

THE CENTRE POST

Issue 38

Next Issue: December 17, 2014

Submissions Due: December 1, 2014

Centreville Day 2014

Members of the Centreville Park Association



Playing ball, eating together, and topping it all off with great music and the thrill of fireworks...

That pretty well describes what happened at Centreville Day 2014 — from its 9 am beginning to its 10 pm end. This annual event is brought to you through the work of the Centreville Park Association. Each year our goal is to bring community members together to have LOTS of fun and meet with other families. Local residents and visitors from as far away as Truro had a great day, as six Mosquito Division baseball teams played on our fields during the day.

When not playing baseball, the children enjoyed a variety of games set up on the tennis courts and free access to a bouncy castle provided by the Centreville Baptist Church. Perhaps most of all they enjoyed dunking their favourite adults - multiple times - in a big tank of cold water! Adults readily tried their luck with a 50-50 draw and enjoyed visiting with the dozen or so owners of the antique and specialty vehicles on display. It was wonderful to watch youth help at the canteen and with the children's games throughout the day.

Many of the younger helpers had become better acquainted with the value of their park during this summer's 5-week long Day Camp for 5-12 year olds: helping with Centreville Day was their way of giving back to their community.

A big thanks and congratulations are due to every volunteer who worked to make this day the big success that it certainly was, and to everyone who attended. Many remarked that this was the best Centreville Day ever. The music provided by Larry Knowles and Friends and Freddie Mujica was a highlight that drew a crowd prior to the firework display. In fact, quite a few people were up and dancing to the Latin vibes! The Centreville Park Association especially wants to thank sponsors of the fireworks (executed by James Stacey): Blue Horizon Massage; Brooks Levy Construction; C. Hines Auto Repair; Foote's Farm Market; Frail's Nursery; Kevin Smith; Kwik-Way; and Ray Winkleman Windows.

Thanks to Derek Wood for his participation in the car show. We also received great donations for the canteen from Atlantic Superstore, Canning Meat Market, Frito-Lay, and Sobeys, and are grateful for financial support from the Municipality of the County of Kings.



The Dunk Tank was a great hit...

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The Centre Post is published four times a year: September, December, March and June.

The deadline for news items, etc., is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.

For announcements, stories, ads or information, contact one of the following:

Submissions/Set-up of newsletter:
Suzanne Trudeau Gormley at 678-7769
E-mail: centrepustlady@hotmail.com

To place an advertisement:
Mike Sweeney at 679-2780.

Centreville Website

www.centreville-kings-county.com

If you haven't yet, pay the website a visit. It has lots of interesting information about the community – past and present – as well as a calendar of events, old photographs, items of concern to residents, past and current issues of *The Centre Post*, and useful links. It is a work in progress, and depends largely on input by you. If you have an upcoming event you would like posted, send the information to:

events@centreville-kings-county.com

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Assistant Editor's Note...

Those of us involved in the production of *The Centre Post* would like to thank everyone who makes this newsletter possible. I'm sure the readers join me in our appreciation of all the contributors, whose time and efforts have made *The Centre Post* such a success. We are always looking for material - we believe there are lots of readers out there who have interesting stories to tell or information to relate. Please share them...

Each issue will continue to feature a local business that supports our paper through advertising. We hope you support them in return.

Anne-Marie Waterbury

Submissions may be edited due to space limitations or for clarity purposes. Context will not be changed.



**Centreville Kwik-way
& Diner**

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Diner 678-4163
Fax 678-5613
Email evjohnston@live.ca

Vicki Johnston
Manager

Dates to Remember...

