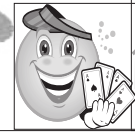




IN
TOUCH
P. Raven



P. 1-2

P. 3

P. 5

P. 5

P. 6

P. 7

P.10

P. 12

P. 13

P. 15

P. 15



THE CENTRE POST



Ducks Unlimited Canada honours dedicated conservationist, Hugh Fairn

Submitted by Chelsea Murray, DUC



Ducks Unlimited Canada (DUC) honoured long-time volunteer Hugh Fairn and his commitment to wetland conservation by dedicating Sheffield Mills Marsh in the Annapolis Valley, N.S. to him on August 23, 2013.

Hugh, a Valley resident himself, has been a DUC supporter since the late 1960s. In those nearly five decades, he's spent time as a director on the board of DUC and has been heavily involved in restoring Maritime wetlands.

He was instrumental in projects such as building the Greenwing Legacy Interpretive Centre in Shubenacadie and in restoring both Miner's Marsh in Kentville and Sheffield Mills Marsh near Canning. And he did this while still devoting time to other conservation organizations across Nova Scotia and Canada, including Acadia University and its wildlife program.

"Hugh Fairn has contributed to DUC since the organization opened its first office in Atlantic Canada, and he is a devoted conservationist," says Gren Jones, DUC Director for Nova Scotia and Newfoundland and Labrador. "This year is the 75th anniversary of DUC and I cannot think of a better way to honour Hugh than with one of the finest wetlands he helped restore 36 years ago."

(Continued on P. 2)

The Centre Post is published four times a year: **September, December, March and June.**

The deadline for news items, etc. is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.

For announcements, stories, ads or community announcements, contact one of the following:

Set-up of newsletter:

Suzanne Trudeau at 678-7769 / e-mail centrepstlady@hotmail.com

To place an advertisement: Mike Sweeney at 679-2780





Ducks Unlimited Canada honours dedicated conservationist, Hugh Fairn

Submitted by Chelsea Murray, DUC

(continued from P. 1)

DUC was built on the commitment of passionate volunteers like Hugh. The organization's conservation work depends on it, which is why DUC wants to thank Hugh for his larger-than-life contributions to wetlands, waterfowl and wildlife.

Ducks Unlimited Canada (DUC) is the leader in wetland conservation. A registered charity, DUC partners with government, industry, non-profit organizations and landowners to conserve wetlands that are critical to waterfowl, wildlife and the environment. Learn more at ducks.ca.



Left to right: Hugh Fairn, Hugh's children Luke Fairn, Heather Kenny, and Rod Fairn, and his wife Evelyn Fairn



Hugh Fairn



For more information, contact:

Chelsea Murray, c_murray@ducks.ca
Communications coordinator, Atlantic Canada

Office: 902.667-8726 ext. 227

Cell: 506.232.2918

Ducks Unlimited Canada (DUC) A registered charity, DUC partners with government, industry, non-profit organizations and landowners to conserve wetlands that are critical to waterfowl, wildlife and the environment. Learn more at ducks.ca.



Building Relationships to Achieve Success

By Jim Morton, MLA, Kings North

My approach to politics has always been to work hard at building relationships and to use those relationships to encourage us pull together to achieve success. This column in the Centre Post is a valued tool that's helped me connect with you. Some of you will be aware of my weekly *Update*, an e-mail newsletter designed to bring the news of the province and our communities to your home and, along the way, allow you to know me better. (To see *Update* for yourself, please send an e-mail to jimmorton@kingsnorthmla.ca and simply ask for the latest issue of *Update*.)

I've also made it a practice to get to know folks with phone conversations, contacts at community meetings and, perhaps most directly, through exchanges on doorsteps. This summer I've stepped up my door-to-door work and I want you to know how much I appreciate your interest in discussing the issues, from roads to health care, from justice to the economy and the importance of public education. It's a special privilege to get to know you in this way and, most importantly, it helps me be a much more effective representative for Kings North and the things that matter to us.

Many of you have been asking me when we can expect a provincial election. As I write this, I don't have an answer to that question, but whether it comes this fall or in June 2014, I know the fact of a future election will be the focus many of our upcoming discussions. I welcome that. I want a better future for today's families and I know that we can achieve that end by working together.

When an election is called, our need for communication will be more intense than ever. Our democracy depends on knowing each other, on having access to facts, on being able to compare alternatives, on having the right information to mark a ballot. Throughout the campaign, along with all the usual methods, I plan to use *Update* to help you stay in touch with me, and with what I'm learning about our community. I hope you'll take a moment to send me that e-mail message I mentioned a little earlier, requesting *Update*, and I hope reviewing it will lead to further opportunities to share your thinking with me.


In the meantime, we're making the transition from summer to the responsibilities of autumn. Local schools are underway, we'll be able to enjoy another Centreville Big Breakfast on Saturday, September 21st, and I'm very pleased to know that many of you are able to go about your business in Kings County with a good deal of much needed, fresh pavement.

