THE CENTRE POST

Issue 24, March 2011

Next issue June 21, 2011 Submissions due June 1, 2011

A Storm to Remember



Centreville Park

Bob Richards photo

by Gail Salmon

Weather is always a great part of conversation, and the storm of December 13, 2010, gave all of us lots to discuss. The large amount of rain, winds that gusted to near 140 kilometres per hour, and extensive power outages caused trouble for many families. Driving through Centreville and walking by the Centreville Park showed evidence of lost shingles, rooves, trees and branches. Some people whose houses are adjacent to the park were affected by broken fences; an above-ground pool gate was broken; a tree landed on a vehicle, as well as the lost shingles, trees and fallen branches. The devastation to the trees in Centreville Park was heartbreaking — not to mention very dangerous — as branches hung and uprooted trees lay caught in branches, ready to fall.

Julie and Bob Richards often take their two dogs, Wisky and Brandi, (Golden Doodles – Golden Retriever and Standard Poodle mix) through the trails, and took these pictures. They said that they were out about two days after the storm and several of the trails were blocked by fallen trees, but two weeks later there was a notable difference in the trails. "The fellow that is removing the trees is doing a great job. We were walking through the trails the day after the storm and thought that it would take years to clean it," said the Richards.

As there were far too many trees for volunteers to tackle and it was difficult to manoeuvre safely through the woods, a resident of Centreville, Roy Kerr, decided to get someone in that could expertly handle the situation. Irving Keating, also of Centreville, took on the task. When asked about the destruction, Keating said that he had to take down over 80 trees, mostly red and white pine and spruce. He had help from his father and from Norman Leggett, who had a tractor to haul out the trees as they were very large and hard to manage. They took time to count the rings on some of the trees, and estimated that they were between 130 and 180 years old. Irving said that all the wind-destroyed trees and limbs have been removed, and all the park's trails are clear, safe, and accessible. He still has quite a bit of ground debris to clean up, and will mill-up some of the trees in his father's small, portable mill. He left some of the dead trees that were still standing and not dangerous to walkers, to help maintain the ecosystem. "The trees may be a little rotten, but in the spring the ants and other insects will return and that will be good for the wildlife," said Irving, which increases the pleasure of walking through the park's natural paradise.

In a telephone conversation with Roy Kerr he stated that there were a few more trees to be cut down, but that he would be able to handle those. He said that Irving Keating had done a very good and efficient job, and the park looks much better. So, if you take your walks through the woods both now and in the spring when the snow clears, appreciate the trails and enjoy the wildlife.

More pictures page 3

The Centre Post is published four times a year: September, December, March and June.

The deadline for news items, etc., is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.

For announcements, stories, ads or information, contact one of the following:

Set-up of newsletter:

Suzanne Trudeau Gormley at 678-7769 E-mail: centrepostlady@hotmail.com

To place an advertisement: Mike Sweeney at 679-2780.

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As a senior citizen was driving down the freeway, his car phone rang. Answering, he heard his wife's voice urgently warning him,

"Herman, I just heard on the news that there's a car going the wrong way on Interstate 77. Please be careful!"

"Heck," said Herman, "It's not just one car. It's hundreds of them!"

Associate Editor's Note

The laying out of this newsletter has been a great learning experience for me — a new 'job', a new iMac (which is light-years ahead of my old one), and a new publishing program. Hence, a new look. Thanks to my son, Michael, for his technical assistance (if only he'd dropped by *before* I'd made all the mistakes!) Not to mention learning the rules of desktop publishing and brushing up on the rules of grammar. So many rules...I've forgotten many of them already! I've really enjoyed the challenge, and hope you enjoy reading it.

I'm sure the readers join me in expressing appreciation to all the contributors, whose time and efforts have made *The Centre Post* such a success. Thanks to Mike Sweeney for his support, and a very special thank-you to Suzanne, our Lead Editor, for her invaluable and cheerful assistance and the terrific job she has done in the past. She's a tough act to follow.

Anne-Marie Waterbury

Submissions may be edited due to space limitations or for clarity purposes. Context will not be changed.

