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# THE CENTRE POST



## Community Development in Centreville

by Marke Slipp



The 'look' of Centreville has developed considerably since Europeans first immigrated here. The first settlers cleared land, constructed homes and raised families who would go to the schools and churches they built, buy their goods from local stores and become Centreville of Kings County.

As times progressed, so did the village. A sawmill employed people of the area for a while, as did a train station, now a 'computer station'. Orchards grew large and bountiful and eventually outgrew their usefulness in overseas markets. No longer is there a rink for skating in the winter, nor a *Blueberry Express* train that once meandered through the area, taking apples to market or children to school.

Now there are iPods and texting, graffiti and 'tudes. But one thing that has remained constant through the years is that Centreville remains a great community to live in and raise a family.

Communities like this don't just happen. Centreville is a growing entity that needs the help of its constituents to remain healthy. We're fortunate in having people with vision and voice who are willing to participate in the maintenance and growth that is required.

When Mike and Glenna Sweeney first arrived here a decade ago, the Centreville District Community Development Association (CDCDA) had already been in its formative stages due to a proposal instigated by community members and Kings Community Economic Development (Kings CED) in 1997. It had gone through its initial steps by this point and was now ready for new leadership.

Prior to this initiative there were concerns expressed by Centreville residents about issues such as safety and security, of having control of their community resources and development—especially with the rapid expansion going on. Centreville had seen a 59% growth in the area over the previous decade in the new subdivisions.

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## EDITOR'S NOTE

By Suzanne Trudeau Gormley  
(a.k.a. Centre Post Lady)

A funny thing happened to me while visiting my family and friends in Ottawa this past August. My sister-in-law (who shall remain nameless) asked if I would like to do some weeding in her flower bed. Once I'd finished this task, I felt an itch on my leg and attributed it to a mosquito bite. Come to find out I had been exposed to poison ivy and developed a serious reaction to it. Many lotions, potions and sleepless nights, (not to mention 3 trips to the doctor), I finally do not look like a partially cooked lobster! Other than this mishap, I had a lovely time! Hope you all had a great summer.

On a serious note, I would like to extend my sympathies to Mrs. Hilda Reece (& family), a longtime Centreville resident, Good Neighbour Club member and my special friend, on the loss of her grandson, Mitchell A. Ells.

**The Centre Post is published four times a year:**

**September - December,  
March and June.**

DEADLINES for news items, etc. are due by the 1st day of these months, with the Newsletter at the outlets by the 21st. It is always good to get your information in earlier than the deadline.

Thank you to all our current contributors and I encourage anyone in the community to submit your ideas, recipes, crafts, etc. for our December issue.

## Centreville District Community Development Association **BOARD OF DIRECTORS' MEETINGS**

**Where:** Centreville Hall

**When:** Fourth Thursday of the Month

**Time:** 7:00 PM

**Exceptions:** JULY, AUGUST & DECEMBER

BY NOTIFICATION – All meetings are open to the public — come out to support your community

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## Community Development in Centreville (continued from cover page)

The population since 1976 had increased from 400 to over 1000. New businesses, a museum and a golf course were now established in the area. Parks, churches and community facilities had doubled in size. And so had the traffic—which brought with it illegal passing and speeding on the main streets. As well, a lack of facilities was identified, such as no school, no public transportation, and not enough suitable places for youth to meet.

The residents felt they had to do something positive and proactive moving into the next century. Community volunteers formed a steering committee in early 1998: Celia Best, Brad Brown, Larry Hake, Betty Harper, Marilyn Kennedy, Bob Neilson and Isabel Tate. Resource people from the municipality included the ubiquitous and capable Municipal Councillor, Madonna Spinazola, Robin Marshall (Executive Director) and Jessica Patterson (Office Manager) of Kings CED, and Bill Butler, Director of Community Development. By July of 1999 these industrious and community-minded souls had formalized the creation of the new organization that would steer them into the next phase: the CDCDA.

Now likely, if you've read this far, you already have an interest in this community as well as this organization. This is a good thing — if we don't have people in the community that are willing and able to take an interest, apply some vision, and make some decisions about our common future, then we'll have people from outside our community—who don't know or appreciate our issues—making decisions for us. I don't think any of us want that to happen. And that's where Mike Sweeney comes back into this.

Mike asked me to do an article on how the Centreville Area Advisory Committee (CAAC) came into being. Although I don't know him well, I do know he takes these responsibilities on willingly. Trying to get a sense of his 'why', I said, "I guess you're planning on living here a long time." He replied, "This is my passion. I enjoy doing these kinds of things."

Mike Sweeney doesn't do these things out of obligation to his community, but rather because he gets *enjoyment* from it. It turns out he spent 36 years in construction engineering with the Canadian Armed Forces. It would be a skill that would become quite useful here in the now-designated *Residential Growth Centre* we know as Centreville.

Mike took up the challenge to move the plan to the next stage. There were new people on the board of the CDCDA: Merv Sted-

man, Peggy Sheffield, Jim Hoyt, Marilyn Kennedy, David Briggs, and Doug Brown are some of the volunteers offering their time and energy in the pursuit of a better community. CDCDA distributed a questionnaire to residents, compiled the results from 65 respondents and set forth a plan to make Centreville "A Good Place to Live and Grow"—the area's newly minted motto.

