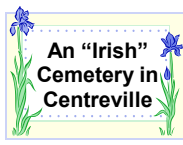


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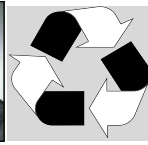
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# THE CENTRE POST



## Centreville Hall Update

Submitted by Budd Murphy



The Centreville Hall continues to take on a new look both inside and out.

As this round of changes/improvements nears completion, the community can see where their hard earned fund raising dollars have been spent.

On the outside, the Hall now has a new roof, the chimney topped out, new fascia and soffit and new siding on the front of the building.

On the inside, as of this writing, the barrier free washroom is near completion along with changes to one of the existing washrooms and the floors are being refinished with several coats of urethane (plywood floor patches have been replaced with hardwood).

Upon receipt and payment of all invoices, the Hall Building Committee plans to address the Centreville Hall Association, The Good Neighbour Club and The Centreville and District Community Development Association to seek input/direction for the next round of Hall changes.

## EDITOR'S NOTE

By Suzanne Trudeau Gormley

As you can see by Budd Murphy's article and my husband Dan's photo of the Centreville Hall, many changes have transpired with many more to follow.

I have to admit that in my moments of big city thinking and pessimistic outlook, I didn't think it would be possible to keep this Hall going. Well, it looks like this community has proved me wrong and I have to say that I'm very proud of all of you for making this important hub remain a viable community feature!

**The Centre Post is published four times a year:**

**September - December,  
March and June.**

DEADLINES for news items, etc. are due by the 1st day of these months, with the Newsletter at the outlets by the 21st. It is always good to get your information in earlier than the deadline.

Thank you to all of our contributors for this issue. I encourage anyone in the community to submit your ideas, recipes, crafts, etc. for our June issue.



## COMMUNITY ANNOUNCEMENT

### CENTREVILLE AREA ADVISORY COMMITTEE (CAAC)

THE MEMBERS OF THE CENTREVILLE GROWTH CENTER'S **AREA ADVISORY COMMITTEE** ARE RAY RIDLEY, JIM HOYT, DAVID BRIGGS, MIKE SWEENEY AND COUNSELOR SPINAZOLA.

THE DUTIES OF THE COMMITTEE WERE PUBLISHED IN THE DEC 2007 ISSUE OF THE CENTRE POST

### **Centreville District Community Development Association BOARD OF DIRECTORS' MEETINGS**

**Where:** Centreville Hall

**When:** Fourth Thursday of the Month

**Time:** 7:00 PM

**Exceptions:** JULY, AUGUST & DECEMBER

BY NOTIFICATION – *All meetings are open to the public,  
come out to support your community*

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Suzanne Trudeau Gormley at 678-7769

E-mail: [centrepstlady@hotmail.com](mailto:centrepstlady@hotmail.com)

To place an **advertisement**, call:  
Mike Sweeney at 679-2780.

## Staff Changes at The Centre Post



The Editor of The Centre Post wishes to announce a change of staff. Terry-Lee King, our Assistant Editor and proof reader since the Centre Post came into existence three years ago, shall be leaving the group after the March issue of your community newspaper has been published and delivered.

Terry-Lee has been instrumental in the success of the Centre Post through her hard work and her understanding of what it takes to make our community members comfortable in providing articles to their newspaper. She has promised to stay in touch with the paper and help out where needed. Thanks ever so much Terry-Lee for the superb job you have done as a volunteer for your community.

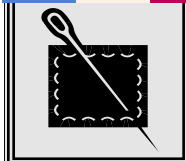
Terry-Lee will be focusing her talents with the Alliance of Kings Artists where she is a member and the feature editor for their website: [www.valleyarts.ca](http://www.valleyarts.ca)

Terry-Lee is being replaced by Oliver Ridley, who is introduced to the readers in a separate announcement.



The Centre Post newsletter team would like to welcome Oliver Ridley. Our newest member will be filling Terry-Lee's big shoes as Assistant Editor and proof reader.

Oliver J. Ridley, age 23, immigrated to Centreville in July 2007 having graduated from The University of Southampton. He tells me that he is enjoying every moment of living in this community. (What's not to like?) We commend him for his community spirit. in taking on this task.



## Pins and Needles" News

By Ruth Peskett  
Pins and Needles Group  
and Good Neighbour Club

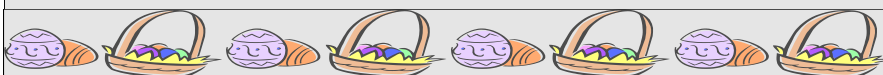
If you drop into the Centreville Community Hall on a Thursday morning, you will see a very enthusiastic group of ladies busy at work. You will find them working away at an array of craft projects such as; sewing, quilting, rug hooking, Swedish weaving, all the while enjoying each other's company. As we say "socializing is the big part of it", as we eagerly learn from each other in a supportive atmosphere.



This group has taken on a very worthwhile community project in that we make many small to medium sized quilts to give to needy babies and others in the local area. As an example, in December, Sue Daniels, nurse/manager of Maternity at Valley Regional Hospital, joined us one Thursday morning to accept two dozen beautiful baby quilts as well as other items of use to the hospital. We have also donated quilts to New Beginnings in Canning and our next quilts will go to the V.O.N.

