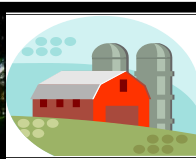




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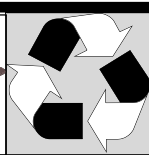
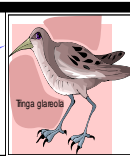
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THE CENTRE POST



Good News from the Centreville Park

By Betty Harper



As you may have noticed, the sign at the entrance to the Park on Sherman Belcher Rd. has been replaced by a much brighter and cleaner sign.

The old sign was replaced through the efforts of Doug Brown (I guess he was tired of looking at the peeling paint and graffiti) who donated his time and the material

to build the frame for the new sign. The sign itself was made and donated by Charles Crandall and his staff at Auto Trim. The Executive and Board of Directors (Centreville Parks and Recreation Association) would like to publicly express our thanks to this group of people for their kind donations and for the time they so graciously put into this project.

We would also like to thank Marion Seamone who generously donated her time and supplies to repaint the signs throughout the Park, most of which, unfortunately, have been vandalized over the past year.

We also would like to thank Roy Kerr who has faithfully been helping control the trees by cutting and removing a lot of the deadwood.

Thank you to all the other people who have helped at the Park in any way.

One last note of concern: The Park does not have a summer student this year, and due to the changes in waste collection and the theft of our garbage cans, we ask that you please take your garbage and "pet collection bags" home with you.

EDITOR'S NOTE

By Suzanne Trudeau Gormley
(a.k.a. Centre Post Lady)

Hello faithful readers. I'd like to dedicate this issue to Mr. Percy A. Lydiard. Mr. Mack Frail will elaborate on his life and legacy on pages 3 and 4. My husband and I have adopted the small flower bed beneath the flag pole at the park. This is a small gesture to honor his wonderful gift to us.

I don't care how Mark Cullen does it. I have to do it my way honey



HAVE A GREAT SUMMER!

The Centre Post is published four times a year:

**September - December,
March and June.**

DEADLINES for news items, etc. are due by the 1st day of these months, with the Newsletter at the outlets by the 21st. It is always good to get your information in earlier than the deadline.

Thank you to all our current contributors and I encourage anyone in the community to submit your ideas, recipes, crafts, etc. for our September issue.

Centreville District Community Development Association BOARD OF DIRECTORS' MEETINGS

Where: Centreville Hall

When: Fourth Thursday of the Month

Time: 7:00 PM

Exceptions: JULY, AUGUST & DECEMBER

BY NOTIFICATION – All meetings are open to the public,
come out to support your community

FOR ANNOUNCEMENTS, STORIES, ADS or INFORMATION CALL ONE OF THE FOLLOWING:

Set-up of newsletter, contact:

Suzanne Trudeau Gormley at 678-7769

E-mail: centrepstlady@hotmail.com

To place an **advertisement**, call:

Mike Sweeney at 679-2780.

The Charles Macdonald Concrete House and Museum



© Charles Macdonald Concrete House The

Charles Macdonald Concrete House and Museum officially opens for the season on June 23, 2008. It will be open daily from 10:00 a.m.– 6:00 p.m. until August 24, 2008. Amanda Muise, from Lakeville Road, will be one of the guides for the summer. The main gallery will feature a collection of Charlie's works. The Legge Gallery will feature local photographer Marke Slipp, followed by other local artists. If you are an artist and would like to show your work in the gallery, please contact the museum at 678-3177. The museum would be a great place to bring your family and friends when visiting the area this summer. We are Free are You?



© Charles Macdonald Concrete House

Kings-Hants Student Wins National Prize

May 2, 2008 Press Release
Courtesy of The Honourable Scott Brison



Three Kings-Hants students recently participated in the Rotary Adventure in Citizenship program in Ottawa. Pictured with Scott (l-r) are Caitlyn Cavanagh-Dollard of Centreville, Lydia Ochieng of New Minas and Amber Rowe of Ellershoushouse.

OTTAWA - Amber Rowe, a student at Avon View High School in Windsor, NS and resident of Ellershoushouse, recently won top prize for an essay "What does being a Canadian mean to you?".

The essay was part of the Rotary Adventure in Citizenship program, a national program for students aged 16-19 hosted by the Rotary Club of Ottawa. The program, now in its 58th year, included 220 outstanding senior high school students from across Canada who spent four days in the National Capital from April 26th to 30th. The program is designed to develop their potential as leaders in their communities and in Canadian society.

Kings-Hants MP Scott Brison, National Capital Commission CEO Marie Lemay, and Rotary Canada representative Mr. Nabil Oudeh presented Ms. Rowe with a Canadian flag that had flown from the Peace Tower on Parliament Hill for her winning essay.

In addition to Ms. Rowe, students Caitlyn Cavanagh-Dollard of Centreville and Lydia Ochieng of New Minas participated in the Ottawa program.