I hope you've had a good summer with opportunities to enjoy friends and family, and hopefully a little time to relax. As you turn your attention toward work and responsibilities, I hope you'll keep me in touch with your concerns and ideas and with your dreams for our future. I welcome all of our opportunities to be in touch.

*Jim Morton is the MLA for Kings North. You can subscribe to the newsletter *Update* by sending an email to jimmorton@kingsnorthmla.ca or by calling the office at 678-6880, or you can visit his website at www.kingsnorthmla.ca*

D.O. Sanford's Garage Ltd
All your automotive needs.

Ron Sanford
Owner



1905 Hwy 359
P.O. Box 144
Centreville, NS, B0P 1J0
(902) 678-6488
(902) 678-3373
dosanford@eastlink.ca

BEAR MOUNTAIN CONSTRUCTION

Friendly reliable local service

FREE ESTIMATES

All carpentry work undertaken from framing to finishing, including shingles, siding & reno's

CALL ALAN
681-2269
670-4085

bearmountain@xcountry.tv
20+ years experience, time served carpenter



Back to school...

Centreville's Samuel Bigelow is entering year one of Political Science studies at Acadia with a \$1000 Kings County 2050 Scholarship in hand. As he heads into this first semester he, and many other university and college entrants from Centreville and across Kings County, will take on new challenges. Their ambition and accomplishments make us all very proud. There's hard work ahead, but here's hoping they will also find time to play - and that they will do that safely!

Centreville's Park Association volunteers are also signed on for 'course work' at Acadia. They are joining forces with students enrolled in Parks and Open Space Resource Management. These senior recreation students will help the community consider options and determine the best development plan for the Percy A. Lydiard Park.

Dr. Glyn Bissix, the professor supervising the project, says: "The community will be contributing ideas and setting strategic directions all along the way." Many forms of input are anticipated. The end result will be a well-researched plan outlining the steps and resources required for full development of our park's potential. The plan will also identify funding sources.

Michelin, jobs, and the wait for a new location...

Decisions about the closure and relocation of the airport are due in the weeks immediately ahead. The county is in a very good position that can be used to our advantage. The airport's current location does not permit the creation of the type of general aviation service that a municipality of our size needs and deserves. A longer runway is required for a competitive edge. Relocation will allow this, and other shortcomings due to the age of the airport, to be addressed. If this project is well managed, a real opportunity to bring new investments and businesses to the county is at hand.

Key is a close proximity to major markets, defined as within an hour's drive of Halifax. Michelin's potential expansion brings hundreds of new jobs into play. That's big business. A new and improved airport also means additional jobs and new investments. That's small business - as essential to the success of rural communities as any one large manufacturer. In partnership with the aviation industry and the province, your council now has the opportunity to create a win-win situation for both big and smaller businesses. I will be working hard to see this relocation project move forward without delays that place Michelin's expansion and airport-related businesses in jeopardy. It's time to strike a transition team and make some smart decisions based on evidence, not politics.



These are the students, professors and volunteers who will be working with the community to bring a park development plan forward.

**At Acadia School of Recreation Management
to begin park development plan.**



Jim Blanchard, Merv Steadman, Darrell Spurr (President, Centreville Park Association), Johns Dekoe, Dr. Glyn Bissix: (Community Development Program)

Budd Murphy, Pauline Raven, Tristan Hercules, Dr. Alan Warner: (Community Development Program)

Tristan Hercules is a 4th Year Recreation Management and Community Development student from Toronto., Ontario. For comments, suggestions, or information: 902-670-2949, Skype Name: paulineraven

Please do not hesitate to be in touch to discuss your views on any topic. I can be reached at 902-670-2949.

Pauline Raven
Councillor,
Kings County, District 3



FOOTE'S FARM MARKET

By Gail Salmon

As you drive into Centreville you are welcomed by Foote's Farm Market, sometimes by a big straw bear, a white tent with fresh produce and a sign offering local produce, fish, and meat. As you enter the market, you are greeted by friendly smiles and an array of fresh goods. Brad Foote and his son, Mike, run the Foote's Farm Market. It is, indeed, a family business.

Brad's parents owned a farm in Ross Corner, Hall's Harbour, where they grew strawberries and produce and worked in forestry, so the interest and knowledge runs in the family. The farm still belongs to the family. After high school, Brad started a delivery service and drove a truck full of produce to the South Shore, where he sold to stores and restaurants. Brad left his small produce business and worked for J.D. Irving, then spent 18 years in sales and management at Kent Homes, running the Valley and South Shore business. He'd had enough of sales and travelling and left to start a business in kitchen cabinets and renovations.

In 1991, he made the decision to get back into food services and, with contracts from Loblaw's, Brad and Mike started pick ups and deliveries from Digby to Halifax, serving stores and restaurants. With a warehouse in Canard and the service business growing, Brad decided what Centreville needed was a farm market. In 2000, construction of Foote's Farm Market began. A few years later, Brad purchased the building next door from K.B. Clarke, where the warehouse stores produce and other goods for the store. To date, their fleet has extended to three tractor-trailers and two vans. There are sixteen employees, including Brad and Mike. So, when you go into the store say "hi" to; Billy (son-in law), Crystal, Darren, Janet, Jeff (the new guy), June (has been there 12 years), Katelyn, Kim (Mike's wife), Kodi, Krista, Mary, Sharon, and Shelby.

