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# THE CENTRE POST



## Bernice and Ron Ward Say: "Goodbye and Thanks!"

By Gail Salmon



November 2010 marks the end of an era in the life of a small business in Centreville as we say "good bye" to Ron and Bernice Ward, owners of Ward's General Store.

Ward's Store has contributed much over the years: helping with the Centreville Fuel Supper, Centreville Breakfasts,

the Park Association, taking in donations for community members, and many other undertakings. Ron and Bernice have always been part of the community and are still planning to stay in Centreville. Their pleasant, friendly mannerism made Ward's a part of everyone's life for purchasing everything from milk and eggs to custom ordered pork and beef, and many other items needed.

On Saturday, November 27<sup>th</sup>, Ron and Bernice held an open house for their customers, and served coffee and home made carrot cake, to say "thank you" for the years of patronage given them. When asked what they were planning to do after years of hard work running a family business, Ron said, "Whatever we like" (he still has his sense of humour) and Bernice figured that she would be able to spend more time with her three grandchildren, Spencer, Tanner and Keagen.

Continued on P. 3



## EDITOR'S NOTE

By Suzanne Trudeau Gormley  
(a.k.a. Centre Post Lady)

Dear readers: I am happy to report that we have some new additions to the Centre Post staff (see P. 10). This will give me much peace of mind that backups will be available as well as a little variety for you!

My husband and I purchased a new, 7 1/2' Christmas tree this year and, due to his ill health, I was left with the task to decorate it. I cursed it a lot, especially when I kept having to move the step ladder from either side of the tree to put the ribbon and garland on. It was all worth it when my husband looked at it and said: "It's beautiful honey." I guess I made him happy and that's made my Christmas very happy!



The Centre Post is published four times a year:

September, December,  
March and June.

DEADLINES for news items, etc. are **due by the 1st day of these months**, with the Newsletter at the outlets by the 21st. It is always good to get your information in earlier than the deadline.

Thank you to all our current contributors and I encourage anyone in the community to submit your ideas, recipes, crafts, etc. for our March issue.

## Centreville District Community Development Association BOARD OF DIRECTORS' MEETINGS

**Where:** Centreville Hall

**When:** Fourth Thursday of the Month

**Time:** 7:00 PM

**Exceptions:** JULY, AUGUST & DECEMBER

**BY NOTIFICATION** – All meetings are open to the public — come out to support your community development!

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## Reflections as the Year Turns

By Jim Morton, MLA, Kings North



I am proud of our government's record. We are creating an open, accountable system for MLA expenses and we finally ended political donations by corporations and unions. We've banned uranium mining and exploration and, more recently, proposed an indefinite moratorium on drilling in Georges Bank. The use of non-essential pesticides has been banned. We've taken the HST off family essentials and created three significant tax credits to help Nova Scotians most in need. For the first time in a decade we've increased funding for women's shelters. We've created child care spaces and made important investments in affordable housing. Seniors no longer unjustly pay deposits for long term care. We've set a target of producing 40% of our electricity needs from renewable sources by 2020, backing that up with initiatives that include wind, tidal energy and, most recently in negotiations with Newfoundland and Labrador, hydroelectric power.

Our future plans are no less ambitious. We are working on several fronts to make health services better and more responsive. A ten-year plan for agriculture is unfolding, and the many recommendations of the Agricultural Land Use Review Committee are being studied across multiple departments. Our commitment to create a five-year plan for rural roads is around the corner. A multi-dimensional strategy for natural resources, including a fresh perspective on sustainable forestry management, is being developed. This fall we introduced legislation that will strengthen credit unions and created a new Auditor General's Act, which our Auditor General has called the best in Canada. We've written laws that will make our highways safer and increase respect for cyclists. I am particularly pleased with plans to study employment support and income assistance, a pro-

ject driven by a desire to change the program from a resource of last resort to a service that responds to client needs.

This list is in no way complete, but I hope it gives you a sense of the legislation we've undertaken on your behalf.

All of this work, of course, is unfolding within the context of our commitment to bring Nova Scotia back to fiscal balance. After consulting broadly we used an HST adjustment to increase revenue. Now we've asked administrators throughout government, including in health and education, to better manage expenses while maintaining the quality services we all need. This is challenging, important work, and we need your understanding as we negotiate the complexities of change.

Much has been accomplished. Much more work is underway. We're building a better future for Nova Scotia and we're living within our means. 2011 will bring its share of challenges, but I believe we are, all of us, ready to meet them. Here in Centreville and throughout Kings North, citizens like you show the resolve, the ingenuity, the persistence, and the discipline to build stronger communities with the resources at hand. I'm ready to work with you.

My wife Donna McGrath and Constituency Assistant Anne Harris join me in wishing a *Happy New Year* to all *Centre Post* readers, wherever you may be.