Among the top seven priorities identified: Safety and Security (lights, bike lanes, sidewalks), Communications (newsletter, community outreach, a voice to municipal council) and Facilities (walking trails, modernize the hall's kitchen, playground equipment). These are but a few of the many respondents' suggestions that were incorporated into the larger plan.

The residents also identified development as a concern. And they wanted to be sure that the Municipality would recognize them and respond to the needs of the community. A plan would need to be created. Making a Secondary Planning Strategy (SPS) as well as an Area Advisory Committee (CAAC) required some heavy commitment from Centrevillians. Fortunately, many community volunteers responded well to this new challenge.

Centreville was "teamed up" with another one of the 11 designated Growth Centres in the County, but soon realized that it would be better to 'go it alone', as the needs, requirements and commitment were quite different in the two communities. The SPS was "three years in the making", according to Mr. Sweeney, and identified Centreville's primary goals. Highlights of these include Parks and Recreation, Transportation, Sewers, Water Supply, Storm Water Management, as well as Tourism and Heritage; seemingly pretty routine stuff but totally necessary in the development of a modern community. Each area has goals, objectives and policy attached to them. It is a comprehensive and detailed report.

There is also flexibility contained to change what has been defined in the document. An advisory committee (CAAC) was established this summer to help advise Council on issues such as Development and Rezoning that would impact Centrevillians.

The CAAC advises on applications that require rezoning or inclusion. A case in point is the application by the owners of the Delft Haus B&B, Ray and Debra Ridley, who would

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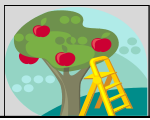
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## Community Development in Centreville

(continued from P. 2)

like to include a Teahouse in their facility. Working with the planning people and the CDCDA they have made application to the municipality for the rezoning (R2 to R2B) and are awaiting a decision on parking considerations as of this writing. The CAAC gave its blessing to Council regarding the expansion's rezoning requirement as it already fit in with the goals and objectives established for the area.

Communities like Centreville don't just happen. They require time and effort from people committed to making their spot on the planet a better place to live. And it doesn't stop there — it needs to be continually watched and supervised by community members as well. When you see one of the people noted that have taken their time, their commitment, their energy to make Centreville a Good Place To Grow And Live, be sure to acknowledge them, say a word of thanks, or even better, ask them if there's something they might need a hand with.

The newly formed Centreville Area Advisory



Committee, a part of the CDCDA

L>R Jim Hoyt, Ray Ridley, Madonna Spinazola, Mike Sweeney, David Briggs



## Story from the Family Farm

By Mack Frail

It was the first week of August when I was reminded by Mike Sweeney that the deadline for submitting articles to be published in the Centre Post is September 1st. From the beginning when I first began submitting articles to the Centreville Voice, I have written mostly concerning the history, the people and my experiences growing up in Centreville. These are the topics that are of little effort for me to write about and with no shortage of material. I don't want my stories to be terribly boring for the readers and I make an effort to mention some things that may interest them. I have thought that perhaps I enjoy writing about Centreville and my memories more than the readers enjoy reading about them. It was almost the middle of August and I had not decided from my usual topics which one to write about that would be of interest. I asked the editor of the Centre Post, Suzanne Gormley, for suggestions and her reply was, "Why don't you write about foster parenting?" Well, I was surprised by her reply because I had not expected to have an opportunity to write about subjects not concerning Centreville or about our experiences concerning foster parenting. I welcome Suzanne's suggestion and I will begin by asking the readers to understand the reasons I do not use names is to protect the children that have been placed in our care.

My wife Sheila and I opened our home here in Centreville for children's foster care in March, 2000. Sheila's foster care experiences go back to when she was a child and living in her parents' home. Her parents are Donald and Leota O'Connell and they

raised ten children of their own including looking after the foster children in their care. Leota O'Connell resides at Evergreen Nursing Home and she is proud that she has helped over two hundred foster children during her forty years of operating a foster home. Sheila is the oldest of her nine siblings and from an early age she helped with the younger siblings and the foster children living in their home. It has been said that Sheila was not recognized without a small child on her hip. Her love and caring for children began in her parents' home at an early age.

Sheila was previously married to Lloyd Haggerty and they began fostering children in 1978. During their time of fostering children together, they operated an emergency foster home. Sheila and Lloyd had three children of their own. Two of their children they adopted, one was a former foster son and he required special needs. Sheila and Lloyd continued to help children in their foster home until 1988 when Lloyd developed a heart condition. During their ten years of operating a foster home they helped over one hundred children. Lloyd passed away in 1991, at forty-six years of age.

Sheila and I were married in 1993, and I became a step dad to her three children. The oldest, Shawn, was working and living on his own; Tanya and Todd were going to school and living at home. Sheila and I had been together seven years and Tanya had moved to Toronto working as a nanny and Todd was living in Halifax. Our home was much quieter especially for Sheila because she had always had children around her.

(continued)





## Message from your Municipal Councillor Madonna Spinazola, District #3 August 2008



### Readers of the Centre Post

I have been asked to write in the Centre Post one last time as your Municipal Councillor. I will make an effort to provide some history and background into my fourteen years of service to the residents and taxpayers of District #3.