Dates to Remember

Grab a pencil (or whatever) and put these events on your calendar:

March 20	CDDINCI
	SPRING!
March 24	CDCDA Board of Directors Meeting
April 16	GNC's Big Breakfast, Centreville Hall
	Blossom of Hope Fundraiser, Blueberry Acres
April 12	Goodchild's Tea Room re-opens
April 20	Park Association Meeting
April 22	Good Friday
April 24	Easter Sunday
April 29,30	Clothing Give Away, Baptist Church
April 30	11th Annual Pig Roast, Centreville Hall
May 6,7	Quilt & Rug Hooking Show, Baptist Church
May 8	Mother's Day
May 21	GNC's Big Breakfast, Centreville Hall
May 26	CDCDA Annual Meeting, Centreville Hall
June 18	GNC's Big Breakfast, Centreville Hall

Julie Richards with Brandi and Wisky in the park Bob Richards photo

A Storm to Remember...con't

"The fellow that is removing the trees is doing a great job. We were walking through the trail the day after the storm and thought that it would take years to clean it." Bob Richards



The bigger they are...

Bob Richards photo



Saxon Street at Gibson Woods Road A.M.Waterbury photo

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Spreading the Message

On August 18, 2000, Jean Béliveau, not the famous hockey player but a simple salesman, left his employment out of unhappiness and set out from Montreal on a journey that would see him walk 80,000 km. With a three-wheeled stroller, a bit of food, some clothes, a first aid kit, a sleeping bag and a tent, his aim — which he has almost accomplished — was to walk from North America to South America, from South Africa to Europe, from the Middle East to South and East Asia, and from Australia to New Zealand until finally returning home.

He needed a change of life and wanted to do something for others. His mission was to walk in support of the United Nations proclamation: 2001-2010 - International Decade for a Culture of Peace and Non-violence for the Children of the World. Everywhere Jean travelled, he shared the message of peace for the sake of children. His walk is now almost completed. Hoping to arrive home sometime in October, he is now somewhere in British Columbia. Anyone can read his story at his website, wwwalk.org.

In the grand scheme of things, Jean will not have changed the world. Most Canadians have never heard of him, and those who have will probably forget his name in a few years. Who can remember Kyle MacDonald? (He is the young man who traded a red paper clip for a house a few years ago.) Yet, knowing that he cannot change the world has not deterred Jean from sharing his message of peace. I have no doubt that some lives have been affected and maybe even changed by their encounters with the world walker. And that is the point of the walk: To touch, teach, and change whomever is encountered along the way.

That, in large measure, is the mission of the Christian Church. It is not to indoctrinate or give a set of rules. It is not to build great buildings as monuments or to cling to some ancient past. The Christian Church exists to spread the message of God's love and hope to the world, and it

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by Marc Potvin

is called to do so without any ulterior motive, except that the message be spread.

That is why the Christian Church, throughout its history, has endeavoured to care for the sick, the poor, and the distraught. Historically, universal health care and education have had a strong Christian underpinning. Still today, the Christian Church is at the forefront of humanitarian help when a crisis erupts somewhere in the world.

Christians are by no means perfect. But when they remember what life is all about, they spread something which in many places is in short supply: unconditional love as God has given it.

The First Commandment says that we are to love God with all our hearts, our souls and our minds. Jesus' command was this: "Love each other as I have loved you. Greater love has no one than this, that he lay down his life for his friends. You are my friends if you do what I command." (John 15: 13-14)

Marc Potvin, Senior Pastor Centreville Baptist Church (902) 678-1946 cvillebaptist@eastlink.ca



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Story from the Family Farm

by Mack Frail



I believe that this past winter could be described as one of our more severe winters. I have heard it described by older residents as "an old fashioned winter". Most seniors can recall severe winters from their past. My best snow story is when the snowdrifts were as high as the utility wires. When I share this experience with those younger than myself, I often receive a look of disbelief. I look to the tops of the utility poles that we have today, and I realize that most of them are higher than the poles were when I was growing up in Centreville. When traveling the country roads, some of the older and shorter utility poles are still in use.