*Jim Morton is the MLA for Kings North. Visit his website at [www.kingsnorthmla.ca](http://www.kingsnorthmla.ca) or contact him at 902-678-6880 or at [jimmorton@kingsnorthmla.ca](mailto:jimmorton@kingsnorthmla.ca)*

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## Ward's Store and Copper Convenience (Continued fr. P. 1)



**Bernice Ward saying: "Farewell!"**

They bought the store in 1983. Ron had been a butcher and meat manager in Digby, but both he and Bernice had decided that they wanted to move into the Valley area. Many of their family lived there and it would be a good place to raise children. At that time Claire and Jackie Spinney, the previous owners of the store, were looking to sell, and the rest, as they say is history. Ron and Bernice took over the store in 1983, and eventually moved into the upper part with their two children, Kim and Aaron. Bernice said that before they could move in they had a lot of work, as the space was not finished and was stuffed with horse harnesses, tack, and many, many assorted pieces of clothing and other paraphernalia. With help from friends and family, and many trips to the dump, they settled in. When Ward's first opened there were two rooms: one full of shoes, clothing and various articles, and the other a convenience store. After the old inventory was depleted, the Wards opened the store to one large area to accommodate the demand for more items.

The store itself has a great history, going back to the 1800's. Ron said that he had ledgers and transactions from Thorpe's Store, dating back to 1860, which he has donated to the King's Museum in Kentville. There are still several mementos of that era, from the tin walls

and ceiling, to the many household and farm items displayed on the upper wall of the store. For years, this store was the only convenience store in Centreville. Farmers would bring eggs and oats off the mountain for grading. In the 1930's and 40's there were up to eight employees, as Centreville was a bustling little community.

As we see the end of the "Ward Store era" and look to a new beginning for the Copper Convenience Store, we wish Ron and Bernice great success in all their new endeavours. We thank you for all your years of hard work, pleasant conversation, wonderful jokes and, of course, all the necessities needed without having to venture out of Centreville.



Jason Tanner and Shayne Nixon are the store owners of the new Copper Convenience Store, located in the old Ward's store. Jason Tanner is originally from Bridgewater and now lives in Wolfville, but will be living above the store in the near future. He has family in the area and says that his mother is hoping to move into Centreville when everything is set up. Shayne lived in Margaretsville, but says that he was a "military kid" and moved a lot, though he did attend Middleton High School. They are very excited to open a business in Centreville and have already realized that Centreville people are very pleasant. They look forward to the opportunity of belonging to the Centreville community and providing excellent service at their new store.

They have begun work on the store, cleaning, painting and making a few changes. They are thrilled to have the authentic walls and ceiling, and historical keepsakes. They have added to the collection with an antique copper-coloured cash register, loaned to them by family for their opening. The store has a quaint image, which attracted them, and they want to retain the store's personality with only minor adjustments.

Shayne and Jason are planning to provide products at fair prices, and will be trying to support local businesses and farms. Ron Ward will be working as their butcher and providing the same quality meats. They have plans to put in a small coffee area, with home-baked goods, submarine sandwiches, home-made soups, and fresh-roasted chicken. Shayne said that it takes a while to set things up and hopes that, by the time this goes to print, they will have their lottery tickets up and running, as well as their movie rentals.

They welcome customers to come in just to say hi and introduce themselves, offering free coffee, and hope that they can continue the same quality service as their predecessors. They will be having monthly basket draws to thank their customers. Jason and Shayne know that the Ward's Store helped with community functions with donations, and plan to help with local charities, beginning with the food bank Christmas boxes.

The store will be open at 6:30 a.m. and close at 9:00 p.m. every day, though they plan to have longer hours in the summer. Please go in and welcome Shayne and Jason to the community as neighbours and local business people. They will be working long hours to get the store and the upstairs sorted out, and would appreciate the friendly smiles.



**Welcome to Centreville: Shayne Nixon (L) and Jason Tanner (R)**





## Of Bells and Christmas

By Marc Potvin

I have always liked the sound of bells ringing. This, I am sure, has something to do with growing up in Montréal where there were so many churches - each with one or more bells in its tower. The practice of ringing bells comes from the middle ages. They were, and continue to be, a great means of communication.

I remember hearing the bells every day at noon, an ancient practice designed to call the faithful to prayer in their homes or at work. I must admit that as a child, in the summer especially, it was more like a call to go home for lunch!

When my children were young, we used a bell to call everyone to the kitchen table. We had a little bell for the house and a bigger chime for outside. We never had to shout to call others for lunch or supper – that is until the little bell broke!

Bells have distinctive sounds and easily catch our attention. They are like Christmas. Everyone knows when the season ap-

proaches. The stores and town streets change their appearances. Lights and evergreens appear. Music only played during this time is heard. Concerts are planned and presented. Children go up a level or two in their excitement as they anticipate the day when gifts will be received and opened.

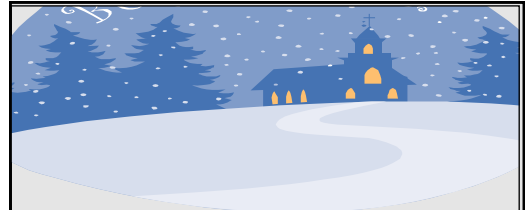
Like bells that are chiming, Christmas calls for our attention, but not always in a positive manner. We can easily become overextended during this season: physically, mentally, and emotionally, not to mention financially. But the true call of Christmas is not for increased activities. It is a call to reflect on our place in God's world.