"This program provides a tremendous opportunity for young Canadians to gain a better understanding of their country and how our democratic institutions work. I am pleased that three outstanding students from Kings-Hants participated in the program and I particularly congratulate Avon View High student Amber Rowe as the overall winner of the essay contest," said Mr. Brison.



Constituency Office

Honourable Mark Parent
MLA for Kings North

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markparent@ns.aliantzinc.ca

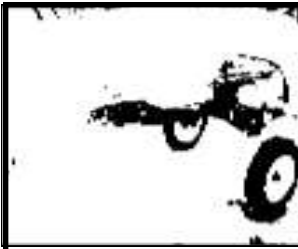
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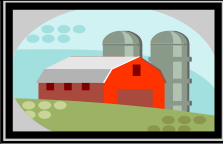
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Story from the Family Farm

By Mack Frail

The lovely forest area with its stand of old growth trees was a gift to the community of Centreville from Percy Lydiard. He had the foresight to realize that in the future this natural forest area would become an important part of the community. Percy Lydiard's bequeath of the twenty two acres was intended to be preserved as a nature park for the enjoyment of the public.

Percy Lydiard was (born in 1874 and died in 1948). His father was Harry Lydiard born in 1848 and died in 1928. Percy's mother was Laura Lydiard and she was born in 1852 and died in 1926. The Lydiards were residents of Centreville for a long time and they were respected in the community. The Lydiard family farm included a large part of the community, including most of the property that was bordered by the four roads Sherman Belcher, Saxon, Highway 359 and Lydiard Road. Also included was a large property west of Highway 359, opposite the Lydiard farm house. The Lydiard home was demolished in 2005 to make room for the Ted Davison apartment complex that is located east of Highway 359. When Percy Lydiard lived in the home there were shade trees, ornamental shrubs, rose bushes and climbing vines on the property. It was one of the lovely old farm homes in Centreville. Behind the home there was a large barn that was destroyed by fire in 1951. I was sixteen at the time and was among the group of people that were there on the summer evening when the fire occurred.

Harry Lydiard owned and raced trotting horses, which were trained on the race track that was located on their property. Percy helped his father with the harness

racing horses. Three of the horses included among these champion race horses were named Border One, Border Two and Border Three. The horses competed in harness racing competitions in the United States.

Percy Lydiard was educated and he was a qualified bookkeeper. He was employed in the Kentville Offices of The Dominion Atlantic Railway and by those in business that required his bookkeeping services. He also managed the family farm after his father Harry's death in 1928. He hired employees to work on his large farm that he had planted in apple orchards. Percy Lydiard was a bachelor and he had help to manage his household. He could be referred to as a gentleman farmer. I was thirteen when

*Percy Lydiard's
bequeath of the twenty two
acres was
intended to be
preserved as a nature park
for the enjoyment of the
public.*

Percy Lydiard died and I remember him as a neatly dressed gentleman. I always referred to him as Mister Lydiard because I was taught as a child to show respect and not to refer to an older gentleman or lady by their first name. I still think of him as Mr. Lydiard and a gentleman that I respect.

He drove a nice car that was a recent model, during a period when most people did not drive motor vehicles. Mr. Lydiard was a kind and considerate gentleman. In 1943, I was at the Desborough farm with my mother, where an auction was being held to sell off their farming and household

effects. Phillip and Carol Murphy are living in the home on Banes Road where the auction took place with Henry Eaton as the auctioneer. It is a long walk from there to our home on Highway 359 where I still live. My mother was pleased and accepted Percy Lydiard's offer to drive us home. It was a special thrill for me at eight years old to experience one of my first few rides in a car. I can recall feeling the velvet upholstery of his recently purchased car.

When the community of Centreville received the park area, (as bequeathed by Percy Lydiard in 1948), as I recall, it did not cause a lot of excitement among the residents of the community. Centreville was a farming community then with a population of about three hundred people. There was no shortage of country space and natural wooded areas for the public to enjoy.

A park committee was formed and the area was named the Centreville Park. Several people in the community were interested and became involved. One of those people that was on the committee and showed an interest was Charlie McDonald. Charlie donated a lot of time and effort to construct an attractive concrete structure with a roof supported by pillars with open sides and a hearth on one end. There were picnic tables and seats for those wanting to have a picnic or to sit and enjoy the natural beauty of the area. The structure was located near the centre of the park in a cleared and gravelled area. I have thought it a wonderful gesture on Charlie's part because he was a friend and a neighbour to Percy Lydiard and he would have known his friend's wishes concerning the natural forest area.

(continued on p. 4)



Story from the Family Farm



During a period of about twenty years, the Centreville Park was misused and neglected, vandalism had occurred on the structure that Charlie McDonald had built and it was removed from the park area. I can recall at least one cleanup project that was carried out by the Centreville school students to clean up the litter from the park. The area was enjoyed as a nature park by the public but without proper supervision it was difficult to keep it properly maintained.



