



School's IN



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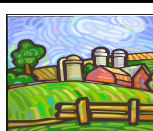
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# THE CENTRE POST



## Centreville, take pride in your Community

This summer CENTREVILLE VOLUNTEER CITIZENS have made a big difference in our village. Volunteers from the Community have helped Parks and Recreation clean up the park, paint the dug-outs, built Recycle Bins as well as organize baseball and soccer for all ages. The tennis court has been cleared and the playground equipment cleaned and made available to the little children. Can-tees have been provided for the use of the teams and spectators at reasonable costs.

I am sure you have seen the Canada's Economic Action Plan (Road Improvements) at work. The new side walks will be a welcome improvement when walking and biking along Hwy # 359.

One of the oldest cemeteries in the area has been neatly trimmed and adds a pleasant walk to interested genealogists.

These things are for the beauty and betterment of our community and to be enjoyed by all.

Centreville Park Day will be held September 11th, with fun for all, pictures on pages 8 and 9.



So why has someone again knocked over tombstones in the cemetery and painted graffiti on the dugouts in the park, cut soccer nets, wrecked re-cycle bins and benches and tried to destroy the well at the park?

*(They say a picture is worth a thousand words.)*

## EDITOR'S NOTE

By Isabel Tait

**Hello! Folks,** I am filling in for Suzanne for this issue to give her a much needed summer break. If you are interested in helping with the set-up of Centre Post please contact Mike Sweeney. I seem to be out of the loop as to who sends in what and I'm sorry if I didn't contact the right people. Don't forget the following info so you get your article in for Dec. Many thanks to everyone who helped get this issue read, printed and on the shelf in time.

The December issue and submissions can be sent to [centrepstlady@hotmail.com](mailto:centrepstlady@hotmail.com). Should Suzanne not be available she will pass the information on to the right person.

**The Centre Post is published four times a year: September, December, March and June.**

**DEADLINES** for news items, etc. are **due by the 1st day of these months**, with the Newsletter at the outlets by the 21st. It is always good to get your information in earlier than the deadline.



## Centreville District Community Development Association BOARD OF DIRECTORS' MEETINGS

**Where:** Centreville Hall

**When:** Fourth Thursday of the Month

**Time:** 7:00 PM

**Exceptions:** JULY, AUGUST & DECEMBER

BY NOTIFICATION – All meetings are open to the public — come out to support your community development!

## FOR ANNOUNCEMENTS, STORIES, ADS or INFORMATION CALL ONE OF THE FOLLOWING:

Set-up of newsletter, contact:

Suzanne Trudeau Gormley at 678-7769

E-mail: [centrepstlady@hotmail.com](mailto:centrepstlady@hotmail.com)

To place an **advertisement**, call:

Mike Sweeney at 679-2780.



## Summer Conversations on the Doorstep

By Jim Morton, MLA, Kings North

I hope all of you have had a great summer, with time to relax, breaks from routines and opportunities to reconnect with folks you may not have seen for a while. I've enjoyed some personal time with family and friends and also many chances to touch base with you in Centreville and at community events throughout the riding. Sometimes we're able to get a photo. If you'd like to check out some of those pictures, take a peek at my website: [www.kingsnorthmla.ca](http://www.kingsnorthmla.ca).

For some time now, I've been scheduling time to visit folks on their doorsteps. It's important to stay in touch, to see where people live and to hear your concerns and ideas. It also gives me the time for one-on-one conversations about our government's approach to getting back to fiscal balance and our agenda for making life better.

Not everyone has opinions to offer during these doorstep chats. Many folks are caught up in the everyday whirl of work, childcare and the pressing demands of living, but most people care about their community and offer either words of encouragement or suggestions for change. Probably you wouldn't be surprised about what I hear. Worries about making ends meet. Concerns about access to services for conditions not currently covered by Medicare; the increased minimum wage as a benefit to workers, but a worrying cost to farms and other businesses. I've heard support for preserving land for agricultural use and pleas for more and better jobs.

At doors in Centreville, folks expressed enthusiasm for the new sidewalk. I've also heard concerns about traffic moving far too fast in some areas and wishes for increased RCMP patrols, especially in the subdivisions. Some Centrevillians told me that quality health services are a priority while sen-

iors worry about the transition from living on their own to other kinds of housing as they get older. There have been interesting conversations about the use of biosolids. I've had several people in the area tell me that there is a need for more local, well-paid work, work that would make it unnecessary to travel out of province to make a living.

There are always some folks who question the value of talking about these issues. "Well, what can any of us do?" they say. But many are hopeful and encourage me and our government to stay the course on commitments that we made during last year's election.

These conversations, whether at Charles Macdonald House or on a doorstep, help me take the pulse of the community. Sometimes the conversation allows our office to advocate for things like a ditch repair or access to a needed social or health service, but each exchange makes me a more informed representative. Your reflections shape my participation as a member of government, helping the work we need to do both in Halifax and here in Kings County.

As each of us turns our attention from summer to school and work and our priorities for the year ahead, I look forward to continued conversations and to working with you to make Nova Scotia a place we're all proud to call home. Please contact me with your suggestions, ideas and concerns.