Christmas reminds us that God is in our midst and that we matter to Him. Christmas is a season of hope, a call for peace, and a plea for love. Henry Longfellow sensed that as he wrote these words during the turmoil of the American Civil War:

*Then pealed the bells more loud and deep:  
God is not dead, nor doth He sleep;  
The wrong shall fail, the right prevail  
With peace on earth, good will to men.*

Merry Christmas!

Marc Potvin  
Senior Pastor  
Centreville Baptist Church  
(902) 678-1946  
cvillebaptist@eastlink.ca



Monday, December 13, 7:00 p.m.  
Children and Youth Christmas Pageant

Friday, December 24, 6:30 p.m., Family  
Christmas Eve Service



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## RECIPES FROM BETWEEN THE BUSHES RESTAURANT

### Chocolate Raspberry Cheesecake

Two packages of cream cheese (250 g packages), softened  
 One 14 oz. can of sweetened condensed milk  
 1 egg  
 3 T. lemon juice from concentrate  
 1 tsp. vanilla extract  
 1 c. Vital Berry raspberries (Gibson Woods Rd u-pick - in season)  
 One ready made graham cracker pie crust  
 2 oz. semisweet chocolate  
 1/4 c. of whipping cream



Heat oven to 350°F (175°C). With a mixer, beat the cream cheese until fluffy. Gradually beat in sweetened condensed milk until smooth. Add egg, lemon juice and vanilla; mix well.

Press raspberries firmly into bottom of crust, reserving a few whole berries for garnish. Slowly pour cheese mixture over fruit. Bake 30 to 35 minutes or until the center is almost set. Cool.

In a small saucepan over low heat, melt semisweet chocolate with whipping cream. Stir until thickened and smooth. Remove from heat. Glaze over cheesecake; chill.

Garnish as desired.



## \$4,500 Thank-Yous Celebrating Children Fundraiser

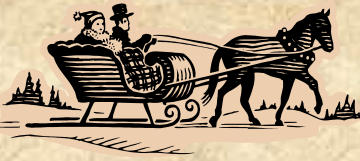
Submitted by Margie Brown

Between the Bushes Restaurant, as part of the Nova Agri Group of Companies, held our fifth annual fall fundraiser dinner at Between the Bushes in Sheffield Mills, Thursday, October 21, 2010. \$4,500 was raised for Brigadoon Children's Village, a year-round facility for residential camps for children and youth living with a chronic illness.

On behalf of the Fundraising Committee, we would like to thank everyone for their very kind contributions: auction items; products for Chef Steve's fantastic buffet; patrons of the event; Heather Kelday - such a talented musician; K-Rock's dynamic duo Colin and Kate - MC's for the evening; D & M Ultramar - signage; employees and the Nova Agri Group.

Thank you everyone! Without each and every one of you, the event could not have taken place.





## Story from the Family Farm

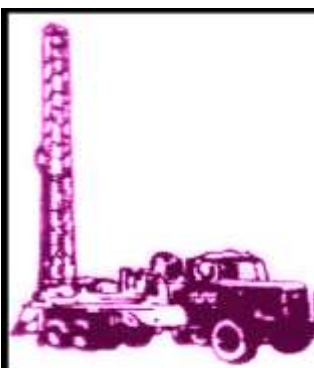
### Zilpha Ells

By Mack Frail

Zilpha Ells, who passed away on October 26, 2010, at age ninety-two, was of one of Centreville's well-known residents. She came to Centreville in 1940, when she was twenty-two years old. Her maiden name was Zilpha Jefferson. She came to Centreville to fill a position as clerk in the Thorpe and Farnsworth General Store, which is presently Ron Ward's Store. Zilpha has mentioned to me that, when she first came to Centreville to work in the store, the top of my head was about even with the top of the counters in the store. Zilpha is remembered by many people, including those who are now seniors, who recall her special personality and her patience with them when they were children, visiting the old general store. When Zilpha worked in the old general store it was during the days when an ice cream cone was a nickel, and a bottle of pop was seven cents. Several pieces of candy could be purchased for one cent. I have since those days realized the patience required to serve a child, with their dime or nickel, and ordering their bag of penny candies from a large selection, on display in a glass show case. Zilpha had the patience which was required to serve these children, and she did it with a smile and a kind word to her young customers. It is because of her personality and kindness that she is remembered by so many people.