After the Centreville skating rink was destroyed by fire in February 1950, the residents of Centreville and the surrounding areas that it served were anxious to have it replaced by another closed in rink. A lot of pressure was put on the community to have it replaced and suggestions were put forward. One suggestion that could make the building of a new rink possible was to cut enough logs from Centreville Park and have them milled into building material. There was a saw

mill in the community at that time and no shortage of volunteers that were anxious to become involved. The public were reminded by Percy Lydiard's friends and neighbours that his gift to the community was not intended to be misused by cutting the trees to be used for such purposes. Respect for Percy Lydiard was priority and Centreville has managed without a built in skating rink that was so much a part of the community.

“It may be that the people who enjoy their pleasant walks among the lovely and majestic old trees will remember the man that made the preservation of the natural forest area possible.”

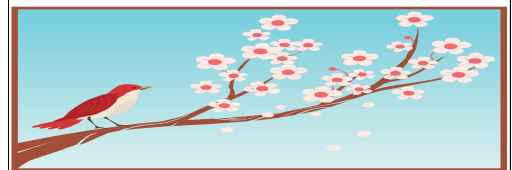
The park did not receive a lot of attention until the early 1970s, when Centreville suddenly changed from a farming community to a residential community. The park became an asset to the property developers and those selling real estate in the community. The park has become a wonderful play area for the children in the community. A new park committee was formed and extensive work began in the park during the fall of 1975, and continued into the winter of 1976. Some of the large trees were removed and a ball field was built. The park building, toilets, tables and swings were all built during the winter of 1976. The park ball field was fenced in 1977. Organized play began at the park during the

summer of 1977, and the park was officially opened by Buster Best. The name was changed from the Centreville Park to the Percy A. Lydiard Park in recogni-




tion of the man who gave the park property to the community of Centreville. The large soccer field, situated west of the Percy A. Lydiard Park was part of the Lydiard family farm before it was purchased by Roscoe Fillmore and his son Frank in about 1948, and became part of their very large horticulture nursery business (but that is another story.)

This submission is intended to inform the readers concerning Percy A. Lydiard and his gift to the public and the community of Centreville. It may be that the people who enjoy their pleasant walks among the lovely and majestic old trees will remember the man that made the preservation of the natural forest area possible.



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How to get rid of those pesky fruit flies

Submitted by Pam Peverill

The Banana Trap



1) put a piece of banana in a cup, cover it with plastic wrap, punch a few tiny holes in top and leave it out near the flies.

The Vinegar Trap

2) same thing but with an inch of vinegar in the cup.

The idea is that the fruit flies will be attracted to the cup, find their way inside, but not be able to find their way out again. However, no matter how tiny you make those holes, the odd one will figure out how to get back out. But that's ok when you see how many you've caught.

One advantage to the vinegar is that once you've trapped a bunch of them in there, you can simply place a hand over the top of the cup, turn it over and drown them. With the banana in the cup, you have to figure out another way to get rid of them (let them outside or whatever).

Whimsical Watering Can

Submitted by Pam Peverill



Want to add a little whimsy to your garden?

Take an old galvanized watering can, thread some beads on wire and attach them to the spout to look like water pouring out.

This would look cute with 2 or 3 hanging one above the other.



Cedar-Planked Salmon with Red Pepper Glaze

Submitted by Melissa Bogle

Ingredients:

- 1 Cedar Cooking Plank, soaked overnight or at least 1 hour
- 1 Boned Salmon Fillet (about 3 lbs.)
- ¼ cup Country Magic® Red Pepper Spread
- 1 Tsp. Onion Powder
- 2 Lemons, halved
- 1 Tbsp. Finely Chopped Fresh Parsley
- Kosher Salt
- Freshly Ground Black Pepper

Directions:

Season skinless side of salmon with salt, pepper and onion powder. Let salmon sit for 10 or 15 minutes at room temperature, until rub is moistened.

While salmon is sitting, preheat grill on medium-high for 5 or 10 minutes. Rinse plank and place it on the grate. Cover grill and heat plank for 4 or 5 minutes, or until it starts to throw off a bit of smoke and crackles lightly. Reduce heat to medium-low. Season plank with kosher salt and place salmon, skin side down, on plank. Brush salmon with Country Magic® Red Pepper Spread.

Cover grill and cook for approximately 20 to 25 minutes. Baste salmon periodically with Red Pepper Spread. When salmon is done, squeeze half a lemon along its length and carefully transfer to a platter. Drizzle a spoonful of the Red Pepper Spread over each portion as you serve and sprinkle with a little chopped parsley.