Foote's Market sells produce and goods from many small businesses and I would hazard a guess they sell goods from more local businesses than any other store in this area. On Thursdays, you can always count on smoked fish, fresh haddock and scallops from Digby. Their meat comes from Dickie's Meat in Amherst, one of the only local slaughter houses in Nova Scotia. The sausages, bacon and other delicatessen style meats and free range poultry are from local small businesses. Mouth watering baked goods line the shelves, as does the handmade candies. I feel lucky to have Foote's Market so close. Foote's also has its own lobster pound licence and in season cooks local lobster. Brad has a selling and buying licence for lobster. Brad and Mike hope to expand the market building in the next year or so with many plans for the future. They are part of N.S. Local.ca and can be found on Twitter, Face Book, and online at www.footesfarmmarket.com



**Early days - In 2000 , construction begins for
Foote's Farm Market**

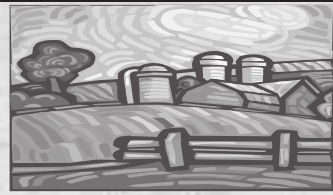
In a small place like Centreville, Foote's steps up to the plate and is involved in the community, helping out with the big Centreville breakfasts, Fuel Suppers, church dinners and many other activities. They also have celebrations at the store throughout the year, including Halloween and Christmas activities, customer appreciation, the list goes on... Both Mike and Brad say, "The clientele is wonderful!" I have appreciated the Market and all that it offers; I'm always met with a friendly face and meet many other Centreville friends while shopping, and hope it continues for many years. Oh, and by the way, fresh Gravensteins are in! I just took a bite of my first of the season!



What fresh produce is under the tent today?



One of the friendly, helpful staff you will find at Footes



Story from the Family Farm

By Mack Frail

Recent guests to our home were Lloyd and Linda Thorpe. Lloyd lived in Centreville until 1950, when he moved to Wales with his parents, Percy and Florence, and his older sister Melda - a return to Florence (Lloyd) Thorpe's country of origin. Linda and Lloyd met and were married in Wales before returning to Canada with Lloyd's mother in 1962. Lloyd is a grandson of Ruben Thorpe, the first owner and proprietor of the store on Centreville Corner.

Ruben was a wise and respected business man. He did not open the small store that he purchased from Ezekiel Coldwell in 1873: he built a larger and more modern, up-to date store on the same location, which he opened for business on May 4, 1874. When he purchased the small store from Ezekiel, Ruben was aware of the opportunities for a larger merchant business on Centreville Corner. Prior to 1870 there were several small stores in Centreville, as well as a saw mill, a grist mill, a cooperage, carriage and brick manufacturers, and a blacksmith shop. There were also two inns, a Catholic Church, a town house, a community hall, a school, and a post office. When Ruben Thorpe died on March 15, 1930, his obituary stated that he had built up one of the most successful and largest general store businesses in the Annapolis and Cornwallis Valleys.

Centreville's first store and post office was located on Highway 221 West. It was a part of the house that is on the north of the highway and the second house beyond the first hill. Recent renovations have made changes to this older house where Abraham Masters and his wife Elizabeth Seaborn (Woodworth) settled in about 1778. They had fourteen children who were born and grew up in Centreville. Abraham Masters 3rd was five years old in 1760 when he arrived in Falmouth, Nova Scotia, from Manchester, Massachusetts. He arrived on a vessel owned by his father, Abraham Masters 2nd, and two of his father's brothers. The three Masters brothers received land grants in Falmouth Township on November 15, 1760. The Abraham Masters 3rd home on the Billtown Road was previously a Masters' family home in Manchester, Massachusetts. It was dismantled, with the timbers and rafters identified by Roman numerals, and transported to Nova Scotia. The former Masters' home would have contained the oldest building material, but the oldest home in Centreville is the former Nathaniel Kinsman house, located before ascending the first hill on the Billtown Road. Abraham Masters' wife Elizabeth Seaborn Wolf Woodworth was, as her name indicates, born at sea on a vessel named *Wolf*. Her birth on May 21, 1760, prevented her from being the first New England Planter birth within the Cornwallis Township. That distinction goes to Sarah Newcomb, born on September 4, 1760. Prior to 1965, Highway 221 West was known as the Billtown Road, and I use the old name because it was the name used for the road during the period described. The name derives from the Bill families that settled on the land grants they received on July 21, 1761. They were the founders of the community that was originally known as Bills Town..

John Marshall Caldwell and his wife Sarah (Kinsman) purchased the Masters' family home and farm property in about 1846 and continued operating the store and post office. The shorter route for travellers from the North Mountain area to the store, post office, and blacksmith shop on the Billtown Road was by the road in use during the days of oxen and horse transportation. It branched from the road at the base of the North Mountain, known at the time as the Reid Road and presently known as Thorpe Road. The road extended across country and passed near the store and post office before it joined the Billtown Road.