*Jim Morton is the MLA for Kings North. Contact him at 902-678-6880 or by e-mail: [jimmorton@kingsnorthmla.ca](mailto:jimmorton@kingsnorthmla.ca). Visit his website at [www.kingsnorthmla.ca](http://www.kingsnorthmla.ca)*

*Working with you to make life better*

**Jim Morton MLA**  
MEMBER OF THE LEGISLATIVE ASSEMBLY for KINGS NORTH

902 678-6880  
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## The Mayor of Centreville

By marke Slipp

In the core of every good community, there's always a person who is involved with making it so; the glue that holds things together. For many years now, Minnie Sheffield, without complaint or fanfare, has been that constant in our community—from managing the hall (for many years now), to her involvement with the “Good Neighbour Club” activities (including managing the paperwork, money & canvassers for the annual charities drive), to putting on, for many years by herself, the Fuel Supper that keeps the Hall heated through our winters. This list is not a complete one (as Minnie doesn't tell people about what she's done—she simply does it), but it gives you an idea of the kind of charitable community spirit that Minnie applies to her life.

I've heard Mrs. Sheffield called the ‘Sheriff of Centreville’, perhaps due to her keeping things on-track in the community (and perhaps a little to do with the alliteration involved). More often than not though, the moniker of ‘Mayor of Centreville’ is applied to her. What else could you call someone who, on her own volition, cleans and re-varnishes the floors in the community centre (when she's in her late 70s)? Or is the go-to person when someone needs to know something, or get a task done? Minnie knew what was happening in her community and was able to share it regularly in the Advertiser's *Centreville News* column for many years. Yes, *Mayor* of Centreville seems quite apt. Taking care of business.

I had the good fortune to sit down with Minnie recently to discuss the community she knows and loves. I am researching a small history project for the community and wanted to hear Minnie's thoughts. She brought various envelopes with her, filled with articles about the area, as well as photographs her brother Willis had taken back in the 1930s. She spoke to me about the various places and people in Centreville in days gone by. Train station, mills, blacksmith shops, cooperages, rink; it was a happening place.

Perhaps a little background about Minnie is in order for those new to the area: She was born in East Halls Harbour, but her family up and moved down to Centreville in the late 1920s due to her mother's health. Her father, Leslie Keizer, purchased the old saw mill in Centreville that, among other things, made slats for the many cooperages in the area, who in turn created barrels, which the local apple growers shipped their product in.

When the Keizer's first moved here they lived in the beautiful home that is now the Crandall house, on the Billtown Road (Hwy 221). It wasn't too long before they moved again, although not far... and even closer to the centre of the community. Around 1930 they purchased a newly constructed home, next to the Baptist church, and became the first residents of what we now refer to as the Delft Haus B&B, across from what was then the 2-room Centreville schoolhouse (now serving as our community hall).

The house she last lived in, with her late husband, Ralph Sheffield, across from Sanford's Garage, is one of the older houses in the community. Minnie said it was a roadhouse at one time. Apparently, in the olden days (long before her time there), those who stopped there to water their horses knew where to go to get

themselves a refreshment as well—upstairs in a back room they could pour themselves a jigger, and bring it back downstairs to drink.

In the post-war era, in the bustling burg of Centreville, it must have been a wonderful place to grow up. Minnie & Ralph raised six children there, four girls & two boys, and there is now an abundance of grandchildren for her to dote on [15] plus numerous great-grandchildren. After 40 years of marriage Ralph passed away in 1981, but Minnie continued to live in their home. However, a few years ago she moved into a condo in the community—where else would the Mayor of Centreville go? But she hasn't stopped volunteering. Not at all.

Our local Postmistress, Mary Ellen McDuff, mentioned that for the longest time Minnie would drive people down to the hospital in Halifax, if needed. As to volunteering, “She's done it for so long, and so much, well...that's just Minnie!” Another person pointed out that she volunteers regularly at the Kentville Legion, involved with such things as catering, bingos, flower delivery, the annual poppy drive...and many other things. And, of course, she continues to manage the Community Hall. “She knows *exactly* what's going on with the books,” says Marilyn Kennedy. And she does this all quite modestly, without any need for recognition.

However, there has been recognition over the years. When I returned her photos to her I noticed a picture of her, with Premier MacDonald and Lt. Governor Maryann Francis, being awarded the 2009 Representative Volunteer of the Year Award. That same year the Municipality of Kings County recognized her for her Outstanding Volunteer Service. She also received the Heart & Stroke Foundation's Outstanding Volunteer of the Year Award for 2007, the Palm Leaf Meritorious Service Award from the Royal Canadian Legion, as well as their 2003 Person of the Year Award. And there are more, many more of these types of awards, as Minnie does this type of thing with a smile and a wink. She's a lovely person, with a big heart, and a good nature that continues to serve her well.

Suffice it to say, Centreville just wouldn't be the same place without the tireless and constant efforts of Minnie Sheffield. The CBC currently has a contest going on called Champions of Change, celebrating volunteerism. It is my thought that Minnie is a Champion of *Constancy*, as she's volunteered happily for her whole



Photo of Keizer and Thorpe Homes 1936 By Willis Keizer

Portrait at top was taken in Halifax, provided by M. Sheffield



## THE OLD CENTREVILLE POST OFFICE

By Erma Porter

*(Editor's note: This article was previously published in "The Centreville Voice" in 1999). Mr. Harold Porter read this at her funeral service. She passed away on July 23, 2008.)*

Robie Roscoe was the Postmaster of the old Centreville Post Office. It was located on his property beside his house. I started work there in 1944, when the war was still raging in Europe. I was just 28 years old. I really don't know much about the history of the building, but I remember opening an old and unused drawer one time to find the word "SPICES" neatly printed on the inside. When I asked Robie about it, he told me the building used to be a small store many years ago.

