

THE CENTRE POST

Issue 32, March 2013

Next issue June 21, 2013
Submissions due June 1, 2013

Good Neighbour Club's Big Breakfast

Where it all began...

by Ada MacDuff

On January 26, 2006, the Ways and Means Committee of the Good Neighbour Club sat around a table to discuss fundraising. After a number of suggestions and ideas were passed around, a decision was made to try holding breakfasts once a month on Saturday mornings. Our first breakfast would be held on February 18th, followed by others on March 18th and April 15th. A free-will offering would be sufficient to cover expenses.

We met again on February 2nd and invited two community-minded men who had helped with breakfasts in other organizations. We advertised locally and hoped to serve up to 50 people. The name 'Big Breakfast' sounded inviting to us. A local group of 20 women heard about our plans and wanted to be seated together to enjoy their breakfast. We set up tables and chairs for them in the smaller of our two rooms. In the larger room we could easily seat 40 people. Grills, toasters, frying pans and crock-pots were borrowed from our club members. We purchased a case of eggs (15 dozen), 15 lbs of bacon, 10 lbs of sausage, 10 loaves of bread, 10 lbs of potatoes, four litres of milk, and a dozen oranges. Committee members donated tea, coffee, napkins, butter, homemade biscuits, and a roaster full of baked beans.

The cooks...



With our menu printed and the food purchased, we thought we were ready. The rush began at about 8:15 am: the 40 chairs were filled quickly, and another 40-plus people were standing in the entryway waiting for breakfast. The kitchen was abuzz and in need of more food. Some kind souls working there rushed home and brought back frozen hash browns and bread from their freezers. Potatoes and milk were running low: the kitchen help began peeling and

cooking potatoes. To hurry the cooling of the cooked potatoes, the pot was taken out the back door and placed in the snow. The sliced oranges that were to make the meal presentation more attractive were completely forgotten, and by 9:30 am we were out of food. We had served 117 people - much like the story of the loaves and fishes. An apology was printed in the local paper and people were invited to come back in March.



We regrouped and successfully served 135 people on our second attempt. We now prepare with 70 lbs of potatoes, 55 lbs of bacon, 55 lbs of sausage, 35 loaves of bread, 24 dozen biscuits, 45 dozen eggs, a roaster of baked beans, and seven litres of milk. Approximately 35 people work each breakfast to serve an average of 250 people. The January 2013 Big Breakfast was our 60th, and February's marked our seventh anniversary.

Many improvements have been made to our kitchen equipment, including a commercial toaster and – at long last - a dishwasher. Hall renovations have been ongoing, with the Good Neighbour Club's fundraising efforts helping with each new phase. Although a project of the GNC, many non-members contribute to the success of the Big Breakfast by making biscuits and hash browns, helping in the kitchen, and serving meals. Thank you, volunteers – we couldn't do it without you.

The servers...



The Good Neighbour Club members would like to take this opportunity to thank Ada for organizing the breakfasts since they began. She always said she would 'retire' when her notebook was full, and in January she filled the last page. Although she has handed over the reins, we all know she will continue to be one of the first ones there in the morning and one of the last to leave. Thanks, Ada, for all your hard work – you've

The Centre Post is published four times a year: September, December, March and June.

The deadline for news items, etc., is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.

For announcements, stories, ads or information, contact one of the following:

Submissions/Set-up of newsletter:
Suzanne Trudeau Gormley at 678-7769
E-mail: centrepostlady@hotmail.com

To place an advertisement:
Mike Sweeney at 679-2780.

Associate Editor's Note

We at *The Centre Post* thought we might try something new - free classified ads (no businesses). Whether we do so depends on the response we get from you for our June issue. If you have something you'd like to buy, sell, or give away, send the info to:

centrepostlady@hotmail.com

Submissions must be received by June 1, 2013.

All involved in the production of *The Centre Post* would like to thank those who make this newsletter possible, either by contributing articles or by financial support through advertising. We couldn't do it without you.

Happy spring!!

Anne-Marie Waterbury

PS: *The Centre Post* is now available at TJ's Convenience Store, Hwy 359, and Tan Café, Main Street, Kentville.

Submissions may be edited due to space limitations or for clarity purposes. Context will not be changed.

Centreville Website

www.centreville-kings-county.com

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If you haven't yet, pay the website a visit. It has lots of interesting information about the community – past and present – as well as a calendar of events, old photographs, items of concern to residents, past and current issues of *The Centre Post*, and useful links. It is a work in progress, and depends largely on input by you. If you have an upcoming event you would like posted, send the information to: events@centreville-kings-county.com

Dates to remember...

