

THE CENTRE POST

Issue 36: March 2014

Next Issue: June 21, 2014

Submissions Due: June 1, 2014

June 29, 1949 Centreville Good Neighbour Club Bus Trip



Row 1: Margaret Paul, Minnie Sheffield, Winnie Kinsman, Eva Wood, Joyce (Pineo) Rockwell, Hilda Reese

Row 2: Marjorie Watson, Ruth Roscoe, Frances Hatchard, Babe Sweet, Pearl Blenkhorn, Pailine Desborough, Mable MacDonald, Mable Frail

Standing: Zelpha Farnsworth, Myrtle Simpson, Annie Clarke, Mrs. Percy Thorpe, Mrs. Jefferson, Gladys Rockwell, Dolly Ogilvie,

Mrs. Truman Eaton, Mrs. Wheaton, Florence Jess, Lila Milberry, Mrs. Harley Illsley, Mrs. Rogers, Mrs. Phinney

Back: Doris Foley, Ruby Pineo, Mrs. E. Foley, Lucy Veinotte, Lois Manson, Mrs. Dr. Barlow

The Good Neighbour Club

by Gail Salmon

Welcome to March! As March 8th was International Women's Day and April 6th to 12th is National Volunteer Week, I thought it would be most appropriate to talk to you about the Good Neighbour Club and its women. Did you know that almost half of Canadians over 15 years of age volunteer? So I would like to thank the Baptist Church's Evening Workers Auxiliary, the Park Association, Scouting and Guiding leaders, and all other groups and people who help Centreville be "The best place to live and grow". The Centreville Good Neighbour Club has also been a significant part of our community.

The Good Neighbour Club (GNC) started on January 8th, 1947, in the home of Lois Manson with the eleven other founding members present: Mrs. Eva Wood, Mrs. Blanche Kidston, Mrs. Babe Sweet, Mrs. Zelpha Farnsworth, Mrs. Hiscoe, Mrs. Jessie Hiscoe, Mrs. Anne Clarke, Mrs. Ruby Pineo, Mrs. Gladys Eaton, Mrs. Winnie Kinsman, and Mrs. Florence Jess, as was the appropriate way to greet each other. The membership was \$0.25. Their purpose was to get together as friends and neighbours and to discuss ways to help the school and the community.

cont pg.3

The Centre Post is published four times a year: September, December, March and June.

The deadline for news items, etc., is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.

For announcements, stories, ads or information, contact one of the following:

***Submissions/Set-up of newsletter:
Suzanne Trudeau Gormley at 678-7769
E-mail: centrepostlady@hotmail.com***

***To place an advertisement:
Mike Sweeney at 679-2780.***

Centreville Website

www.centreville-kings-county.com

If you haven't yet, pay the website a visit. It has lots of interesting information about the community – past and present – as well as a calendar of events, old photographs, items of concern to residents, past and current issues of *The Centre Post*, and useful links. It is a work in progress, and depends largely on input by you. If you have an upcoming event you would like posted, send the information to:

events@centreville-kings-county.com

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Assistant Editor's Note

Communities such as ours depend heavily on volunteer organizations for fund-raising to maintain facilities such as the Community Hall and to help those in need, or for donating time and effort to enable all of us to enjoy such outdoor activities as those offered by the park. You'll read of their activities in this issue. There are, however, many volunteers who are not members of any organizations. For example, many non-members help with the Good Neighbour Club's Big Breakfasts - cooking, doing dishes, making biscuits and preparing potatoes for hash browns, serving, etc. Then there are those who turn up every year to help with the park clean-up. Thank you to all of you who help make Centreville 'a good place to live and grow.'

All involved in the production of *The Centre Post* would like to thank those who make this newsletter possible, either by contributing articles or by financial support through advertising. We couldn't do it without you.

Happy spring!!

Anne-Marie Waterbury

Dates to remember...

March 19 Park Association Meeting 7:30 pm

March 20 ... SPRING!!

March 27.... CDCDA Meeting 7:00 pm

April 3 Good Neighbour Club 7:30 pm

April 11,12... Clothing Give Away, Baptist Church

April 16..... Park Association Meeting 7:30 pm

April 17..... Good Neighbour Club 7:30 pm

April 18 Good Friday

April 19 Big Breakfast 7:00 -10:30 am

April 20 Easter Sunday

April 24..... CDCDA Meeting 7:00 pm

May 1 Good Neighbour Club 7:30 pm

May 3..... CDCDA Annual Supper 4:30 - 6:30 pm

May 9,10..... Annual Quilt Show, Baptist Church

May 11 Mothers' Day

May 15..... Good Neighbour Club 7:30 pm

May 17..... Big Breakfast 7:00 -10:30 am

May 21..... Park Association Meeting 7:30 pm

May 23..... CDCDA Meeting 7:00 pm

June 15..... Fathers' Day

June 21..... Big Breakfast 7:00 -10:30 am

*Knowledge is knowing a
tomato is a fruit... Wisdom is
not putting it in a fruit salad.*