I have decided not to re-offer for Council in the upcoming October Municipal Elections. It is time for me to step down and slow down. I have had the privilege of representing you and the people of Kings County for just over fourteen years. During my terms of Office, I have been able to accomplish a number of initiatives that I am proud of. Most all of those initiatives have been successful because of the involvement of citizens, like you, who when given the tools and support have successfully been able to achieve, for the most part, your individual and community goals. I am confident leaving my position as your elected representative that communities in District #3 have had significant successes in preservation, growth and improved quality of life. I sincerely thank each and every one of you for your support and for what you have taught me over the years. I believe that I have personally grown because of your involvement.

I entered Municipal Council in 1994 by acclamation and quickly learned that in order to represent my constituents in an effective manner I would need to learn all I could about Municipal politics and how the system worked. I enrolled in Dalhousie University's Certificate in Municipal Governing and successfully completed the Program in September of 1995. The Municipal Governing course gave me a very good understanding of planning and land use issue, municipal financing and strategic planning. It was a challenging course and took up a lot of personal time, and resulted in providing me with new tools for the position of Municipal Councillor. The role of a Councillor is one that demands

the person to be up-to-date on Municipal policies, finances, planning and by-laws; as well as being available to your constituents and remembering they are the reason that you are sitting in the Council Chambers.

***"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."***

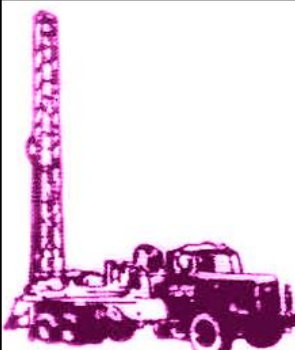
It was in 1997 while canvassing for my second term of office that I began to understand better the process and importance of community involvement in Municipal matters. Also, during this period the community of Hall's Harbour experienced a severe storm that threatened our main wharf and the well being of our community. The community went through a number of changes and developed a Community Development Association. I was the founding president of the Hall's Harbour Community Development Association, and felt that this type of community organization may well be the instrument to assist the community of Centreville. Hall's Harbour was very successful in maintaining and preserving their infrastructure as well as securing the long term sustainability of the fishing industry as well as the ever growing tourism industry. At that time, Community Development Associations were fast becoming a vehicle for community growth in Kings County. Media articles stated: "A new instrument to help communities actualize their own visions for their future evolved in Kings County in the form of "Community Development Associations." The Community Development Associations (CDA) that I became involved in were a not-for-profit organization totally run by community volunteer members from each group or organizations within a community. In 1997, this was a new tool in Community Economic Development (CED); with great potential to help communities build capacity and play a lead role to strengthen and sustain a community. The

Federal and Provincial Governments of the day placed emphasis on centralization which led to the migration of our younger residents to larger urban areas for employment, and the local community corner store, post office and schools were beginning to close, all guaranteeing that our rural way of life was fast becoming a commodity of the past. Community Development Associations (CDA), during this time, was being formed as a tool to give community members a stronger voice.

While canvassing in the Centreville area I soon learned of the wants and needs of your community. Some of the concerns expressed were safety, and security issues, tot-tot recreation, having control over community resources, and the rapid growth of Centreville to name a few. There were several organizations all requesting assistance. I realized that to better serve community needs that we would need to arrange for a public meeting to determine if a CDA might be the instrument for community improvement within Centreville and to develop a vision on how the residents of Centreville saw their community in 10 – 20 years!

Approximately 50 people attended a public meeting held on February 6<sup>th</sup>, 1998 to discuss the present and future concerns of Centreville. The meeting resulted in a steering committee being formed to begin the process of community consultation. Some of the Centre Post readers will remember volunteers were encouraged at the public meeting to represent all aspects of your community. A representative of the Church, Parks & Recreation, Girl Guides, Boy Scouts, MacDonald Museum, Business and concerned residents agreed to participate. Other resources attending the meeting and willing to assist with this task included Robin Marshall, Executive Director for Kings Community Economic Development (CED). Bill Butler, Director of Planning for the Municipality of Kings and Jessica, Executive Assistant, Kings CED. Events were happening quickly in

*(continued on P. 6)*



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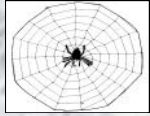
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## A Lesson from a Spider

By Marc Potvin

Last evening, as I was working in the kitchen of my home, I noticed two spiders, working at their web outside the window. Although I have never been fond of spiders, I was fascinated by the way they work.

As I watched the spiders it reminded me of the children's book by E.B. Milne, called *Charlotte's Web*. It is a wonderful book about friendship.

In a conversation that takes place near the end of the book, Charlotte says to her friend Wilbur the pig, "You've been my friend. That in itself is a tremendous thing. I wove my webs for you because I liked you. After all, what's a life anyway? We're born, we live a little while, we die. A spider's life can't help being something of a mess, with all this trapping and eating flies. By helping you, perhaps, I was trying to lift up my life a trifle. Heaven knows anyone's life can stand a little of that."

Isn't it true that every one can use a bit of lifting up in their lives? Anyone familiar with the story will remember that Wilbur, the little pig, felt very lonely in his pen. A tiny spider, named Charlotte, took notice of him and developed a relationship with him. This relationship enabled Wilbur to mature into a strong and sensitive creature. His life was made better because he had known Charlotte.

Being a friend lifts us up because we know that we give of ourselves and that we make a difference in another person's life. It adds value to who we are. Having a friend lifts us up because we know that we are not alone, that others are there to share the joys and struggles of life.