I was very excited as a young boy during the early 1940s when, looking through a frost-covered window in our home, I would see the teams of horses traveling from the back of our home and down our driveway. I was witnessing about ten teams, one after the other, following the lead team — which was having more of a struggle through the deep snow than the following teams. The teams of horses were all pulling large sleds and the teamsters were from the North Mountain. They were maneuvering their teams around the deep drifts; each team, following the other, packed the snow and provided for a good sled road. The main destination for the teams and travellers was William Thorpe's General Store at the Centreville corner. After a long period of being snowed in with the roads being blocked, the farming families living within the area of Halls Harbour were low on supplies and feed for their livestock. During the years before the 1950s, most items which were required on the family farm could be purchased at the old General Store at the Centreville corner. Efforts were made to keep the sled roads open until the main highways were cleared of snow.

Before snow removal equipment was available the men — as well as the boys old enough to work — were required to clear the roads within the community where they lived. The same male population required for snow removal was also expected to serve their allotted time working on the roads during the other seasons of the year. Through my reading and history research, I am aware of the hardships of the early farming families: not only in Centreville, but other communities as well.

Before the railway from Kentville to Kingsport was completed in 1890, many of the communities were somewhat isolated. Centreville was one of these more isolated communities due to the distance from the nearest railway line, which passed through Kentville, and also its distance from the seaport of Canning. The railway and the train, known as the 'Blueberry Special', passed through Centreville and were a big plus to the community. Centreville's railway station was also the terminal for the North Mountain Railway, with tracks from Centreville to Weston.

I can recall from my own experiences some of the hardships caused by the severe winters and living on the family farm during the 1940s. I also remember the good times we had skating and coasting, as well as the many hockey games we played on the Lily Pond. Previous generations of children growing up in Centreville also coasted on the same hills, and skated and played hockey games on the same ponds as I did when I was growing up in Centreville. I have heard it said, and I agree, that "Centreville was a great place to grow up". I expect that the same sentiments have been felt and expressed by previous generations who grew up in Centreville. Enough about winter and cold weather: when this story is available spring will have arrived, and we can all look forward to warmer weather.



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Winter Highlights

By Jim Morton, MLA Kings North

I am writing on a beautiful, cold, snow-covered winter's day, knowing that when you read this it may be spring. I'd like to share some highlights of our work this winter.

To begin, our government announced a new plan to support arts and culture, including the formation of Arts Nova Scotia, an arms-length body that will make decisions about funding support for artists. "We suddenly have a cultural infrastructure", said columnist Silver Donald Cameron, "that any province would be proud of."

MLA expenses, with four individuals facing criminal charges, are back in the news. While those charged are innocent until proven guilty, it's safe to say that most of us are disappointed and angry that a few elected leaders may have knowingly misused public funds. That said, I'm proud that our government has completely changed the MLA expense system. Auditor General Jacques Lapointe told the media that we "acted quickly" and made changes that "went beyond anything I [Lapointe] recommended."

Our government has also been making it easier to do business. We've accomplished our goal of cutting red tape by 20%, leading the Canadian Federation of Independent Business to describe Nova Scotia as "one of the few go-to provinces for other jurisdictions looking for ways to reduce red tape."

Minister Percy Paris recently doubled the province's Strategic Cooperative Incentive Program to 450 positions, making it easier for students to get access to high value jobs. Minister Maureen MacDonald expanded the Caregiver Benefit Program, recognizing the central role caregivers play in assisting family members and friends.

Work continues on tidal energy projects. Atlantis Resources Corporation will be the fourth participant in the Fundy Ocean Research Centre for Energy. The company will customize, build, deploy and monitor a one-megawatt turbine in the Minas Passage test site.

Finance Minister Graham Steele was in Kings County on two occasions this winter to seek feedback on the upcoming provincial budget. Minister Marilyn More announced funding arrangements for post secondary education that will keep university tuitions below the national average while restructuring student assistance so financial help is available to those who need it most.

Funding for P-12 education is being widely discussed, and I've attended Home and School Meetings at NKEC, KCA, Aldershot and Glooscap, as well as a Board-sponsored public meeting at Central Kings, to take part in the dialogue. Getting Nova Scotia's finances 'back to balance' and living within our means demands that all government departments and services need to deliver innovative, quality programming with reduced resources. Our educational system, with declining enrolments and escalating costs, can't be exempted, so School Boards have been asked to reduce expenditures on administration and consultants while protecting children in the classroom.