March 16 Big Breakfast 7:00 - 10:30 am
March 20 **SPRING!!**
March 20 Park Association Meeting 7:30 pm
March 28.... CDCDA Meeting 7:00 pm
March 29.... **Good Friday**
March 31.... **Easter Sunday**
April 17..... Park Association Meeting 7:30 pm
April 20 Big Breakfast 7:00 - 10:30 am
April 23..... Goodchild's Tea Room reopens
April 25..... CDCDA Meeting 7:00 pm
May 4..... **CDCDA Annual Supper** 4:30 - 6:30 pm
May 10,11.... Annual Quilt Show, Baptist Church
May 12 **Mothers' Day**
May 15..... Park Association Meeting 7:30 pm
May 18..... Big Breakfast 7:00 -10:30 am
May 23..... CDCDA Meeting 7:00 pm
June 15..... Big Breakfast 7:00 -10:30 am
June 16..... **Fathers' Day**

CDCDA Annual Supper

Centreville Community Centre

When: Saturday May 4, 2013

Time: 4:30 - 6:30 pm

Adults - \$12; Children under 12 - \$8



Turkey will be served.

Tickets available at the door.

No Streetlights for Edgewood Estates

A petition was held recently regarding streetlights for Edgewood Estates Subdivision. A summary of the results is as follows:

28 residents received the petition;
11 residents voted not in favour (39%);
8 residents voted in favour (29%);
9 residents did not respond (32%).

As the 67% support required among residents to proceed with the project was not met, streetlights will not be installed.

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Centreville Mini-Home Park Proposal

The following e-mail, dated January 15, 2013, was received by the executive of the Centreville District Community Development Association (CDCDA):

From: Ian Watson

Subject: Centreville Mini-home Park Rezoning Application Closed

Hello CDCDA Executive,

We don't typically send out notifications for file closures, but since the proposed Mini-home Park in Centreville was a significant topic for the community I'm sure your community members would like to be kept in the loop. If the proposal comes up in discussion please feel free to share the following information:

The Municipality has considered the application by 3242469 Nova Scotia Ltd. to rezone lands at/near 959 Sherman Belcher Road to permit the development of a mini-home park to be inactive since July 6, 2012. It is the Municipality's policy to notify applicants after a period of five months of inactivity and to close the file after six months of inactivity if the applicant does not indicate their wish to keep the file open. This period has now passed and the file is in the process of being closed.

Please note that the applicant is free to reapply for the same proposal, or even a different proposal. However, in such a case the process would start again at the beginning with a new Public Information Meeting and new notifications in the Kings County Register and letters to neighbours within 500 feet of the subject site.

Please also note that the applicant has property rights associated with the site's current Residential One and Two Unit (R2) zoning. The site could be developed "as-of-right" to the R2 standards. In such a case no notification would be given and no public meetings would be held.

If anyone has questions please direct them to contact me at the below phone number or email address.

Sincerely,

Ian Watson

Planner

Municipality of the County of Kings

Tel: 902.690.2450

e-mail: iwatson@county.kings.ns.ca



**Centreville Park Association
by Darrell Spurr**

As we wait for spring to arrive, when ball and soccer teams will be active on sports fields, the park is alive with skiers, snowshoers, dog walkers, four wheelers and snowmobilers (we ask that motorized vehicles respect our playing fields and not destroy them).

On February 13, 2013, we held the Area Rate Meeting and our proposal to collect \$20.00 from each household was approved. Funding from the area rate will enable us to continue the upgrading of the park. Planned projects include liming and fertilizing the fields, painting and repairing the dugouts, replacing siding on the building, painting the floors in washrooms, and painting the entrance. Then, of course, there are the usual bills: insurance, taxes, hydro, etc. Some of these projects will be spread out over the summer and fall as funds become available.

After many years as Manager/Secretary/Treasurer, Betty Harper has retired. We thank her for her years of dedicated service. Betty will continue as a member of the Park Association. Neil Prince has become Secretary-Treasurer.

We encourage families of all ages to become involved in the operation of the park. Our next park meeting is March 20, 2013: meetings are held the 3rd Wednesday of each month in the Community Hall at 7:30 pm.

Please recycle bottles at New Minas Recycling in the park's name or call Betty Harper at 678-0041 to arrange for pick-up. Tentative date for Spring Clean-up is May 4, 2013 - all are welcome!



Betty Harper recently retired as Secretary/Treasurer of the Centreville Park Association. She was presented with a plaque of appreciation by the association's president, Darrell Spurr.



**Centreville '50-Plus' Association
by Darrell Spurr**

The Centreville '50 - Plus' group meets Wednesday afternoons, 1:30-4:00. Although the weather has been uncooperative at times, we have enjoyed a large attendance each week. Marnie Parker, a representative of Perry Rand Bus Transportation, spoke at one of our meetings, outlining bus trips available. A Valentine social was enjoyed on February 13/13 and a St. Patrick's Day social will be celebrated on March 13/13 with music and prizes. We have decided to donate to Christmas Daddies this year: each week there will be a donation container available, and we will present it to Christmas Daddies in December.

Seniors from Centreville and surrounding areas are invited to drop in any Wednesday afternoon from 1:30-4:00. A fun-filled afternoon is promised.



Valentine treats for all: Madeline Sheffield and Myra Spurr giving out a Valentine treat to Jim Hoyt.



**The Good Neighbour Club News
by Susan Wood**

On January 17, 2013, the Good Neighbour Club started the new year with a new executive:

President - Stella Boutilier
Vice President - Pauline Harris
Secretary - Susan Wood
Treasurer - Marilyn Kennedy

Any women who would like to come and see what the GNC is all about are welcome to drop in for a visit - our meetings are on the first and third Thursday of the month starting at 7:30 pm. On our first breakfast of the year we used the new dishwasher in the addition to our kitchen. Everything seemed to work out well: with the extra cupboards and drawers and the dishwasher, we now have more space in the main kitchen for cooking the hash browns, sausages, bacon and toast. Our next breakfasts will be held on March 16th and April 20th - come and enjoy.