In the winter time, the old Post Office was cold. It was especially cold when I arrived in the morning, before I made the fire on. The place was heated by a small wood stove, but the Post Office door was being continually opened as people came in for their mail, and each time it opened a blast of cold air came in with them. I kept the stove stoked with wood, and in an effort to keep warm I sometimes may have stoked it a little heavily so that the poor thing actually bounced. But still the place remained cold. I kept my over-shoes on all day.

The wood for the stove was piled across the road in an old building which existed then but has since been torn down. I had a boy come in and carry the wood across the road for me, a lad by the name of Jack Veinot. He would bring in enough to last for a couple of days and pile it in a large wood box alongside the stove. I was always glad to see a full wood box. I remember that one time Robie, generous to a fault, told a fellow who needed wood that he could have some from the pile across the road. He took an awful lot of it. He went back and forth to his truck until I thought it would all be gone, but fortunately he left just enough to last the winter. I was glad he didn't come back.

In the winter time I used to mind the walk down to the old Post Office, because sometimes it would be blustering and blowing. The Post Office opened at 7:30 in the morning, but I had to be there earlier to make on the fire and get things ready, so it would still be dark. One cold blowing morning, in an absolute white-out, when I couldn't see the road, I left it and wandered through an orchard. If a branch of a tree hadn't hit me in the face I would have thought I was

still safely on the road. Somehow I was able to find my way back to the road. At least, I thought it was the road. I stood for a while, and at last, between gusts, I saw a light in someone's house, and knew I was OK. I trudged on to the sanctuary of the old Post Office. I must say I was just a bit late opening that morning.

There were a lot of cards at Christmas time, many more than are sent now. I always had to have help at Christmas time, and Muriel Blanchard used to come in and help me almost every Christmas. The cards all had to be sorted out and bundled for whatever part of the world they were going to: some to the United States, various parts of Canada - they went all over the world. And Prescott Neville, dear Prescott, came over every Christmas and brought all of us a drink of rum. He always did. He never forgot.

The building was small with the stove and the counter and the boxes for the mail, there wasn't much room in the old Post Office. And when the three mail drivers were in the back sorting mail for their routes, it was very crowded indeed. At that time there were three mail routes: one to Hall's Harbour, which was handled by Jessie Thorpe; Roy Margeson, and later Earl Armstrong, took the mail to Billtown; and Arthur Blanchard drove to Sheffield Mills. They would leave with the previous day's mail around 9 o'clock in the morning. I can't say I was glad to get rid of them, but it certainly gave me more elbow room.



In my first year at the old Post Office, I passed out a lot of mail to the wives and girlfriends of servicemen. They were always happy to get them. But one day in 1944 a woman came in and picked up her mail. Her husband was overseas, and she had just received a letter from him. She stood there, reading it. When she finished, I asked about him. She said: "He's spending all his money!" Then she added, "Oh, well, I suppose he might as well. You never know when he's going to get a bullet in the arse!"

We had an influx of mail twice a day, at around 11:30 in the morning and again a little after 4:00 in the afternoon. Twice

*(Continued on Page 13)*

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## RECIPES FROM BETWEEN THE BUSHES RESTAURANT

Submitted by Margie Brown  
The Nova Agri Group of Companies

### Blueberry-Raspberry Almond Cake

1 c. butter  
1 c. sugar  
4 eggs  
3 limes (or 1 ½ lemons)  
2 c flour  
¼ c. almond meal  
¾ c. Blueberry Acres frozen  
or fresh blueberries  
¾ c. Vital Berry raspberries  
(Gibson Woods Rd u-pick)  
An additional 1 ¼ c. sugar for glaze  
Grease 8" square or round pan and pre-heat oven to 350°F (175°C). Cream together the butter and sugar; gradually beat in eggs and a small portion of the flour. Zest two of the limes (or 1 lemon) and beat zest into the mixture. Gently fold in the flour, followed by the almond meal.  
Fold in 3 T. of the lime or lemon juice, as well as ½ c. each of

the blueberries and raspberries. Pour batter into baking pan and sprinkle remaining fruit on top. Bake for about an hour, covering with foil if top is browning too much.

*Glaze:* Place the zest of 1 lime (or ½ lemon) into a saucepan with 3T of lime or lemon juice. Add 1 ¼ c. of sugar. Heat just enough to dissolve the sugar.

When the cake is taken out of the oven, prick holes in the cake and spoon the glaze all over it. Cool, then cover.



## CHEF STEVE RILEY WINS THE PEOPLE'S CHOICE AWARD



The Fifth Annual **Tastes of the Valley** Event took place at the Wolfville Farmers' Market on Saturday, July 24<sup>th</sup>, as Creek Days. **Tastes of the Valley** food and challenges local chefs to where the main ingredient is har-Annapolis Valley.