September 17.....	Park Association
September 18.....	Good Neighbour Club
September 20.....	Big Breakfast
September 22.....	Fall begins 10:29 pm
September 25.....	CDCDA 7:00
September 27.....	Fall Clean-up, Park
October 2.....	Good Neighbour Club
October 11.....	Fall Clean-up, Park
October 15.....	Park Association
October 16.....	Good Neighbour Club
October 17.....	Clothing Give Away, Baptist Church
October 18.....	NO Big Breakfast
October 23.....	CDCDA
October 25.....	Fuel Supper
October 31.....	Hallowe'en
November 6.....	Good Neighbour Club
November 15	Big Breakfast
November 19.....	Park Association
November 20.....	Good Neighbour Club
November 27.....	CDCDA

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What's next at the park? There will be lots of opportunity to spend hours volunteering with your neighbours at the park this fall. Fall cleanups will soon be underway on September 27th and October 11th. As well, we are close to gathering together all the funds needed to order and receive a large delivery of playground equipment. This is a key component of our Park and Playground Renewal Program, and before long we will be putting out a call for help with installation before the snow flies. And when the snow flies? Thanks to an Active Living Grant, there are now lots of snowshoes for individual residents or groups to borrow free of charge. Your Centreville Park Association is working to extend the community's use of the park throughout the winter season. Hope to see you at the park soon!



PINEO'S PET SPAW & A DOGS' DAY INN

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INDOOR/OUTDOOR/HEATED
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For those of you who are new to the pet-owning world or the neighbourhood, or who are just plain curious, here is a breakdown of what we offer here at the Pet Spaw.

Grooming

All dogs need to be groomed regularly – even some cats do – but that might mean one or two times a year or once a month, depending on what type of coat your pet is sporting. If you aren't sure, feel free to stop in and talk to any one of the staff here.

What happens when dogs come in for grooming?

We start with a 15-minute social time where dogs meet and greet all the employees and some of the other dogs that are on the property. From there they head to the bathing room where they are treated to two full-body scrubs with professional-grade shampoo (some lines are local), an ear treatment, and rear end cleaning. Once they are dried they are taken into the grooming room where they have their nails clipped and receive the grooming both the owner and the groomer have decided upon. This process can take anywhere from two to four hours depending on the condition and attitude of each dog, and the price can range from \$30 (beagle or Chihuahua) to upwards of \$120 (shaved golden retriever or blowout of a Samoyed or chow). You also have the option of leaving them for some daycare time for an additional \$7.



Daycare

Monday to Friday 7:30 am - 5:45 pm we are here running Doggy Daycare. There are five indoor/outdoor, heated/air conditioned rooms that allow your dog to just be a dog with other dogs! We separate the yards in a variety of ways, but always small dogs vs. large dogs. From there we usually break it down into hyper and excitable dogs vs. quiet and lounging dogs and sometime even male vs. female. All daycare dogs are required to be up to date with their vaccinations and spayed/neutered at the appropriate ages. All the yards are on video surveillance, which allows us to watch them from the front desk and grooming room. We have half-day rates (five hours or less) and full-day rates (anything over five hours) that can

be purchased daily, on a 10-day pass, or a 30-day pass. Daycare dogs can have their nails clipped for \$7 any time they are here for daycare.

Kennelling

We offer kennelling 24-7 but require a day's notice – particularly on the weekends. Pick-up and drop-off time on weekends is 9 am ONLY. If you're unable to make that time, your pet will be required to stay an additional night. For those doing weekday pick ups, you have until 9 am, after which you will be charged an additional daycare fee depending on what time you arrive for pick up. You may drop off at any time during the week. Kennel prices for one dog start at \$25.00 a night – special rates for seven+ night stays and two+ dogs.

How do the kennels work?

We transform the daytime play areas into sleeping areas for our overnight guests. Dogs from the same household are welcome to share the same room, while those who are strangers to each other have their own sleeping areas. We do not use cages for our kennelling, just open rooms that allow the dogs to roam around as they like. We place beds, toys and bones in the rooms with them (if desired) and have them on camera surveillance at our homes. We require that you bring their food and treats with them, as we don't want any digestive issues.