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The Bay of Fundy - The Sandpipers



As mentioned in the previous article the Minas Basin and Chignecto Bay, which are located at the eastern end of the Bay of Fundy, are the summer-time home to the Sandpiper. Hundreds of thousands of these birds can be seen each summer season on the mud flats in the Evangeline Beach and Grand Pre area. Talk about precision flying - thousands of these birds fly wingtip to wingtip performing amazing aerial ballets without collisions. This truly natural wonder is one of the most inspiring summertime phenomena in the entire Bay of Fundy region.

Their life story and their evident attachment to the mud flats have puzzled scientists for decades. Peter Hicklin, a wildlife biologist with the Canadian Wildlife Service (Environment Canada) in Sackville, New Brunswick, has devoted his career to studying the sandpipers. He knew that up to two million sandpipers and other shorebirds stop over in the Fundy region during July and August on their remarkable annual migration from their spring breeding grounds, far to the north on the arctic Tundra near Hudson Bay, to their overwintering grounds along the coasts of South America.

Most scientists and residents thought the vast oozing expanses of mud were virtually lifeless and inhospitable wasteland. Being a graduate student at Acadia University some 20 years ago, I questioned that opinion given that the sandpipers always visited these mud flats every year. Something attracts them there and he

wanted to find out why. This is what he discovered!

By carefully examining hundreds of samples of the mud he found it teemed with unimaginable numbers of tiny marine creatures, with the majority being a shrimp-like amphipod crustacean known as "Corophium volutator." As many as 60,000 of them are found crowded under an area about the size of a bath towel. When the tide goes out they emerge in the millions scuttling about on the damp mud, seeking mates or browsing on microscopic algae and other flecks of organic matter. After about 20 minutes the mud warms and they return to their homes under the cool, damp mud.

"The Fundy mud is critical to 95% of the world's sandpiper population survival and also many other migrating shorebirds that come here in the summer."

These are what the sandpipers digest to store energy for their non-stop 4000 km trip to South America. When the sandpipers arrive on the Fundy shore they are very lean, tired and hungry but within two weeks they depart very fat and almost twice as heavy. The Fundy mud is critical to 95% of the world's sandpiper population's survival and also many other migrating shorebirds that come here in the summer.

Other scientists have discovered what causes the conditions that make the Fundy mud hospitable for

this food to be created for the migrating shorebirds. The green algae that grows on the surface of the mud excretes a gelatinous organic substance that increases the natural stickiness thus makes the mud surface firmer and less likely to be swept away. However the ingestion of large amounts of this algae by the Corophium results in less of this gelatinous organic substance being produced leaving the mud more susceptible to erosion. The Corophium amphipods constantly burrowing and grazing activities also disturbs and loosens up the mud (a process called "bioturbation")

However, when the large flocks of hungry sandpipers arrive and eat immense numbers of these amphipods this allows for the green algae to flourish which produces the natural stickiness of the mud to continue. In this way, a fine and intricate balance is established between sediment composition, stability of the mud flat surface, the growth of the algae, the abundance of grazing amphipods and the feeding habits of the hungry sandpipers. Disturb any one of these fragile links and it could threaten the survival of the sandpipers. Recently, Peter Hicklin has been alarmed to find indications that some of these fragile links are indeed being strained which could be catastrophic for the sandpipers. The mud seems to be more watery and soupy, the Corophium were completely absent in some areas where they were numbered in the 30,000 per square meter. Further observations indicate that these changes have taken place on several mud flats.

(continued on P. 10)

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**CENTREVILLE HALL PROJECT UPDATE
2007/2008**



By Budd Murphy

In the March issue of the Centre Post, Budd Murphy reported: "As this round of changes/improvements nears completion, the community can see where their hard earned fund raising dollars have been spent." Well, here it is folks, in black and white, in case you ever wondered how this was all possible. Many thanks for your support!

All figures include taxes.

Washroom renovations	\$6,215.00
Floor refinishing	\$5,842.10
Gutters and downspouts	\$ 655.40
Roof and chimney	\$8,550.00
Fascia and soffit	\$3,499.80
Siding (front only)	\$4,446.00
Extra fees	<u>\$ 339.00</u>
	\$29,547.30
Grants:	
Community ACCESS-ability Grant	\$4,175.82
Community Hall Program (county)	\$3,675.00
Sport and Recreation (province)	<u>\$4,981.80</u>
	\$12,832.62
The community spent:	\$16,714.68

We are waiting on a response from the County regarding this year's CHAP (Community Hall Assistance Program) application for \$5,000.00 to help with further siding and insulation, however, community hall needs across the county are being prioritized by County officials and we may not qualify this time.

8th Annual Pig Roast

BIG  **Success!**

The 8th Annual Pig Roast, held on May 3, was a great success again this year. We served over 225 dinners and cleared over \$1500.00, which will be used for Community work.



Thank you to all who donated food and helped out at the dinner.