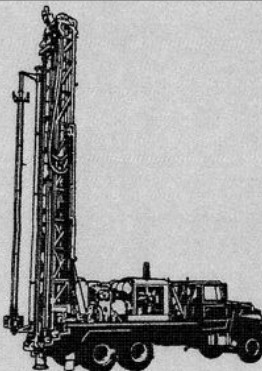
Good Neighbour Club - con't

By June of the next year, the enrolment had grown to 27-plus members and they established themselves in the old school house, or the AA Building as it was later known. The women still met in people's homes, but occasionally had meetings at the hall. They raised money for the community by having card parties, crokinole game night, suppers, craft, and bake sales. They also wrote the Centreville news for the Kentville Publishing Company (Advertiser): There was a small payment for this and the money went to the Club itself to help with their entertainment and outings. Meetings started with roll call and the Club Ode and consisted of discussions of future events, the different committees, fund raising, and donations. Minnie Sheffield told me that, as times changed, they started calling each other by their first names and there was a penalty of a penny for anyone who reverted to the more formal address of "Mrs.". The "little fox" bank held the cash, which was later given to the treasurer. The women helped out at the school – they made curtains for the windows and the stage, and provided cod liver oil pills for the students and other items the school. They helped the Cancer Society by making kits for patients and were there to help some of the community families that were in need. There was a yearly canvass in May, and the women went door-to-door collecting for between six and eight charitable societies.

On payment of one dollar for the Centreville Community Hall/school, after much legal paperwork concerning the ownership of the building, and the renovation of walls and windows, the GNC now settled into their 'home'. The GNC was not allowed to take ownership of the school because they were not a charter organization, so the Centreville Hall Association took ownership of the building and the GNC women ran and paid for the upkeep of the hall. The GNC paid for the electricity and heat, as well as maintenance. Every October they had a Fuel Supper to pay for the fuel required to heat the hall. Club members would make lists of all residents of Centreville, and call and ask for donations to offset their costs. The hall was abuzz with activity with Sparks, Brownies, Guides, Beavers, Cubs, Scouts, and Venturers. There were play groups and dance lessons, as well as community members and others who rented the hall for weddings, family reunions, parties, and all other activities.

By the time I joined the Good Neighbour Club, they were nearing their 40th anniversary. The only members from the original charter were Lois Manson and Ruby Pineo Farnsworth. Both were lovely, kind women. I remember Lois having a great talent for organization and recording information, and a wonderful sense of humour. All the women were very active in the community: helping with families that needed a little extra help, canvassing, card parties, craft fairs, bake sales, teas, outings that included barbeques, picnics, Christmas parties, catering, all with smiles on their faces and kindness in their hearts. New members came, some moved on, others stayed; so many are no longer with us, but a part of them lives on in the hall and in their hard work to keep the community moving forward.

Today the hall is home to the Centreville '50-Plus' Group and Pins and Needles. The 'Big Breakfasts' have become renowned in the area and the monies raised have helped pay for the new additions to the hall. The Fuel Supper still pays for the heat. The *little fox* bank is still used to collect money, and the membership fee is still \$0.25. They still ring a bell that was donated to the Club in May 1968 by Jesse Harper, to bring the women back to order. They still repeat the Club Ode. The Centreville Good Neighbour Club is still a group of women who volunteer their time and energy, and a group of women who have become caring friends: a sisterhood of multi-aged women who don't mind hard work, and who like to have fun and enjoy life. So a celebration to all of them on International Women's Day and a gold star for their volunteering.



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Bermuda: The "Jewel of the Atlantic"

Heather M. Kennedy, CTC

Known around the world for its beautiful pink sand beaches, stunning turquoise water, world-class golf, and warm, friendly people, Bermuda has been a favourite destination for generations of travellers. Today, Bermuda is being rediscovered for its unexpected treasures, such as boutique shopping, island-inspired cuisine, a thriving arts scene, unparalleled shipwreck diving, and the celebration of its rich history. Go and let the people of this beautiful paradise show you that Bermuda is so much more. Many people mistakenly believe the island of Bermuda is part of the Caribbean but in fact, it rests hundreds of miles north of the Bahamas in an astoundingly beautiful stretch of the Atlantic.

All of Bermuda fits in a cozy 21 square miles and boasts 75 miles of dramatic coastline. Bermuda may seem like one continuous landmass to visitors, but it is actually made up of 181 islands, islets and rocks. Most of these are uninhabited, but eight of the larger ones are linked by bridges and one causeway that form the subtropical paradise visitors cannot resist. Its unique location in the Atlantic provides Bermuda with an extraordinarily pleasant climate that rarely sees extremes of either hot or cold. The islands' pink beaches are actually a combination of crushed coral, calcium carbonate and the shells of tiny single-celled animals called Foraminifera.

The hottest part of the year in Bermuda is May through mid-October, when temperatures hover between 75°F and 85°F (23°C and 29°C). During the winter months, temperatures average a balmy 70°F (21°C).