Centreville Hall Building Update

by Budd Murphy



Well, here we are - another extensive project completed, making our Hall a better place for the people of Centreville and area. As many of you know, a subcommittee of the Hall Association was formed to plan and go forward with the construction of a kitchen expansion and to install more insulation in the Hall.

With substantial financial support from a New Horizons Grant (a grant for seniors), the Centreville Good Neighbour Club, the Centreville Hall Association, the Centreville and District Community Development Association, and the *Centre Post*, our latest project is finished.

Many thanks to the people who contributed time and energy - from applying for the grant, designing the expansion, sourcing materials, working with our great contractors and, of course, attending the numerous meetings.

I would be remiss if the citizens of Centreville and area were not given a special "thank you": from supporting fund raisers, working at fund raisers, and all the tasks in and around the Hall that many take for granted, again, thanks.

The Good Neighbour Club was delighted to use the new kitchen facilities and the long-awaited dishwasher for their January 'Big Breakfast'. Leigh and Heather Kent prepared the dishes for the washer, and Glennie Porter removed the first clean load.



The dishwasher ...

...and lots of cupboards





Story from the Family Farm

by Mack Frail

My wife Sheila and I have been living in our newly built home on the back of the family farm property for nine months. I like our new home on Banes Road, and we are becoming accustomed to living in a different location. It is an interesting area with a lot of history and memories that I would like to share. In order to cover a part of the history that I want to include I have restricted my information to the early settlers in Atlanta.

Highway 359 was the first road to cross the Valley floor from the Horton Township. Banes Road branches off Highway 359, and was the first road to Atlanta. I recall Banes Road as a narrow dirt road where the branches of the trees touched from either side. Before the Nova Scotia Department of Highways changed the names of roads in Kings County the road was first known as 'Eaton Road', a name that I prefer over Banes Road. Eaton Road was a name chosen because of the four Eaton families that settled on the road during the mid- 1800s. The other two names not as commonly used were 'Pineo Road' and 'Lovers Lane'. The first of these can be traced to the Abraham and Bessie Pineo family that lived east beyond my home on the same side of Banes Road. The name 'Lovers' Lane' does not require an explanation.

Opposite our home was the William Martin Kinsman farm. William M. Kinsman was born in 1838, the son of Joseph Chase and Sarah (Martin) Kinsman. He was born in the family farmhouse on Highway 221 East in Centreville. He joined the United States Army prior to the American Civil War and served until the war ended in 1865. In 1866 he married Augusta Burgess and they moved to the United States. In 1874 they returned to Centreville with their three sons and began their farming operations. 'Will', as he was called, died in 1881 at forty-three years of age.

When I was growing up, the low land between the two hills on both sides of the road was natural and unspoiled. Picnics were held on the south side, and the north side, where the brook flowed from the North Mountain, was a green meadow. I have a lot of pleasant memories of going there before it was destroyed by the construction of a dam across the brook.

East on the top of the hill and on the north side of Banes Road was where William Henry Lyons, born in 1811, lived with his wife Harriet. They had settled there in about 1846, and had two children born in Atlanta. The Lyons families that lived in Atlanta were of Irish descent. The Irish arrived in what is now Kings County before or after the expulsion of the French Acadians in 1755. David Lyons' birth in 1759 was one of the first recorded after the Township of Cornwallis was formed. (The first recorded New England Planter birth was that of Sarah Newcomb on

September 4, 1760.) David Lyons married Elizabeth Ratchford, and their ten children were born in the Cornwallis Township.

The early Irish settlers suffered discrimination, and were offered very little assistance. The Nova Scotia Government prohibited the granting of land to the Irish until 1775, and it appears that even then ownership of land was difficult for them to obtain. Historical records state that the Irish who settled in Chebucto Bay, Colchester County, in 1762 lived in the deserted Acadian homes. Considering that no homes built by the Irish settlers remain in Atlanta, it is likely that they also lived in the deserted Acadian homes. At one time there were about 100 Irish in Atlanta, and the population of Atlanta was greater than that of Centreville. The low meadow area before the home of William H. Lyons was probably the beginning of the Atlanta settlement. The meadowland that was a naturally cleared area devoid of bush, and with a supply of water from the brook, would have been a likely location for the French Acadians to settle.

I have not been successful in my attempt to determine why the community was named Atlanta. Atlanta, Georgia, came into existence in 1847, and became an important southern location for the Confederate armies during the American Civil War. The New England Planter descendants would have chosen the name, Atlanta, before the American Civil War began in 1861. The name derives from the Greek goddess named 'Atalanta'.