### Spring Luncheon and Local Artist Show

You are invited to see more of the of these local area artists on **April 12, from 11:00 a.m. until 2:00 p.m.** A delicious luncheon will be served by the Good Neighbour Club for only \$5.00 plus you will be able to enjoy viewing the beautiful work of the Pins and Needles group. Be tempted by the bake table as well!! Mark this date on your April social calendar and join us for this wonderful spring event!



## Pictures of Centreville District and Surrounding Area

Did you know that the Centreville Website has an email address you may send pictures to? If you have pictures you want to share with others you can send them to:



**[centrevillepictures@centreville-kings-county.com](mailto:centrevillepictures@centreville-kings-county.com)**

Pictures of interest could be Old Historical, Nature, Business or People, whatever you think others would be interested in. The pictures sent will be put on the Centreville website:

**[www.centreville-kings-county.com](http://www.centreville-kings-county.com)**



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## Story from the Family Farm by Mack Frail



*Before we leave the colder weather behind, I will leave you with the following story about growing up on the family farm during the Winter.*

During the nice winter days I look towards the Lily Pond that is located not far from our home. The ice surface looks so inviting to me that for a brief moment, I forget about my arthritis and two knee replacements and I feel the urge to go and have a skate. From when I was a small boy until about ten years ago I have skated on the pond. There have been generations of children that have skated on the Lily Pond.

On certain winter days the sounds of children playing farther up into the community will carry through the woods to the area of the Lily Pond ice. It is a vivid reminder of the past. I anx-



iously look down towards the Lily Pond expecting to see the children skating once more on the ice. I feel disappointed to see no one there and it looks so lonely and neglected. I realize that we have milder winters now and that there is a safety factor involved of breaking through the outdoor ice, and that the good times that were had on the Lily Pond ice are only memories from the past.

I notice the hills that are located close to our home with a covering of snow and it reminds me of the days when they would have been put to good use for those people enjoying coasting and skiing. The Centreville meadows would flood during the January thaw and when they froze over there was skating from Highway 359 to beyond the railway bridge in Billtown. The large bonfires that we had near the ice could be seen for a long distance. Clearing the snow off the outdoor ice and setting up for a game of hockey required some effort by the children. A pair of lumberman's rubbers, also referred to as gum rubbers, that most children were provided excellent goal markers. Without a net to stop the shots on goal, there were interruptions in the game to retrieve the puck. I wonder how many hockey pucks that were never found are in the bushes around the Lily Pond. It required some nerve to be a goal tender considering that we wore very little or no pads for protection. Our equipment was crude by today's stan-

dards. Magazines or catalogues were attached to the legs as shin pads. A curved alder branch could be used for a hockey stick. The broken hockey sticks that were discarded at the rink were in demand by us boys to be repaired and put back into service.

We made our own fun with a lot less than young people have today. The long winter finally over, it was time to go trout fishing



in the several brooks in this area. Ball games were played in back of the old school house or in a field that we had permission to use. We did not have television or a lot of the entertainment equipment of today, but we had the radio and faithfully listened to our favorite radio programs. The more vivid one's imagination, the more realistic the radio programs appeared. We would walk, ride our bicycles or take the train to Kentville on Saturday afternoons to watch a western movie. A good imagination was also required for us to play out these characters during our make believe games of Cowboys and Indians. We had forts in the woods as far away as below the north mountain.

(continued on p. 4)

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## Story from the Family Farm

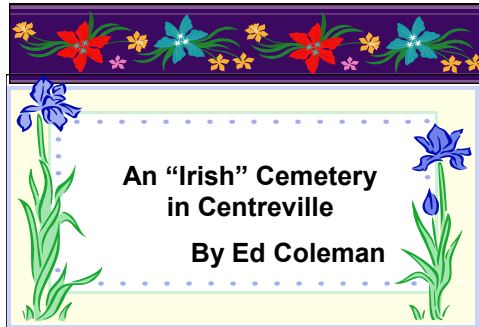
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I am not against the progress that has changed the ways that my generation lived and played. I am only attempting to bring back some of the memories of a way of life that has been lost during the change to the large modern sports facilities that are available for the young people of today. Centreville had the rink that the people of the community were very fond and proud of. The old Centreville rink would compare more to a farm building than to the rinks of today, but it was our rink. To me it was the most wonderful place to go during the winter months. There was always something going on at the rink, a lot of hockey teams from other communities made use of the rink for their games. The rink was not always available for the children in the community of Centreville to go skating and we had time to enjoy the outdoor winter activities. There were times that we did not have the admission fee to go to the rink. There were eight children in our family and the years before and during WWII was a period when most people did not have a lot of money. People have more now, not to mention the fact that families are much smaller now, and they are able to spend a lot more on their children.