Zilpha married Earl Farnsworth in 1942, when he was a partner with Bill Thorpe that formed the Thorpe and Farnsworth General Store. The store was later to become Farnsworth General Store. Together Earl and Zilpha managed their large general merchant business. I recall when there were no less than five employees working in the old general store. Zilpha was also busy raising their three daughters, Judy, Jean, and Ruth. After Earl Farnsworth died in 1966, Zilpha managed the store on her own until 1970, when the business was sold to her step-daughter Jackie, and husband Clare Spinney. Zilpha's second marriage was to Laurie Ells. The Centreville that Zilpha became familiar with after she arrived here has become a very changed community. The early dirt and gravel roads were narrow, with foot paths along the side of the road. Before the hard-surface roads, grass would grow in the road wherever it was able to take root. When Zilpha arrived in Centreville, it was familiar for horse drawn means of transportation to be tied to the hitching posts, which were located near the store and the old post office. The Centreville Corner, where the old general store is located, was the central, and the busiest part of the community. The old general store that Zilpha became familiar with over the years is no longer located as a central part of the community, although it remains within the Centreville growth area. About sixty meters north of the old general store that long ago established Centreville as a shopping centre, is the end of the Centreville growth area. I was born and grew up in the community of Centreville, which was established as a community during the early 1800s. I remain in the home where I was born and grew up. Since the Centreville Growth Area boundaries have been put into place, I now live in an area commonly referred to as the "Centreville District".

The recently installed sidewalks are a reminder of the changes which have taken place in Centreville. It is a pleasing sight to see the pedestrians walking on the attractive sidewalks, which are a safe distance from the traffic. I have been recuperating from open heart surgery that was performed in Halifax at the Queen Elizabeth Hospital, on October 18. A part of my exercise to regain my strength is a walk each day. The walks are timed; I am allowed to walk one minute longer each day. It is difficult walking in the area where I live, without the benefit of sidewalks to walk on. In certain locations along the highway within my area, it is difficult to avoid the traffic. I look forward to when my extended period of time to walk will allow me to walk as far as to where the new Centreville sidewalks begin. The sidewalks look very inviting to me, and I am anxious to walk on them and feel secure from traffic. When the day arrives that I begin to walk on Centreville's sidewalks, Sheila may have a problem getting me to turn around and return to our home on the north side of the Lily Pond.



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## Centreville Park and Recreation News

By Betty Harper

The gates are closed and the Park Committee is taking a break until January.

The Centreville Park Association would like to thank everyone who helped in any way to support us in our attempts to revitalize the Park this past year.

We hope to see everyone at the next meeting on January 19, 2011, at 7:30 p.m. at the Centreville Hall. Please bring all your ideas to help with fundraising and/or ideas as to what you would like to see happen at the Park next year.

Please remember to support the Park by leaving your recyclables at the former Fritz's Enviro Depot, as we still have an account there. If you have bottles and have no way to get them to the drop-off, you can call one of the Park Committee members or Betty Harper (678-0041) and we will arrange for someone to collect them from you.

**HAPPY NEW YEAR**



Some of you may recognize the structure in this photo. It is located in the Percy Lydiard Park and, unfortunately, is slated to be torn down next year.

It has withstood many winter and summer storms but the worst treatment it has been subjected to is acts of vandalism.

What I am looking for (besides financial donations, should you wish to see it refurbished), are stories of activities which were held at this site (e.g., Centreville Days and chicken BBQs), as well as its history.

We welcome your input.

Suzanne Trudeau Gormley  
centrepstlady@hotmail.com

**PLEASE REMEMBER WHEN YOU BRING YOUR REFUNDABLE ITEMS TO FRITZ'S, THE PARK ASSOCIATION HAS AN ACCOUNT WHICH YOU CAN DONATE YOUR CONTRIBUTION TOWARDS MAINTENANCE OF THE PARK.**

**THANK YOU IN ADVANCE!**

**Suzanne Trudeau Gormley, on behalf of the Centreville Park Association**



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## News from the Charles Macdonald Concrete House Museum

*Charles W. Macdonald*

### The 'Picture a Faerie Cottage' Calendar 2011

On two glorious August days in the summer of 2010, ten local artists gathered on the lawn of the Blue Cottage at Huntington Point. Their aim was to capture, in paint, wool, and pastel, the whimsical architecture of Charles Macdonald. Though the views are often the same, each artwork is unique, inspired by the artists' visions of the Faerie Cottages.

The Charles Macdonald House Society of Centreville would like to sincerely thank those people whose creative work made this fundraising project possible.

The contributing artists are: Jean Leung, Donna Underwood, Jennifer and Dian Gravel, Amanda Muis, Debbie Dobson, Yvonne Dukeshire, Joyce Morton, Ruth Legge and Delaine Carlson, who also designed the calendar at B&B Paper.

Funds raised from the sale of this calendar will contribute to the ongoing maintenance and promotion of both the Blue Cottage and the Charles Macdonald Concrete House Museum at the corner of Saxon St. and Hwy. 359 in Centreville.

To learn more about the art, thoughts and life of Charles Macdonald, visit us online at [www.concretehouse.ca](http://www.concretehouse.ca) or come to the Museum from June to September for a guided tour. We're free, are you?

**Want to order a calendar? Send us an e-mail at [info@concretehouse.ca](mailto:info@concretehouse.ca), attention. Ruth or call Amanda Muis at 678-8780**



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### Cheque presentation to The Charles Macdonald Society

Counsellor Dick Killam presents a cheque on behalf of the Municipality of the County of Kings to Kevin West, President of the Charles Macdonald House of Centreville Society. The funds will help in the society's efforts to preserve and maintain the lifeworks of Charles and Mabel Macdonald. In the background is The Blue Cottage which, this summer, played host to new



member-guests from as far away as Massachusetts and southern Ontario. At one time, in the forties, Macdonald provided his five Huntington Point cottages as hostels and lodging for visitors from afar. In a small way, the Society is continuing the tradition. For inquiries regarding holidays at The Blue Cottage please email:

[info@concretehouse.ca](mailto:info@concretehouse.ca)



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## TREE LIGHTING CEREMONY

By Mary Ellen MacDuff

Our 4th annual Tree Lighting, sponsored by the Centreville District Community Development Association (CDCDA), was held December 6.