Shipwrecks. African drum beats. And those famous shorts. Bermuda's culture is a rich fusion of British colonial history and African heritage that has developed into something unlike anywhere else in the world. As Britain's oldest colony, its influence continues to dominate the government and the educational and legal institutions. You may even spot one of their judges walking through Hamilton in a powdered wig, see a bobby directing traffic, or overhear a passionate conversation about a local cricket match.

The so-called Bermuda shorts were originally borrowed in the early 20th century from the British military's uniform for hot climes. Although often colourful - pink is a favourite - do not mistake the shorts as informal. They take their shorts so seriously, in fact, Bermuda passed a law that no shorts can be shorter than six inches above the knee.

Traditional dishes in Bermuda include Codfish and Potatoes (served either the English way with hard boiled egg, egg sauce and olive oil or Portuguese influenced with a tomato-onion sauce), Hoppin' John (peas and rice), Pawpaw Casserole and, of

course, Bermuda Fish Chowder. Bermuda's architecture features whitewashed stepped roofs designed to channel rainwater into underground tanks. This is the main supply of fresh water, as there are no rivers or lakes here. Bermuda is also famous for two signature drinks: the Dark 'n Stormy® (featuring their own Gosling's Black Seal Rum mixed with Ginger Beer) and the Bermuda Rum Swizzle!

The occurrence of ships and planes mysteriously disappearing in the area called the 'Bermuda Triangle' has made the island famous around the world. However, scientists believed the causes behind these mysterious disappearances were due to hurricanes, waterspouts, rogue waves and other potential geophysical phenomena. To learn more you can visit the Bermuda Underwater Exploration Institute for a comprehensive display on the Bermuda Triangle.

A few quick facts about Bermuda:

- Bermudians are descendants of slaves from the West Indies and West Africa, English settlers, Irish adventurers, exiled North American Indian prisoners, and Portuguese immigrants.
- The typical Bermudian accent can still be traced to Elizabethan English. In fact, Shakespeare's *The Tempest* is believed to have been inspired by the shipwreck of the "Sea Venture". The character Ariel makes reference to "the still-vex'd Bermoothes".
- Historically, Bermudians are sea adventurers - fishermen, whalers, traders, and privateers.
- They honour old world manners: "Good morning" and "Good afternoon" are an absolute must for Bermudians.

There is so much to learn and love about this island paradise that features the most beautiful sunsets, pink sand beaches and warm, friendly people. Once you go to Bermuda, you will soon want to return. That's why I have gone over 25 times - it truly is my paradise on earth!!!

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Centreville Baptist Church Youth Programs

This winter and spring there are lots of exciting things happening at Centreville Baptist Church. I want to outline two new programs that have started this year.

After School Program – Our After School Program runs on Monday afternoons. The focus of the After School Program is to give students (grades P-5) a fun and engaging place to go after school. The After School Program includes help with homework or tutoring, crafts, snacks, and games. The After School Program has been developed in partnership with Aldershot Elementary School, and is free for all students.

Drop-In Program – Our Drop-In Program runs three days a week (Tuesday, Thursday and Friday). The purpose of the Drop-In Program is to provide students (grades 6-12) a safe, warm and fun place to go after school. Students have full access to our gym facilities and our youth room, which includes air hockey, foosball, and plenty of space to hang out or do homework. The Drop-In Program is free, and all students are welcome to come. Tuesdays 3:30-6:30, Thursday 3:30-6:00, and Friday 3:30-6:30.

For more information about these programs check out our website at centrevillebaptist.ca or call Patrick at 365.3535.

Patrick Brightman

Associate Pastor (Children and Youth)
Centreville Baptist Church
902.365.3535 (Office)
902.312.1986 (Cell)
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**Centreville's
5th Annual
Quilt &
Rug Hooking Show**

Fri. May 9, 2014 - 10am-8pm
Sat. May10, 2014 - 10am-4pm

Centreville Baptist Church
Murray Drive, Centreville, Kings County N.S.

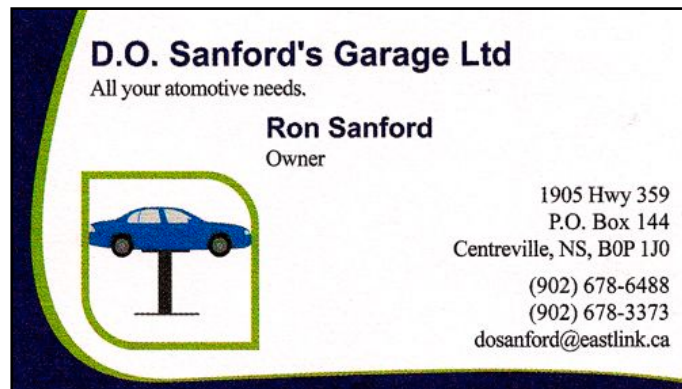
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Sale of selected Quilts, Hooked Rugs
and handmade/homemade items
Merchant Mall
Quilt & Rug Hooking Challenge
Display by The TARTS – A local quilt artist group
Demonstrations & Door Prizes

Friday: Lunch \$8.00 / Supper \$10.00
Saturday: Lunch \$8.00


Quilt and Rug Registration – Wed. May 7th – 9am-8pm
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or Sharon at 678-2836

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From our MLA...

