHURCH IN UPPER CANARD IS CELEBRATING 200 YEARS**

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### **CENTREVILLE GOOD NEIGHBOUR CLUB**

The Centreville Good Neighbour Club meets at the Centreville Hall on the first and third Thursday of the month from September to June at 7:30 PM.

Everybody welcome.

Come and join us.

( We do have a lot of fun )

Contact Numbers:

Marilyn Kennedy 678 8033

Charlotte Legge 678 6914

### **BIG BREAKFAST CELEBRATES 1ST ANNIVERSARY**

The Centreville Good Neighbour Club reports that the 'Big Breakfasts' are going well. The public seems to be enjoying the social part as well as the good food. Our very first breakfast was held on Feb. 18th, 2006, a few changes have taken place since then; for instance cooking 50 lbs. of potatoes instead of 10, and now we expect to serve 175 and over instead of 50.

March 17, 2007 was our 12th Big Breakfast. We plan to continue having this fund-raiser on the third Saturday of each month, taking time off in July and August. The funds raised are used for maintenance of the Centreville Community Hall.

The Good Neighbour Club Members want to extend our thanks and appreciation to each and everyone who has participated in any way to help make these breakfasts successful.

*Ada MacDuff,*

*Breakfast Coordinator*

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