John Marshall Caldwell was a carpenter as well as a post master, merchant, and farmer. In 1855 he was appointed High Sherriff of Kings County. It was about the time he became sherriff that he built the large house opposite his first home on the Billtown Road. After Sherriff John Caldwell and his wife Sarah moved into their new home, their son Ezekiel and his wife Mary (Dill) took over the responsibilities of the farm, post office, and store. About 1860, Ezekiel Coldwell purchased a small store and weigh station on Centreville Corner from James Robert Martin and his wife Jerusia Ann. At that time, Centreville Corner was known as "Roscoe Corner" after the Roscoe families living there. Ezekiel, who changed his surname from 'Caldwell' to 'Coldwell', was a farmer, auctioneer, merchant, and carpenter. Sherriff John Caldwell rented out his farm after Ezekiel and Mary purchased the store on Roscoe's Corner. Ezekiel built a home on the same location as the first house beyond his parents' family home and north of the Billtown Road. Ezekiel and Mary's family home was destroyed by a fire in about 1870. After their home was destroyed, Ezekiel sold their store on Centreville Corner to Ruben Thorpe and moved to Kentville. Limited space prevents me from describing the families that lived in the home after the Coldwells. In 1901, William Margeson purchased the home and property from Byron Newcomb for \$3000, and it remained in the Margeson family until the early 1970s.

The Billtown Road from Highway 359 in Centreville to Billtown is a road that played an important part in the early growth and history of the community. I have described only briefly one of the older Centreville homes on Highway 221 West - there are many more homes in Centreville with similar stories.



Centreville Park and Recreation News

Darrell E. Spurr

President, Centreville Park and Recreation Association

Info: 678-7209



The fishing was really good!



Doug Brown handling crowd control at the Bounce Kingdom



Line up at the canteen for delicious hot dogs and hamburgers

Photos by Myra Spurr

Summer at Centreville Park. Soccer fields, ball fields, walking trails, all bustling with activities.

The volunteer directors of Centreville Park have been actively pursuing various ways to improve and increase usage of the park.

Funding from the area rate has allowed us to apply for several cost-sharing grants.

We received a grant which enabled us to hire a student for a 9-week period. Brandon Banks, a local student, worked mowing and maintaining the playing fields, cleaning, etc. Brandon did an excellent job and we wish him well as he continues his studies.

We have applied for a grant which would cost share a swing set, and another which would upgrade the storage building.

We are also working with Team Depot (a Home Depot Volunteer Group) who provide material and labour to non-profit groups. Their project would be to rebuild a neglected picnic area.

Early in September, students from Acadia School of Recreation Management will begin a **project to map and produce a plan for the park, based on Community input.** **Darrell Spurr, President, Centreville Park and Recreation Association. Info: 678-7209**

A very successful Centreville Day was held on August 24th. Ball games, kids games, car show, music, yard sale, fireworks at dusk with cake and hot chocolate were enjoyed by all present.

Our regular meetings are held the 3rd. Wednesday of each month. Area residents are invited to become part of this volunteer team. **Your input will ensure the future of your park.**

"Come and enjoy your Park"





Edgewood Estates
Subdivision



Sewer-serviced lots
Quiet neighbourhood
Mature trees
Paved access
Abundant wildlife
Green spaces

Nearby golf course
Access to walking/
hiking/skiing trails
Five minutes to hospital
10 minutes to shopping

679-1729 or 678-6732



Danielle de Graaf BSc., RMT, CMLDT

Phone: (902) 690-7227
Email: danielle942@msn.com
37 Lady Slipper Drive RR#2
Centreville, NS
B0P 1J0

Deep Tissue Therapy ~ TMJ Dysfunction
Certified Manual Lymphatic Drainage Therapist

Kings North MLA Jim Morton, at the Sheffield Mills Harvest Fest Milking Champion in 2010 and 2012 with his first place trophies.



MORTON AND BRAZEAU PREPARE FOR MILKING COMPETITION

Kings North MLA Jim Morton is preparing for the 2013 Sheffield Mills Harvest Fair Milking Championship. He and his milking partner, Mick Brazeau, have been contestants in the competition since 2009 and have their sights set on making that record a hat trick. "This year," said Morton, "we expect a strong field of experienced competitors, so we know we'll need to call on all our skills and we'll need to be focused." The Milking Competition took place at the Sheffield Mills Community Centre on Saturday, September 7th. The Harvest Fair has a history that stretches back



Jim Morton
MEMBER OF THE LEGISLATIVE
ASSEMBLY FOR KINGS NORTH

902 678-6880
FAX: 902 678-6945
jimmorton@kingsnorthmla.ca
www.kingsnorthmla.ca

*Working with you
to make life better*

OFFICE
Centre Square
410 Main Street
Kentville, NS

MAIL
P.O. Box 157
Kentville, NS
B4N 3W4

PHYSIOTHERAPY • OCCUPATIONAL THERAPY • MASSAGE THERAPY



October 2013 marks our **18th** year
serving the local community.