I don't know if the two spiders in the corner of the window were friends or even were having a discussion with each other but I know that my life wouldn't be the same if I couldn't be a friend or if I didn't have any friends. Friendship makes a world of difference.

Could it be the reason why Jesus put such a strong emphasis on loving others? Friendship, based on love, respect and caring can change a life. May we be like Charlotte and befriend others. And may we be like Wilbur and accept others friendship!



## Blueberry Coffee Cake

### INGREDIENTS

#### Cake:


- 2 cups all-purpose flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1/2 cup butter
- 1 cup white sugar
- 1 egg
- 1 teaspoon vanilla extract
- 1/2 cup milk
- 1 cup fresh *Country Magic™* blueberries
- 1/4 cup icing sugar for dusting

#### Topping:

- 1 cup packed brown sugar
- 2/3 cup all-purpose flour
- 1 teaspoon ground cinnamon
- 1/2 cup butter



### DIRECTIONS

1. Heat oven to 350°F. Coat a Bundt pan with cooking spray. 
2. Make the streusel topping: Mix 1 brown cup sugar, 2/3 cup flour, and cinnamon in a medium bowl. Cut in 1/2 cup butter or margarine; mixture will be crumbly. Set aside.
3. For the cake: Beat 1/2 cup butter or margarine in large bowl until creamy; add 1 cup white sugar, and beat until fluffy. Beat in egg and vanilla. Whisk together 2 cups flour, baking powder, and salt; add alternately with the milk to the creamed mixture, beating well after each addition.
4. Spread half the batter in the prepared pan. Cover with berries, and add remaining batter by table-spoons. Cover with streusel topping.
5. Bake at 350°F for 55 to 60 minutes, until golden brown. Remove pan to wire rack to cool. Invert onto a plate after cake has cooled, and dust with icing sugar.



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### Fall Hours - commencing Sept. 23rd

Tuesday—Sunday: Lunch: 11:30 am—2:30 pm  
Friday—Sunday: Dinner: 5:00 pm—8:00 pm

*Reservations recommended*





**Message from your  
Municipal Councillor  
Madonna Spinazola,  
District #3**

*(continued from P. 4)*

Centreville and on February 26<sup>th</sup>, 1998 a Needs Assessment and Future planning session of Centreville took place. Many of you involved are still here in Centreville and will remember the many meetings that took place over a nine month period to organize the Centreville & District Community Development Association. We all worked tirelessly to involve the public and put a plan in place.

Issues discussed included Concerns of how the community has grown - 1986 -1996 59% increase in Centreville; New Subdivisions - tot lots, recreation facilities, Community Hall, Roads and sidewalks - street lights etc, and Reconnecting with the sense of community.

We all soon discovered that communities are powerful entities when they are organized and have a clear vision of their destiny. We have seen the proof of this in several communities here in District 3, in Meadowview, in Hall's Harbour and we have certainly seen what the community of Centreville has achieved by working together.

Your community not only has a vibrant and effective Community Development Association that has helped to facilitate recreation infrastructure, Community Hall improvements, a community emergency preparedness plan, a successful secondary planning strategy providing a vision for your community future

*(continued on P. 8)*



## The Bay of Fundy - Right Whales

*By Dick Killam*

Right whales and how important the Bay of Fundy is to this species survival will be the focus in this issue of the Centre Post.

It was in June of 1996 that NATO had planned naval maneuvers at the mouth of the Bay of Fundy. Then came the arrival of four well known right whales by the names of Lucky, Gemini, Baldy and Necklace along with several other whales. This was the start of their annual summer sojourn in the area. The NATO maneuvers of 36 large war ships were abruptly cancelled. Researchers and biologists such as Deborah Tobin and Jerry Conway were alarmed at the danger these ships could have on the whale pods. They and other whale supporters convinced the Minister of Defence at that time to intervene and cancel the NATO maneuvers. If only one whale collided with a vessel and was injured or killed the public outcry would be echoed worldwide.

The impact of one right whale being killed would have an enormous effect on the entire species as there are fewer than 300 left in the North Atlantic.

This was one triumph in one small battle of a much larger war that they may be slowly losing.

It was thought that right whales once roamed the North Atlantic in the tens of thousands. Whaling began in the 11<sup>th</sup> century with little impact until the 18<sup>th</sup> and 19<sup>th</sup> centuries when high demand for a wide range of raw materials such as oil, flesh and baleen which was used as stiffeners for clothing, folding fans and decorative

articles. Right whales, because of their size, were an easy prey and because of its thick blubber layer made it float when dead. After virtually exterminating the species the League of Nations rubber-stamped a legal end to the hunt worldwide in hopes that the population would recover. In the last 60 years there is little evidence that the population has recovered.

It is noted that most whales die due to collisions with boats instead of natural cause. Fishing gear and propellers from boats also causes serious injuries. Because of the dumping of contaminants and other toxins the likelihood is that survival, growth, reproduction and behavior are being impaired along with more susceptibility to disease.

Many whales have been monitored over the years and the four mentioned at the beginning of this issue are well known by researchers and biologists.

In the Bay of Fundy there are now over 30 whale watching tours that take tourists out to their pods. As one operator said that in the early days of whale watching with only two or three operators, the whales had a lot of time for themselves. Now, as soon as his tour leaves there is another one and then another one on the whales leaving them with little alone time in their natural habitat.