Internet Explorer.Ink

part of Wolfville's Mud celebrates fresh, local create something vested or raised in the

The competition included chefs from seven local restaurants. **Chef Steve Riley** claimed the **People's Choice Award** with two offerings. Tasting began with his Smoked Pulled Pork with Blueberry Barbeque Sauce served on a bun with Monterey Jack cheese. Chef Riley has perfected his technique for the ultimate smoked pork and created his own tangy blueberry barbeque sauce to compliment it. His second taste selection was a seasonal Fruit Medley dessert, combination of blueberries, raspberries, crème fraiche, and a drizzle of mango coulis. The blueberries were produced by Blueberry Acres and the raspberries by Vital Berry Farms, both are available under the Country Magic® brand in local markets.

This is the second time that Chef Riley has claimed the **People's Choice Award** at this event. He was previously honoured in 2008. His awards hold pride of place at **Between the Bushes Restaurant** in Sheffield Mills where the menu always features fresh, local ingredients.

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## Story from the Family Farm

### Old Barns

By Mack Frail

When I recently received an e-mail message that included photographs of old barns in various rundown conditions, under the title of "old barns and old people" I thought the title appropriate, considering the people that were a part of these old barns, that were in existence well before the 1950s, are now senior citizens. I was reminded of the old barns that were in Centreville, during the years that I was growing up in the community. A few old barns remain in Centreville, but they are fading into the past, along with the many family farms that were also a part of the community. I am one of those old people (senior citizens) that are familiar with farm barns. When they were in use as an important part of the family farm. When driving around the country, old barns always attract my attention. They are a remnant from the past, and they bring back to me memories of my years on the farm. The old farm barns that were on the smaller farm were used to house a mixture of poultry and farm animals. The larger farming operations often had several buildings to house their poultry and farm animals separately. The chicken house was a separate building, laying hens were important on the farm, not only to supply the household with eggs, but the eggs were also sold, or used as barter at the village stores. The rooster that were fattened were the most popular fowl for special occasions, such as Christmas dinner, or for Sunday dinner, that was a special meal when I grew up on the farm. The hens that had stopped laying eggs were not spared from having their heads removed and winding up on the dinner table. Those farmers that had sheep would usually house them in a separate building know as the "sheep shed". There was a separate building used for grain crops, and feeds for the animals and poultry. Tight storage bins were required to keep the rodents out of the feeds. During my younger years on the farm I was more familiar with our farm barn, where we housed poultry and our farm animals all in the same building. The old barn is still on our property, the building has a history dating back to shortly before 1900, when it was a part of Thadius Bowles steam powered saw mill. With its aged condition it is an eye-sore to most people, but to me it has a lot of memories. The memories may not all be pleasant, like storing loose hay in the hay mow on a hot summers day. It is the pleasant memories that I like to recall, when the barn was alive with activity. One of my first memo-

ries when I was a boy is my father carrying me to the barn early in the morning, to show me a new born calf, or a litter of pigs that had been born during the night. We were one of the farm barns in Centreville without electric lights. It was a common sight, in the 1940s to see farmers during the shorter day-light hours

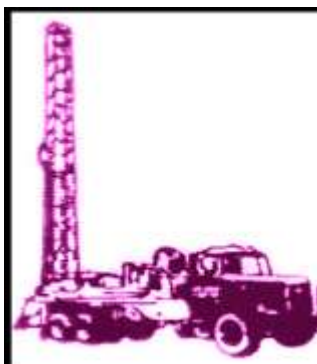


heading to the barn carrying milk pails and barn lanterns. When I was a small boy I liked to go to the barn with my father. He would give me the job of holding the barn lantern for him while he milked our family cow. When the cow would swish her tail, and give him a slap across his face I had another job of holding the cow's tail.

The basement of our barn was referred to as the barn cellar and it was where the stalls were for our team of horses, and two or three cattle. Also in the barn cellar was a pig pen, where we kept at least a couple of pigs. Above the barn cellar was the barn floor, where we kept our poultry, part of the barn floor was open storage space, next to the hay mow was where the loose hay was stored. I am the next to the youngest of eight children, and the youngest of five boys in our family. Our childhood friends came to our farm to play, they enjoyed jumping into the hay and playing in the barn. I recall the fun that we had playing in the barn. Now that I have aged and have arthritis, I look up at the beams far above my head, and it is difficult for me to believe the many times that I have climbed up and walked across those twelve inch beams. My mother with her large family of children has said that "she was blessed to have our farm barn, where her children could go and play on rainy days".

Most of the farmers took pride in their farm barns, and kept them neat and well organized. It was after I became old enough to help out on the neighboring farms, that I

*(Continued on Page 10)*



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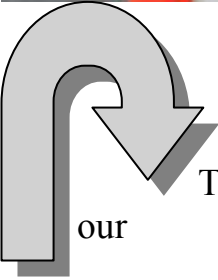
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New Recycle Bins for Soccer Field built by Roy Kerr, Mark Wagner and Darrell Spurr



our

These Pictures were taken after Labour Day Weekend, this is what happened to new Recycle Bins. Soccer nets were slashed, benches for teams smashed and graffiti painted on the dugouts and other areas of the park.