Visit our website for information
on how we can help you reach
your optimal health!

www.kingsphysio.com
902.681.8181

KINGS
PHYSIOTHERAPY CLINIC LTD.
Member of
CRJ CHI HEALTH GROUP

PSYCHOLOGY • ORTHOTICS • BRACING



COMMUNITY ACTIVITIES



Celtic BodyWorkArt Dance Classes

Johanne McInnis

...is a mixture of Irish steps with workout movements presented in an exquisite Irish choreography style.

If you are looking for a great way to stay in shape, join these short dance sessions. If you are interested in rejuvenating yourself with empowering Celtic sounds, this is the place to come! Experience creative movements, cardio and muscular exercises when you join the art of creative dancing.

With Dance Instructor : Johanne McInnis
Info/Reservation:: johanne@oricom.ca

or telephone: 300-5355

Location: Sheffield Mills Hall
Starting: Last Thursday of September
and finishes the last Thursday of November
(10 week session)

FALL/WINTER CLOTHING GIVE AWAY

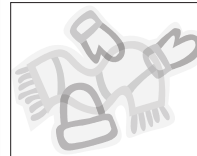
Centreville Baptist Church

870 Murray Drive (off Hwy # 359)

Friday October 18th & Saturday October 19th, 2013

9 a.m. - 11:30 p.m. (Both days !)

Sponsored by Centreville Baptist Church
Missions In Action Group



Donations of clean clothing
(especially for children), bedding, towels and footwear accepted.



**NO SUMMER CLOTHING will
be accepted at this time.**

For further information call 678 - 3939 or
678 - 1946.

(902) 678-4376 Home
(902) 670-5675 Cell



WAGNER'S CEMETERY SERVICES

Embalmer / Funeral Director / Monuments

**Mark Wagner, Sales agent
For Nelson Monuments**

**2074 Highway 359
RR#3, Centreville, NS
B0P 1J0**



Relaxed dining with a contemporary twist!

1225 Middle Dyke Road, Centreville

Phone: 902-582-3648

Visit us on Facebook

www.between.the.bushes.ca

Fall hours:

Sept. 15-Oct. 13 (last day
open for the season)

Lunch: 11:30-2:30 p.m.

Lunch everyday

Dinner: 4:30-7:30 (last seating)

Dinner: Friday-Sunday 4

Enjoy fresh local produce served in our delicious lunch and dinner features, as well as in the regular tantalizing menu options.

*Featuring 'Field to Fork'
Blueberry Acres blueberries*

Reservations recommended



K.D. ROGERS

WELL DRILLING LTD.

N.S. LIC. #307

WORKMANSHIP

GUARANTEED

FREE ESTIMATES

OWNER OPERATED

PHONE: KIRK ROGERS 678-0945

TOLL FREE: 1-800-565-4021

100 Families that Care

Pauline Raven

Jacob Stern is 20 months old. He has a rare form of Muscular Cancer called Rhabdomyosarcoma. It can't be treated in Canada... It



can be treated in Indiana, USA. Jacob's preschool aged sister Madelyn, his mum Melissa and his dad Nick left their Centreville home on September 14. His radiation and chemotherapy treatments will take about 6 weeks.

When this huge challenge hit the Benjamin-Stern family every member became an essential source of support. As a community we have an essential role too. We can help cover the high costs of accessing treatments. Lost work time, travel, and other expenses not covered by the health care system mount quickly. Airfare, lodging, food, passports, car rental (Jacob's radiation and chemotherapy treatments are happening at two separate hospitals at a considerable distance from one another) will add up to \$10,000.

A donation of \$100 from 100 families that care would cover the bulk of these extra costs. Whether it is 1,000 donations of \$10 or 500 donations of \$20, I know the goal of \$10,000 for Jacob will be reached. Why? Because people all across Kings County care. And, we understand the importance of giving the comfort of a loving family to a brave little boy as he faces his battle.

Donations can be made at the TD Bank in Kentville. Just ask to deposit the amount you can afford to "Jacob's Account."

Sincerely,

Pauline Raven, Councillor District 3.



What is Doggy Daycare?

Doggy Daycare, like childcare, is place for your pooch to develop physically, emotionally, and socially with other dogs and humans, as it may not elsewhere. It operates much like childcare does, where you drop your dog off in the morning and pick him/her up at the end of your workday. At Doggy Daycare your dog will spend the day with other like-minded dogs, playing and napping while under supervision.

Daycare Benefits

- The pack setting of Doggy Daycare will train your dog to interact better with old and new canine peers;
- Looking forward to Doggy Daycare makes separation less daunting for dogs and less guilt-inducing for their humans;
- It's a great way to tire your dog before any kind of training session – happily-tired dogs can be more receptive to your commands;
- Play time helps relax dogs that find grooming stressful – we recommend anywhere from 1 to 3 daycare sessions before grooming for dogs that are nervous of new dogs, people and handling experiences;
- A quiet evening – after a day of play, they are more likely to hit the hay early instead of needing a nice long walk/run.

Is your dog Eligible?