Marc Potvin was Master of Ceremonies for the evening. The tree was generously donated by Mr. and Mrs. Ken Morse.

This year we were honoured to have Dorey Foley light the tree.

After some carolling, everyone enjoyed refreshments and socializing.

Unlike our first such event, the snow was absent but this didn't dampen the participants' Christmas spirit. Indeed, it was alive and well!

It was a great evening and thank you to all who participated.



## Centreville Hall

Submitted by Budd Murphy

[It has been a while since any news about the Centreville Hall but this past year it has once again undergone some change.](#)

With financial support from the Municipal Community Hall Assistance Program, the Hall Building Committee was able to complete three projects.

A municipal fire inspector indicated that a fire retardant room was required around the furnace. The room was constructed.

Through suggestions from members of the Centreville Good Neighbour Club and other community members, it was determined that additional and upgraded electrical outlets were required, as well as a new serving counter for the back kitchen.

The last two projects were completed early this fall.

Once again, cooperation between the Municipality and the Centreville community provides benefits for members of the community and surrounding area.

The Centreville Community Hall Building Committee welcomes constructive input to improve our Hall.

Have a great holiday.



## Good Neighbour Club Report

By Susan Wood and  
Mary Ellen MacDuff

GNC started back up from summer vacation on September 16 with a lovely potluck supper.

**Big Breakfasts** - Our turnouts for June, October and November we served over 200 each time. We must be doing a great job! We couldn't do it without all the help from the community. We are grateful and proud to be able to keep upgrading the hall.

There will be no Big Breakfast in December, as it is too close to Christmas and a very busy time for everyone. The first Big Breakfast in the new year will be January 16, 2011.

On **October 23, 2010**, we held our annual **Turkey Fuel Supper**, which raises money for the hall's fuel. It was a great success, with approximately 334 people enjoying a delicious meal.

The winner of the quilt, which was drawn for on October 23, was Shelly Wagner of Centreville. Congratulations!

On behalf of the Hall Association and the Good Neighbour Club, we'd like to thank all of you who volunteered and those who made donations. As well, thanks to all of you who come out to support our cause.

**December 2** was our closing Christmas party. The Entertainment Committee put on quite the spread. There were two types of lasagna, salads, and yummy deserts!



After our scrumptious meal, we exchanged our Secret Pal gifts and revealed who our 2010 Secret Pal was. We then chose a new one for 2011.

We were so good this year that Santa felt he should take time from his extremely busy schedule to visit us and give us each a little gift. Thank you Santa!

This message goes out to the person who "borrowed" a grill from the hall: "Santa is watching you!"





## INTRODUCING NEW MEMBERS OF THE CENTRE POST

By Suzanne Trudeau Gormley

I was rather skeptical when I advertised for someone to become my backup editor. Low and behold, we now have three very capable individuals who have joined our team.

When I gave Mike Sweeney my resignation, earlier this fall, he made me an offer I couldn't refuse. He offered me a "promotion". He informed me that although the pay would be the same, I would be the "Lead Editor" and would get help with the Centre Post.

We will be taking turns to produce the Centre Post and I will act as liaison between the contributors and the new editors.

This will undoubtedly be beneficial especially if I am unable to fulfill my duties as editor, I know I can depend on two other angels!

Gail Salmon has also joined the team as our "Roving Reporter" and her first assignment was the Ward's story featured on P. 1 and 3.

Oliver is taking a leave of absence from his Centre Post responsibilities due to work and studies. He is anxious to return to his duties once the work load eases up. Good luck Oliver!



Special thanks to Isabel Tait for filling in for me in Sept and for training Elisha.



### Anne-Marie Waterbury:

I'm a Kentville native, retired from Valley Regional Hospital where I was a physiotherapist for 30+ years. For most of those years I was also a keen hockey and soccer mom to three terrific sons. My husband and I built a home in Centreville three years ago, and I've decided that it's time to get more involved in the activities of our chosen community. I have a passion for the written word, so the opportunity to make a contribution to the Centre Post seemed like a great place to start. I love to work in my flower gardens, and knit and sew when they've been put to rest for the winter. I'm looking forward to the new challenge of learning everything I can about the publishing of a newsletter, from those who have done it so well in the past.

### Elisha Harper:

I am from Centreville and have lived here all of my life. I graduated from Northeast Kings Education Centre with Honors with Distinctions and a certificate in French Immersion in 2006. I am currently finishing up my last semester at Acadia University in the Business Administration program. I have played badminton competitively and more recently recreationally for the last 10 years. I am interested in helping put together the Centre Post because I would like to get more involved in the community and would also like to get more volunteer experience.