Products

We carry two lines of grain-free dog food that come in a variety of flavours (chicken, beef, fish, lamb, and bison) and sizes (5 lb, 15 lb and 30 lb) with prices ranging from \$12.99 - \$69.99. There is a line of grain-free cat food, too! We also carry limited-ingredient dog/cat treats that are Canadian made (beef liver and lung, chicken necks, tripe, meaty marrow bones, deer antlers, etc.). You'll also find a line of digestive/skin/coat aids (probiotics, hemp oil, salmon oil, and glucosamine), oral hygiene products, local shampoos and pet-friendly bug repellent as well as Canadian-made leashes, collars and harnesses, reflective vests, and a variety of toys.

Coming in 2015: Locally-made treats, collars, leashes and raw food!





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Home 902 678 3773



By Gail Salmon

On a beautiful, sunny Sunday, I met with Scott Henshaw, owner of Centreview Farm and Scott E. Henshaw Electrical Contracting Inc. Scott has lived in the Valley all his life. Three years ago he and his wife Joellen built a house on their 18+ acre property on Highway 221, about a kilometer west of Highway 359.

Scott grew up with horses and was inspired to own some by his oldest brother, Robert, who raised show ponies and horses. Scott's first two horses were Jake and June, siblings he got when each was four months old. Centreview Farm Wagon & Sleigh Rides began with these two Clydesdales. Unfortunately, both had a metabolic disorder and had to be put down at ages six and seven. New horses, all males, are: Jesse, a 3-year-old Belgian; Mike, a 14-year-old Clydesdale/Belgian Cross, and Red, a 30-year-old Quarter Horse. Scott informed me that the easiest way to tell the difference between Clydesdales and Belgians is by looking at their feet. Clydesdales have special leg hairs called feathers and spats that protect the cannon bone and protect and wick water from their feet; their hooves are also much larger. If you are lucky, you will drive by and see these three magnificent beasts gallivanting around the fields.



Although these horses are primarily bred for work (Scott's team is also used for small ploughing and harrowing jobs), wagon and sleigh rides provide some nostalgic fun. He says that there are lots of places to take the sleighs in the winter when the wetland areas of the property are frozen, and the 18 acres and snowmobile trails provide for lovely rides. Wagon rides are offered during the warmer months. Both the sleigh and the wagon will seat about 14 children or 12 adults. The price is \$5.00 per person.



Scott is a director of the Northville Heritage Farm and is liaison for the West Nova Scotia Draft Horse Association. He can restore and repair old tack, and prides himself on his 50-year-old original collection. His 30-year-old wagon looks grand!

Scott's other job, as an electrician, keeps him quite busy. He decided in junior high school that he would follow in his father's footsteps and become an electrician. With the assistance of the guidance councillor, Scott transferred from Central Kings to Kingstec Vocational School, where he enrolled in the electrician trade. He was the youngest tradesman to graduate from Kingstec in the history of the school and won the Best Workmanship/Attitude Award, voted for by his peers and his teachers. He graduated in 1996 and has been an electrician for 25 years. Scott has one employee, his brother Lawrence, and they are kept busy in both residential and commercial business. Scott also has taken in student apprentices from Kingstec and trains them to become conscientious, hardworking electricians. With all the safety regulations, building codes, and new technology, Scott says there is a lot for them to learn.

With winter nipping at our heels, you can feel the temperature changing: put a reminder up for a date on Scott's sleigh and enjoy and support another of Centreville's new businesses.

Story from the Family Farm

by Mack Frail



Beginning with the days of the French Acadian settlers, Centreville moved toward becoming an independent community. With the arrival of the New England Planters, operations such as blacksmith shops, cooperages, mills, merchant businesses, and farming operations became established. The family farm was the main source of providing a living for the early settlers. During the early days, when travel was slow, the residents of Centreville worked together to form their own organizations within their tightly-knit community. As early as 1790, Nova Scotia farmers formed organized groups. Before the first community hall was built in 1864, Centreville farmers and those from other nearby communities made use of the Centreville Town Hall to meet to discuss business relating to farming. The town hall was constructed in about 1842, where the Centreville Community Hall is located. Its main function was as a place where the local citizens could meet with their elected member of the Nova Scotia Assembly to discuss civic affairs. The town hall was used for many other purposes before 1880, when it was sold for \$28.00 and moved to a location in Centreville where it was used as a farm building. It was demolished in 1935.