Only lip service has been given by Government officials to try to regulate the industry and the Department of Tourism from both the Nova Scotia and New Brunswick governments have only made the problem worse by using large ads to attract visitors from all over the world to come to the Bay of Fundy and

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## Centreville Hall Project Update

By Budd Murphy

Progress is being made. The Centreville Hall is in the last phase (for now) of repairs and upgrades to the outside of the structure.

The Centreville Hall Building Committee applied to the Community Hall Assistance Program for \$5,000.00. As in previous times, when applying for this grant, the County received more applications than they had funding for. The good news is The Centreville Hall received 80% (\$4,000.00) of the possible \$5,000.00.

With additional funds committed from the Centreville Hall Association and the Centreville Good Neighbour Club, completion of the wall insulation and siding will take place this fall.

The Hall is a work in progress but the Community should be pleased to see major aspects of the restoration completed.

## THE STAFF AT THE CENTRE POST HAVE A NEW MEMBER

The advertisement in the Centre Post for a volunteer to assist with the delivery of the community newspaper has been answered.

Madeline Sheffield, who has lived in our community for the past 30 years, has stepped up to assist with your newspaper. Madeline enjoys working with the public having worked 10 years as a receptionist and 9 as a book-keeper. She is past treasurer for the Ladies Auxiliary and helps with Missions in Action group of her church. She also volunteered five years with the Ladies Retreat Ministries at Kingswood Camp. She enjoys keeping busy and joined the staff at the Centreville Kwik-Way last November. Noticing the ad for the delivery person for your paper, she thought, why not me?

Welcome aboard Madeline.

Also, congratulations go out to Terry-Lee and Scott King. Their new bundle of joy, a girl, is named Sydney Elizabeth Madeleine King. "Elizabeth is after her English Grandma and Madeleine is after her French Grandma". She was born on lucky 08/08/08. Prior to this wonderful event, Terry-Lee was part of the CP team. You will be missed but we understand how much busier you will be now!



## Update on Paving Projects and Public Transportation

Mark Parent

By the time this article sees the light of day, the tender for repaving a large section of Highway 359 should be closed and repaving begun. Slowly, I am getting the main routes of the riding in shape but much work needs to be done. It is necessary work since paving was dramatically reduced in the nineties, creating a backlog of projects, and since the high cost of fossil fuels is pushing up the price of asphalt. Two years ago, I was able to get the 359 from Fire Hall in Halls Harbour north on the repaving list. Last year, the section of 221 from Sheffield Mills to Centreville was redone and this fall I have been promised repaving on the section from the Halls Harbor Fire Hall south to Centreville.

Of course, along with repaving projects another priority has to be getting bus service to the community of Centreville. With the high price of gasoline worldwide, more and more people are choosing to take public transit. Here in Kings County we are fortunate to have one of the best small transit systems in North America. However, the transit system does not reach out to Centreville. A few years ago an attempt was made to run a loop from Port Williams to Canning to Centreville and then into Kentville. This pilot was not sustainable back then.

Today, with increased demand, things may have changed. This is why the government has decided to put 3 million dollars into supporting the creation of transit in underserved and subserved areas. I have already spoken to officials at the Kings Transit system encouraging them to use their share of the money to look once more at a run to Centreville but perhaps on a spoke system where there could be more frequent service and thus more choice to Centreville residents. We will keep our fingers crossed and lobby as hard as we can for this worthy project.

Finally, while provincial elections look like they will wait unto next year, municipal elections will be held this fall. I encourage all residents of Centreville to take the opportunity to vote. A strong municipal government is important since many of the issues which are important to Centreville residents take place at the municipal level.

I hope everyone had a safe and happy summer and wish students returning to school a very productive fall.



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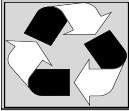
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## Clear Bag Educators Check Out Centreville Set-Outs

By Andrew Garrett

Over the past four months Valley Waste employees have been out and about throughout the Valley checking curbside garbage, recycling and compost set-outs. In fact, many of you probably had yours checked. A friendly person likely knocked on your door to explain sorting and thank you for your participation. If you were not home, they left a door knocker and a sorting guide with highlighted items noting what could have been recycled or composted. Over 10,000 homes were visited this summer.

Good sorting was the norm in Centreville. Curbside educators visited over 240 homes so far and could only find one person not attempting to sort. Also impressive: only three households were not in compliance with the new clear bag program for garbage. Great job Centreville! Our Valley is much greener thanks to you.

A few common themes were noticed. The most common mistakes are listed below:

- 12% of households had plastic containers in their garbage that could have been recycled. We are now able to recycle all rigid plastic containers with the exception of Styrofoam.
- 11% of households had plastic or metal in their compost carts.
- 7.5% of households had paper and recyclable containers (cans, jars etc) mixed in the same blue bag. Paper should be placed in its own blue bag.

### Fall Cleanup Reminder.

Fall Cleanup is almost here. Residents in the Centreville area are in Zone B; therefore, collection will take place on your regular collection from October 6-17.

The cleanup trucks collect garbage items only. Unlike the regular curbside collection truck, the cleanup compactor truck has just one compartment and when it's emptied, its contents are landfilled. That's why yard waste and extra recycling, such as cardboard, cannot be collected during cleanup.