Some of the early Irish settled within the French Acadian communities, and they would have remained after the Acadian Expulsion. The New England Planters' descendants settled into the Irish community a generation after the Planter families in the neighbouring communities. Moving into the community would have had an effect on the Irish residents. I do not have information that the New England Planter descendants took possession of the Irish settler property, but considering that the Irish were discriminated against, it is a possibility. A map exists that shows the layout of the community of Atlanta. Farmers in the area have over the years brought up pieces of artifacts when working the land. Underground pipes for water, constructed of wood or clay, have been located in Atlanta. The community of Atlanta had its own church and cemetery, and recent information has indicated where the cemetery is located.

I will briefly mention the New England Planter grantee descendants who settled in Atlanta. Beginning east after the William Henry Lyons home on the sharp turn was the home and family farm of Abijah Athearn Eaton (1798-1871) and his wife Deborah (Coffin). They had five children who grew up in Atlanta, and three generations of Eaton families lived on this family farm. Their son Abraham, born in 1835, lived on the next property east.

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Story from the Family Farm - con't

He and his wife Charlotte (Henderson) had two children born in Atlanta. The original house on this property caught fire and was destroyed in the early 1970s.

Henry Knowles Eaton, born in 1805, and his wife Lucy Anne (DeWolfe) settled on the land opposite the intersection of Banes Road and Eaton Branch Road in about 1830. Their original lovely old home was demolished in the early 1960s. They had ten children born in Atlanta, and two of their five sons lived on neighbouring farms. Their son Otis lived on Highway 221 East, with his farm property extending north and on the opposite side of Banes Road from his parent's farm. Another son, Judson, moved into the house east on the crest of the hill in about 1861. The house was built in 1836, and the bricks used in the construction were made in Centreville from the local clay. Judson married twice, but had no children.


Edwin Kinsman, born in 1824, and his wife Jane lived on the next property moving east. The house that they moved to in about 1850 has been demolished. They had three children born in Atlanta.

Atlanta extends beyond the next farm and east and into the Sheffield Mills area. In 1861 it was the home and farm of William A. North. Lyons Branch Road is located beyond the former William North farm and is where the Acadian and Irish foundations are visible. Old documents dating to about 1950 refer to the area as the separate community of 'Atlanta'. The Kings County *Advertiser* informed readers that a recent power outage was due to a tree falling across the wires on Banes Road in Atlanta. I was not pleased to be without power, but I was pleased that the name 'Atlanta' remains to describe a separate community about which so little is known.

*Life would be
infinitely
happier if we
could only be
born at the age
of eighty and
gradually
approach
eighteen.*

Mark Twain

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*A man's face is his autobiography. A
woman's face is her work of fiction.*

Oscar Wilde



I thought that it would be very timely to bring readers up to date on what is going on in the world of Ducks Unlimited Canada (DUC), Canada's conservation company.

Established in 1938, the main focus has been on conserving critical wetlands across this country. Over six million acres of wetlands have been conserved, with 9,000 conservation projects on the ground. This work has had a direct impact on waterfowl, wildlife, and the clean drinking water that we as humans need in our daily lives.

The Timeline: 1938- 2013

In the late 1930s, critical habitat was being lost to severe drought and – thankfully – a group of scientists and sportsmen and women decided to act. It is their vision that has brought the organization to where we are today. Over a period of two decades the dry 1930s gave way to a period of flooding, and it became apparent that something had to be done to allow water levels to fluctuate depending on the need. In the 1960s, engineered projects became the norm. It was in those years that DUC came to Atlantic Canada, establishing a base of operations in Amherst, NS, close to the wetlands of the Tantramar Marsh. In the 1970s, another development occurred which would spur further habitat development and public awareness – the advent of fundraising dinners. The first Nova Scotian dinner event took place in 1981 at the Lord Nelson Hotel in Halifax, and I was there! More than 500 dinners are now held annually across Canada, and there are over 6,000 volunteers committed to raising funds to preserve or restore wetlands. On the timeline came an era of international cooperation. In 1986, at the time when Arthur Irving was president of DUC, a critical agreement for international cooperation was created – the North American Waterfowl Management Plan (NAWMP). It is one of the finest examples of international environmental cooperation in the entire world. As the 1990s arrived, a new feather was added to the cap: the Institute for Wetland and Waterfowl Research (IWWR). This is the basis for the way in which DUC conducts research and evaluates programs. In 2001, another aspect – the establishment of the International Conservation Plan (ICP) – led to even greater international cooperation. Ducks and geese breed in northern climes and follow migratory routes in the south: in fact, some breeds travel as far as South America. The ICP was established in order to rank regions according to their importance to breeding, migrating, and wintering waterfowl.

Today's DUC world:

There are over 143,000 grassroots supporters in Canada. Wetland conservation helps Canadians control flooding, improve water quality, and store carbon. Ducks Unlimited works hand-in-hand with government at all levels to conserve habitat.

More stats: It is said that we as adults love numbers – try these on for size: Since 1986, DU/DUC/DUMAC have invested \$681 million and influence 67 million acres of wetland-related ecosystems. DUC has invested \$50M in Atlantic Canada, which has generated \$200M to the economy of our region.

Lieutenant-Governor visits Miner's Marsh, spring 2011: (L to R) Reg Newell, DNR Conservation Specialist; Gren Jones, Senior Director DUC; Her Honour, former Lt-Governor Mayann E. Francis; Jason Power, Valley Chapter; Aide-de-Camp for the LG; Scott Gouthro, Valley Chapter.