Congratulations to the Good Neighbour Club on your 8th Anniversary! Having attended their breakfasts on many occasions I know what a good job they are doing and how many volunteers it takes to make it happen. I enjoy these breakfasts; in fact all the excellent community breakfasts and suppers there are to enjoy might be considered a hazard of my new job.

One measure of a community's health is the level of volunteerism and participation in community life. In that regard Centreville can take pride in the Good Neighbour Club's leading the way. During the recent election campaign, I remember taking PC leader Jamie Baillie to a chicken barbeque at the Centreville Baptist Church. We enjoyed great fellowship and plenty of food. The large number of people who support such events shows the community's vitality and shared sense of purpose.

My wife Heather and I recently attended the dedication of the new sanctuary at the Baptist Church and were delighted to see so many people. The new youth room and recreation facility the church expansion offers this community is exciting to witness. It is great to see such vision and purpose.

The role each organization plays in this community is exemplary and I have only touched on but two of the many groups. Centreville is certainly a good place to raise a family. I look forward to my many visits here and working with you on your future plans and events.

Many of you have asked both how do I like my new job as your MLA and what am I doing? To answer the second question first, I find myself working on an astonishing variety of issues. They range from issues of a very personal and specific



nature, to big picture future developments. I have to say that being in a position to really help people is very rewarding and I love the job.

Please do not hesitate to contact my office or me if you have an issue, as there are a surprising number of ways for an MLA to cut through red tape and help resolve issues. Working on the big picture items is also very rewarding, though more long term. The Ivany Report certainly has given all MLAs lots of big picture stuff to work on!

One thing that I am doing, taking the hint from our previous MLA, is publishing a weekly newsletter. If you wish to receive my newsletter please email me at johnlohrmla@gmail.com. If you do not have email you may wish to drop into my office at 401A Main St, Kentville, to pick up a copy, as we keep a few on hand, or call my office at 365-3420.

Please keep in touch and let me know your concerns so I can represent your views on the floor of the Legislative Assembly. As spring approaches, please watch as the new session of the legislature begins March 27th.



***It's
spring -
time to
clean
out
those
closets!***



**SPRING /SUMMER CLOTHING
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Centreville Baptist Church
870 Murray Drive (off Hwy # 359)

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the church 678-1946.



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Congratulations to The Valley's Best...



The Annapolis Valley Chamber of Commerce celebrated the best in Valley business at their annual Valley's Best awards event, held February 18th. A total of 8,913 votes were cast among 75 entries in 25 categories in this year's friendly competition between chamber members. And the winner in the farm market category is...



Foote's Farm Market

Thank You from Foote's...

Brad, Mike, and all the staff of Foote's Farm Market are greatly appreciative that you voted us "Best Farm Market" at the 2014 Annapolis Valley Chamber of Commerce Valley's Best! A big thank you to our staff for doing such an amazing job, and to our customers without whose loyalty and support we wouldn't be here. We proudly support our local farmers to build a stronger community. Congratulations to all the winners and nominees of the 2014 AVCC Valley's Best Awards!

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Story from the Family Farm

by Mack Frail



The article about local subdivisions in the last issue of *The Centre Post* reminded me of what Centreville was like before any of the subdivisions existed.

Ellsworth Estates subdivision includes the area that was previously an orchard where I was employed picking apples for Andrew Neville and his son Prescott. I recall the old barn and the foundations that were near Highway 221 East. I played with other children in the wooded area north of Ellsworth Estate.

Prescott Meadows Subdivision is familiar to me from an early age of about five years old, when it was part of the Andrew Neville's family farm. Andrew Neville made use of the large historical building on the property to operate a woodworking and saw-filing business. The old two story woodworking shop was part of a carriage manufacturing business that operated, by two different owners, from about 1840 until 1902. The building, along with several more buildings that were part of the carriage business, was demolished in 1966 to make room for the new Post Office. The hill east of the subdivision and near Saxon Street is where the bricks that were moulded from Centreville clay were sun dried as a process for a complete product.

Parkside Estate subdivision was part of the larger Percy Lydiard property that included the twenty-two acres of natural forest area that he gave to the community. In 1950, the remaining Lydiard land was sold to Roscoe Fillmore and his son, Frank, to become part of their greenhouse nursery business. Before and during my early teens, I worked at Fillmore's Valley Nursery when it was described as the largest nursery business east of Montreal. The deep spring-fed ponds within the subdivision supplied water for the large steam-powered sawmill that was located on the north side of Lydiard Road.

Pine Crest Subdivision was a part of the Clyde and Edith Whalen family farm during the days before 1960, when there were thirty-plus family farms within the boundaries of Centreville. Most of these farms were large enough operations to hire employees for at least part of the year. The Clyde Whalen family farmhouse is the second home before the Pine Crest Drive entrance. Their barn was situated behind the house that is next to the entrance. As a boy I helped with the harvesting of hay on the Whalen farm, managing a team of horses and operating the mowing machine.