The Centreville rink was built by the people of the community in 1922 on the land that was donated by Mrs. John Arnold. The rink caught fire and burnt to the ground February, 8, 1950. Something more than the rink was lost to the community of Centreville on that winter's evening over fifty years ago. I often hear the statements from those that I grew up with,

that as children we had everything and that Centreville was a great place to grow up in. The statements are true because we had everything that we needed and Centreville was a great place to grow up in. Times have changed and the Centreville back then would not apply to the standards that people require now during these progressive times. I expect that in another fifty years or more that the children growing up here now will still say that, Centreville was a great place to have grown up in.



The Ambrose F. Church map of Kings County shows that a Catholic Church existed in Centreville at the time this area was surveyed and the map made up - which may have been as early as 1864 for the survey and possibly a decade or two later when the map was prepared.

There is a cemetery where the church once stood and this undoubtedly is the burial ground that, according to village folklore, is of Irish origin. After talking with several people about Centreville's



"Irish cemetery" and looking at records in the Kings County Museum, I've turned up some interesting facts about the old burial ground.

First of all there are no records to indicate the cemetery is of Irish origin (whatever that means) but folklore says Centreville originally was an Irish settlement. The burial ground is one of three Roman Catholic Church cemeteries in this immediate area and is the oldest of the three and possibly the oldest in the county. The cemetery has been the property of the Catholic Church since 1856. Allan Cyr, who is on a Church committee currently involved in restoring the cemetery, tells me that Registry of Deeds records indicate one William Ruscoe, a blacksmith and possibly a Justice of the Peace, conveyed a portion of land to the Roman Catholic Church in 1856, said portion being the site of the cemetery.

Mr. Cyr confirmed that as is indicated on the Ambrose Church map, a Catholic Church definitely was located there. I have been unable to pinpoint the date it was built. Mabel Nichols' Kentville history has it that a Catholic Church was built here in 1842 but doesn't give the location. Nichols may have been referring to the chapel in Centreville since she states that later another Catholic Church was built, this one in Kentville in 1853. Eaton in his Kings County history also has 1853 as the year the Kentville chapel was completed. Further confirmation that the

(Continued on p. 8)

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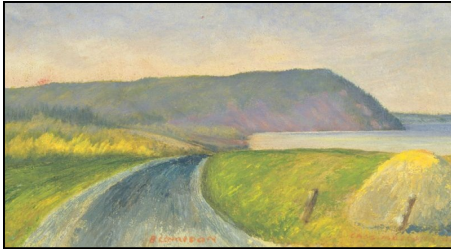
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### Society Seeks Paintings/ Stories

Submitted by Marke L. Slipp

The Charles Macdonald Concrete House Museum is looking for paintings or sculptures done by Charlie Macdonald. If any readers possess, or know of any paintings held privately, please let the Society know. They would be interested in photographing them and hearing any stories that might be attached to them for their archives. If readers have any stories at all of Charlie or Mabel Macdonald, please contact us and we will make arrangements to gather the information.

To contact the C-Mac Society:  
email [info@concretehouse.ca](mailto:info@concretehouse.ca) or  
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## HART



### - Homeless Animal Rescue Team

HART is a cat rescue based out of Aylesford. We are made up of the following team: Laurie Wheeler (President); Taarna Skipton (VP); Barbi MacDonald (Secretary); and Anthony Watton (Treasurer). Our mission is to help as many cats/kittens as we possibly can through adoptions and TNR (Trap-Neuter-Return). Feral cats are not adoptable and are returned after they are altered. We take in cats that are abandoned, strayed and/or unwanted. We are a no-kill, not-for-profit organization. Vet bills can be costly and we ask the public to help us by attending our fund-raisers and/or donating to our rescue. Please visit our website: [www.valleyhart.com](http://www.valleyhart.com) for more information on adoptable cats/kittens, upcoming events and how you can help! You can also call Laurie Wheeler at 847-9582.

**Please have your pet spayed or neutered!**



### Flutter Delight Cupcakes

Submitted by Pam Peverill



### RECIPE INGREDIENTS:

- ◆ 1 baked cupcake
- ◆ White icing
- ◆ 1/2 sour gummy worm
- ◆ 2 fruit slices, sliced in half
- ◆ Gumdrops (optional)
- ◆ 2 1/2-inch pieces of shoestring licorice

Frost the cupcake and arrange the following on top: gummy worm "abdomen," fruit slice "wings" (attach gumdrop detail with icing, if you like), and shoestring licorice for the antennae.

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## Roscoe Fillmore's Advice to Gardeners

Submitted by Marke L. Slipp

Roscoe Fillmore was a man of the people, one of the not-so celebrated "Centreville Socialists" mentioned previously in these pages. It's a tamed-down term for the group of men of the area that met and discussed socialist principles. They were viewed by the RCMP as radical communists. In fact, they were. And they were entrepreneurs as well. Like Charlie Macdonald with his Kentville Concrete Products, Roscoe Fillmore had Valley Nurseries, operating out of Centreville (established 1924).



Roscoe Fillmore c. 1957

Fillmore certainly knew his stuff when it came to gardening. He came by it honestly—his father owned a third generation family nursery in Albert County in eastern New Brunswick. By the time Roscoe was 14 he had "become a skilled technician in certain phases of nursery work such as grafting and budding, as well as pulling weeds and working a hoe all day!" as he himself once exclaimed.