A special thank you to the following business firms for donations or support for the Pig Roast:

D.O. Sanford Garage Ltd., K. D. Rogers Well Drilling Ltd., White, Family Funeral Home, Halls Maritime Welding Ltd., Kentville Mazda,, Foote's Farm Market, Walter Stevenson Garage, Mac's Berry Farm, Valley Power Products, Ward's General Store, Best Toyota Inc., Dafor Construction Ltd., Save Easy (Kentville), John Hutton, Steve Peverill, House of Hair, Eagle Crest Golf Course, Kwik Way.

Thank you all.

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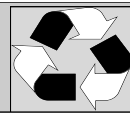



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Caring for the Environment

By



The environment has emerged as one of the most important political and social issues in recent years. For those of us brought up in the 1970s when Rachel Carson's book Silent Spring startled the world with its revelations of the destructive impact we humans were having on our world, it seems like this concern has been a long time in coming. For others, the importance of caring for the environment seems to have taken them by surprise.

Historically speaking, concern for the environment is a recent phenomenon. The Environment Department, of which I am the minister, was formed only thirty five years ago, roughly at the same time other political jurisdictions throughout the world were forming their own environment departments.

Symptomatic of this is that at Federal-provincial ministerial meetings, the Federal Minister of the Environment is considered simply one of the ministers of environment across Canada and is not given special status, unlike other federal-provincial ministerial organizations. This is because responsibility for the environment was never mentioned in the British North America Act and so it is unclear who legally has responsibility for the environment.

This lack of clarity is evidenced by a quick look at the Green House Gas targets adopted by the different provinces and the federal government. Our Nova Scotia target is far more aggressive than the federal one while Alberta's target is much lower.

In Nova Scotia we have pledged to reduce Green Houses Gases by 10% by the year 2020 -- a 35% decrease from current levels. In Alberta, the plan is to allow Green House Gases to rise until 2020 before any cuts are made, which means that any gains Nova Scotia makes will be negated by increased emissions produced by Alberta.

This lack of consistency across Canada has promoted many to call for greater consistency. I agree with the need for greater harmonization of targets but I do not agree at the expense of taking away control of the environment from the provinces. The reason why is not because I like having the responsibility of setting targets but because care of our environment cannot be successful unless everyone is involved. This means that the further down the political hierarchy we can push the decision making, the more chance of success there will be.

The proof of this is Nova Scotia's solid waste and recycling program. Countless Nova Scotians were involved in making this the world wide success that it is. Young and old, urban and rural dweller alike, most of us faithfully separate our waste, lug our recyclables back to the local enviro-depot and compost our organics. The result has been a waste reduction program which draws visitors from around the world to marvel and to learn.

In a similar fashion, climate change will not be solved by governments. Governments have a part to play through leadership and well thought out regulations but each and every citizen will have to pitch in and help if success is to be achieved.

Many throughout the world despair that human behavior can change quickly enough to make a difference and stop climate change from getting completely out of control. I do not share this point of view because I know that Nova Scotians have changed in regard to recycling and waste disposal. As a result of these progressive steps, I know that we can also change to combat climate change.

Here in Centreville, here in Nova Scotia we can show the world how it can be done.



Centreville History in the Works

By Ed Coleman

It's no surprise to me that many of the family names Mack Frail gleaned from an old Centreville store ledger are Irish. While researching, I discovered that Irish families often settled together in various outlying Kings County communities and Centreville was no exception.

Mack Frail is writing a history of Centreville, a task he's been working on for several years. He recently compiled a list of families that shopped at a Centreville general store in the late 19th century. The list was compiled from a ledger Ron and Bernice Ward found when they took over the general store in 1983. The store has been open in Centreville for well over a century. Frail tells me this is only one of several of the store ledgers that exist, and he hopes to include their records in his Centreville history.

While copying the ledger accounts, Frail found that some 397 families were shopping at the general store. The first entry in the ledger is dated January 2, 1878, the final entry June 16, 1879. At the time the store was operated by Reuben Thorpe. While entries consist solely of items purchased and their prices, one of those dry, boring account books in other words, Frail says it "is a wonderful document and for me a step back in the past." The ledger shows, for example, that the barter system was alive and well at the time in Kings County. As Frail says, "A great deal of the transactions (at the store) were by barter, that is, when no cash exchanged hands." The ledger indicates that "cord wood" was often exchanged for groceries, for example.

(continued on P. 10)

Centreville Kwik-Way Diner

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Two Memorials



On May 29, I'll be in France hosting the annual Nova Languages War Memories tour. There will be three couples and a good friend with me for the two-week tour. One of the couples has a great uncle buried in Belgium near Yprès, a region which saw heavy casualties throughout that war. They also have a relative buried at Bény-sur-Mer, as does one of the other couples who will be making the trip. So this will certainly add a personal touch to our visit.