The Grange Society of Farmers began in the United States in 1867, and remains active in the mid-western states. Space does not allow me to include their constitutions, the by-laws, or the many aspects required to properly describe the Grange Society. It appears to have been very well organized and disciplined, with its members very serious about and dedicated to working together toward controlling their own interests. In 1872, the Grange Society of Farmers was organized in Quebec to promote farming. It soon became popular and spread across Canada. The headquarters for the Society, referred to as "The Dominion Grange", was in Toronto before moving to Ottawa, where delegates from the District Grange Societies from across Canada met annually. Various communities in Kings County were described as "having a strong District Sub-Grange Society" - Sheffield Mills, Port Williams, and Grand Pré to mention a few.

On July 6, 1878, ten men met in the Centreville Hall (which was located at the intersection of Highway 359 and Highway 221 West, and was demolished on September 1, 1997) and formed a Grange Society of Farmers. The information I have concerning this is from written accounts of their meetings from this first one in July 1878 until the May 1888 meeting. The membership increased during this ten-year period from the original ten to at least forty-one members. One reason the names are of interest is that I recognize that a small number of the members lived in communities a short distance from Centreville. Following are the names of the women who became actively involved in the Centreville Grange Society: Mrs. Rebecca Masters, Mrs. Ebenezer Kinsman, Mrs. Mary Ells, Mrs. Rosie Bill, Mrs. Nancy Bill, Mrs. Bell Bill, Mrs. Laura

Rockwell, Mrs. Sadie Rockwell, Miss Adelia Griffin, Miss Lydia Barnaby, and Miss Willie Masters. Willie Masters was a well-known Centreville resident whom I knew as Mrs. Thaddeus Bowles.

The records and accounts for 1879 indicate that the Grange quarterly dues for membership were thirty cents, and that the quarterly dues paid to the Dominion Grange were \$2.45. There was a slight increase in membership dues during the ten years, and for dues paid to the Dominion Grange. Members treated each other with respect, officers and officials were addressed by their positions in the Grange, and regular members were addressed as 'Sister' and 'Brother' before their names were written or spoken. The motto of the Grange Society of Farmers is "In essentials - unity, in nonessentials - liberty, in all things - charity." In some respects the Grange resembled a typical secret society, with involvement in every aspect of farming. The secret Grange ritual was symbolic, and was said to be "pleasing, beautiful, and appropriately designed not only to charm the fancy, but to cultivate and enlarge the mind, and purify the heart, having at the same time strict adaptations to rural pursuits".

The Grange Society sponsored their annual family picnic on July 1st. A meeting of the Grange society was held at the Exhibition Building in Kentville on July 1, 1880, after their annual picnic and dinner. On December 6, 1880, a Grange vessel was docked at Picket's Wharf, where it was being loaded with potatoes destined for England.

The Grange Society was described as "farmers working for farmers" and as doing good work in Nova Scotia for several years until the early 1900s. By then, various agriculture associations that interfered with the operations of the Grange Society of Farmers were becoming established. By 1907 it had become ineffective. During the mid 1930s - the Great Depression years when farming was at its most difficult times - the farmers discontinued their meetings at the old Centreville Hall.