Roscoe's nephew, journalist Nick Fillmore, wrote a biography—MARITIME

## RADICAL: THE LIFE AND TIMES OF ROSCOE FILLMORE.

(Between The Lines, 1992.) It tells the story of a young man who had an idealistic vision of equality of individuals combined with strong community values. As a young teen, Roscoe spent summers out west harvesting wheat with thousands of other Maritimers. Later in life he learned about labour issues working for the CPR in British Columbia. In the early 1900s he was introduced to the International Workers of the World party, the IWW, a cooperative ideal that intended to organize all workers into industrialized groups. He eventually became a respected member of the Socialist Party in Canada, regarded as one of the Maritimes' leading advocates, as a writer as well as speaker at workers' rallies. He spent time in Russia as well, even running a collective in Siberia at one point of his life (1923). "Maritime Radical is not just the story of one home-made rebel; it is the story of a stirring and frustrating epoch in Maritime political history," said Silver Donald Cameron of the book.

Returning from Russia to Canada, Roscoe realized he needed to settle down and find work to support his wife, Margaret, and four children. They moved from New Brunswick to Centreville in May of 1924. With a bit of credit from Charlie Macdonald and other suppliers, they built their concrete home, beside what is currently known as the Charles Macdonald Concrete House Museum. Roscoe soon established Valley Nursery on four acres of land out behind his home. He worked hard and developed a variety of plants for use in the Nova Scotian climate. His experiments yielded forty new

strains of rhododendron alone.

Roscoe's business sense wasn't as astute as his knowledge of plants though. He often found the nursery in trouble and Margaret would have to arrange credit with Neville Prescott, the station-master of the day, to get the kids on the train into Kentville to go to school. Roscoe felt that his other interests such as politics, plant propagation and experimentation, and reading got in the way of making money.

During World War II the Fillmores saw two of their children enlist to fight Fascism in Europe. Roscoe, somewhat shunned at times for his beliefs, was vindicated somewhat by the Soviet Union's important role in the war effort. Nick Fillmore writes, "Roscoe almost certainly influenced the Kentville Advertiser to carry an editorial that praised the 'valiant effort and heroic sacrifice' of the Soviet people and urged Nova Scotians to make a donation to the Russian Relief Fund. In April 1943 Roscoe was invited to speak to the Kentville Rotary Club about his experiences in Siberia and the Soviet Union's role in the war. He didn't mince words. Telling the business-oriented gathering that Canadians were in part responsible for the war because they had ignored the growth of fascism in Germany during the 1930s."

After the war though, Fillmore had a new awareness of communism under Stalin. He wrote, "He missed the psychological moment when a great gesture and a slackening of censorship, secrecy and suspicion might have won half a world". He later wrote, "The mistakes of most of us have no such dire effects, but the mistakes of a Stalin can be world-shattering". Roscoe eventually became disenchanted with the Communist party but still worked for workers' rights and equality.

(continued on p. 7)

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Later in life, when Roscoe wasn't working as head gardener for the Dominion Atlantic Railway at the Grand Pre Memorial Park, he could be found tending to his own gardens or developing a new strain of plant for local conditions. He also had a radio program that had started innocently enough as an advertisement where he answered gardening questions from people. It became so popular there were tens of thousands of people listening. He had a way of connecting with people, sharing the knowledge he had passed down to him and further developed over his lifetime. He wrote his first book, **GREEN THUMBS: THE CANADIAN GARDENING BOOK**, (Ryerson Press, June 1953).

Roscoe eventually wrote three more books in the later



part of his life: **THE GROWING QUESTION** (1957), **ROSES FOR CANADIAN GARDENS** (1959), and **THE PERENNIAL BORDER AND ROCK GARDEN** (1961). He became known as "Mr. Green Thumbs" by thousands of people who shared his love for gardening. In the introduction to his final book, Roscoe spoke about his philosophy. *"I have never believed that the be-all and end-all of our existence should be the production of the maximum tons of coal, ounces of gold, bushels of wheat yards of textiles, barrels of oil or millions of kilowatt hours. However, welfare and happiness should be our collective objective. Jittery nerves, mental breakdowns and ulcers are the inevitable results of the urge and greed for more and greater production at any costs, coupled with an instructive rejection of the treadmill that modern industry has become."*

Roscoe died in 1968 and was buried in the Elm Grove cemetery, Steam Mill, not far from his friend, Charlie Macdonald.

*A special thanks to Lesley Sim, grand niece to another Centreville Socialist, Jimmy Sim. For my research on the subject, Lesley graciously loaned me the four books that Roscoe Fillmore wrote.*

## Campaign Launched to Fix Youth Crime Law

By Jim David, PC Party

Justice Minister and Attorney General Cecil Clarke is calling on Nova Scotians to join him in seeking changes to the federal Youth Criminal Justice Act.

Mr. Clarke launched a campaign in Halifax today, Feb. 13, to build public support for changes to the federal law. The Nunn Commission made seven recommendations related to the act after investigating the circumstances surrounding the 2004 death of Teresa McEvoy.

"Here in Nova Scotia, we're doing our part to act on the recommendations of the Nunn Commission, with new strategies to intervene and treat troubled young people, prevent the root causes of crime, and crack down on repeat offenders," said Mr. Clarke. "We are now counting on Parliament to do its part."