Before being demolished in 1950, there was a home with a series of attached buildings north of the entrance to Edgewood Estates. The house and buildings were constructed as accommodations for those employed building the Cornwallis Valley Railway line that operated between Kentville and Kingsport. The Cornwallis Valley Railway line was completed and operating in 1890, and the North Mountain Railway line from Centreville to Weston was completed and operating in 1894. The Centreville station was the junction for the North Mountain Railway,

which carried on a busy freight and passenger service. There were five large warehouses that were very active packing, storing, and shipping potatoes and apples. After the overseas shipping of apples dropped off, Hostess Potato Chips made use of the warehouses for storing potatoes and making potato chips. Two of the five warehouses that were next to the railway spur service remain.

Edgewood Estates is the beginning of a large wooded area that extends to Billtown and is known as the south woods. I became familiar with the area as a young boy when looking for Mayflowers and picking blueberries with my siblings. I became interested and attracted to the history of the area when walking along the old French Acadian Road before it became destroyed by the use of large tractors and heavy equipment.

The area that has become Madison Subdivision was a lovely natural area with large trees that shaded the spring-fed stream and the vegetation growing on the mossy forest floor. It was a lovely area and a good place to go rabbit hunting.

During the winter I was employed by Reginald Foley when he was clearing the forest land that became Foleze Park subdivision. The Foleze Park area was part of the community of Mountain Front before being included within the Centreville boundary. Reg Foley operated a large business that included fruit farming, warehouse packing and storage of apples, raising laying hens for the sale of eggs, and forestry. All of his business interests combined required a lot of employees. When looking towards Foleze Park from our home and seeing the many lights shining at night, I am reminded of the time when I was very young and a lone lamp light was visible shining brightly from the window of a home that was located about a mile east from Highway 359 on Brow Mountain Road.

Ruben Thorpe's store, which he opened in 1873, was described in his obituary as the largest merchant business in the eastern Cornwallis Valley. A community hall was built in Centreville in 1864, and it was put to good use for community events too numerous for me to mention. In 1870 the Centreville Hall Committee shared the building for use as a schoolhouse. The Centreville closed-in skating rink, in operation from 1922 to 1950, was one of only a few community closed-in rinks in Kings County. The large cooper shop business on Butler Road, the several smaller cooperages and blacksmith shops, the merchant businesses - all of these mentioned and more were in Centreville before the subdivisions were developed and a much larger increase in population occurred. A lot of changes have taken place since the days that I have described, before Centreville became a bedroom community. Centreville remains a pleasant, friendly community. Its central location, good water supply, county sewage system, and sidewalks are some of the assets for those living in the community, and for those looking for a place to settle.



**"Goodnight Grampie!
Thanks for watching the
game with me!
I love you!"**

by Vickie Harris



These were the words of a seven-year-old, bright-eyed boy who had just spent three hours grilling his beloved grandfather about the game he knew his grandfather not only loved, but played with passion like no other and shared his memories like they were yesterday.

This describes my nephew and his awesome relationship with my father, Donnie Harris. Dad left this great earth on Boxing Day of 2012, but I firmly believe that his legacy and love of the game will never die. My nephews are now up-and-coming baseball players in the Northeast Kings baseball program and are so proud that their home field is Centreville Park. The park now sports a scoreboard dedicated in their grandfather's memory by the Knights of Columbus. Dad loved softball and baseball almost as much as he loved his family and you won't find a family member that couldn't share one of dad's proud diamond stories.

Dad grew up in Woodville on a small family farm. He often told us that his introduction to baseball was pitching and hitting apples with tree branches. His first experience with organized softball was when he was in the navy. He was always sports minded and caught on very quickly.

Upon his return to the Valley he joined the Berwick Legionnaires softball team in 1961 and became their catcher. He always said, "I wasn't the best hitter on the team but I could catch any whip pitch that got thrown my way." In fact, he had a finger so badly broken from some of those whip pitches that it was at a ninety degree angle. His spirit and passion for the game was often noted and is to this day by former players or fans of the Legionnaires. The Legionnaires won two maritime championships, in 1961 and 1962, and their success led Dad to be appointed to the Berwick Sports Hall Of Fame on two occasions.

Dad's connection to softball continued as he went on to coach several teams in the Kentville area, and he played slow pitch until he was well into his forties. I was Daddy's little girl, so I learned to score the games in the team scorebook and I never missed a game. During his coaching years I witnessed a few arguments with umpires he wished I hadn't seen, but I knew that was just my competitive dad.

Dad and Mom moved to Centreville with their four children in the summer of 1971. Centreville appeared to be the perfect mecca in Dad's eyes for raising a family. During our early childhood our introductions to playing ball were neighbourhood games played after supper, where everyone was invited to play regardless of age or skill level. We all developed our own passion for the sport on that makeshift diamond just behind our homestead. Thinking back, it was Dad's way to share a little of his love for baseball with his family and his new community. The Centreville Park was the home field when my brothers started playing organized ball and Dad couldn't have been prouder. He was so dedicated to the game he loved that it couldn't be more fitting that the ball fields were just an open field away from our house. My brothers continue their commitment to the park and are actively involved as park committee members and ball coaches.