Limited space makes it impossible to discuss the full range of work now underway. Exciting directions in health services; a progressive forestry strategy; a Canada Winter Games that showcased young athletes and artists...and our province; progress on agricultural land review recommendations; and Nova Scotia's leading role in the 2011 UN International Year for People of African Descent are a few more examples. Closer to home, an application to make Grand Pré a UNESCO World Heritage Site has been submitted; PeopleWorx has wonderful new quarters in Coldbrook; and ground has been broken for Aldershot School's long-awaited gymnasium.

Please remember that your input on any initiative is welcome. If you have an opinion to share, please grab my attention at a breakfast, send an e-mail, or give me a call.

Jim Morton is the MLA for Kings North. Visit his website at www.kingsnorthmla.ca or contact him at 902-678-6880 or at immorton@kingsnorthmla.ca

Have you ever wondered... why Easter Sunday falls on different dates?



The date of the Easter observance has always been a matter of great debate, especially as there are no sufficient records of the exact date of Jesus' resurrection. The confusion increased when Christianity was split between the Western Church (Roman Catholic and Protestant) and Eastern Church (Greek and Russian Orthodox). Naturally, the dates of observance of many a festival came under serious consideration — and Easter was no exception. The Eastern Church wanted to observe Easter on a weekday, as early Christians observed Passover every year on the 14th of Nisan, the month based on the lunar calendar. But the Western Church wanted Easter to always be on a Sunday, regardless of the date.

The Roman Emperor Constantine tried to put an end to this problem in 325 AD, and called the Council of Nicaea to try and fix a definitive date for Easter. The Council decided that Easter should fall on the Sunday following the first full moon after the vernal equinox. With the assistance of the Alexandrians, experts in astronomical calculations, it set March 21 as the perfect date for equinox.

Henceforth, Easter has always been celebrated on the first Sunday following the first full moon after the vernal equinox. Western Churches and Eastern Churches both conform to this tradition, even though there exists a gap of about five weeks between the dates of the two Easter celebrations.

The main reason for this disparity lies in the fact that the Western Church follows the old Julian calendar, while the Orthodox Church abides by the Gregorian calendar. Originally, both churches fixed their activities according to the Julian calendar, but things changed when the Eastern Orthodox Church abandoned the Julian Calendar in favour of the Gregorian calendar. As a result, Catholic (and eventually Protestant) churches needed to convert the originally Julian-based date of Easter into a Gregorian date.

The difference between the Western and the Orthodox observance of Easter also depends on the way each church calculates the date of the vernal equinox. The Western Church abides by the ecclesiastical full moon: it holds 21 March as the steady date for the vernal equinox, and determines the full moon using ecclesiastical calculations. The Eastern Church, however, sets its celebration according to the astronomical full moon: it sets the date for Easter Sunday based on the astronomical calculations of the full moon and the equinox along the meridian of Jerusalem.

Thus, a consistent date for Easter Sunday celebrations is impossible — though it always falls sometime between March 22 and April 25.



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Saturday, May 7: 10 am - 4 pm

Admission: Freewill Offering

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*Demonstration

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Friday: Luncheon with dessert \$7.00

Light supper available \$7.00

Saturday: Luncheon with dessert \$7.00

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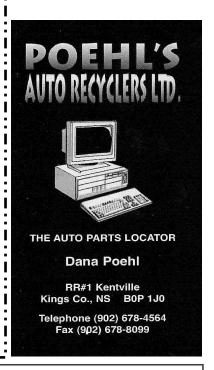
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The 94-year-old yells back, "I don't know. I'll come up and see." She starts up the stairs and pauses: "Was I going up the stairs or down?"

The 92-year-old is sitting at the kitchen table having tea, listening to her sisters. She shakes her head and says, "I sure hope I never get that forgetful, knock on wood." She then yells, "I'll come up and help both of you as soon as I see who's at the door."

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New Words...