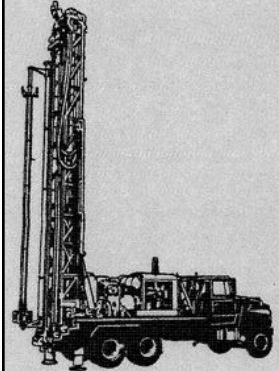
The Centreville Literary Club is another example of the residents working together for the benefit of their community. The Literary Club was formed on September 1, 1883, in the old Centreville Hall. The following remarks are taken from Secretary Clarence Roscoe's written accounts of the Literary Club meetings from 1883 until March 5, 1886. He writes that "we the inhabitants of Centreville, having an object in view for the general benefit of the community, do agree to form ourselves into a society". Fifty of those who attended the first meeting paid fifteen cents and joined the Literary Club; eight executive members were elected, and twelve by-laws were agreed to and passed. After the business meeting the members were entertained with a selection of music by the choir. A recitation was then given by Vice-

con't next page

Story from the Family Farm - con't

President Carrie Coleman, which was followed by a duet. A dialogue titled "The Carpet Bagger" was presented by Miss Coleman, Miss May Kinsman, and Mrs. R. S. Thorpe. Next on the program was a song by Miss Coleman titled "In the Gloaming". Before closing, it was agreed that 7:15 p.m. on Fridays was the convenient time for their meetings, and arrangements were made with Mr. Kinsman to provide lighting and heating for the hall at a cost of thirty-five cents for each meeting. The meeting was closed by the humming of the Canadian National Anthem. The Literary Club meeting on March 13, 1885 heard a complaint from F.S. Newcomb concerning the noise made by the younger members' feet when quick music was being played. I could write pages describing the Centreville residents who provided entertainment at the Hall. They were not trained or professional entertainers, but they performed and enjoyed each other.

I could also mention several other examples of Centreville residents cooperating and working together to provide for their community. Without the space to elaborate, I mention two: the Centreville closed-in skating rink built in 1924 and destroyed by fire in 1950, and the Centreville Good Neighbour Club that began in 1947 and continues to work as a group for the good of the community.



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Jamaica: The Centre of the Caribbean

Heather M. Kennedy / CTC



Christopher Columbus landed in Jamaica on May 4, 1494 and in his log he described Jamaica as “the fairest island that eyes have beheld; mountains and the land seem to touch the sky...all full of valleys and fields and plains.”

From each morning’s glorious sunrise until the sea swallows the sun at night. Jamaica presents a magnificent palette of colour, a kaleidoscope of beauty that makes the island the most precious jewel in the Caribbean. A land of unique experiences, engaging activities, breathtaking landscapes and a warm, welcoming people. Jamaica is the social and cultural hub of the Caribbean. Home to Reggae legend Bob Marley.

Still, the richest Jamaican cultural history lesson is in the food Jamaicans eat. To conceal their whereabouts, the Maroons devised “jerkling,” a method of spicing and cooking pork underground so that smoke would not be seen. Today, jerk pork, jerk chicken and jerk fish are everywhere. Jamaica is also home to some of the finest rums and exotic blends, including the award-winning Tia Maria coffee liqueur. Blue Mountain coffee, Jamaica’s own, is considered one of the finest in the world and trust me coming from a coffee drinker myself, it is!