Dad fulfilled one of his lifelong dreams in 2008. Always a New York Yankee's fan, he aspired to see his beloved Yankees play in the old Yankee Stadium. With my two brothers and my sister in tow, Dad flew to New York for his "Yankee Weekend". The memories he shared of that trip brought an instant smile to his face. I will also remember the touching words, "Goodnight Grampie. Thanks for watching the game with me! I love you!"



Centreville '50-Plus' Association



'Friends Enjoying Friends'

by Darrell Spurr, President

The Centreville "50" Plus is active again after the Christmas break. We had to cancel twice due to Wednesday snowstorms, but now are enjoying large turnouts. Since the New Year we have attracted several new members. In February, we celebrated Valentine's Day with special treats. In March we will be celebrating St. Patrick's Day, wearing green and bragging about our Irish roots. We also celebrate monthly birthdays with a cake for all the birthday buddies for that month. Area seniors are invited to join us on Wednesday afternoons from 1:30 to 4:00 to enjoy card and board games and friendly camaraderie.



Centreville Park Association

by Suzanne Trudeau

On February 19, 2014, the Centreville Park Association held its annual Area Rate vote, as required by the Municipality. A flyer was distributed to 590 Centreville residents to inform and invite them to see and hear how the Area Rate money is applied to improve the park. There is one vote per residence and the Municipality collects \$20.00 per residence.

There were approximately 85 residents present at the meeting and vote. Timbits and coffee were offered and neighbours engaged in lively conversations.

Neil Prince, our treasurer, and George Graves, our acting president, outlined the financial and beneficial impact of the Area Rate money. Questions and discussion were solicited and then the vote was tallied. The vote result was: 59 in favour, 6 against.

Councillor Pauline Raven was on hand to assist with the voting procedures. Pauline has been instrumental in guiding us as to which grants we can apply for and their deadlines. Most grants ask that we match the amount that is being sought. The Area Rate has enabled us to successfully apply for grants and continue to do so.

We have been working with a group of Acadia students and professors in the Recreation Management program. They will be submitting their suggestions/recommendations on how best to improve the park.

A beautiful slide show prepared by John Dekoe was viewed. It included photos of the volunteer students from North Kings Education Centre as well as the Centreville Baptist Church Youth Group hard at work during our park cleanup days.

Thanks to proceeds from the Area Rate, the Centreville and District Park and Recreation Association has accomplished many projects, and many more are planned for 2014. For example, a swing set was installed last fall and an expansion of the playground area by 132 feet, from the slide to the swing, is in the works. This will include a state-of-the art play structure. The maintenance building's roof has been re-shingled and the vinyl siding will be replaced this spring. We will need volunteers to remove the existing vinyl siding before the metal siding is installed.

We received a good response to our call to those present to become association members or to volunteer at our different activities and cleanup days. It is encouraging that more people (especially younger people) are taking an interest in the park and its activities.

Thank you to all residents who came out to vote. Our meetings are held the third Wednesday of each month at 7:30 p.m. at the Community Hall. I'm happy to report that our numbers are growing, and we look forward to seeing more of you at our next meeting. We need your input, questions, suggestions, and all the time and energy you can spare. If you can't commit to meetings, we welcome more volunteers for our various activities.



The Good Neighbour Club News

by Susan Wood

February 15th marked the eighth anniversary of the Good Neighbour Club's Big Breakfast. It was also the 70th breakfast, which is pretty amazing when we think back on how we thought it would turn out back when we started. The good news is - with all the support and donations from our community and the surrounding areas - we have brought in more than we have spent. The Community Hall is improving all the time: now we have to wait and see what the next project needing our support will be. The next breakfast will be held on April 19th - come and enjoy!

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The Mayonnaise Jar

When things in your life seem almost too much to handle, when 24 hours in a day is not enough, remember the mayonnaise jar and two cups of coffee.

A professor stood before his philosophy class and had some items in front of him. When the class began, wordlessly, he picked up a very large and empty mayonnaise jar and filled it with golf balls. He then asked the students if the jar was full. They agreed that it was.

The professor then picked up a box of pebbles and poured it into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full. They agreed it was.

The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous "YES".

The professor then produced two cups of coffee from under the table and poured the entire contents into the jar, effectively filling the empty space between the sand. The students laughed.

"Now," said the professor, as the laughter subsided, "I want you to recognize that this jar represents your life. The golf balls are the important things - God, family, children, health, friends, and favourite passions. Things, that if everything else was lost and only they remained, your life would still be full. The pebbles are the things that matter, like your job, house, and car. The sand is everything else -- the small stuff," he said.

"If you put the sand into the jar first," he continued, "there is no room for the pebbles or the golf balls. The same goes for life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you," he told them.