There are many dictionaries, but the *Oxford English Dictionary* is widely regarded as the accepted authority on the English language. It, like the rest of us, attempts to keep up with our rapidly changing world — by adding new words on a regular basis. Here are some of the words added in 2010: you may (or not) find an opportunity to use them.

chill pill — an imaginary pill taken to make someone calm down (It can be prescribed by anyone.)

chillax — calm down and relax

staycation — vacation spent in one's home countrybromance — a close, non-sexual relationshipbetween two men

buzzkill — a person or thing that has a depressing or dispiriting effect

automagically — automatically and in a way that seems ingenious, inexplicable, or magical

frenemy — a person with whom one is friendly despite a fundamental dislike or rivalry

catastrophizing — view or present a situation as considerably worse than it actually is

defriend — remove someone from a list of friends or contacts on a social networking site

turducken — a roast dish consisting of a chicken inside a duck inside a turkey

exit strategy — preplanned means of extricating oneself from a situation

And there's no need to tell soccer fans what a 'vuvuzela' is — will we ever forget?

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Events

GNC's BIG BREAKFAST is held on the third Saturday of the month, 7:00 -10:30 am, except in July, August, and December. Choices include eggs, bacon, sausages, baked beans, hash browns, toast, tea, coffee, and juice.

Free-will Offering
Next breakfast is on April 16/11

Spring / Summer Clothing Give Away

Centreville Baptist Church, Murray Drive

Dates: April 29 and 30

Time: 9 am - 12 pm both days

For further info call Marilyn Gabriel at 678-3939 or the church at 678-1946

Goodchild's Tea Room will be re-opening on April 12, 2011, Tuesday to Sunday, 11:00 am to 5:00 pm. *Closed Mondays.*

Foote's Customer Appreciation Day - July 16, 2011, celebrating their 10th anniversary. Watch for details in the June issue.

The 11th Annual Pig Roast April 30, 2011



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Churches

Centreville Baptist Church

Murray Drive, Centreville

Sunday Service - 10:30 am Children and Youth Groups - Monday 6:30 pm - 7:45 pm

Easter Week Services:

Holy Thursday at 7:00 pm Easter Sunday at 10:30 am

> Marc Potvin, Senior Pastor (902) 678-1946 cvillebaptist@eastlink.ca www.centrevillebaptist.ca

Canard & Trinity United Church

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Easter Week Services:

No Ash Wednesday Service
Palm Sunday - 10:15 am
Maundy Thursday - 7:00 pm
Good Friday - 10:00 am
Easter Sunday - 10:15 am; Communion

www.canardunitedchurch.org Phone 582-7908 - Leave message

Emanuel United Church

Kingsport

Easter Week Services:

Palm Sunday - 9:00 am Good Friday - 11:00 am Canning and Area Inter-Church Council Service



My Father's Apron

By Isabel Tait

My youngest brother now owns the family farm. He wanted a sugaring-off building on the property. That way, he didn't have to go out in the woods and gather sap in a puncheon and boil it down in the 'woods shack' like our father did: The sap from the maple woods could be piped through plastic tubes from the trees to a holding tank, and then trucked to the new building to be boiled down into maple syrup and candy.

To do this, the smithy shop had to come down to make room for a new building. The old shop held memories of days gone by. Through the broken door, which hung off sideways by one hinge, I could see a worn, brown leather apron hanging on the wooden peg where my father had left it. The apron still held his shape but was dark with age and dried out, not supple like he had kept it by rubbing grease into it. As I touched the apron, it fell into smaller pieces held together with cobwebs that had accumulated over the years since he had last used it. With no horses on the farm and my father dead, blacksmithing was a thing of the past. This was the end of an era on our farm.

I stood there with the sun warming my back and remembered Dad. The apron covered him from waist to below his knees with a split up the front; he would wrap the rope strings several times around his middle and tie it. I was allowed to sit on a chunk of fire wood about 10" across by 1 foot high, which was placed away from the forge where dad would light a fire and add coal to it until it burned hot and bright. Then, he would take pieces of iron and put them in the fire.

Beside the forge was a row of instruments hanging from the rafters: long-handled tongs, short-handled

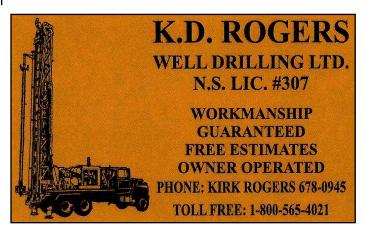
tongs, several ball-ended hammers of different sizes, large pliers, a set of bellows, and two rasps one larger than the other. Set away from the forge was a large iron anvil. One end of the anvil was round and pointed on the end, with the other side square and flat. He would take out a piece of iron from the fire with the long tongs and grab onto it with the shorter ones, then take his hammer and, with the use of the rounded end of the anvil, he would shape it into a horse shoe. If the iron cooled too much he would put it back in the fire, then take another piece and start shaping it. When the fire started to burn down he would take a set of bellows and blow on the fire, and add more coal.