### There are some rules ...

In order to make cleanup manageable and to keep it running smoothly, there are some rules. For example:

1. Each household and business can put out up to 20 items on cleanup day. An item is a single object, a bag or a securely tied bundle (5 loose toys = 5 items, 5 toys in a garbage bag = 1 item! Please bag and bundle everything you can).
2. Cleanup items can go out to roadside up to 7 days before pick-up day. In other words, please don't put items out for cleanup too soon. It looks messy and can create traffic hazards.
3. Clear bags need to be used for bagged items.
4. Some items are banned from landfill, so they will not be collected, such as:
  - Tires
  - Propane tanks and cylinders
  - Recyclables
  - Televisions, monitors and computers
  - Leaves and brush (you can put out two bundles of brush each regular pickup day).

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**Message from your  
Municipal Councillor  
Madonna Spinazola,  
District #3**

(continued from p. 6)

and most recently is the only growth centre in Kings County to have a Community Planning Advisory Committee. Bravo Centreville!!!! You have much to be proud of.

Again I am grateful to have played a small role in your achievements and it was my pleasure and honour to have been your Councillor for the past fourteen years. Thank You.

I'd like to close with this quote from Margaret Mead:

***"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."***



### **Revised Kings County Maps**

The Kings CED Agency is happy to inform you that new revised maps of Kings County are now available. Maps can be purchased from the Kings CED Agency at a cost of \$3 each.

If you would like to purchase a map/maps or would like more information, contact Madonna MacDonald, Development Officer at 678-2298. (Article from the Advertiser - 15/07/08)

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## Belle-Ile and Links to our Past: 1755-2008

By Gren & Gail Jones

Often when people travel to Europe, they marvel at the amazing history that can be observed in virtually any country. This is especially true when one visits countries such as Egypt or Greece. In Western Europe, we tend to visit sites such as Stonehenge, or Carnac where the ruins of prehistoric times continue to witness those early civilizations that were established well before the pyramids were built.

In late July, we were staying at a sports camp in a place near Quiberon, in Western Brittany- this is an area where the standing stones tell of life as it was over 6,000 years ago! My students were indeed amazed by the alignments, cairns, dolmens and menhirs that are mysteriously present in this beautiful region.

On the 26th, we visited an island with ties to our own, more recent history.

We left the port of Quiberon on a sunny morning and 45 minutes later the boat docked at Le Palais, Belle-Ile-en-Mer. It was my first visit to the island, but certainly not the last! What I would learn that day about the history of this island paradise is truly inspirational.

In 1765, 78 families who came from what are now Kings and Annapolis Counties were given permission to take up residence by the King of France, Louis XV. Expelled by the British ten years earlier, they had decided to make their way back to Europe. They were born here in places such as Grand Pré, Canard and Port Royal.

It was not until we visited the museum

which is located in the Citadel at Le Palais did I understand the impact of this piece of history! I knew of the Acadian museum, but in reality it is only one part of the museum that recalls the history of the island from prehistoric time to our era.

When we entered the 'Acadian Room', the first thing I saw was a framed list of names of the families who arrived in 1765. This list included names such as Daigle, Granger, LeBlanc and Terriot. Three of my students live in the Canard-Port Williams-Upper Dyke area and I pointed out to them that there is an important link between the places where they live and the families who were expelled from here in 1755.

***"one of the aspects of the island's history that will remain forever etched in my memory is that the "gift" that the Acadians brought not only to this island, but also to France is a vegetable that we consume in great quantities here in the Valley: the potato!"***

They had spent 10 long years in exile as prisoners of the British prior to their arrival in France in 1763, following the Treaty of Paris which put an end to hostilities. In fact, this island was often in the hands of the British and the Dutch, as it is the only island along this long coast that has water, and even the Germans in 1940 took full advantage of its precious resource as they built the Wall of the Atlantic. For 2 years, these

families waited in places like Morlaix and Saint Malo. Finally, after a series of petitions to the king, he awarded them a concession of land on Belle-Ile.

We spent a full day there and I learned a lot about the island and of one of its most famous residents, the most famous actor of her era, Sarah Bernhardt.

But one of the aspects of the island's history that will remain forever etched in my memory is that the "gift" that the Acadians brought not only to this island, but also to France is a vegetable that we consume in great quantities here in the Valley: the potato! The first potatoes to be cultivated in France came from the Annapolis Valley and were planted on the island.

Today, tourism is the main economic activity and sadly, the potato is no longer a factor in the island's economy. The families who have been permanent residents all have Acadian roots and I am proud of the link between these two beautiful places. So, the next time you are enjoying a meal which includes potatoes, I hope you will think of this important aspect of our local history!

For those of you who have an interest in our tours, we will be offering a tour to Belle-Ile in 2009. Hope you can join us!



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## **Community Spirit is Alive and Well in Centreville!**

Submitted by Madeline Sheffield

**On August 23, the Kwik Way store sponsored a big yard sale, Chinese auction and fun events. All funds raised were donated to Chrysalis House, Kentville.**

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## **The Bay of Fundy - The Right Whales**

**By Dick Killam**

*(continued from P. 6)*

see the whales. It has come down to economics versus the survival of the whales. Some tour operators have taken on the responsibility of ensuring that the sight seeing boats do not come too close to the whales but no meaningful regulations have come forward from the government.