"So... pay attention to the things that are critical to your happiness. Worship with your family. Play with your children. Take your partner out to dinner. Spend time with good friends. There will always be time to clean the house and fix the dripping tap. Take care of the golf balls first -- the things that really matter. Set your priorities. The rest is just sand."

One of the students raised her hand and inquired what the coffee represented.

The professor smiled and said, "I'm glad you asked. It just goes to show you that no matter how full your life may seem, there's always room for a couple of cups of coffee with a friend."

*Get your facts first, then you
can distort them as you please.*

Mark Twain

On the lighter side...

While on a road trip, an elderly couple stopped at a roadside restaurant for lunch.

After finishing their meal, they left the restaurant and resumed their trip.

When leaving, the elderly woman unknowingly left her glasses on the table, and she didn't miss them until they had been driving for about forty minutes.

By then, to add to the aggravation, they had to travel quite a distance before they could find a place to turn around

in order to return to the restaurant to retrieve her glasses.

All the way back, the elderly husband became the classic grouchy old man.

He fussed and complained, and scolded

his wife relentlessly during the entire return drive. The more he chided her,

the more agitated he became. He just wouldn't let up for a single minute.

To her relief, they finally arrived at the restaurant.

As the woman got out of the car, and hurried inside to retrieve her glasses, the old geezer yelled to her,

While you're in there, you might as well get my hat and the credit card.

CDCDA Annual Supper Centreville Community Centre

When: Saturday May 3, 2014

Time: 4:30 - 6:30 pm

Adults - \$12; Children under 12 - \$8

Tickets available at the door.



Danielle de Graaf BSc., RMT, CMLDT

Phone: (902) 690-7227
Email: danielle942@msn.com
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Going on Vacation?

Don't forget to book your dog's stay-cation with us where they will be treated to daylong play times, luxurious rooms for sleeping and loads of love from the staff!

Need a Grooming?

We are currently booking 2 weeks in advance and likely to stay that way for most of the year, so don't hesitate to call and book a grooming early to avoid disappointment on the wait times! Your pooch will thank you and so will we!

Doggy Daycare?

We are taking in new dogs all the time for Doggy Daycare, so if you got a puppy for Christmas or perhaps are thinking of getting one at Easter time – come see what doggy daycare is all about – you'll love it and so will they!

Just a reminder to all our clients that flea and tick season will soon be here again– so please be prepared to treat your dog!

Keep in mind a clean dog is a happier and healthier dog.

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Thoughts, Thoughts, and More Thoughts...

- *Birds of a feather flock together...and poop on your car.
- *A penny saved is a government oversight.
- *The real art of conversation is not only to say the right thing at the right time, but also to leave unsaid the wrong thing at the tempting moment.
- *The older you get, the tougher it is to lose weight, because by then your body and your fat have gotten to be really good friends.
- *The easiest way to find something lost around the house is to buy a replacement.
- *He who hesitates is probably right.
- *Did you ever notice: The Roman Numerals for forty (40) are "XL."
- *If you think there is good in everybody, you haven't met everybody.
- *If you can smile when things go wrong, you have someone in mind to blame.
- *The sole purpose of a child's middle name is so he can tell when he's really in trouble.
- *There's always a lot to be thankful for if you take time to look for it. For example I am sitting here thinking how nice it is that wrinkles don't hurt.
- *Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.
- *The older we get, the fewer things seem worth waiting in line for.
- *Some people try to turn back their odometers. Not me, I want people to know why I look this way. I've traveled a long way and some of the roads weren't paved.
- *When you are dissatisfied and would like to go back to youth, think of algebra.
- *You know you are getting old when everything either dries up or leaks.
- *One of the many things no one tells you about aging is that it is such a nice change from being young.
- *Ah, being young is beautiful, but being old is comfortable.
- *First you forget names, and then you forget faces. Then you forget to pull up your zipper. It's worse when you forget to pull it down.
- *Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today, it's called golf.

Blueberry-Raspberry Marinade / BBQ sauce

(for pork tenderloin or chicken breast)

2 c. Country Magic® frozen blueberry & raspberry mixed
¾ c. tomato ketchup
½ c. apple cider vinegar
½ c. brown sugar
½ c. water
1 T. molasses
1 t. chili powder
1 t. ground black pepper

Combine all ingredients in a medium saucepan, and bring to a boil over high heat, stirring occasionally. Reduce heat to low and simmer with occasional stirring until sauce is slightly thickened. Cool and then refrigerate until ready to use.

In a bowl or glass baking dish, coat pork or chicken with 2/3 cup of the sauce. Cover and refrigerate for 1-4 h. Remove from sauce (discarding remaining portion of marinade) before cooking in the oven or on the barbeque. When partially cooked, spoon or brush on additional barbeque sauce for remainder of cooking time. Serve with additional barbeque sauce if desired.

Recipes from Between the Bushes Restaurant



*Submitted by Margie Brown
The Nova Agri Group of Companies*

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Finish that off with a hot cup of delicious Robin's coffee and a sweet treat baked on site.



You're always welcome here at TJ's. Where old friends meet to sit and relax.