In November, the federal government introduced a bill that proposes several amendments consistent with the Nunn Commission. The bill would give judges greater power to detain youth who are charged with a serious offence before they are put on trial. It would also make the sentencing principles the same as those used for adults, which would allow judges to use the severity of a sentence to deter young people from committing a serious offence.

The federal government is also considering further changes to the act based on a comprehensive review that will start this year. The review will be the main agenda item at a meeting of federal, provincial and territorial justice ministers in Ottawa on Feb. 15.

"Bill C-25 is a good first step from the federal government to crack down on youth crime," said Mr. Clarke. "All Nova Scotians should be writing, calling, e-mailing their members of Parliament and senators to make sure that each and every one of the Nunn Commission recommendations related to the Youth Criminal Justice Act is implemented through this bill and the federal government's review of the law this year."

"During our annual community consultations over the past six years, citizens have consistently expressed their frustrations with the Youth Criminal Justice Act," said Halifax Regional Police Chief Frank Beazley. "Police support any positive changes to the act that will restore citizens' faith in the criminal justice system and more effectively deal with youth who repeatedly come in conflict with the law."

The second goal of the campaign is get the views of Nova Scotians on other ways to fix the act beyond the Nunn Commission recommendations.

"The Nunn Commission provides the road map to fixing the federal youth crime law," said Mr. Clarke. "Through our campaign and public consultation, we are asking Nova Scotians to provide us with any other suggestions on how to fix this law."

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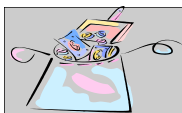
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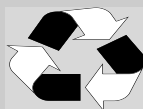
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## Clear Bags for Garbage

Submitted by Andrew Garrett,  
Valley Waste-Resource Management



As of April 1<sup>st</sup>, 2008, everyone in Kings and Annapolis Counties will be required to place their garbage in clear transparent bags and their recyclables in transparent blue bags. Residents will however be allowed to place one regular size black/green coloured bag out each collection for garbage items of a personal nature.

Why make this change? Our environment directly benefits as we expect more waste to be recycled and composted in the Valley. Just how much more waste we hope to recycle and compost is still unknown, but 22 municipalities in Nova Scotia have already switched to clear bags for garbage; the results are undeniable. In the year 2000, Valley residents and businesses were separating 50% of their waste from the garbage; but in recent years we have dropped to around 40%. In fact, a recent audit of our garbage determined nearly 40% of everything we are placing in the garbage could be recycled or composted. It is time to make the change.

Food waste buried in landfills does not break down into compost like it does in your backyard or in a composting facility. Instead, it creates liquids and gases that are harmful to our water and our air. The gases from a landfill are a large contributor to greenhouse gases. Not only is some waste harmful in a landfill it is just plain wasteful to throw away plastics or metals that can be made into new materials without having to mine more

non-renewable resources.

**Recycling saves energy!** Did you know that it takes less energy to create new products from recycled materials compared to making them with new materials? For example: An aluminum can made from recycled aluminum uses 95% less energy than a can made from raw materials. The energy saved is the same amount it takes to run your television for 3 hours.

**Increased recycling limits:** With the clear bag program we expect more recycling will be generated so we have modified how we collect your bags at roadside. The 4 bag limit for garbage and the 4 bag limit for recyclables (8 bags total) stays the same, however, you can now substitute each of your garbage bags with an additional recycling bag. For example: if you are only generating 2 bags of garbage you could place 6 bags of recycling out for pick-up. The maximum number of garbage bags remains at 4.

Help us move towards a cleaner environment. Do your part!

For more information about the clear bag program, contact us at 679-1325 or check out our website: [www.vwrm.com](http://www.vwrm.com).

## An "Irish Cemetery" in Centreville (cont'd from p. 4)

Centreville chapel existed is on record at the Kings County Museum and there is a note saying that it was removed in the early 1900s.

As for the site being an Irish cemetery, I can see by looking at records in the Kings County Museum how this notion may have originated. As can be seen from existing records, Irish families in this area favoured the cemetery as a resting place for their deceased.

In 1995 the Kings County Genealogical Society surveyed the Centreville cemetery and recorded inscriptions on the stones. Wayne Baltzer, a member of the Society, said they found many stones with Irish names, one dating back to 1858. The Society made a list of inscriptions on some 30 stones and 25 contain Irish surnames; these surnames are Hagerty, Sarsfield, O'Brien, Cavanagh, O'Keefe, Slautery, Power and Lynch. Several of the stones give the origin of the deceased as being various parts of Ireland.

The cemetery in Centreville apparently is much older than its stones indicate. The Genealogical Society records indicate the cemetery's "period of use" is 1858 to the present. However, Allan Cyr tells me that when William Ruscoe gave a portion of his land to the Catholic Church in 1856 "the burying ground was already there."

In other words, no one knows how old this cemetery is. It's also possible that Irish immigrants were the first to establish a cemetery there; existing records suggest that this is a possibility.