If you live in this area, and have crossed the Brow Mountain Rd. heading east towards the Sterling Ponds, you may have noticed a stone memorial marking the spot where a Lancaster crashed in April 1953. Six of the seven crew were lost as they returned from a rescue mission. The memorial is located on the north side of the road. The memorial was established in 1996 by 107 (V) Wing RCAFA.

In January 1946, a Dakota 500 with a crew of seven and additional airmen totaling 12 members of the RAF were also on a post war mission, returning from North Africa. They were approaching the British airfield at Le Mans, and just like 'KB966,' this flight never made it to its destination. All were lost - these brave men had flown countless missions over the wartime skies of Europe only to die in a nasty storm in a lonely field not far from the beautiful town best known for racing. Engine failure, an electrical storm and poor visibility were contributing factors.

In 2006, while visiting the cemetery at Bény-sur-Mer, we met several people who were putting flags by the graves of fallen soldiers. These kind people do this annually and I hope to see them again on June 5th! They spoke with several of my group and asked if we had anyone buried at Bény. Maurice Tugwell, a retired Acadia University professor told them that his father was buried in France. He mentioned the town of Le Grand Lucé. We were headed there near the end of the two week tour and I would actually pay my respects to his father and the others. The people who were speaking with the Tugwells became very excited about this news and they contacted a gentleman who was heading up a project to build a memorial to honour those who lost their lives in that field near his home in Ruaudin.

We became directly involved in this project and I had the pleasure of meeting Gérard and Janine Chartier last summer. The project by then was well underway with a ceremony being planned to commemorate this tragedy and the unveiling of a plaque on a cairn which M. Chartier had made.

On May 3, 2008, Maurice and his son, Stephen were in attendance along with other RAF families. His dad, Maurice Stephen Tugwell was the co-pilot on that fateful day. The field and the cairn are situated beside a very popular hiking trail and Gérard felt compelled to establish this monument at a place where people passing by might stop and remember those who

helped liberate France and indeed Europe.

I spoke with Maurice Tugwell a few days after his return from France. He is very happy and proud of the contribution of the Chartiers and others who contributed to this project. He told me that it was a wonderful ceremony and that our new friends had done so much to make the event very special.

On June 13, my group and I will have the pleasure of visiting the memorial site at Ruaudin, and we have been invited to have lunch at the home of Gérard and Janine. I am very excited to be able to share this with my fellow travelers and you who enjoy reading 'The Post.' It is my hope that someone who reads this article will write about the Lancaster which crashed near my home!



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The Bay of Fundy - The Sandpipers

(continued from P. 6)

Scientists are unsure whether these changes are the result of human activities such as the damming of rivers flowing into the Bay of Fundy during the 1950s and 60s such as the causeway across the Avon River at Windsor or natural changes such as gradually rising sea levels and heights of the Bay of Fundy tides. With the construction of the causeway in Windsor 27 years ago, thick brown mud has formed below it which caused pronounced shallowing of the estuary for more than 8 kilometres downstream. Marine grasses and other plants have formed and are transforming this mud flat into a salt marsh.

It seems more sandpipers are arriving on the Fundy mud flats which flies in the face of food shortages but at the same time researchers in South America are indicating lower numbers of Sandpipers are arriving there. It is suggested that it could be illusionary as the sandpipers are staying longer on the Fundy mud flats because it is taking them longer to get the necessary amount of food to make the trip to South America. Possibly, many may be dying on the trip because they are beginning to lack enough food energy to get there.

These areas have been set aside as Hemispheric Shorebird Reserves to help protect the birds but it may not be enough - especially if it is discovered that human activities in combination with climate change could destroy the natural wonder of the sandpipers. Scientists have not pointed the finger yet but research is continuing to identify

problems before another wonderful species of natural becomes extinct.

This article and information was originally written and produced by J.A. Percy with credit to the Clean Annapolis River Project.

Centreville Good Neighbour Club Report

Submitted by Gail Salmon

Another season of Good Neighbour Club (GNC) has come to a close for the summer. We celebrated in style with our closing supper on June 5. The dress was more formal than usual, in case you were wondering what all those savvy ladies were up to that evening. A meal was prepared by the ladies of the Entertainment Committee, complete with a special entertainer "La Rouge - a tap dancer "with a touch of class". Much to the Club members' surprise, we were treated to "gentlemen escorts" who saw to our every need!

It was a well-deserved night as the ladies have had to cater a couple of dinners, work a candlelight tea, help out with the CDCDA pig roast supper, and have been working hard to feed breakfast to as many people as possible during the two and a half hours of a Saturday morning. Speaking of breakfasts, we will have a short hiatus over the summer, but will return in the fall. Thanks to all who worked and all that ate. We have made a lot of money to help refurbish the hall.

The GNC has also had their annual canvassing during the month of May and we thank all those who helped out and donated to the worthy causes.