Some practical information:

What is a wetland? Any area that holds water, either temporarily or permanently.

What types of wetlands are common in the Annapolis Valley? Salt marshes, fresh water marshes, and ponds make up the majority of our local wetlands.

What happens when a wetland is lost? Wetlands are ecosystems that are under constant threat worldwide. It is generally understood that, in our area, 90% of wetlands have disappeared due in part to various types of activity involving humans. Roads, subdivisions and marginal farmlands are examples of lost wetlands.

Where can I visit a wetland? In the Annapolis Valley there are three marshes that I highly recommend due to ease of public access:

1) ***Miner's Marsh, Kentville.*** Located in the downtown core of Kentville, this project has become very popular with people who love to see wildlife and who take advantage of the trail to get some exercise. Park in the municipal parking lot behind the law courts and follow the signs. Bring a camera and a snack, but please do not feed the wildlife and remember to pick up after your dog.

2) ***Belleisle Marsh, Annapolis County.*** Located on Highway 1 at Little Brook Road, between Bridgetown and Annapolis Royal, this is one of our largest projects and a great one to see in spring, summer, or fall. There are lots of pathways to hike or ride, and places to picnic and bird watch. One can easily spend 2-3 hours here.

3) ***Annapolis Royal Marsh.*** Located near the causeway hydro plant, this is a very unique marsh as it is used by the town as part of the sewage treatment systems. Wetlands are natural filters, and the water here returns to the river in clean condition. The trail around the pond has several lookouts, lots of interpretive signage, and is a lovely spot to watch waterfowl and other wildlife. Across the street, on the salt water side, there is a park and walkway heading towards the town. It's very worthwhile visiting. Parking is available behind the fire department.

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Ducks Unlimited - con't

It is true that most of our wetlands are on private property - often on farms. A project that is located at the Hennigar Warehouse on Middle Dyke Road in Sheffield Mills is a fine example - it was recently rebuilt and can be admired from the road as you cross the little bridge. It is very close to where the Eagle Watch takes place.

How can I help conserve and sustain wetlands? There are a variety of ways to support this work. First, why not become a member of DUC? Attend the 28th annual Valley Chapter fundraising dinner on April 20th at the Old Orchard Inn. The ticket price includes a membership as well as a lovely meal. (\$45.00 per person - it's a \$70.00 value!) Participate in the DUC on-line auction or at a local business that has silent-bid auctions: Shurgain, Port Williams; NSLC, New Minas; NSLC, Kentville (when they re-open); and Foodland, Coldbrook. Donate a wetland to DUC: if you have a potential area on your property, contact me and I will pass the information along. There are over 1800 landowners in Atlantic Canada who have conservation agreements with DUC. Teachers and students can benefit directly from curriculum and classroom visits that are available. Put nesting boxes on a wetland - ask me for more information. We have a program that can place a nesting box on a wetland with your name / GPS locator. Finally, consider making a donation - DUC is a charitable/not for profit organization.

Why is 2013 special?

DUC is celebrating its 75th anniversary in 2013. In honour of this significant milestone, DUC is proclaiming 2013 the Year of the Conservation Champion, designed to raise awareness and engage Canadians in the many different ways they can help conserve Canada's marshes and ponds. Led by DUC ambassador, Olympic gold medalist and five-time Canadian champion Jon Montgomery, the Year of the Conservation Champion will

motivate people to get outside, support DUC, and share their stories via inter-active and online tools including ducks.ca, Facebook, and Twitter.

The entire year will celebrate 75 years of conservation excellence. Some of our special offers and activities include:

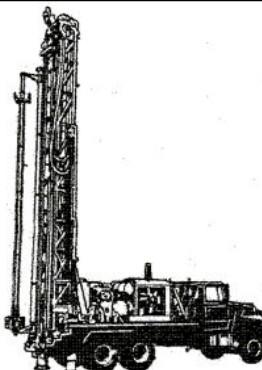
- * *The Marsh Keepers Journey*, a commemorative book chronicling DUC's history, available in hardcover and collectors' editions
- * an exclusive art print by world-renowned wildlife artist Robert Bateman
- * 75th Anniversary merchandise, including art, home accent items, and outdoor-inspired products
- * a special 75th Anniversary membership offer
- * a series of Diamond Signature events taking place across the country

If you are on Facebook, visit the Valley Chapter's site - lots of photos and information! Please take a moment to click "like". Also, if you listen to 89.3 K-Rock, our annual dinner promotion will be held in early April: follow us on their Facebook and events pages - you could win a prize!

In closing, I encourage readers who wish to learn more about the environment to visit the website: www.ducks.ca. It is a wonderful resource.

If you wish to learn more about Ducks Unlimited Canada, I invite you to call or email me. As a volunteer since the 1980s, I would welcome the opportunity to meet you.

Yours in Conservation,
Gren Jones, Senior Director DUC
679-6691 /gc_jones@yahoo.ca



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Greg White

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Paying taxes with a smile on our face

It may be a stretch to think we can pay taxes with smiles on our faces, but my job as your councillor is to make that more likely. I can do that two ways. First, vote to keep the county tax rate as low as possible. Second, spend smart. That is, make sure the County gets the biggest bang we can out of each dollar paid to us.