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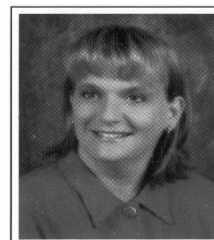


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## Our Daily



## Bread

It's a beautiful, sunny Sunday as I write this article. My friends in France tell me that the weather has changed greatly, as spring has already arrived in many regions. The Loire Valley, also known as the "Garden of France", is one such place where, after a rather cold winter, spring is definitely in the air! Everyone is optimistic for an early spring and a healthy growing season.

I think of my home-away-from-home quite regularly. It's not that I'm not happy living in the Annapolis Valley. Quite the contrary, I believe that I have the best of both worlds. I love the Valley just as much as life in France!

If I were in France today, I would have gone out early this morning to do something that at least 1 member of any given family would have done. In fact, on Sundays, it's often a chore that is taken care of by the men. "Aller au pain" is the name of this little errand, and it is probably the most important aspect of daily life in France. On any street in any city, town or village, you will find at least one boulangerie / pâtisserie. Going to buy bread and other tasty treats such as croissants, pain au chocolat, or brioches is always a great experience, even for travelers. As you approach the shop, you can already smell the aromas of the freshly baked products. You see the line, already well out into the street and you take your place, waiting patiently and listening to all the conversations going on around. Sometimes, I'm with my friends, so this always adds quality time to the

wait. I really like to see what others are buying. Fresh croissants are inevitably a great choice for breakfast any day, but especially on Sunday. Quite often, since it is Sunday, many clients are making other important purchases such as a dessert. This is also quite an experience in itself! Once the big decision is made, out come a box, a ribbon, as well as an attractive business card. Great care is taken to the details of carefully placing the delicate creation in the box which is then decorated and sealed. Those near the counter eagerly watch with anticipation and comment favorably on the choice while the ritual is being performed. As each satisfied client makes his or her way to the exit, cheerful voices call 'Au revoir! Merci!' Often, if other clients know the individual, they too add their best wishes... "Bonne journée!" Some will perhaps go to a café with their friends en route. I suppose this depends on who is waiting at home!

Approaching the counter, as soon it will be my turn and the transaction is quite rapid, I look over what is available between all the stacks behind the counter as well as what's in the case below the cash register. In France, just as with cheese, there are so many types of bread, that it would be impossible to recognize them all! It is said that there are over 300 varieties of bread and this is close to the number of cheeses that are also produced in this gastronomic paradise!! Since 2/3 of France is used for agriculture, it is no wonder that France is known as "le panier d'Europe", "The bread basket of Europe". In a typical bakery there would be at least a dozen choices.

Enfin! I am next- today it will be 4 croissants, 4 pains au chocolat and 2 baguettes. I add that I want 'light crust.' I learned this trick once while listening to the client in front of me- she ordered dark crust which would indicate that the loaf she ordered was left slightly longer in the oven. I put my little shopping bag on the counter and in go my goodies in their small, white paper bags. The baguettes are not wrapped as they will be consumed at noon and at dinner. I pay, thank the servers, and say goodbye. As I leave, I notice that several of the people in line have also added their best wishes for my day as I head back to our friends' apartment. My experience has been a pleasant start to the day. Ahhh! La bonne vie!

Here in the Valley there is a French bakery that has recently opened their doors for business!! I can tell you that their bread and pastries are of excellent quality! It's called Marie et Guy's French Bakery and they live in Kingston. I don't have to go that far "au pain!" since they are supplying Kent COOP with their products! They offer a nice variety of breads and pastries and often it is possible to taste them. Although I have not had the pleasure of meeting Marie et Guy Herbreteau, I do enjoy the quality products, made with organic flour and no additives. Guy starts making bread

*(continued on P. 10)*

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## Our Daily Bread (continued from p. 9)



at midnight and finishes at noon the following day. They don't deliver their product at the COOP on Mondays and I'm guessing

that their bakery is closed on Mondays. While it is customary in France for certain commerces to be closed, you can always find "une boulangerie!"

Note to Post readers: In the last issue on markets, I invited readers to email me for a recipe from my friends' book. I didn't have any requests and so I'm making a new offer: Send me an email with your postal address and I'll send you a post card from France this spring.  
<novalang@ns.sympatico.ca>

## Bay of Fundy

*By Dick Killam*



The following first editorial concerns the many issues surrounding the Bay of Fundy and its future relationship regarding harnessing the mighty tides to produce hydro power. Much of the information in the series has been researched and credited to the Bay of Fundy Ecosystem Partnership chaired by Graham Daborn (Acadia Centre for Estuarine Research, Acadia University, Wolfville, N.S.).

The Bay of Fundy that links New Brunswick and Nova Scotia is a 270 kilometer extension of the productive Gulf of Maine ecosystem. It's 1,300 kilometer coastline ranges from rugged, rocky headlands

flanking its mouth to broad mudflats and lush salt marshes at its inner reaches. It has long been of great economic, ecological and scientific significance due mainly from the great tidal flow and heights that exceed 16 meters. It is estimated that the volume of water that flows in and out of the Bay, twice a day equals 2,000 St. Lawrence Rivers. Scientists have long studied and imagined the hydro power potential.