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## SUCCESSFUL CENTREVILLE PARK DAY SEPTEMBER 11, 2010



**HOW DO YOU SPELL SUCCESS!!!! Check the smiles!**  
Yard Sale; Hay Rides; Bouncing Fun; Fish Pond;  
Baseball; Music; and don't forget the Food







## Celtic BodyWorkArt Dance Class

for ladies only

*Johanne McInnis*

### Celtic BodyWorkArt Dance Class

is a mixture of Irish steps with workout movements presented in an exquisite Irish Choreography style.

If you are looking for a great way to stay in shape, join these short dance sessions.

If you are interested in rejuvenating yourself with empowering Celtic Sounds, this is the place to come! Experiment creative movements, cardio & muscular exercises when you join the art of creative dancing.

Beginner class must bring: \* **small weights**

\* **water bottle** \* **mat or towel**

Advanced class must bring: \* **Irish hard shoe & soft shoe** \*  
all the above listed for Beginner Class as well

**Early Fall Session starting**

**September 30th, 2010 (8 weeks)**

**Early Winter Session starting**

**January 27th, 2011 (5 weeks)**

**Early Spring Session starting**

**April 7, 2011 (8weeks)**

Dance is a wonderful way for us to express ideas and emotions. Not only are we able to develop our physical skills, but we learn the history, theory, science and appreciation of Irish dance forms. In this course, dancers are encouraged to practice good nutrition and positive body image by building self-esteem and teaching various ways to prevent injuries to the body. In this dance class, dancers enjoy the small class sizes to encourage individual attention.

All dancers in this Celtic BodyWorkArt have the opportunity to perform in a very intimate setting. There is no performance pressure because the purpose is to unwind each woman from her busy schedule, stretch, dance in a relaxed atmosphere. Everyone has an important role to play while enjoying life and dancing with great ladies.

Short sessions are offered to meet the need of the busy, 21st century woman who desires to enjoy: the love of life, dance, and good physical shape. These desires are offered in a serene and relaxed atmosphere.

To inquire about the short monthly schedule of Irish Celtic BodyWorkArt in your region, please send and email to the instructor at the following address: [gib@oricom.ca](mailto:gib@oricom.ca)



## Good Neighbour Club



### CAN YOU IDENTIFY ANYONE?

This snapshot was sent to me by Mrs. Paul (Betty) Rockwell, Betty said she found it among some other old photos and thought the Good Neighbour Club would like to have it. Mrs. Gladys Rockwell (who was Paul's mother) wrote this inscription on the back:

"Taken at Haliburton House, Windsor. June 29th, 1949

The Community Club from Centreville 100th meeting.

35 women and driver of bus make 36.

Had chicken dinner at Blomidon Lodge, Wolfville also visited Grand Pre Park".

I have been told that Blomidon Lodge is not what we now know as Blomidon Inn. However it was situated on Main St. near a service station.



### Centreville Park Day

Pull the Lucky Sucker  
or  
Pin the Tail on the Donkey

Fish at the Fishing Pond

Win a Prize

Fun in the Sun and in the Rain. It didn't dampen our Spirits.

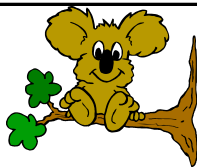


## Story from the Family Farm Old Barns

By Mack Frail

(Continued from Page 6)

became familiar with their barns. I have thought it interesting that I have never been inside two old farm barns that were the same. Space does not allow me to include the location or description of all the old barns that were in Centreville. Space is also a reason that I have not included the names of the owners of the barns, and the fact that most of the Centre Post readers would have no idea concerning the farmers that lived in Centreville before the 1950s, or where their farms were located. I have listed and counted the names of the family farms, that include a few Centreville residents with smaller barns and only a few poultry and farm animals. There were at least thirty barns in the community during the 1940s. I will mention briefly the five old farm barns in Centreville, that have survived. Only one old barn remains on Highway 221 West, it is the old Randall Ward farm barn on the north side of the highway. It is a very old barn that I became familiar with when working on the Randall Ward farm. The only remaining old barn on 359 Highway, is the barn on our property that I have described. There were several old farm barns on Sherman Belcher Road in Centreville, but none remain. On the north side of Highway 221 East, below the first hill and before the brook, was the Kinsman family farm. The John and Bob Kinsman barn is beyond the house, and can not be seen from the highway. It is a very old barn with a lot of history, that requires a lot of written space and detail to describe. The Truman and George Eaton old farm barn remains on the north side of Highway 221 East, and beyond Eaton Branch Road. It also has a lot of history, that involves the Eaton families, that lived on their family farm. One old farm barn remains among the many that were on Bains Road, it is located in the Atlanta area before entering Sheffield Mills. It is north on Bains Road, on the Murphy family farm. Lenora Murphy remains in the farm home that was shared by her husband Holden, their children, and Holden's brother Bill Murphy. During my younger years I was familiar with this old barn, and am aware that it was designed as a modern and efficient farm barn. The generations of farming families that were the backbone of Centreville have faded into the past, as have their old farm barns.



## Sayings worth thinking about Submitted by Suzanne T. Gormley

"Always be a first-rate version of yourself, instead of a second-rate version of somebody else."

(Judy Garland, American actress and singer)

"Obstacles are those frightful things you see when you take your eyes off your goal."