- **Montego Bay, The Complete Resort** surrounded by white sand beaches, grand hotels, all-inclusive resorts, charming small hotels as well as villas and apartment accommodations. Renowned for its beauty and range of activities, Montego Bay is a place where history and legend come together to offer the most intriguing attractions. Visit Rose Hall Great House and hear the shivering tale of the white witch, Annie Palmer. Tour historical plantation houses like Greenwood and Belfield. Take a leisure river rafting trip down the Great River or the Martha Brea for an experience of serenity. Swim at the legendary Doctor’s Cave Beach, known for its therapeutic waters. Shopping is sensational all over town as are the local craft markets. All, just to name a few, of the great things one can do and see while vacationing in Montego Bay.
- **Negril, The Capital Of Casual** with its stunningly beautiful ribbon of white sand beach. Seven miles of it actually! Honeycombed cliffs and crystal clear waters, carefree days and fun-filled nights...ahhhh Negril. Tucked away in Jamaica’s most western point, Negril is truly spectacular and is known to be Jamaica’s water sports centre where you can dive, snorkel, sail, parasail, water-ski, windsurf, kayak or glide along the coastline by catamaran. Or, do nothing but quietly work on your tan. The sunsets in Negril are mesmerizing and magical. Nightspots abound and you can lose yourself in the knowledge that you are in a place like no other on earth. Negril is certainly the ultimate freedom vacation!
- **Ocho Rios, The Centrepiece Of Jamaica**, the garden of Jamaica and the place where, Jamaicans say, heaven spills into the sea. Grassy hills roll gently to white sandy coves and turquoise-blue waters of the craggy coastline. A place of waterfalls and exotic gardens. The world-famous Dunn’s River Falls offers an exhilarating climb through warm, cascading waters. Ride a horse on the trails at Prospect Plantation. Swimming with the dolphins only to name a few. Ocho Rios presents a mix of excitement and serenity, truly one of the world’s most exotic resort areas!

No place on earth provides the range of attractions and cultural diversity that can be found in Jamaica. No place on earth feels like it! No place on earth shines like it! Trust me, once you go, you will know!

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Community Events

FALL / WINTER CLOTHING GIVE AWAY

ONE DAY ONLY

Friday, October 17th 8:30 a.m – Noon

Centreville Baptist Church, Murray Drive

Donations of clean fall / winter clothing and footwear, bedding, towels and curtains, gratefully accepted the week prior to the give away up to Thursday afternoon (October 16th) when we set up.

For further info : Marilyn 902-678-3939

or

Ellen 902-679-6539



Everyone Welcome

Thank You from the Missions In Action Group

'Big Breakfast'

The Good Neighbour Club's 'Big Breakfast' is held at the Centreville Hall on the third Saturday of the month, 7:00-10:30 am, except in July, August, October, and December. Choices include eggs, bacon, sausages, baked beans, hash browns, toast, tea, coffee, and juice.

Free-will Offering

Next breakfast is on September 20, 2014

Note: There will not be a Big Breakfast in October due to the Fuel Supper October 25, 2014.

Centreville Baptist Church

Senior Pastor: Marc Potvin 902-678-1946

Associate Pastor Patrick Brightman 902-365-3535

www.centrevillebaptist.ca

Sunday Worship: 10:30 am

Youth drop in (Grades 6 - 12):

Tuesdays and Thursdays 3:30 - 6:00 pm

Youth Group (Grades 6 - 12) Thursdays 7 - 9 pm

After School Program (grades p-5) Mondays 2:30 - 4.30 pm

(Call Patrick for start date)

Kids Morning Worship (grades p - 5) Sundays 10:30 am

Annual Fuel Supper

Date: Saturday October 25, 2014

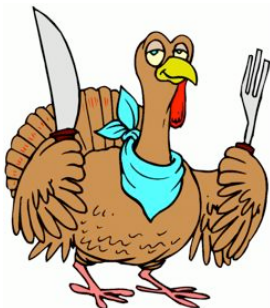
Time: 4:30 - 6:30

Tickets Available at the Door:

Adults - \$12

Children 10 & Under - \$6

Turkey Will be Served



The supper is made possible by donations of time and foodstuffs by the Good Neighbour Club and members of the community. All money raised goes toward the cost of heating the Community Hall.

Thank You...

The North Kings Minor Baseball Association would like to extend a sincere and hearty "Thank you" to the following people and businesses after the success of our recent Mosquito Ball Tournament held at the Centreville Park. First of all, we owe a great debt to the volunteers at the Centreville Day celebration, without whom the task of feeding and entertaining the teams and families would have been overwhelming: You are greatly appreciated! Thank you Centreville QuikWay for the free slushies for our MVPs - the coupons were wonderful! Thank you Blois, Nickerson & Bryson LLP (Halifax) and R & M Car Crushing for your generous monetary donations. Great job by the umpires - it's easy to see your love of the game! Thank you to the volunteer coaches who made it about the kids learning and having fun, not only at the tournament, but over the entire season!