The GNC will start again September 18 with a Pot Luck supper. Members can bring a guest along.

Have a safe and wonderful summer!!



Centreville History in the Works

(continued from P. 8)

Frail tells me he has a lot of work ahead of him before the history will be finished. Folklore says there is an Acadian connection with the village, for example, and chronicling this phase of the village's history may be difficult. Centreville could owe its origin to the fact that the Acadian roads met in the area. It's possible also that these roads originally were Mi'kmaq trails, but that may be difficult to determine.

Pinning down records of the old Centreville land grants has been difficult, Frail says. "I have always heard of the Bowles land grant, for example," he said in effect, "but I haven't located any documentation concerning it." One Thadius Bowles operated what may have been the first mill in Centreville. A barn that's some 150 years old and was part of the Bowles' mill is still standing on Frail's property.

Frail will also have to delve into Centreville's Irish connection. Centreville has a Catholic cemetery with many old Irish headstones. I have no record of the Irish names on the tombstones, but Reuben Thorpe's accounts ledger suggests some of them could be Haggertys, Magees, Murphys, Colemans, Sullivans or Mahaneys, to list a few of the Irish families that shopped at the store a century ago.

Little is known about the Acadians and the Irish in and around Centreville, and I'm looking forward to seeing what Frail comes up with regarding them. While Centreville undoubtedly grew rapidly after the railway arrived in 1890, the most interesting eras in Centreville's history - and in any community's history, in fact - should be the Acadian and post Acadian period immediately after the Planters arrived.

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CANARD UNITED CHURCH CELEBRATES 150 YEARS

Submitted by Isabel Tait

Canard United is celebrating the 150th Anniversary of the present church building and the continuation of worship started by our forefathers. To help with



the year long celebrations the congregation had the youngest and the eldest member plant two trees.

As well, one of the members has placed the dates 1858 - 2008 with rock in the front lawn. Members are designing a logo for T-shirts as well as making a quilt of members' designs. During the rest of the 150th year Celebration there will be concerts, picnics and a Special Church Service in October.

The United Church is having a 'Big Worship' on June 15, 2008 at University Hall, Acadia University. All United Church members in the Valley Presbytery, from Windsor to Digby, are invited to worship together. In July the Rev. Michael Gibbons will be leaving Canard

United Church and will undertake training in the Armed Forces as Chaplain. As well as being Minister of Canard United Church for the past three years, he was chaplain for the Kings County RCMP, Secretary of Valley Presbytery and he was an active member on the local Ministerial Association. We wish him God's guidance in the career he has chosen, a career which is much needed both on the battlefield and at home.

Meditation - Finding Satisfaction



By Marc Potvin

A short while ago, the ever-popular television program, *American Idol*, crowned its 2008 champion. Its Canadian version, *Canadian Idol*, is just about ready to go on the air. Throughout the summer, thousands, if not millions of viewers will tune in faithfully each week to watch, hear, cheer and vote for their favourite performers.

I certainly can understand the popularity of the show. For a contestant, the lure of a quick rise to fame, an automatic recording contract and instant recognition is powerful. As a spectator, it brings great delight to see who will be the lucky person to achieve their dream.

Finding Satisfaction

(cont'd)

We all have dreams, whether they are to become famous, rich, highly informed or happy. Our desire is to achieve them as quickly and painlessly as possible. Therefore, we look for opportunities like *Idol* for quick fame, buy lottery tickets for quick wealth, search the internet for quick information and enter into relationships for instant happiness.

I wonder, though, how well this goal of instant achievement is working for most of us. I know very few people who have achieved their dreams with great ease and little work. Those few who have done so often live as if something is lacking in their lives. I'm sure you've heard of lottery winners who after a few years have nothing tangible to show for their thousands or millions of dollars. And we hear all too often what has happened to those young stars in Hollywood who became famous quickly and at the same time descended into the abyss of addiction.

There is something to be said about having to work hard for our dreams. Even though hard work is not glamorous and is often thankless, it does give us a sense of self-worth and pleasure when we can see what we have accomplished. In addition, I find that what we obtain from that hard work has greater meaning than that which was achieved effortlessly. This is true in the work place, in school, in raising children and in nurturing relationships with others. Nothing of lasting value is accomplished quickly. It takes patience and dare I say a willingness to face the hardship of setbacks. Yet, as we persevere, we reap the rewards of the effort we put in.

"It is good and proper for people to eat and drink, and to find satisfaction in their toilsome labour under the sun ...this is a gift of God." (Ecclesiastes 5: 18)

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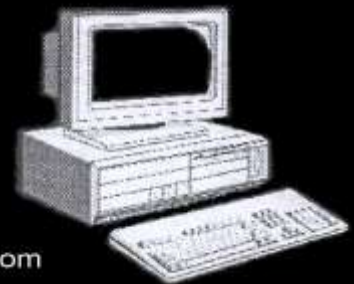
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COMMUNITY EVENTS

Hall's Harbour Day / Canada Day Tuesday, July 1, 2008*

Our 29th annual all-day celebration!
Pancake Breakfast, Children's Parade and Magic Show, Chinese Auction, live music on the wharf, our famous Chicken Barbecue, and much more - plus fireworks to end the day with a bang!
* Watch your Advertiser, Chronicle-Herald, cable station, and CBC for more info.