(Henry Ford, founder of Ford Motor Co.)

"The way to get good ideas is to get lots of ideas, and throw the bad ones away."

(Linus Pauling, Scientist/Nobel Laureate - two times)

"Don't be afraid of opposition. Remember, a kite rises against, not with the wind."

(Hamilton Wright Mabie, American writer)

"A goal without a plan is just a wish."

(Antoine de Saint Exupery, French writer and aviator)

"It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change."

(Charles Darwin, 1809-1882)

[From David Moursund]

"You know you break no laws by dreaming."

(George Elliott Clarke, Canadian author in Quebecite, 2003) [Sent by Roberta Russell]

"Humans are allergic to change. They love to say, 'We've always done it this way.' I try to fight that. That's why I have a clock on my wall that runs counter-clockwise."

(Grace Hopper, computer scientist and computer educator, 1906-1992) [From David Moursund]

"To read without reflecting is like eating without digesting."

(Edmund Burke, British politician and writer)

"To love what you do and feel that it matters -- how could anything be more fun?"

(Katharine Graham, American publisher)

"Worry gives a small thing a big shadow."

(Swedish saying)



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# CENTREVILLE PARK AND RECREATION NEWS

By Betty Harper

The Centreville Park has been very busy this summer with Ball and Soccer both with regular season games and tournaments. We have been fortunate to be able to run a canteen for most tournaments and have been quite successful financially. The Park is now being patrolled regularly by both the RCMP and Citizens Patrol. We are preparing for Centreville Days-which hopefully will bring many of the citizens of Centreville out for a Fun Day at the Park.

The Golf Tournament was a big success -approximately \$4500.00 was raised. We were very fortunate to receive a grant to build some garbage receptacles and we were lucky to get a group of volunteers to lend their expertise and time to build them. Thank you to everyone who has helped in anyway this past season to keep your park clean and make it a friendly place to go. Please remember to clean up after yourself and your pets. We continue to meet every other Wednesday at the Hall. Next meeting will be September 22,2010—7:30 pm. Everyone is welcome to come and share their ideas, concerns etc.



*Shown above are four of the "Volunteers" at the Parks & Recreation Canteen this summer. Myra Spurr, Margaret Keizer, Darrell Spurr and Heather Kent .*



## The food was plentiful and delicious.

*Caterers for the Golf Tournament pictured here are:*

*Far Left: Lee Kent, Marg Welton, Ellen Saunders, Darrell Spurr, Heather Kent, Leslie Harris, Shelley Wagner and Myra Spurr.*

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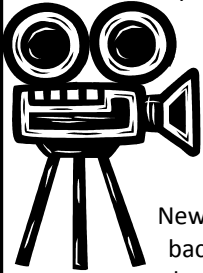
# NEWS from the Charles Macdonald Concrete House

By Janna Borden

Hello everyone! For those of you who I haven't had the chance to meet, my name is Janna Borden and I am a summer student at the Charles Macdonald Concrete House Museum. This is my second summer working here and what a summer it has been. At the Charles Macdonald Concrete House Museum, it was definitely a summer full of excitement! From our Roscoe Fillmore Memorial Picnic to renovations to our galleries, this summer a lot of new and exciting things have taken place at our museum. Here are some updates from our summer 2010 season:

## CTV Visits the Charles Macdonald House

On Wednesday, June 30<sup>th</sup> there was much excitement at the Charles Macdonald Concrete House. Our very own Fred Macdonald joined Maria Panopolis, Rachel Bower, and George Reeves from CTV to film a short segment on Charlie's story for a program called In Our Backyard. In Our Backyard is a new program on CTV News which informs viewers of the hidden wonders in their very own backyard such as Charlie's concrete house and artwork. The story aired on CTV in early July and was not only extremely well done, but has also had a significant impact on our daily viewer count. Not only did our daily numbers increase, but many of our new visitors this summer are locals, many from our own community of Centreville, whose interests were sparked after catching a glimpse of us on CTV. It has not only been an amazing experience seeing Charlie's story reach more people, but building a stronger connection within the Centreville community members has also been very exciting! Everyone at the Charles Macdonald Concrete House would like to say a big thank you to CTV for helping us reach even more people with Charlie's amazing legacy. If you haven't already, tune in to CTV News on Mondays to catch the latest segment of In Our Backyard! It may surprise you what YOU can find in your own backyard. Also, do not hesitate to stop by to visit us at the Charles Macdonald Concrete House Museum. We welcome both visitors who are experts on Charlie's life and work and visitors new to Charlie's story and eager to learn more. Although we are now closed for the season, stayed tuned for our opening next season in June 2011.



## Hallway Art by Delaine Carlson

This summer after the completion of the renovations in our Legge Gallery, it was time for us to search for some new talent to showcase. For the summer 2010 season we have had the pleasure of hosting Berwick artist Delaine Carlson's first show entitled Hallway Art. Consisting of watercolours, ink, and much more, Delaine's show is made up of 17 pieces plus many photographs, many displaying the beauty one can find through nature. On Tuesday, August 17<sup>th</sup> at 7pm Delaine's artist reception was held at the museum drawing friends, family, and interested artists eager to learn more about Delaine's work making for an extremely successful night. We would like to say a big thank you to our very own Martha Crosbie for bringing Delaine to our gallery and also everyone at the Charles Macdonald Concrete House would like to thank Delaine for allowing us to be a part of this big step in her life as an artist! If you were unable to visit Delaine's work this summer, stay tuned to The Quint, an online journal displaying artists work created by the University College of the North in Manitoba, where Delaine's work will be displayed starting in September. The link to The Quint can be found at [www.ucn.ca](http://www.ucn.ca).