What we can't control

When our county taxes go up it's because we can't control inflation and property assessment. Our taxes are tied to both. If they go up, our taxes go up. We have no say in that.

Inflation is measured by the Consumer Price Index (CPI) figures gathered by the federal government. Property assessments are done by an independent body, beyond the control of your council.

If your property tax bill is a bit higher this spring it will be because of the increase in both the CPI and assessments.

What we can control

Councillors control the tax rate. This is the amount you pay for each thousand dollars of assessment. My goal is to ensure that doesn't increase.

How we can spend smart

So what will we do with the new money we get from your taxes? There is no shortage of suggestions. We've heard many persuasive appeals at recent budget sessions. I'm sure every appeal is sincere and worthy—whether it's our RCMP, our Seniors Safety Program, or county staff asking for additional resources. Our job is to sort through it all and set priorities for where your money goes.

The number one issue I hear in District 3 is concern that the economy is weak and that jobs and people are going. I believe your council must do all it can to retain the jobs we have and to support small businesses in their desire to grow here in the Valley. I am working at council to ensure that this year's budget reflects that. This is your money and all budget discussions are open to the public. If we work together and do it right, we just might be able to allow ourselves a small smile of satisfaction when we're all done.

Stay in touch

Don't hesitate to call and give me your thoughts or to hear when ongoing budget discussions will occur. Please sign up at my BlogSpot to keep "In Touch." (See address above.)



The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.

Helen Keller

SPRING /SUMMER CLOTHING GIVE AWAY



Centreville Baptist Church
870 Murray Drive (off Hwy # 359)

Date: Friday April 19th and Saturday April 20th, 2013

Time: 9 -11:30 am both days!

Sponsored by Centreville Baptist Church
Missions In Action Group

Donations of clean clothing, footwear, bedding, and towels accepted. Items for children especially appreciated. Drop off at the church beginning April 1, 2013.

No winter clothing will be accepted at this time.

For further information call:
Marilyn 678-3939
Ellen 679-6539 or
the church 678-1946.

The Charles Macdonald House of Centreville Society by Fred Macdonald

For countless years our 'Woman Washing Her Hair' has adorned the lawns of the Charles Macdonald House, until an unfortunate fall due to wind and rain. She is now relocated to the studios of Eileen Boyd, of Windermere, for rest and restoration. We hope to see her home again soon to resume her never-ending toilette.



'Woman Washing her Hair' in front of the museum...



...and getting some R&R with Eileen Boyd, Windermere.



Centreville's 4th Annual Quilt & Rug Hooking Show

Fri. May 10, 2012 -10am-8pm
Sat. May 11, 2012 - 10am-4pm

Centreville Baptist Church
Murray Drive, Centreville, Kings County N.S.

Admission: Freewill Offering

Featuring:

Display of Handmade Quilts & Hooked Rugs
Sale of selected Quilts, Hooked Rugs
and handmade/homemade items

Merchant Mall

Quilt & Rug Hooking Challenge
Demonstrations & Door Prizes

Friday: Lunch \$8.00 / Supper \$10.00
Saturday: Lunch \$8.00

Quilt and Rug Registration - Wed. May 8th - 9am-8pm

For information call 678-4472 or 678-2836

For Challenge Info call Susan 542-0028

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FAX: 902 678-6945
jimmorton@kingsnorthmla.ca
www.kingsnorthmla.ca

OFFICE
Centre Square
410 Main Street
Kentville, NS

MAIL
P.O. Box 157
Kentville, NS
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*Working with you
to make life better*

A Good Fit

Not many days go by without someone asking me, "Well, how do you like being a Member of the Legislature?" My response is always some variation of, "I like it. Each day is exciting, brings problems to solve and gives me a chance to meet interesting people." Of course there are also frustrations, but the fact is, at a personal level, this job is a good fit. I like the work you've given me to do.

I also appreciate the opportunities to connect with you. Whether it's attending Ellen and Reg Saunders' 60th Anniversary, checking out a ditch on Saxon Street, having a conversation (and a delightful meal) at a Good Neighbour Club's Big Breakfast, or dropping in on a CDCDA board meeting, I've been offered a unique insight into the lives and concerns of folks in Kings North. Those activities have helped me build relationships from Black Rock to Port Williams, from Grafton to Scott's Bay, often providing an opening for people to ask for assistance with issues that range from worries about income, to ideas for a new business venture.

Liking the role and the people I get to work with is a wonderful bonus. More important, you've given me the mandate to be part of a government team that is committed to building a better Nova Scotia. That mandate is allowing us to put the province's finances in order and create new jobs through strategic investments in ship building, at Michelin Waterville, and in hundreds of small and medium companies in every nook and cranny of our province. It's allowed us to reduce emergency room closures through the creation of Collaborative Emergency Centres and tackle the double whammy of lowered enrollment and rising costs that threaten our capacity to deliver the quality education we need for our children. I'm proud of these initiatives and many, many others that are helping our province pull itself out of decades of trouble, toward a more prosperous and hopeful future.