Ceaseless tidal disturbances give rise from the darkest depth to the sunlit surface natural fertilizers that stimulate the production of marine plants and animals. Brier Island and Grand Manan are particularly blessed from this tidal disturbance. Almost half the 300 North Atlantic Right Whales spend their summer around the mouth of the Bay.

The remnants of the salt marshes that were not diked for agriculture are home to large numbers of waterfowl and other wildlife. The mudflats such as Evangeline Beach are very important as they are critical feeding and resting areas for millions of shorebirds. We have started to recognize and conserve some of these very ecological important areas.

Fish farms have been created in many of the larger sheltered coastal areas. Along with all of this natural wonder the Bay of Fundy is showing disturbing signs of problems both from natural erosion, pollution from sewage contamination and other man made structures.

Causeways, dams or bridges obstruct most large rivers flowing into the Bay. In the Annapolis River the turbines of the tidal power plant kill and maim many passing fish. In Windsor, Hantsport area there are great concerns regarding erosion and silt build up in the river systems believed to be created by the causeway that was built in the late 1960's. Careful reexamination needs to happen because of the changes scientist see and measure that can't be explained.

Twenty years ago scientists reviewed their knowledge about the Bay for an environmental assessment of a proposed large tidal power project in the Cumberland Basin. They were confident then that there was a

reasonable understanding of many of the significant oceanographic and ecological processes in the Bay. Today, the same cannot be said and because of this uncertainty about the causes of recent changes, this complex ecosystem needs very careful re-assessment.

To this end, a group of concerned scientists met at the Acadia Centre for Estuarine Research in Wolfville in early 1995. They wanted to find ways of encouraging both scientists and environmental managers to examine information gathered over the past two decades and to suggest how science could address some of the more pressing environmental questions surrounding the Bay of Fundy. The Fundy Marine Ecosystem Science Project arose out of this meeting. Its goal is to encourage scientists and managers from around the Bay to expand and co-ordinate their research activities, to improve our understanding of the Bay and to work to protect its remaining resources and habitants. An initial report reviewed their knowledge of the Bay and outlined the more pressing environmental threats. The next important step in early 1996 brought together 70 scientists from both sides of the Bay at a workshop in Wolfville. They quickly realized that responsibility of the Bay also involved the Federal and Provincial government, fishermen and residents of communities all around the Bay. These stakeholders must take part because the way they use the Bay and its resources directly affects its well-being. Much information regarding the changing environment and wildlife populations of the Bay from the residents would complement the available scientific information. Many community groups and volunteers are now part of the scientific effort, collecting information and samples for many monitoring and research programs.

With the proposed pilot tidal project slated for the near future the importance of being able to harness the tides for power without major negative impacts to our Bay's sensitive ecosystem is so very important. In upcoming issues I will attempt to relay the concerns and findings of the "Bay of Fundy Ecosystem Partnership" organization regarding the sustainability, diversity and beauty of our Bay of Fundy.

**Jeffery Best**

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## CANARD UNITED CHURCH CELEBRATES 150 YEARS

*Submitted by Isabel Tait*



History tells the story of the life and development of a people, country or institution which has a known and/or recorded past.

The history of Canard United Church congregation dates back approximately 250 years, after the expulsion of French Acadians in 1755. The present Church building was built in 1858, 150 years ago. For two years the minister at the time alternated between the Free Presbyterian Church at Chipman Corner Meeting House and Canard Free Presbyterian Church. The meeting house was sold and/or taken down in 1874.

In 1925 when most Canadian Presbyterian, Methodist and Congregationalist Churches combined to make up the United Church of Canada, this church building and congregation became known as Canard United Church. I have been told that when Canard Free Presbyterian congregation voted on the Union there was only one dissenter and that she continued to attend Canard United Church until her death.

We have in our church today a 188 year old Bible which is believed to have been the Pulpit Bible in the Presbyterian Church at Chipman's Corner.

The pulpit and chairs, and a few other furnishings of British design, were brought to this church from the Presbyterian Church at Chipman Corner. The old pulpit is still a part of Canard United Church's furnishings.

Almost 18 years after the church was built, the first organ was purchased in 1876, with the stipulation that "it did not disturb the peace of the congregation." The Congregation must have liked the organ music as other organs have been purchased since. Today we have a Clavinova electronic organ. The Clavinova speaks with many voices; organ, piano, voice and other instruments of your choice as well as play recorded music.



In 1899 a major addition was made to the church building, 41 years after the church was built, the hall was added, then four years later Sunday School classrooms were provided on the main floor. In the past five years other major renovations have been made.

Today the Rev. Michael Gibbons helps us Celebrate 150 years of Christian Fellowship in this Church Building. We will have small celebrations each month until October when we will have a Service of Celebration honoring our past and looking into the future.



## A Reminder from the Snow

By Marc Potvin

Some time ago, on a sunny, bright and beautiful morning, I decided to strap on my cross-country skis and enjoy the fresh air. As usual, our dog, who adores the snow, asked for nothing more than to come along.

We left the house for the orchard which is not very far. There was no wind to speak of, and the clear sky was a beautiful shade of blue. As I neared the bottom of a small hill and turned the corner, I was met by thousands of diamonds glistening in the sun. Of course, they were not diamonds, just millions of snow flakes on the ground, but they sparkled like diamonds. I couldn't help but stop for a moment and admire the beauty that was enveloping me.