Annual Strawberry Shortcake & Ham Salad Supper

First Cornwallis Baptist Church
1012 Middle Dyke Rd., Upper Canard

July 5, 2008 4:30pm to 6:30pm

Adults: \$9
Under 12: \$4.50
Preschoolers: Free
Wheelchair accessible

Take-Outs Available by calling on the day of the supper 582-7855.

GNC's BIG BREAKFAST

Monthly—3rd Saturday
(Except for July and August)

Sheffield Mills & District Women's Institute

3rd Monday, 2 p.m.

Canard United Church

Sunday Worship Service - 10:15 a.m.
www.canardunitedchurch.org

TOPS: - Mondays 6:00 – 7:00 PM

TOPS meet at Centreville Baptist Church on Murray Drive.

(In the nursery room)

Monday evening:

Weigh in from 6:00 to 6:30 PM with a short meeting to follow.

We are open to new members at the cost of \$30.00 yearly which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night.

For more information contact Leader Jean Bond at 679-1284 or Madeline Sheffield at 678-7584.

THE GOOD NEIGHBOUR CLUB (GNC)

meets the 1st and 3rd Thursdays at 7:30 p.m. at the Hall (Except for July and August).

All ladies of Centreville are welcome to attend and join the Club.

VOLUNTEER WANTED - THE CENTRE POST

THE CENTRE POST IS SEEKING A VOLUNTEER TO ASSIST WITH THE DELIVERY OF THE COMMUNITY NEWSPAPER. THE NEWSPAPER IS PUBLISHED QUARTERLY, 21 JUNE, 21 SEPTEMBER, 21 DECEMBER, AND 21 MARCH. THERE ARE 500 COPIES EACH QUARTER.

THE PAPER IS MADE AVAILABLE TO THE PUBLIC THROUGH LOCAL DISTRIBUTION POINTS AT WARD'S STORE, THE POST OFFICE, CENTREVILLE HALL, SANFORD'S GARAGE, KWIK WAY, AND FOOTE'S MARKET.

THE PAPER IS ALSO DELIVERED TO EACH OF THE ADVERTISERS IN THE PAPER AND TO THOSE WHO CONTRIBUTED ARTICLES. IN ADDITION, 10 COPIES ARE DELIVERED TO THE SENIORS' RESIDENCE IN CENTREVILLE.

THE JOB WOULD REQUIRE ABOUT ONE DAY EVERY THREE MONTHS. INTERESTED COMMUNITY MEMBERS ARE TO CONTACT **MIKE SWEENEY AT 679-2780.**



The "BIG BREAKFAST" News

The "Big Breakfast" is a fundraiser organized by the ladies of the Centreville Good Neighbour Club and are held on the third Saturday of each month, excluding July and August. With this effort being supported by generous community volunteers, June 21 marks our 25th breakfast. The proceeds from our breakfasts are used to improve and maintain the Community Center.

The Good Neighbour Club dates back to 1947. Anyone wishing to join this group or to help now and then with our breakfasts can contact any member of the club.

Keep the community spirit alive, enjoy the socializing and have a great breakfast at the same time. Many thanks to you faithful volunteers, enjoy the summer and we hope to see you in September.



Pictures of Centreville District and Surrounding Area

Did you know that the Centreville Website has an email address you may send pictures to? If you have pictures you want to share with others you can send them to:

centrevillepictures@centreville-kings-county.com

Pictures of interest could be Old Historical, Nature, Business or People, whatever you think others would be interested in.

The pictures sent will be put on the Centreville website:

www.centreville-kings-county.com.

ACADIA LIFELONG LEARNING CENTRE (ALL)

The ALL Centre provides courses, seminars, outings and special events for adults 50+ in environmental science, fine arts, writing, and more.

ALL membership benefits include free Acadia credit course audits and access to the Vaughan Memorial Library; reduced course and special event fees; and free seminars, lectures and readings. The annual membership fee is \$20.

The ALL Centre now has a new phone information option. For course updates, cancellations, room changes and ALL announcements call 902-585-1434 or 1-800-565-6568, at the prompt press 1. This is a recorded message that will be changed daily. If you want to join ALL or sign up for a course call the same number but press 4 at the prompt to speak to a client service specialist. When you call our office our voice message will guide you through these options. Or you can simply email all@acadiu.ca. We will continue to update our membership through our web site all.acadiu.ca and via emails.