Nowadays, Jerry Conway, marine mammal advisor of the Department of Fisheries and Oceans Scotia Fundy region admits that he is a "one man shop" and that "marine mammal issues are not a high priority with the Department.

Fortunately, academic research groups such as the University of Guelph and East Coast Ecosystems are trying to fill the void. Their monitoring efforts and vocal lobbying convinced the Canadian Government in 1993 to designate seasonal (June-October) Right Whale Conservation Areas in two of the habitats critical to the animals. They are located at the mouth of the Bay of Fundy and the nearby Roseway Basin. These areas represent the only known locations in the world where right whales can be observed in the summer and fall. Along with this came stricter regulations for ships operating in that area such as reduced speed and alternate directions that would take them away from the whale pods. More needs to be done but it is a step in the right direction.

Jerry Conway is clearly pessimistic in feeling that "we may be too late" and "unless there is a dramatic change in our attitude towards these animals we're witnessing the demise of one of the largest marine mammals in the world".

With more and more people becoming interested in the whales there is hope that attitudes will change as they discover more and more the plight of the right whales.

With this all happening in our back yard it is important to press this issue forward and ensure that the harnessing of the powerful tides of the Bay of Fundy for electrical power does not compound the problem. Over the past three years it seems more and more whales are spotted off Hall's Harbour and towards Scotts Bay area.

We hope the technology that is being tested for the tidal power projects do not in anyway have a negative effect on these magnificent animals.

Information for this issue originated by J.A. Percy and the Clean Annapolis River Project.

\*\*\*\*\*

***The author of this article  
wishes to inform our readers  
that he will be running in the  
October 18, 2008 Municipal  
Election for District 3. "The***

***next four years will be very important  
with respect to our environment and I  
want to offer my spirit, energy and ex-  
perience to the residents of Kings  
County."***

## **CANARD UNITED CHURCH NEWS**

Our 150th Anniversary celebrations continue until October 19th when a special Church Service will be held.

On October 19th 2008, 7:00 p.m., the Rev. Ivan Gregan will be our guest speaker with Paula Rockwell Firth and Pereau Baptist Church Choir providing Special Music. Everyone is invited to attend - refreshments to follow the Service.

On September 7th, Krista Anderson, student minister, will begin her ministry with us.

Worship Services will be at 9:45 a.m.

Sunday School Classes begin September 14th, 9:45 a.m. Some teachers are needed. If you can teach for a few Sundays a month or more please let us know. Anyone wishing a Teen Program please contact Isabel Tait, 678-9765.

See you in Church.



## **Jeffery Best**

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## Story from the Family Farm (continued from P.3)

I had slowed down from my busy life-style when we decided that we would like to help children.

It was May, 2000, when we opened our home as a foster home for the care of children. On July, 1st, we received our first foster son. He was a year old and walking with no difficulty. During his time with us he began to do all of the first things that children experience at his age. Sheila and I gave him the love and encouragement to become a well adjusted child. Before the summer was over we had bonded as a family. The first couple that came wanting to adopt decided that they wanted him on their first visit, and he became their son. They are a wonderful family with one older daughter. We had a great Christmas together as a family before our foster son went to his permanent home and his new family. I cannot describe details but the separation was difficult especially for me as it was my first and I was not prepared. Four of our foster sons have been adopted into good homes. Some people will say to us, "How can you part with them?", and it is not easy to see them leave our home and a part of them remains with us.

After experiencing and being a part of the adoption process it is not as difficult to have the children leave our home. The joy of the adoptive families who welcome the children into their homes and the children who have their own permanent family outweighs the sadness of having them leave our home. It is sad to witness a child crying because he does not have a good home with his own parents, and saying that no one wants him. When Sheila and I

would try to console the child by telling him that we love him and want him, his reply to this was that we don't understand how he feels and that living in a foster home is not the same as having your very own family. I try to understand how these children feel, but having been brought up in a loving and stable home it is difficult to understand their feelings. I cannot specify the reasons, but some of these children which have been in our foster care were considered unadoptable. When a particular little boy in our care was told that a couple wanted to adopt him, he was overcome with emotion. He hugged us and cried tears of joy repeating over and over, "Someone really wants to adopt me" and that he would have his very own mother and father. It was an experience that I will not forget: that this child with a low self-esteem caused from years of abuse had come to realize that he was loved and wanted. Sheila and I have experienced the joy and satisfaction of helping these children to overcome their problems and they now have their very own families and are well-adjusted children.

*"The joy of the adoptive families who welcome the children into their homes and the children who have their own permanent family outweighs the sadness of having them leave our home."*

A few days after our first foster son left our home to live with his adopted family, another special little boy was brought into our home. He was two years old when he arrived and he is now nine years old and very much a