And last but not least, our new Roving Reporter, **Gail Salmon**:

I have lived in Centreville for 29 years; before that, I lived in Pointe Claire, Quebec, a suburb on the West Island of Montreal. I have two grown children, both living and working in Calgary. My son, Nathan, is married and gave me my first grandson, Rowan, in October. My daughter, Jessica, loves Calgary and all it offers. Acadia University is my Alma Mater, where I graduated with a B.A. in English and a B. Ed. I have taught for the AVRSB as a term and substitute teacher and, most recently, three years at Landmark East School. I love teaching, I like to sing, dance and cook. My hobby is gardening. I used to write the Centreville news in the Advertiser for the Good Neighbour Club and belonged to the Good Neighbour Club for 24 years. When asked to write for the Centreville Post, I thought it would be fun and I look forward to being part of the team.



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## Local Businesses Recognized

By Anne-Marie Waterbury

Each year, the Eastern Kings Chamber of Commerce (EKCC) recognizes area businesses for excellence in various categories. Categories include Outstanding New, Small, and Large Business, along with several others. Nomination for an award may be submitted by anyone.

Once a business is nominated it is contacted by EKCC, requesting additional information such as the length of time in business, how the business impacts the community, and improvements in staff working conditions and the business in general.

After a panel of judges scrutinizes this information, nominees are short-listed. Those that make the cut are recognized at the Annual Kings County Business Awards night, held this year on November 4<sup>th</sup>.

This year, four Centreville businesses were short-listed:

### **Outstanding New Business of the Year:**

Goodchild's Tea Room

### **Outstanding Small Business of the Year:**

Centreville Kwikway and Diner

Eagle Crest Golf Course

Pineo's Pet Spaw



Congratulations are extended to these businesses for the well-deserved recognition, and their contribution to making Centreville 'A Good Place to Live and Grow'.

*For more information about nominating a business that you think is doing a great job, go to [www.ekcc.ca](http://www.ekcc.ca).*





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**Seasons Greetings**



# MINER MARSH

By Gren Jones



## The Kentville Miner Marsh's Impact on the Community

On August 12, a very special, happy occasion occurred in the town of Kentville. It was the official opening of the Miner Marsh, a beautiful wetland with trails and a footbridge. It was the celebration of a partnership that brought together two local clubs - Kings County Wildlife and Kentville Rotary; a major gift from our corporate sponsor, Michelin Canada; many private donors; the Town of Kentville; the Municipality of Kings County; the Province of Nova Scotia; the Government of Canada; and Ducks Unlimited, the current owner of the marsh.

It took over four years to put all the pieces together. It began with a series of meetings with town and municipal officials, followed by the arduous task of securing all of the necessary permits from the Provincial and Federal Ministries of Environment, Fisheries & Oceans, and Natural Resources. Public meetings were also held, and the project went ahead.

Ducks Unlimited made the financial commitment to restore the land and create a dyke wall that would not only ensure the integrity of the marsh, which would also allow it to act as a buffer during floods. The heavy rains in November caused a major flood, and a great deal of the water that came down the Cornwallis River passed over the marsh. Although it was underwater for about a week, there was no permanent damage to the wetland.

The fact that this wetland is located in the heart of the town demonstrates another benefit to people who live in the community or who come for a visit. Mark Phillips, Recreation Coordinator for the Town of Kentville, played a key role in the planning of the wetland's recreational potential. Public access is assured by the parking lot behind the municipal buildings and there is a road leading

to the bridge. There are picnic tables, gardens, and benches on both sides of the river, and many people take time from their work or daily routine to walk along the marsh. There are interpretive signs to help visitors understand about the marsh, the habitat it provides for wildlife, and the various species that frequent this area.



In June 2011, the first Project Webfoot grade 4 classes will visit the marsh as part of DUC's educational program. This allows our children to experience nature first hand. The program is delivered by Reg Newell, from the DNR Kentville Office, and summer students employed by 'Friends of the Cornwallis River Society'. This group was recently honored as the 2010 NS Provincial Greenwing Award recipient, in recognition of their dedication to enhancing the river's watershed.

Kentville is not the only town to step up and invest in its natural resources. Wetland parks can be found in other places. The town of Annapolis Royal has a lovely pond, which is located beside the river close to the causeway. It is a park with a walkway and viewing platforms. It is also a major component in the sewage treatment for the town. Wetlands are crucial buffer zones for water treatment. Clean water is of great importance for all of us, and this wetland is one of two in the province that have been engineered to help alleviate water treatment issues. The interpretive signs on that project explain how the system works.

Centreville could easily have its own enhanced wetland! Ducks Unlimited is very interested in working with communities and individuals who have wetlands that could be developed. There are many farms in the Valley that get their water from ponds that have been built by DU on farmlands. One of the finest examples of such a pond is found in Sheffield Mills. Located by the Hennigar warehouse on Middle Dyke Road, this pond has helped irrigate local fields for many years. It is also a wonderful spot to observe wildlife. It is popular with equestrians who pass along the dyke wall. Ducks, geese and other species nest there in the spring, and it is an important staging area for migratory birds in the fall.