I'm also proud of the particular investments our government is making in our local community. I've mentioned Michelin Waterville. Other examples include contributions to the new Eden Valley Poultry plant in Berwick; renovations to Glooscap Arena in Canning; the new gymnasium and renovations at Aldershot Elementary; a brand new Kings County Academy in Kentville; extensive repairs to the Gladys Porter Bridge in Port Williams; improvements to Cape Split in Scott's Bay; and plans for a new and expanded dialysis unit at Valley Regional Hospital. Investments like these improve the quality of our lives.

If I can be of service as your MLA or if you'd like to receive my weekly e-mail newsletter, *Update*, please be in touch. It's through staying in contact and working together that we can make a difference. In fact it's that contact with you that makes each of my days interesting, challenging and rewarding.

Jim Morton is the MLA for Kings North. Visit his website at www.kingsnorthmla.ca or contact him at 902-678-6880 or at jimmorton@kingsnorthmla.ca

Jeffrey Best

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A man who carries a cat
by the tail learns
something he can learn in
no other way.

Mark Twain

D.O. Sanford's Garage Ltd.

by Gail Salmon

A continuation of our series of articles featuring local businesses.



Do you recognize these two signs from a local business?



I met with Ronny Sanford, of D.O. Sanford's Garage Ltd., to find out about the 'then and now' of the Sanford enterprise.

The garage was first built and owned by Al Kidston in 1935, and was called the Red Indian Station. Part of the original building where the office is located now was moved from Filmore's Nursery, which was located on Highway 359 just north of the Macdonald House. Red Indian Oils was owned by McColl Brothers Ltd., a gas and oil company in Montreal. In 1936, McColl Brothers Ltd. merged with Frontenac Oil Refineries of Montreal and was renamed McColl Frontenac.

In 1952, Dexter Sanford went to work for Al Kidston: he took over the garage in 1969, finally purchasing it in 1970. Dexter incorporated the business, and the station was renamed D.O. Sanford's Garage Ltd. In 1985, the Texas Corporation of the United States bought out Frontenac Oil, and Sanford's Garage became a Texaco station.

Ronny Sanford started working at his father's garage in 1979 while he was a student at Kings Regional Vocational School (now Kingstec), and began as a full-time employee in 1980. Ronny worked with his father until Dexter became ill in 1995/96, when he took over responsibility for the business. When Dexter died in 1997, Ronny assumed total ownership. The oil company, Texaco, was sold, and for a short while Sanford's Garage became an Ultramar station. In 2001, Ronny decided to take out the tanks.

The original station was half the size that it is now. Two bays were added in 2000. The station now has an apartment on one side of the building and R & D Scuff & Buff, a shoe and boot repair shop, on the other. Over the years, the work has changed. The picture of Al Kidston's garage (c.1966) shows

the old-styled gas pump, which had a glass cylinder marked off in gallons and used gravity to feed the gas into the car's tank. Gas was about \$0.26 per gallon. The garage mechanics repaired and built parts and radiators, and it was more of a machine shop. In fact, radiators were a large part of their business. As you wander around the office and garage you can see countless reminders of the past - a mini-museum of the history of Sanford's Garage.




Al Kidston's Red Indian Station

Today, there are three people working at Sanford's: Ronny, Jim Hines, and Angela Cruickshank (who works both there and at Cruickshank's in Canning). They still do inspections, exhaust systems, electrical and mechanical work, gas tanks, brakes, and general vehicle maintenance. Sanford's does undercoating and radiators, work on utility, boat and recreational trailers, and repair and service lawn mowers and snow blowers. And as Ronny says, "We don't just service your vehicle, we protect your warrantee".

D.O. Sanford's Garage Ltd
All your automotive needs.

Ron Sanford
Owner



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A Gymnasium for Centreville!

***Marc Potvin, Senior Pastor
Centreville Baptist Church***

As promised in the last edition of the *Centre Post*, here is an update on the completion of the gymnasium at Centreville Baptist Church. Six years ago, the congregation had a vision for a facility where young and old alike would be able to come for recreational activities in a safe environment. Although the priority at the time was to build a larger worship area and larger classroom for Christian education, it was felt that the shell of a multipurpose room should be built and finished at a later time.

We are happy to announce that the time has come to complete the project. As you read these line, the work will have begun, thanks in part to the Kingstec carpentry second year class and a grant from the Nova Scotia Community Recreation Capital Grant Programme.

When the work is completed, hopefully by the fall, Centreville will have at its disposal a half-size gymnasium. (This space is exactly half the size of a full gymnasium found in our local schools.) It will have a proper cushioned floor to prevent injuries. The space will be used for any and all sports activities normally carried on inside. We plan to install basketball nets and have volleyball and badminton nets, as well as floor hockey equipment.

The facility will be accessible to all. The entry will be at ground level, and the two washrooms will be handicapped-accessible. Another exciting part of this structure is the addition of a large room above the bathrooms and storage room. This will be a space dedicated solely to the youth. We plan to use it for organized activities and informal drop-in times. This will offer the young people of our community a place to be together in a safe, monitored environment. Already, we have received a ping-pong table and foosball table for the room.