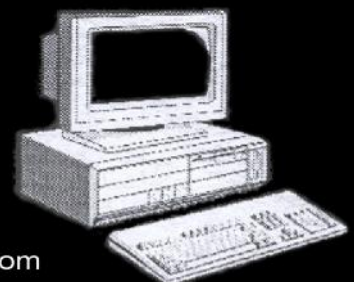
part of our family. He has remained with us during the period that many more children have lived with us in our foster home. We have cared for children ranging in age from one year to nine years old. Some of the children were with us for short periods. There are six boys that lived in our home for longer periods and four of these boys are now adopted and a part of their own families. These children deserve to be mentioned individually for their progress and accomplishments but with limited space I am not able to elaborate. The nine year old boy who has been living with us for seven years is a very special little boy who has overcome many problems. During the time that he has been in our care he has received lots of love and attention. With his type of autism he requires special care, and a lot of people are involved in his life. He attends school with the other children where he receives some special attention. He tries very hard to overcome his problems and with help he has made wonderful progress. He says a lot of words but is not able to speak a sentence. He has a wonderful personality and those in contact with him become very fond of him. Sheila and I love him as our very own child and he shows his love for us. Sheila has a lot of compassion, often she will be reading or watching television that concerns people living in poverty, neglect or other forms of suffering or abuse and she will be crying. It is as though she would like to be able to help all of these people, but we can't. It is a wonderful experience to be able help the children that need our help. Sometimes it has been difficult to help the children because of their various problems. After giving them the love and attention that they require it is gratifying to see their progress, and the satisfaction that we have helped the child develop and to become a useful member of our society.

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## COMMUNITY EVENTS

### Charles Macdonald Concrete House

#### 11<sup>th</sup> Annual Antique Show and Sale

Saturday, September 20, 9 a.m. to 6 p.m.  
Sunday, September 21, 10 a.m. to 4 p.m.

Location: Wolfville School,  
19 Acadia Street.

Cost: \$3.00.

Call (902) 542-7904 for more information.

At the Family Fun Day held at the Northville Farm Heritage Centre on August 9, 2008, a team from Centreville led by Roland Hogeterp won the event. Congratulations! You were keen contestants and I thank you for your participation.

Pat Reeves  
Secretary  
Northville Heritage Center

### **GNC's BIG BREAKFAST** Monthly—3rd Saturday **(Except for July and August)**

**Sheffield Mills & District Women's Institute**  
3rd Monday, 2 p.m.

**Canard United Church**  
Sunday Worship Service - 10:15 a.m.  
[www.canardunitedchurch.org](http://www.canardunitedchurch.org)

**TOPS: - Mondays 6:00 – 7:00 PM**  
TOPS meet at Centreville Baptist Church on Murray Drive. (In the nursery room)  
Monday evening:  
Weigh in from 6:00 to 6:30 PM with a short meeting to follow.

We are open to new members at the cost of \$30.00 yearly which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night.

For more information contact Leader Jean Bond at 679-1284 or Madeline Sheffield at 678-7584.

**THE GOOD NEIGHBOUR CLUB (GNC)** meets the 1st and 3rd Thursdays at 7:30 p.m. at the Hall **(Except for July and August).**

All ladies of Centreville are welcome to attend and join the Club.

## SEEKING VOLUNTEER - RECORDING SECRETARY

The Centreville Area Advisory Committee is seeking a volunteer to be its Recording Secretary. The Committee normally meets two to three times a year to consider Centreville development issues in order to provide recommendations to the Municipality. The Committee may from time to time advise on policy changes to the Municipal Planning Strategy and seek the opinions of residents regarding planning issues and policies. It is an interesting job in that the volunteer would have first hand knowledge of development planned for the Community.

Interested volunteers are to contact Mike Sweeney at 678 2780.

## Blueberry Acres (Employment & Photo Opportunities)

**Blueberry Acres Commercial Pick** is looking for pickers to harvest the blueberries. The commercial harvest will continue into mid-October. Looking for some outdoor activity that will earn you extra cash? Join our crew; flexible hours and friendly atmosphere. Call the harvest line 902-582-7095 for daily updates on picking hours and location.

**Blueberry Acres U-pick** is open from Tuesday through Sunday from 9:00 a.m. to 5:00 p.m. weather and crop permitting. Please call the update line before you leave home to be sure that we are open, and avoid disappointment. 582-1482

**Fall Foliage Photos** – Drop by to take photos in our colorful surroundings. The blueberry bushes will be changing colors from green to gold to brilliant red! They are the perfect backdrop for all your photos. However, we must advise you that pets of any kind are not permitted in our berry fields.



### Pictures of Centreville District and Surrounding Area

Did you know that the Centreville Website has an email address you may send pictures to? If you have pictures you want to share with others you can send them to:

[centrevillepictures@centreville-kings-county.com](mailto:centrevillepictures@centreville-kings-county.com)

Pictures of interest could be Old Historical, Nature, Business or People, whatever you think others would be interested in.  
The pictures sent will be put on the Centreville website:

[www.centreville-kings-county.com](http://www.centreville-kings-county.com).

## ACADIA LIFELONG LEARNING CENTRE (ALL)

The ALL Centre provides courses, seminars, outings and special events for adults 50+ in environmental science, fine arts, writing, and more.

ALL membership benefits include free Acadia credit course audits and access to the Vaughan Memorial Library; reduced course and special event fees; and free seminars, lectures and readings. The annual membership fee is \$20.

The ALL Centre now has a new phone information option. For course updates, cancellations, room changes and ALL announcements call 902-585-1434 or 1-800-565-6568, at the prompt press 1. This is a recorded message that will be changed daily. If you want to join ALL or sign up for a course call the same number but press 4 at the prompt to speak to a client service specialist. When you call our office our voice message will guide you through these options. Or you can simply email [all@acadiau.ca](mailto:all@acadiau.ca). We will continue to update our membership through our web site [all.acadiau.ca](http://all.acadiau.ca) and via emails.