Imagine a similar wetland with public access in our community! I often drive along the 221 heading west from the village and am always tempted by the marshes located south of that road. Although I don't know who owns these wetlands, I do know that there is great potential for development. Having seen the public response to Miner Marsh, I would love to see a similar wetland developed here. It takes cooperation from landowners and government to make such a project reality, but I am an optimist in these matters! It would be like that famous movie Field of Dreams: 'Build it and they will come!'

## **DUC – Dedicated to Wetland and Wildlife Conservation**

Grenville Jones is a volunteer with Ducks Unlimited Canada and is currently serving as Senior Director for NS & NL. For more information on DUC, visit <[www.ducks.ca](http://www.ducks.ca)> Do you have a wetland on your property? Please contact Gren for information. Email: [gc\\_jones@yahoo.ca](mailto:gc_jones@yahoo.ca) / (T) 679.6691

"Ducks Unlimited conserves, restores and manages wetlands and associated habitats for North America's waterfowl. These habitats also benefit other wildlife and people. With more than 70 years of experience and 8,400 established habitat projects across the nation, DUC is Canada's leading expert in **wetland and wildlife conservation.**"





## Celtic BodyWorkArt Dance Class (for ladies only ) Johanne McInnis A Great Way to Keep in Shape In the New Year!

Celtic Body Work Art is a mixture of Irish steps with workout movements presented in an exquisite Irish Choreography style. If you are looking for a great way to stay in shape, join these short dance sessions.

If you are interested in rejuvenating yourself with empowering Celtic Sounds, this is the place to come! Experiment creative movements, cardio and muscular exercises when you join the art of creative dancing.

Beginner class must bring: \* **small weights** \* **water bottle** \* **mat or towel**

Advanced class must bring: \* Irish hard shoe & soft shoe \* all the above listed for Beginner Class as well.

**Musicians for the Earth / Artistic Bursary Foundation**

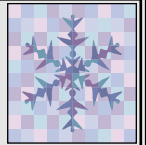
Next Early Winter Session starting **January 27th, 2011 (5 weeks)**

Next Early Spring Session starting **April 7, 2011 (8weeks)**

**Information: Johanne 582-1603 or [gib@oricom.ca](mailto:gib@oricom.ca)**



## Helpful Hints For Winter



(Worth a try?...let me know.)

**Keep your headlights clear** with car wax! Just wipe ordinary car wax on your headlights. It contains special water repellents that will prevent that messy mixture from accumulating on your lights - lasts 6 weeks.

**Squeak-proof your wipers** with rubbing alcohol! Wipe the wipers with a cloth saturated with rubbing alcohol or ammonia. This one trick can make badly streaking and squeaking wipers change to near perfect silence and clarity.

**Ice-proof your windows** with vinegar! Frost on its way? Just fill a spray bottle with three parts vinegar to one part water and spritz it on all your windows at night. In the morning, they'll be clear of icy mess. Vinegar contains acetic acid, which raises the melting point of water---preventing water from freezing!

**Prevent car doors from freezing shut** with cooking spray! Spritz cooking oil on the rubber seals around car doors and rub it in with a paper towel. The cooking spray prevents water from melting into the rubber.

**Fog-proof your windshield** with shaving cream! Spray some shaving cream on the inside of your windshield and wipe it off with paper towels. Shaving cream has many of the same ingredients found in commercial defoggers.

**De-ice your lock in seconds** with hand sanitizer! Just put some hand sanitizer gel on the key and the lock and the problems solved!



## Silvery Snow-Capped Christmas Ornament

Cascading glitter gives this holiday decoration the look of a snow-capped mountain.

Add sparkle to your Christmas tree with this easy-to-craft ornament. In addition to silver glitter, all you need are some common craft-store supplies and a purchased white ornament.

### Materials and Tools

- Medium paintbrush
- Mod Podge decoupage medium
- Matte-finish frosted white ball ornament
- Plastic plate
- Fine silver glitter
- Tacky glue
- Silver glitter slivers



### Instructions

1. Apply decoupage medium with a paintbrush, beginning at the base of the hanger and extending halfway down the ornament.
2. Hold the ornament over a plastic plate and sprinkle fine glitter on the decoupage medium. Let it dry.
3. Dilute a small amount of tacky glue with water. Brush diluted glue on the dried glitter. Sprinkle on glitter slivers. Let the glue dry. Use a soft, dry brush to remove loose glitter.

## Stevenson Repair

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(for ladies only)

**Johanne McInnis**

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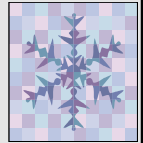
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 **THE CENTREVILLE  
 "50" PLUS ASSOCIATION  
 'FRIENDS ENJOYING  
 FRIENDS'**

BY DARRELL SPURR

The Centreville "50" Plus Association meets every Wednesday, 1:30 pm at the Centreville Hall.