We estimate the total construction cost for this project to be around \$55,000. Our congregation is in the process of raising funds and we welcome any contributions members of the community may wish to make. All donations will be acknowledged and donors will receive a charitable-donation receipt. Simply call the church for details.

Our dream is to have this facility available to anyone and everyone in the community of Centreville and beyond. We believe that this addition will make Centreville an even better place to live and grow.

Centreville Baptist Church Murray Drive, Centreville

Sunday Service - 10:30 am
with children and nursery programs

Marc Potvin, Senior Pastor

(902) 678-1946

cvillebaptist@eastlink.ca

www.centrevillebaptist.ca

Good Friday Service March 29th at 11:00 am

Easter Celebration March 31st at 10:30 am

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678-4333

Blueberry Oat Bran Muffins

- 120 grams (1 cup) **oat bran** (wheat bran may be substituted)
- 120 grams (4 1/4 ounces, about 1 cup) **flour**
- 1 teaspoon **baking powder**
- 1/2 teaspoon **baking soda**
- a good pinch **salt**
- 100 grams (1/2 cup) unrefined cane **sugar**
- 120 grams (1 cup) Blueberry Acres **blueberries** (no need to thaw them if frozen)
- 240 ml (1 cup) plain **yogurt** (buttermilk can be substituted)
- 30 ml (2 tablespoons) vegetable **oil** (I use extra-virgin sunflower oil)
- 1 teaspoon pure **vanilla extract**
- 2 **eggs**, at room temperature

Makes about 12 muffins.

Preheat the oven to 180°C (360°F) and line a 12-muffin tray with paper liners.

In a large mixing bowl, whisk together the bran, flour, baking powder, baking soda, salt, and sugar, until no lumps remain. Add the blueberries and toss gently to combine.

In another bowl, whisk together the yogurt, oil, vanilla, and eggs. Pour this mixture into the dry ingredients, and fold it in gently with a spatula until no trace of flour remains. The mixture will be lumpy, but resist over mixing.

Pour the batter into the prepared muffin tray, filling each muffin mold by about three quarters (to minimize the mess, you can use a spring action ice cream scoop. Bake for 12 to 16 minutes, until set and golden. Serve slightly warm or at room temperature.

Recipes from Between the Bushes Restaurant



*Submitted by Margie Brown
The Nova Agri Group of Companies*

TJ's Convenience Store-Esso Gas Bar



Located at 466 Aldershot Road in Kentville.

We are open from 6 am until midnight Monday until Saturday and 7 am until midnight on Sunday.

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Stop in today and enjoy a delicious meal of Chester Fried Chicken made fresh daily.

Finish that off with a hot cup of delicious Robin's coffee and a sweet treat baked on site.



You're always welcome here at TJ's. Where old friends meet to sit and relax.

In Our Community

Good Neighbour Club

The Good Neighbour Club (GNC) meets at the Centreville Hall at 7:30 pm on the first and third Thursdays of the month (except June, July and August). All Centreville women are welcome to attend and join the club.

'50-Plus' Fun Group

The '50-Plus' Fun Group meets at the Centreville Hall every Wednesday, 1:30 - 4:00 pm. New members are welcome.



Pins and Needles

Anyone is welcome to join us at the Community Hall on Thursdays. Bring along a craft you are currently working on and a paper bag lunch, and stay for the day. Tea and coffee are available. We also get together once a month to work on 'comfort quilts': These are made with donated fabric and are sewn and tied, then given to organizations to provide comfort to those in need.

For further information call Ada MacDuff at 678-4483.

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on Monday evenings. Weigh-in is from 6:00 to 6:30 pm, followed by a short meeting. We are open to new members at the cost of \$30.00 yearly, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night. For more information contact Leader Esther Peterson at 538-9051 or Madeline Sheffield at 678-7584.

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held every Tuesday at 10:00 am at the Baptist Church here in Centreville. For more information, please contact Beverley at 678-4798.

Battery Recycling in Centreville

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 am - 2:00 pm, as well as at the monthly Big Breakfast, except in July and August.



All batteries can be turned in **except** car batteries.

Centreville Park Association

The Centreville Park Association meets the third Wednesday of each month at 7:30 pm at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are those who will make the park a success.

Next meeting - April 17, 2013

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall
When: Fourth Thursday of the month
Time: 7:00 pm

Exceptions: July, August and December by notification

All meetings are open to the public — come out and support your community's development!

Next meeting: April 25, 2013

New Cancer Support Group

For women with and/or recovering from any type of cancer.

Meeting the 3rd Wednesday of each month

Info: Dorothy 538-3374 msalsman@xcountry.tv
Pat 678-9100 patmutch@hotmail.com
Margot 542-1466 margotwithat@hotmail.com

Sheffield Mills & District Women's Institute

Third Monday, 2 pm

'Big Breakfast'

The Good Neighbour Club's 'Big Breakfast' is held at the Centreville Hall on the third Saturday of the month, 7:00-10:30 am, *except in July, August, and December*. Choices include eggs, bacon, sausages, baked beans, hash browns, toast, tea, coffee, and juice.

Free-will Offering

**Next breakfasts are on March 16
and April 20, 2013**