As the shoe took shape he would bend the ends over to make cleats, and then he would add a piece of iron in the middle, or rounded part, and make another cleat with a separate piece of iron. He would then take a sharp tool, called a pritchel, and make holes for the nails that held the shoe on the horse's hoof. Once finished, he would put the shoe into a large vat of cold water to cool. The apron kept his pants from burning; however, his shirt sometimes had holes in it from the flying sparks. Dad loved horses and always had a pair or two on the farm. In his early days of farming all the machinery was pulled by horses.

Not only did he make the shoes, he also put them on the horses or, as the proper term is, shod the horses. The apron would protect his legs as he raised the horse's hoofs by pulling on the fetlock (the hair just above the horse's hoof). The horse would lift this leg and dad would rest the leg on the apron over his knee. Before putting on the shoe he would file off any rough spots with an iron rasp (a large nail file), much as one would file a fingernail. He would check the hoof for sore spots and, if everything looked all right, he would nail on the shoe.

My father's apron served him well, and he never had to replace it.







The Centreville '50'-Plus Association 'Friends Enjoying Friends'

by Darrell Spurr

The Centreville "50" Plus Association meets every Wednesday, 1:30 pm - 4:00 pm, at the Centreville Hall. After taking a break over Christmas and New Years, activities resumed on January 5/2011.

Although the weather has forced us to cancel a couple of times, we continue to attract a large group every week. Cards, board games and musical entertainment are enjoyed by all present. Topics related to the senior lifestyle are presented by guest speakers when available. Monthly birthdays are celebrated the third Wednesday of each month. New members are always welcome: Come and bring a friend.

P.S. Hip replacement surgery on February 7/11 has forced me out of the loop for a couple of months. Myra and I would like to thank the members for keeping the club active and busy during my absence. Thanks also for the cards, visits and food items during my recovery.

Darrell Spurr, President



Park Association News

by Betty Harper

There is not much news from the Park Association this time. We have had our regular monthly meetings and are in the process of rewriting our bylaws and getting our list of Directors updated. We have been working hard on drawing up an agreement for both soccer and ball for the use of our fields. We have also been discussing fundraising ideas. We welcome all residents of Centreville to join our small but hardworking group. We meet the third Wednesday of the month at 7:30 at the Centreville Hall. A reminder that we still have an account set up at the former Fritz's Enviro Depot if you wish to drop off your recyclables. If you have recyclables and do not have a way of getting them to the drop-off, call 678-0041.



Battery Recycling in Centreville

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 am - 2:00 pm, as well as at the monthly Big Breakfast.

All batteries can be turned in **except** car batteries.

Good Neighbour Club News

by Susan Wood



We had our closing for the year in December, with a supper at the Hall and Santa stopping in to pass out gifts from under the tree. On January 21, 2011, our meetings resumed for the new year with our new president, Debbie Dobson. Jim Best, pharmacist from Canning Pharmasave, has been in twice to speak to us about insomnia and the differences between the flu and a cold. We hope to have him back soon to talk about another interesting subject. To any women interested in coming to join our Club, our next meetings will be on April 7 and April 21, 2011.

On Feb 19, 2011, we celebrated our 5th Big Breakfast anniversary. This has been a very popular third Saturday breakfast for Centreville: we have been serving over 200 people at each breakfast. Our first breakfast, we thought there would be 50 people: surprising all of us, we were running around buying extra eggs and cooking potatoes, cooling them off in the snowbank to make homemade hash browns. Since that time we have learned a lot — from getting ready Friday night, to starting everything up at 6 am. We extend a thank-you for all the help we get. Also, the Hall has been showing great new improvements.





Deep Chocolate Raspberry Cake

Warning: this one is rich and fudgy...for chocolate lovers only!