At Pineo's Pet Spaw, each and every new customer gets a free trial, where we pre-screen your dog to see how it does with the existing pack and all the staff here. All dogs must show proof of yearly vaccinations, and they must be spayed or neutered when they reach the appropriate age.

How to choose a Daycare

What to look for

- Do they require proof of vaccinations?
- Do they allow un-spayed/unneutered dogs?
- Do the dogs on location look happy?
- Does the place smell and look clean?
- Do they have insurance?

Meet the staff

- Do you feel confident in them after the first meeting?
- Does your dog like them?
- Are they confident in what they are talking about?
- Are they willing to ensure your dog is in good hands and will have a good time?

Get a good Fit

When you've found what you think is the right fit, be sure to sign up for a few more trial sessions before making any longer-term arrangements. At the end of a couple more sessions, you should feel you've found the right place – and chances are your dog will be the one to tell you this!

At Pineo's Pet Spaw, we offer full-day and half-day rates on a singular, bi-weekly or monthly system. We have five indoor-outdoor, heated, air-conditioned, surveillance-covered yards. We currently have a staff of four full-time employees who are fully capable of looking after each and every one of your dogs. Feel free to stop in to meet us and see how we operate.

Centreville Diner

(Inside the Kwik-Way)

We are now open at 7am Monday to
Saturday, and to celebrate we are
offering **Buy-One-Get-One-Free**
Breakfast from 7-10am!



Check out our new website!
www.centrevillediner.com



*Great Food. Friendly Service.
See you soon!*



**TODAY, WHY DON'T YOU LOVE A
LITTLE DEEPER
LAUGH A LITTLE LOUDER,
HOLD THE ONES YOU LOVE A
LITTLE TIGHTER
BECAUSE TOMORROW IS NEVER
PROMISED.**

TRUTH FOLLOWER.COM

Hall's Maritime Welding Ltd.

Fax: (902) 679-2687

251 Ira Bill Rd.
Centreville, NS
B0P 1J0

www.hallslogsplitters.com

halls.welding@ns.sympatico.ca

Phone: (902) 678-6559

PINEO'S PET SPAW & A DOGS' DAY INN

ALL BREED CAT & DOG GROOMER
INDOOR/OUTDOOR/HEATED/
SUPERVISED DAILY DAYCARE



2044 HWY 359 Centreville - 697-DOGS(3647)
Pet Food & Accessories are available. Mon-Fri 7:30am-6:00pm

1744 Highway 359 Centreville Nova Scotia B0P 1J0



FOOTE'S
Farm Market

OPEN YEAR ROUND

Monday - Sunday 9 am to 8 pm

Fresh Local Produce @ Great Prices
Fresh Fish, Steak, Pepperoni, Homemade Bread & Pies,
Milk, Eggs & Ice Cream

Phone 902-678-5253 • Toll Free 1-888-678-6382



**THE CENTREVILLE
"50" PLUS ASSOCIATION
FRIENDS ENJOYING FRIENDS**

BY DARRELL SPURR

The Centreville "50" Plus group has continued to meet weekly during the summer months. Members and guests enjoy board and card games. On August 28 we held our annual BBQ with 50 members and guests enjoying burgers, hotdogs salad etc.



Master Chef, Darrell Spurr



August Birthdays

Also nine(9) members aged 50-90 celebrated August birthdays with cake and ice cream.

Over the summer we welcomed several new members. We meet every Wednesday at 1:30



LIQUID DIET

By Dave Ward

I was on a liquid diet for a short time; it all had to do with a condition called post antibiotic colitis.

The antibiotics finally killed the bacterium causing blood poisoning in my knee joint caused by a fall on a dirt covered rock. Luckily for me, the antibiotics not only saved my leg but also my life.

What got me thinking about a liquid diet was a question a non-farming friend asked me about "how do plants get the nutrients they need for their growth?". The simple answer is..... in liquid form because virtually all plant food nutrients are dissolved in soil water and are absorbed via the root hairs. Take nitrogen for example.

Regardless of the nitrogen source, be it a bag of fertilizer or a load of livestock manure, the soil microbes do their thing and convert the nitrogen to a form called "nitrate" (NO₃). The so called chemical fertilizers provide nitrogen more precisely and quickly to the soil microbes. It is, however, more acidic than most manures or compost whose nitrogen is released more slowly from the soil organic matter.

And so, it's all chemistry and biology. Soil cultivation, however, is done to improve soil structure, aerate the soil and provide for good moisture flow. The science, chemistry and biology are responsible for the liquid diet via soil moisture and the root hair. And the root hair doesn't care at all where the original nitrogen came from.

**Goodchild's
Tea Room**

At the Delft Haus
1942 Highway 359
Centreville NS

www.Goodchilds.ca



Closing for
The season
October 25/13

Thank you for
your patronage

Reservations
678-4333

Stevenson Repair
1666 Hwy. #359
Centreville, N.S. B0P 1J0

Walter Stevenson
678-2615
690-7359
stevensonrepair@hotmail.com

*Specializing in Starter & Alternator Repair
Snowplowing*





**Centreville Hall
Update**

Submitted by: Budd Murphy



Good Neighbour Club Report

By Susan Wood

Not a lot to report in terms of changes and upgrades to the Hall compared to some editions.