When Ray Ivany choose *Now or Never* as the title for his commission's report on a new economy for Nova Scotia, maybe he hoped to draw boomers' memories back to Elvis' 1960 warning that "tomorrow will be too late".

The chorus of "It's Now or Never" has been my earworm for two weeks. All us boomers can hum along if not remember most words of this chart topper. I'm hoping the report will also be a chart topper with Nova Scotians. It has taken up residence on a trunk by my favourite chair. I'm asking you to set your eyes on a copy. It's written for every one of us who loves this province and anyone who calls any of its extraordinary communities home.

A quick summary is that two things are shrinking: Our population and our economy. It says that if the shrinking of both isn't arrested, and quickly, then we won't be able to turn things around as handily as we might if we don't dally. It also points to several things that can be done, as well as a readiness within some communities and sectors to become much more successful. Both the bad and the good news are presented with supporting statistics and analysis. It's an engaging "must read" for all of us, not just government and business leaders. A number of councillors are urging council to examine the report's content soon with a view to deciding how and when we will get going on the part it asks municipal leaders to take on. The report can be downloaded at www.onens.ca, but if you're not on line and can't get your report that way, please give me a call. I will make sure to get a copy to you.

I'm learning that large export opportunities will be an integral part of our success in creating the kind of jobs our youth will need to make a life here in their home province. Exports bring new money into the economy. The report also points out that when we keep money here it also helps, to a smaller extent but still to a significant degree.

Novashift is a new union-based campaign doing an excellent job pointing out just how important and immediate our role can be in creating a healthier economy. It builds on the 2007 challenge from the Nova Scotia Women's Institute to select Nova Scotia food products when we shop. At <http://www.novashift.ca> a ten percent pledge can be taken to purchase local food and also other products. This campaign is supported by Kings County employees through their CUPE local. Ten percent doesn't sound like much but it could be doable for all of us. A visit to the Novashift site shows how a ten percent shift can inject a billion a year into the Nova Scotia economy if even half of us buy in at this minimum level.

I don't know if I could love Nova Scotia more if it was my birthplace. Its beauty, its people, and its spirit has inspired me since I settled here in 1976. I do worry what will happen if we don't all do something each and every day to help strengthen our sagging economy. Buying more locally is an excellent start while we contemplate the larger changes that must be made. I take heart knowing that as Nova Scotians we can rise to a challenge - even very big ones.

For more details about the report, Novashift, or the role of our county in creating a healthier economy, please give me a call at 670-2949 or visit my blog <http://www.kingscountydistrict3.blogspot.ca>.



In Our Community

Good Neighbour Club

The Good Neighbour Club (GNC) meets at the Centreville Hall at 7:30 pm on the first and third Thursdays of the month (except June, July and August). All Centreville women are welcome to attend and join the club.

'50-Plus' Fun Group

The '50-Plus' Fun Group meets at the Centreville Hall every Wednesday, 1:30 - 4:00 pm. New members are welcome.



Pins and Needles

Anyone is welcome to join us at the Community Hall on Thursdays. Bring along a craft you are currently working on and a paper bag lunch, and stay for the day. Tea and coffee are available. We also get together once a month to work on 'comfort quilts': These are made with donated fabric and are sewn and tied, then given to organizations to provide comfort to those in need.

For further information call Ada MacDuff at 678-4483.

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on Monday evenings. Weigh-in is from 6:00 to 6:30 pm, followed by a short meeting. We are open to new members at the cost of \$32.00 yearly, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night. For more information contact Leader Esther Peterson at 538-9051 or Madeline Sheffield at 678-7584.

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held every Tuesday at 10:00 am at the Baptist Church here in Centreville. For more information, please contact Beverley at 678-4798.

Battery Recycling in Centreville

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 am - 2:00 pm, as well as at the monthly Big Breakfast, except in July and August.

All batteries can be turned in **except** car batteries.



Centreville Park Association

The Centreville Park Association meets the third Wednesday of each month at 7:30 pm at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are those who will make the park a success.

Next meeting - April 16/14

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall

When: Fourth Thursday of the month

Time: 7:00 pm

Exceptions: June, July, August and December by notification

All meetings are open to the public — come out and support your community's development!

Next meeting: March 27/14

Cancer Support Group

For women with and/or recovering from any type of cancer.
Meeting the 3rd Wednesday of each month

Info: Dorothy 538-3374 msalsman@xcountry.tv
Pat 678-9100 patmutch@hotmail.com
Margot 542-1466 margotwithat@hotmail.com

Sheffield Mills & District Women's Institute

Third Monday, 2 pm

'Big Breakfast'

The Good Neighbour Club's 'Big Breakfast' is held at the Centreville Hall on the third Saturday of the month, 7:00-10:30 am, *except in July, August, and December*. Choices include eggs, bacon, sausages, baked beans, hash browns, toast, tea, coffee, and juice.

Free-will Offering

Next breakfasts are on April 19th and May 17th

To book the Centreville Community Hall, please contact Minnie Sheffield at 678-6391.