12 (1 oz.) squares semi-sweet chocolate

6 (1 oz.) squares unsweetened chocolate

7 eggs, separated

1 c. all-purpose flour

1 c. butter

2 c. sugar

1 ½ t. vanilla extract

1 c. whipping cream

1 c. Vital Berry raspberries (Gibson Woods Rd u-pick)

1/4 c. Country Magic® Bumbleberry Spread or other raspberry preserve

Directions

Preheat oven to $300^{\circ}F$ ($150^{\circ}C$). Grease the bottoms and sides of two 9'' cake pans.

To make cake: Melt 6 ounces of semisweet chocolate and 6 ounces of unsweetened chocolate in the top of a double boiler, or in a microwave. Cool, and beat in egg yolks.

In a large bowl, beat butter or margarine, 1 ½ c. of the sugar, and vanilla until light and fluffy. Add chocolate mixture, and continue beating until smooth. Stir in flour until just combined.

In a second bowl, beat egg whites until foamy. Gradually beat in remaining ($\frac{1}{2}$ c.) sugar, and continue beating until the whites hold soft peaks. Fold whites into chocolate batter, in three additions. Pour batter into prepared pans, and smooth the tops.

Bake until a toothpick stuck into the centres of the cakes comes out with moist crumbs, about 45 minutes. Cool in pans.

To make frosting: In a saucepan, bring cream just to a boil. Chop 6 ounces semisweet chocolate, and stir into the cream. Remove saucepan from heat, and continue stirring until smooth. Pour frosting into bowl, and press sheet of plastic wrap directly against surface of chocolate to prevent formation of a skin. Refrigerate until thick enough to spread.

To make filling: Combine raspberries with preserve.

To assemble: Sandwich the cake layers with raspberry filling.

Recipes from Between the Bushes



Submitted by Margie Brown The Nova Agri Group of Companies

Between the Bushes Annual Blossom of Hope Fundraiser

2011 marks the sixth year that we invite you to join us for our annual MS and Alzheimer brunch fundraiser, being held at Between the Bushes Restaurant, Sheffield Mills. This year the event takes place on Saturday, April 16th, just before our BTB season opening on May 3rd. Once again, there will be a door prize and a 50/50 draw for each seating! The menu includes Jimmy Lamb's Ham, Meadowbrook Farm's Bacon, Local Sausage, Frittata, Hash Brown Casserole, French Toast with Blueberry Acres' Blueberry Sauce, Fruit & Vegetable Trays, Curried Vegetable Salad, and BTB's Blueberry Apple Crisp for dessert. Beverages include orange juice, tea and Just Us! Coffee.

Seating times: 9:30 am, 11:15 am, and 1 pm Ticket prices: Age 3 & under – FREE Age 4 to 12 years - \$8.00 Age 13 and up - \$15.00

All proceeds are divided equally between the MS and the Alzheimer Societies.

Reservations are recommended. Call our business office at 582-1445 ext 0, Monday through Friday, from 8:00 am to 5:00 pm for tickets or more information.

Your continued support of this event will ensure another successful effort to raise much-needed funds for these two worthy organizations.





Mother's Day - May 8

Real mothers: don't eat quiche; they don't have time to * know that their kitchen utensils are probably in the sandbox. often have sticky floors, filthy ovens and happy kids. * know that dried play dough doesn't come out of carpets. * don't want to know what the vacuum just sucked up. * sometimes ask 'Why me?' and get their answer when a little voice says, 'Because I love you best.' know that a child's growth is not measured by height or years or grade...It is marked by the progression from ' Mommy' to 'Mom' to 'Mother'

The Images of Mother...

4 years of age - My Mommy can do anything!

8 years of age - My Mom knows a lot! A whole lot!

12 years of age - My Mother doesn't really know quite everything.

14 years of age - Naturally, Mother doesn't know that, either.

16 years of age - Mother? She's hopelessly old-fashioned.

18 years of age - That old woman? She's way out of date!

25 years of age - Well, she might know a little bit about it!

35 years of age - Before we decide, let's get Mom's opinion.

45 years of age - Wonder what Mom would have thought about it?

65 years of age - Wish I could talk it over with Mom.

Celtic BodyWorkArt Dance Class (for ladies only)

Johanne McInnis

A great way to keep in shape!

Celtic Body Work Art is a mixture of Irish steps and workout movements, presented in an exquisite Irish Choreography style. If you are looking for a great way to stay in shape, join these short dance sessions. If you are interested in rejuvenating yourself with empowering Celtic sounds, this is the place to come! Experience creative movements, cardio and muscular exercises when you join the art of creative dancing.