This time around we see the parking situation improved by cutting branches out of the way along the north line and leveling an area outback and graveling these areas to increase parking space.


The real news about the Centreville Hall is the celebration of Minnie Sheffield's birthday on August 25 at the Centreville Hall. Minnie has been President of the Centreville Hall Association for as long as I can remember. Given the number of family members and friends there to help her celebrate is a great showing to the kind of person that Minnie is. (because there were so many vehicles, all the new parking spaces were used)

Happy Birthday Minnie again!

Hopefully everyone had a great summer, as fall is all around us with school starting and leaves are changing. The Good Neighbour Club starts on Sept 19 .with a potluck at 6:30 p.m.; any women who would like to see what a good time we have are welcomed to join us.

The Big Breakfasts will start on Sept 21, so we will be calling for some of our faithful hands to help with our fundraising efforts for further hall renovations

We also have our annual Fuel Supper coming in October, so keep an eye on the community sign board for a date, times and for other reminders of up-coming events. See you at the hall.



SCOTT E. HENSHAW
Electrical Contracting Inc.

P.O.Box 59
7810 Hwy# 221
Centreville, NS B0P 1J0

Cell: 902-670-0387 Res: 902-678-3773
Fax: 902-678-0387



White Family Funeral Home

100 Cornwallis Street, Kentville, N.S. B4N 2E4
Telephone: (902) 678-3339
Fax: (902) 679-5404
E-mail: wchultz@ns.sympatico.ca
Web: www.whitefamilyfuneralhome.com

Greg White

Serving with Dignity, Understanding & Integrity

TJ's Convenience Store - Irving Gas Bar



We are open from 6 a.m. until midnight Monday until Saturday and 7 a.m. until midnight on Sunday.

We are well known for our huge selection of magazines.

On site you will find our "State of the art" self-serve laundromat.

We have 5 grades of self-serve fuel available for your selection including Regular, Mid-grade, High test, Diesel and furnace oil at VERY competitive pricing. We also have Propane for exchange! Don't run out half way through that steak on the grill!

Stop in today and enjoy a delicious meal of Chester Fried Chicken made fresh daily. Finish that off with a hot cup of delicious Robin's coffee and a sweet treat baked on site.



**You're always welcome here
at TJ's where old friends
meet to sit and relax.**



This summer, I rescued a few frogs from my pool and put them in my pond. I became fascinated with these little creatures. I have yet to kiss one though. It's good to have ones childhood curiosity revived. Here are a few things I learned about them.

Suzanne



**POEHL'S
AUTO RECYCLERS LTD.**



THE AUTO PARTS LOCATOR

Dana Poehl

RR#1 Kentville
Kings Co., NS B0P 1J0

Telephone (902) 678-4564
Fax (902) 678-8099

TRIVIA

Q. What's a group of frogs called?

A. An army.

Q. How long can a frog stay underwater?

A Depends on the type of frog. Some can stay underwater for long periods of time while some only for about 10 minutes. Some can even stay underwater all



Jeffrey Best

BUS: (902) 678-6000 EXT 111

FAX: (902) 678-6455

Web: www.besttoyotasales.com

Email: jeffrey@besttoyotasales.com



Best Toyota

We Care

840 PARK STREET, KENTVILLE, N.S. B4N 3X9

FLIGHT CENTRE *Unbeatable*

FLIGHT CENTRE ASSOCIATES

Heather M. Kennedy CTC
Independent Associate

F: 902.300.5463

E: heather.kennedy@flightcentreassociates.com
flightcentreassociates.com/heatherkennedy

 **Max Lockhart**
Manager - Funeral Director

Annapolis Valley Funeral Home
Owned and operated by the Valley Funeral Home Co-operative Ltd.

34 Coldbrook Village Park Drive, Coldbrook, Nova Scotia B4R 1B9
Phone: 902-679-2822 Toll free: 888-760-6933
Email: director@annapolisvalleyfuneralhome.com
www.annapolisvalleyfuneralhome.com



CUBA



The island of Cuba immediately calls to mind visions of ecological treasures, breath-taking beaches, spectacular scenery, captivating history, and rich culture. The people of this fascinating island are welcoming and very gracious. Cuba continues to be one of the most desired islands in the Caribbean for all Canadians, including Maritimers.

Cuba is known as one of the friendliest islands in the Caribbean, making your decision to vacation here with your family an easy choice. Whether you are swimming with the dolphins, building sand castles, or simply watching the beautiful sunsets, there is something for every family member. Several resorts offer an abundance of activities at supervised mini-clubs and/or baby clubs, allowing parents some alone time. In addition, many of the resorts offer specials where children can stay and/or eat free. For the golfer in the family, there are golf courses in Varadero.

Cuba is the largest island in the Caribbean, with over 11 million people. It is also the second most populous, with a much lower population density than most Caribbean nations. The nation of Cuba comprises the main island of Cuba, the Isla de la Juventud, and several archipelagos. Havana is the capital of Cuba and its largest city, followed by Santiago de Cuba.