## A Trip Down Memory Lane. . .

Just like concrete, memories can last a lifetime. This summer we have had many visitors coming to the Charles Macdonald House with stories of fond memories of visiting with Charlie and Mabel, buying flowers from Roscoe Fillmore, or passing by the concrete deer on a Sunday drive. One visitor, Valerie (Young) Mount of Deep Brook, NS stopped by for a visit after seeing us on Live at 5 and remembered visiting Charlie's home as a young teen with her mother and brother. Pictured to the right is Valerie with the famous concrete moose, which many may be familiar with after last year's archaeology dig and recovery of some of its remains. Thank you very much to Valerie for sending us this little piece of history and sharing her memory of the concrete house with us!



June 1952: Valerie Young of Deep Brook with the concrete moose

If you have a memory you would like to share, let us know. Send us an email at [info@concretehouse.ca](mailto:info@concretehouse.ca) or send a letter to Charles Macdonald Concrete House Museum, 19 Saxon Street, Centreville, NS, B0P 1J0! – Janna Borden

Once again I would just like to say a big thank you to everyone who has been involved in the museum this season! Thank you for supporting us and helping us spread Charlie's story to more people around the world. Hope to see some of you again next summer. Janna Borden, Summer Student



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(cont'd from Page 4)

a day Mabel Pineo picked up the outgoing mail and took it to the (train station, where she waited for the train. She then collected the incoming mail from the baggage car and brought it back down to the Post Office. In addition to the mail we also distributed the newspapers - the Halifax Herald and the Chronicle Star. I would put the newspapers in my mailboxes and the couriers would deliver their newspapers along their route.

There were no locked mailboxes then - everyone came to the counter and asked for the mail and I would get it for them from their box. Stamps cost five cents, less than the cost of the tax on today's stamp. However, this was not to last. The price of stamps kept going up, so that by the time I moved to the new Post Office in 1966, stamps were selling for what I considered the outrageous sum of eight cents.

I was glad to go to the new Post Office - it was larger, I didn't have quite so far to walk, and it was a lot warmer in the winter. I no longer had to carry the money home as I did from the old Post Office. Every night I carried not just the money, but I took home with me the forms for the money orders, all the stamps and everything else of value, because the old Post Office could be broken into very easily. I walked a mile to the place where I was boarding, and carrying all these things. Sometimes they could be very heavy, and then I brought it all back in the morning.

Behind the old Post Office was our outside toilet. One Halloween some pranksters lugged it out to the middle of the road in front of the Post Office and put a sign on it which read: "DETOUR". It stayed there until I could find a few kindly men from the village to replace it as carefully as possible over that dreadful hole in the ground from whence it had come.

Robie looked after the old Post Office pretty well. He kept it painted, the roof in good repair and added a picket fence. He even planted flowers along the side. My pay was \$115.00 a month when I started there, but in addition, my board was paid for. When the postal workers went on strike my income was raised considerably, and I was given \$600.00 in back pay, I couldn't believe it! Times were changing.

*(This picture of the Old Post Office was scanned from the original "Village Voice".)*



## CENTREVILLE'S POST OFFICE TODAY



*(Photo by I. Tait)*

Today's Centreville Post Office has been brought up to date with newly painted walls inside, additional wall displays and a new outdoor mailbox where parcels can be mailed as well as letters. The same friendly service awaits you there, along with the bulletin board of events you don't want to miss.



## CELEBRATING CHILDREN Fundraiser

**Between the Bushes Restaurant**, as part of the Nova Agri Group of Companies, is proud to be holding our annual fall fundraiser dinner at Between the Bushes in Sheffield Mills, Thursday, October 21, 2010. This year, all proceeds from our "Celebrating Children Fundraiser" will be donated to Brigadoon Children's Village, a year-round facility for residential camps for children and youth living with a chronic illness. This is their sod-turning year at Aylesford Lake.

Our event is staffed by volunteer employees and much of the produce is donated by local businesses. The buffet includes: chicken with Chef Steve's blueberry BBQ sauce, haddock with lemon butter sauce, wild and brown rice, roasted red potatoes, a medley of veggies, fruit & cheese tray, Caesar salad, curried veggie salad, penne & cheese salad, and pumpkin cheesecake. Doors will open at 6:00 pm with dinner starting at 6:30. A silent auction, harvest basket envelopes, and 50/50 draw will be held during the evening.

For more information and reservations for the dinner (\$29.95), please call 582-1445 ext 0. We look forward to seeing you



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Cartoon by Trevor Jess: "My wife and I are new parents, a year and a half now, but I started working on "You, me & Nicky" a few years before. We always wanted kids and I thought it might be kind of fun to make up a few comic strips of what life may be like when that happened. I came up with a few ideas and put them to paper, and now that we have our own "bundle of joy" I have a lot more material to draw from".