I must admit that I felt giggly inside. I felt a tremendous sense of joy coming from deep within. This gave me a new understanding of Jesus' words, recorded in the gospel of Luke (19:40). Jesus had been told to keep the crowds quiet because they were praising Him too loudly. He said, "I tell you, if they keep quiet, the stones will cry out."

That morning, it was the snow that was giving praise to God! I felt scolded then for not really taking enough time in my day-to-day life to praise God, not only for His creation but also for the life that He gives. I am glad He reminded me through the beauty of that moment that He is not far away and that He'd like to hear from me.

So, the next time you are out somewhere enjoying the beauty of the earth, remember the One who has given us such beauty!

Marc Potvin

Senior Pastor

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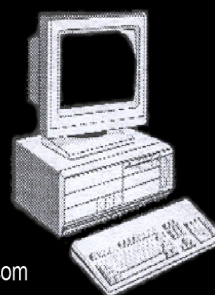
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## COMMUNITY EVENTS

**Spring Luncheon & Local Artist Show** - April 12, Centreville Hall  
11:00 a.m. - 2:00 p.m.

**GNC's BIG BREAKFAST**  
Monthly—3rd Saturday

**Sheffield Mills & District Women's Institute**  
3rd Monday, 2 p.m.

**Canard United Church**  
Sunday Worship Service - 10:15 a.m.  
www.canardunitedchurch.org

### **CENTREVILLE'S 8th ANNUAL PIG ROAST** **MAY 3, 2008** **4:30 p.m. - 6:30 p.m.**

**At the Centreville Hall**

Sponsored by the Centreville District



Community Development Association  
(tickets available from either:  
Peggy Sheffield - 678-5522 or  
Doug Brown - 678-7166)  
Takeouts available

**TOPS: - Mondays 6:00 – 7:00 PM**  
TOPS meet at Centreville Baptist Church on Murray Drive.  
(In the nursery room)

Monday evening:  
Weigh in from 6:00 to 6:30 PM with a short meeting to follow.

We are open to new members at the cost of \$30.00 yearly which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night.

For more information contact Leader Jean Bond at 679-1284 or Madeline Sheffield at 678-7584.

**THE GOOD NEIGHBOUR CLUB (GNC)** meets the 1st and 3rd Thursdays at 7:30 PM at the Hall.

All ladies of Centreville are welcome to attend and join the Club.

## **VOLUNTEER WANTED**

### **THE CENTRE POST**

THE CENTRE POST IS SEEKING A VOLUNTEER TO ASSIST WITH THE DELIVERY OF THE COMMUNITY NEWSPAPER. THE NEWSPAPER IS PUBLISHED QUARTERLY, 21 JUNE, 21 SEPTEMBER, 21 DECEMBER, AND 21 MARCH. THERE ARE 500 COPIES EACH QUARTER.

THE PAPER IS MADE AVAILABLE TO THE PUBLIC THROUGH LOCAL DISTRIBUTION POINTS AT WARD'S STORE, THE POST OFFICE, CENTREVILLE HALL, SANFORD'S GARAGE, KWIK WAY, AND FOOTE'S MARKET.

THE PAPER IS ALSO DELIVERED TO EACH OF THE ADVERTISERS IN THE PAPER AND TO THOSE WHO CONTRIBUTED ARTICLES. IN ADDITION, 10 COPIES ARE DELIVERED TO THE SENIORS' RESIDENCE IN CENTREVILLE.

THE JOB WOULD REQUIRE ABOUT ONE DAY EVERY THREE MONTHS. INTERESTED COMMUNITY MEMBERS ARE TO CONTACT **MIKE SWEENEY AT 679 2780.**

## **ANNUAL GENERAL MEETING**

### **CENTREVILLE DISTRICT COMMUNITY DEVELOPMENT ASSOCIATION**

**DATE:** May 22, 2008

**PLACE:** Centreville Community Hall

**TIME:** 7:30 PM

**SPECIAL BUSINESS:** Ratify the membership of the Centreville Area Advisory Committee

**Open to all community members and stakeholders in the District. Join us and hear about development in your community.**

## **ACADIA LIFELONG LEARNING CENTRE**

The ALL Centre provides courses, seminars, outings and special events for adults 50+ in environmental science, fine arts, writing, and more.

ALL membership benefits include free Acadia credit course audits and access to the Vaughan Memorial Library; reduced course and special event fees; and free seminars, lectures and readings. The annual membership fee is \$20.

The ALL Centre now has a new phone information option. For course updates, cancellations, room changes and ALL announcements call 902-585-1434 or 1-800-565-6568, at the prompt press 1. This is a recorded message that will be changed daily. If you want to join ALL or sign up for a course call the same number but press 4 at the prompt to speak to a client service specialist. When you call our office our voice message will guide you through these options. Or you can simply email [all@acadiau.ca](mailto:all@acadiau.ca). We will continue to update our membership through our web site [all.acadiau.ca](http://all.acadiau.ca) and via emails.