A three-hour flight from Eastern Canada and a four-hour flight from the West, Cuba is closer than it looks. Visitors can fly with tour operators such as Sunwing/Signature, Transat Holidays, WestJet Vacations and more: all offer direct flights from Halifax in the winter season, from mid-December to early May. The earlier you book, the more you will save with many of the tour companies' Early Booking Bonus programs.

There are many beautiful destinations to visit in Cuba: Havana, Varadero, Cienfuegos, Trinidad de Cuba, Santa Lucia, Holguin, and Santiago de Cuba, just to name a few.

Cuba has excellent taxi services as well as car, van and motorcycle rentals. Tour buses in Havana and Varadero cover the major sites of interest. You can shop in the hotels, villas, and airports, where Cuban cigars, rum, and coffee, as well as snacks, arts and crafts, toiletries, books, and souvenirs are sold. Specialty stores in the main tourist regions also carry high-end European and other imports, and don't forget to check out the local markets for great souvenirs - all at great prices.

All the goods and services in Cuba are priced in Cuban convertible pesos only! Our Canadian dollar can be changed at the airport where, by the way, you do receive the better exchange rate *or* you can exchange it at your resort's currency exchange desk. The only credit cards excepted in Cuba are Visa and Master Card, which *must* be drawn on Canadian banks.

Spanish is the language of Cuba but, as I've visited over the many years, English is not only being taught in the schools but is also being spoken more and more. Travelling to Cuba you must have a valid passport, and medical insurance is mandatory.

Cuba is a beautiful country and there is no doubt that once you visit you'll go back time and time again, as there is so very much to see.

COMMUNITY EVENTS

The **Good Neighbour Club (GNC)** meets at the Centreville Hall at 7:30 p.m. on the first and third Thursdays of the month (except Jun, July, and August). All Centreville women are welcome to attend and join the Club.

The **Centreville Park Association** meets the third Wednesday evenings of each month at 7:30 p.m. at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are what will make the park a success.

"50 Plus" Fun Group - meets at the Centreville Hall every Wednesday at 1:30 p.m.- 4:00 p.m. New members are welcome.

TOPS: - Mondays 6:00 – 7:00 PM

TOPS meet at Centreville Baptist Church on Murray Drive. (In the nursery room)

Monday evening:
Weigh-in from 6:00 to 6:30 PM with a short meeting to follow.

We are open to new members at the cost of \$32.00 yearly which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night.

For more information contact Leader
Esther Peterson at 538-0051 or
Madeline Sheffield at 678-7584.

Sheffield Mills & District Women's Institute - 3rd Monday, 2 p.m.

Centreville Baptist Church Murray Drive, Centreville:

Sunday worship service - **10:30 a.m.**
Children's Programme, grades 1 to 5, on
Mondays 6:30 pm to 7:45 pm, starting September 17

Marc Potvin, Senior Pastor
(902) 678-1046
cvillebaptist@eastlink.ca
www.centrevillebaptist.ca

Orchard Valley Pastoral Charge of the United Church of Canada

Worship Service and Sunday School at
9:00 am and 11:00 am
10:00 am coffee, cookies and conversation. We are temporarily at the New Minas site, 130 Cornwallis Avenue
Kentville site office 678-4955
New Minas site messages 681-0366
Upper Canard site messages
582-7908
Wolfville site office 542-3796

Centreville District

Community Development Association (CDCDA)

BOARD OF DIRECTORS' MEETINGS

Where: Centreville Hall

When: Fourth Thursday of the Month

Time: 7:00 p.m.

Exceptions: JULY, AUGUST & SEPTEMBER BY NOTIFICATION

All meetings are open to the public — come out and support your community development!

BATTERY RECYCLING IN CENTREVILLE

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 a.m.- 2:00 p.m. as well as at the monthly Big Breakfasts, except in July and August.

All batteries may be turned in except car batteries.

Centreville "Events" Website

Do you have an upcoming event? Do you want it seen on the Centreville Website, www.centreville-kings-county.com?
If you do, send the information to:

events@centreville-kings-county.com



Pictures of Centreville District and Surrounding Area

Do you have pictures you would like to share?

Pictures of interest could be historical, or of nature, or people - anything that you think would be of interest to others. If so, please send them to:

www.centreville-kings-county.com.

ACADIA LIFELONG LEARNING CENTRE (ALL)

The Acadia Lifelong Learning Centre provides courses, seminars, outings and special events for 50+ adults in literature, science, fine arts, writing, and more.

ALL membership benefits include free Acadia credit course audits, access to the Vaughan Memorial Library, free ALL seminars, lectures and readings, reduced ALL course fees, special events and outings, and email notices of ALL and community events. The annual membership fee is \$25. For more information or to register, call 585-1434 or 800-565-6568, or email all@acadiau.ca. Be sure to check out our website at all.acadiu.ca.



To view courses offered through ALL, Acadia University Calendars will be available from the Centreville Post Office or from our