Beginner Class must bring * small weights * water bottle * mat or towel

Advanced Class must bring as listed above, plus Irish hard shoe and soft shoe

Next Early Spring Session starting April 7, 2011(8 weeks) Information: Johanne 582-1603 or gib@oricom.ca







In Our Community

Groups

Good Neighbour Club

The Good Neighbour Club (GNC) meets at the Centreville Hall at 7:30 pm on the first and third Thursdays of the month (except June, July and August). All Centreville women are welcome to attend and join the Club.

'50-Plus Fun Group

The '50 Plus' Fun Group meets at the Centreville Hall every Wednesday, 1:30 pm - 4:00 pm. New members are welcome.

Sheffield Mills & District Women's Institute - third Monday, 2 pm.

Pins and Needles



Anyone is welcome to join us at the Community Hall on Thursdays. Bring along a craft you are currently working on and a paper bag lunch, and stay for the day. Tea and coffee are available. We also get together once a month to work on 'comfort quilts': These are made with donated fabric and are sewn and tied, then given to organizations to provide comfort to those in need.

For further information call Ada MacDuff at 678-4483.

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on Monday evenings. Weigh-in is from 6:00 to 6:30 pm, followed by a short meeting. We are open to new members at the cost of \$30.00 yearly, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night. For more information contact Leader Esther Peterson at 538-9051 or Madeline Sheffield at 678-7584.

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held every Tuesday at 10:00 am at the Baptist Church here in Centreville. For more information, please contact Beverley at 678-4798.

Associations

Centreville Park Association

The Centreville Park Association meets the third Wednesday of each month at 7:30 pm at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are those who will make the park a success.

Next meeting - April 20, 2011.

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall

When: Fourth Thursday of the month

Time: 7:00 pm

Exceptions: July, August and September by

notification

All meetings are open to the public — come out and

support your community's development!

Next meeting: March 24/11

Annual General Meeting
May 26, 2011
7:30 pm
Centreville Hall
Everyone Welcome

"It is a very sad thing that nowadays there is so little useless information."

Oscar Wilde

On the web ...

Pictures of Centreville District and Surrounding Area

Did you know that the Centreville website has an e-mail address where you can send pictures? If you have pictures you want to share with others, you can send them to:

centrevillepictures@centreville-kings-county.com

Pictures of interest could be historical, nature, business, or people - anything that you think others would be interested in seeing. Pictures received will be posted on the Centreville website:

www.centreville-kings-county.com

How about sending in some of your storm pictures?

Centreville 'Events' Website

Do you have an up-coming event? Do you want it seen on the Centreville Website, www.centreville-kings-county.com? If so, send the information to: events@centreville-kings-county.com

Annapolis Valley Events Calendar: Postings for music, film, theatrical, educational, and just plain entertaining events throughout the Valley, from Windsor to Annapolis Royal. http://valleyevents.ca/

Continuing Ed ... http://all.acadiau.ca

Acadia Lifelong Learning Centre (ALL)

The Acadia Lifelong Learning Centre (ALL) provides courses, seminars, outings and special events for those aged 50 and over, in literature, science, fine arts, writing, and more.

ALL membership benefits include free Acadia credit course audits; access to the Vaughan Memorial Library; free ALL seminars, lectures, and readings; reduced ALL course fees; special events and outings, and e-mail notices of ALL and community events. The annual membership fee is \$25.00.

To view courses offered through ALL, Acadia University calendars will be available at the Centreville Post Office or from our website.



For more information or to register, call 585-1434 or 1-800-565-6568, or e-mail all@acadiau.ca

Brown Baggers Program

The ALL Brown Baggers Program is intended to fill our need for discussion of some of the important, and perhaps not-so-important, developments in our world. This is a truly informal time, when we can meet some new people who are interesting, and who love learning every day. And, we actually do eat lunch during the presentation.

The baggers meet every Thursday at noon in the beautiful Sheldon L. Fountain Learning Commons located right in the middle of the Acadia University campus. *Please mark your calendar: every Thursday at noon*. We will advise you by e-mail of upcoming programs.

Comments and questions: mike@seatalk.info

http://all.acadiau.ca