Since our last article, we have had a variety of activities which were enjoyed by our group. We sponsored the 55 Alive Senior Safe Driving course with instructor Wayne Sanford. Forty (40) members and area residents completed the six-hour course. All found it informative and interesting. We held our Christmas Social on December 1, commencing with a noon dinner and an afternoon social, complete with music, games and prizes! Again this year, instead of a gift exchange, we donated items to the local Food Bank.

We will cancel our programs on December 22 and December 29. Activities will resume on Wednesday, January 5, 2011, at 1:30 pm. New members are always welcome, so drop in any Wednesday and bring a friend.

Wishing everyone Merry Christmas and Happy New Year from your friends at "50" Plus.

Darrell E. Spurr, President

## NEWS FROM GOODCHILD'S TEA ROOM

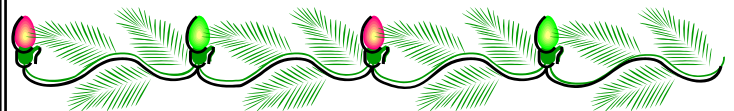
**Debra Ridley**

Goodchild's Tea Room has closed for the winter season, but will be re-opening in spring 2011. We have had a wonderful season, meeting visitors from near and far, many being returning guests who are fast becoming regulars. Although it has sometimes been pretty hectic, we have really enjoyed welcoming everyone.



Our first full year ended on an extremely high note, when we were nominated for an East Kings Chamber of Commerce 2010 award, in the category of Outstanding New Business of the Year. There was some very strong competition, and although we didn't win, we were honoured to have been amongst such illustrious company and for our hard work to have been recognized.

We thank all our customers for their support and look forward to seeing you next year.



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## GOODCHILD'S TEA ROOM

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 Reservations: 678-4333

## COMMUNITY EVENTS

### GNC's BIG BREAKFAST

Please note that there will not be a Big Breakfast in December but will resume **January 16, 2011**.

### Centreville Baptist Church:

Monday, December 13, 7:00 p.m.  
Children and Youth Christmas Pageant

Friday, December 24, 6:30 p.m., Family  
Christmas Eve Service

### Canard United Church

Canard and Trinity United Churches  
Worship Service & Sunday School  
10:15 AM at Canard.

Rev. Curtis McDonald – Officiating  
Phone 582-7908 – Leave message  
[www.canardunitedchurch.org](http://www.canardunitedchurch.org)

The Centreville Park Association meets the third Wednesday evening of each month at 7:30 p.m. at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are those who will make the park a success. Next meeting will be on **January 19, 2011**.

"50 Plus" Fun Group - meets at the Centreville Hall every Wednesday at 1:30 p.m.- 4:00 p.m. New members welcome.

Sheffield Mills & District Women's Institute - 3rd Monday, 2 p.m.

### TOPS: - Mondays 6:00 – 7:00 PM

TOPS meet at Centreville Baptist Church on Murray Drive. (In the nursery room)

Monday evening:  
Weigh-in from 6:00 to 6:30 PM with a short meeting to follow.

We are open to new members at the cost of \$30.00 yearly, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night.

For more information contact Leader Esther Peterson at 538-0051 or Madeline Sheffield at 678-7584.

### THE GOOD NEIGHBOUR CLUB (GNC)

meets the 1st and 3rd Thursdays at 7:30 p.m. at the Hall (**Except for June, July and August**).

All ladies of Centreville are welcome to attend and join the Club.



### BATTERY RECYCLING IN CENTREVILLE

You can drop off your used batteries at the Centreville Community Hall on Thursdays between 9:00 a.m.- 2:00 p.m. as well as at the monthly Big Breakfasts. (**N.B. Collection will resume in January 2011**)

All batteries may be turned in **except** car batteries.

### Centreville "Events" Website

Do you have an upcoming event? Do you want it seen on the Centreville Website, [www.centreville-kings-county.com](http://www.centreville-kings-county.com)?

If you do, send the information to:

[events@centreville-kings-county.com](mailto:events@centreville-kings-county.com)



### Pictures of Centreville District and Surrounding Area

Did you know that the Centreville website has an email address you may send pictures to? If you have pictures you want to share with others you can send them to:

[centrevillepictures@centreville-kings-county.com](mailto:centrevillepictures@centreville-kings-county.com)

Pictures of interest could be Old Historical, Nature, Business or People, whatever you think others would be interested in.

The pictures sent will be put on the Centreville website:

[www.centreville-kings-county.com](http://www.centreville-kings-county.com).

### ACADIA LIFELONG LEARNING CENTRE (ALL)

The Acadia Lifelong Learning Centre provides courses, seminars, outings and special events for 50+ adults in literature, science, fine arts, writing, and more.

ALL membership benefits include free Acadia credit course audits; access to the Vaughan Memorial Library; free ALL seminars, lectures and readings; reduced ALL course fees, special events and outings; and email notices of ALL and community events. The annual membership fee is \$25. For more information or to register, call 585-1434 or 800-565-6568, or email [all@acadiau.ca](mailto:all@acadiau.ca). Be sure to check out our website at [all.acadiau.ca](http://all.acadiau.ca).



To view courses offered through ALL, Acadia University Calendars will be available from the Centreville Post Office or from our website: [all.acadiau.ca](http://all.acadiau.ca)