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**PLEASE REMEMBER WHEN YOU BRING YOUR REFUNDABLE ITEMS TO FRITZ'S. THE PARK ASSOCIATION HAS AN ACCOUNT IN WHICH YOU CAN DONATE YOUR CONTRIBUTION TOWARDS MAINTENANCE OF THE PARK.**

**THANK YOU IN ADVANCE!**

**Suzanne Trudeau Gormley, on behalf of the Centreville Park Association**



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**THE CENTREVILLE  
 "50" PLUS ASSOCIATION**

BY DARRELL SPURR  
 PRESIDENT



We continue to enjoy weekly gatherings. At our June meeting it was decided to continue to meet weekly throughout the summer months. Attendance has been very encouraging. Some members play outdoor games, shuffle board, washer toss, while others enjoy various card and board games inside. In July, our members invited guests to a BBQ,



which was enjoyed by all.

(Chef Darrell & Helper Marion)

On Aug. 4, special guests were RCMP Const. Blair MacMurtery, Community Policing Officer and Michelle Parker, Kings Co. Senior

Safety Coordinator, with the "Come for Coffee" program. They presented our group with many safety tips, focusing on Senior Living. This informal presentation was enjoyed by all present.

In October our group will participate in "The 55 Alive Senior Safe Driving Course". Our "house-band" will return from their road trip, and musical entertainment will be presented twice a month. We meet every Wednesday from 1:30-4:00, at the Centreville Hall. Come and bring a friend!



*Crokinole anyone: Shown here are Minnie Sheffield, Constable Blair MacMurtery, Darrell Spurr and Michelle Parker.*



*50+ Golf Teams who played in the Centreville Parks & Recreation Golf Tournament. Front: Corey Coffin, Marian Seamone, Don Welton, Sandra Bishop; Back Gary Coffin, Blake Connor, Vince Corbin and Doug Brown.*

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## COMMUNITY EVENTS

### GNC's BIG BREAKFAST

Our breakfasts will resume Sept. 18/10. Thanks to everyone for participating. In September we would appreciate donations of jam from the community.

### Centreville Baptist Church:

Sunday worship service **10:30 a.m.**  
Monday Evening **6:30 p.m.**  
Children and Youth Programs  
Monday Adult Programs to start after Thanksgiving. For information **678-1946**

### Canard & Trinity United Churches, Combined Service & S. Sc., 10:15 AM

Sept. & Nov. at Canning United  
Oct. & Dec. at Canard United  
4th Sunday of month combined with  
Emmanuel of Kingsport— 10 AM  
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Phone 582-7908 leave message

**The Centreville Park Association** meets the first and third Wednesday evenings of each month at 7:30 p.m. at the Centreville Hall. Anyone interested is welcome to attend. Centreville community members are what will make the park a success.

**Sheffield Mills & District Women's Institute** - 3rd Monday, 2 p.m.

**"50 Plus" Fun Group** - meets at the Centreville Hall every Wednesday at 1:30 p.m.- 4:00 p.m. New members welcome.

### TOPS: - Mondays 6:00 – 7:00 PM

TOPS meet at Centreville Baptist Church on Murray Drive. Monday evening:

Weigh-in from 6:00 to 6:30 PM with a short meeting to follow.

We are open to new members at the cost of \$30.00 yearly which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night.

For more information contact Leader Esther Peterson at 538-0051 or Madeline Sheffield at 678-7584.

### THE GOOD NEIGHBOUR CLUB (GNC)

meets the 1st and 3rd Thursdays at 7:30 p.m. at the Hall (**Except for June, July and August**).

All ladies of Centreville are welcome to attend and join the Club.



## BACK UP EDITOR WANTED

The Centre Post is looking for a back up Editor to take on the rewarding and exciting job of putting together the community newsletter on a quarterly basis.

Current editor is willing to coach interested candidate on use of Publisher program. If you would like to contribute to your community or for more information, please e-mail:

**"centrepstlady@hotmail.com or call Suzanne Trudeau Gormley at 678-7769 or Mike Sweeney at 679-2780.**

## BATTERY RECYCLING IN CENTREVILLE

You can drop off your used batteries at the Centreville Community Hall on Thursdays between 9:00 a.m.- 2:00 p.m. as well as at the monthly Big Breakfasts. (**N.B. Collection will resume in January 2010**)

All batteries may be turned in **except** hearing aid & car batteries.

## Centreville "Events" Website

Do you have an upcoming event? Do you want it seen on the Centreville Website, [www.centreville-kings-county.com](http://www.centreville-kings-county.com)? If you do, send the information to:

[events@centreville-kings-county.com](mailto:events@centreville-kings-county.com)



## Pictures of Centreville District and Surrounding Area

Did you know that the Centreville website has an email address you may send pictures to? If you have pictures you want to share with others you can send them to:

[centrevillepictures@centreville-kings-county.com](mailto:centrevillepictures@centreville-kings-county.com)

Pictures of interest could be Old Historical, Nature, Business or People, whatever you think others would be interested in. The pictures sent will be put on the Centreville website:

[www.centreville-kings-county.com](http://www.centreville-kings-county.com)

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To view courses offered through ALL, Acadia University Calendars are available from the Centreville Post Office or from our Website: [all.acadia.ca](http://all.acadia.ca)