Congratulations to North Kings 2 for taking the Gold and winning the tournament. A wonderful and talented bunch!!

Finally, thank you to the people of Centreville for your continued support. See you next season.

Kyla Harris

Congratulations...

For the past several years the Centreville District Community Development Association (CDCDA) has been awarding a \$500 bursary to a graduating Northeast Kings Education Centre (NKEC) student who lives in Centreville. This year's recipient was Kelsey MacDonald, daughter of Helen and Rod MacDonald. Proud grandparents are Ann and Peter Starkey and Shirley and Art Reid, all of Centreville. Kelsey will be pursuing a nursing degree at St. Francis Xavier University. David Briggs, CDCDA president, presented the bursary to Kelsey at the NKEC graduation ceremony in June.

Note: *The Centre Post* staff apologizes for our oversight in failing to mention the Reids in the print issue.



Update from The Macdonald House Museum

We've had another good summer at the Concrete House, with many new and returning visitors. We continued our Crafty Wednesdays this summer, which were led by our summer student, Haley Hardy. Haley did a great job this summer and we wish her well in her upcoming school year. We had a number of different exhibits this summer in both of our galleries and are starting to plan for next season's exhibits.

We had ten weeks of new and returning members/guests this year at The Blue Cottage, including two honeymooning couples, and we already have three weeks reserved for next year. Please contact us at info@concretehouse.ca if you are interested in reserving a spot for next year.



L - R Trish Salsman, Adrihanna Decker and museum guide Haley Hardy proudly show off the fruits of their labour on a Crafty Wednesday.

*Elizabeth Sircom opens
her exhibit
"Conversations Among
Friends" in Gallery 2 of
The Charles Macdonald
Concrete House*



Thank you to everyone who came out to the museum this year and to those who continue to support the Charles Macdonald Concrete House. We look forward to seeing you next year!

Elisha Harper

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Centreville '50-Plus' Association
'Friends Enjoying Friends'
by Darrell Spurr, President



Centreville "50 - Plus" took a break during July and August. Our regular Wednesday afternoon sessions began on September 3, 2014 with a large and enthusiastic group. We meet every Wednesday from 1:30-4:00 pm. Seniors from Centreville and surrounding areas are encouraged to join our group. Card and board games are played. Monthly birthdays and special occasions are celebrated. For more information on our club, please call Darrell or Myra Spurr at 902-678-7209, or any member.

A gentle reminder...

Though in effect year round, this time of year many of us need reminding of the law relating to speed limits in school areas. Particularly troublesome for many of us seems to be what 'when children are present' really means. This information is taken from Nova Scotia's highway safety webpage. Fines are very stiff, so it pays to be aware.

What is the law regarding school areas?



To help make school zones safer, the speed limit is 30 km/h in areas where the approaching limit is 50 km/h, **when children are present**. Where the speed limit is higher than 50 km/h, drivers continue to be required to reduce speed to a maximum of 50 km/h **when children are present**.

What is the definition for "when children are present"?

School zone speed limits have always been in effect "when children are present." This is not new. **Children present is defined as being (i) on the highway in the school area, or (ii) outdoors, within 30 metres of the highway, in the school area.** This reduced speed limit will be in effect 24 hours a day, 7 days a week, 365 days a year when children are present in the school area.

So for example...

If you are driving in a 50 km/h speed zone and enter a school zone, as is the case in Aldershot and Kentville, you are required to slow down to 30 km/h only when children are present as defined above.



It has now been nearly a year since I was elected. Many of you have asked how I like this new job after 27 years of vegetable farming. The simple answer is that I am enjoying it immensely and feel very much privileged to be your elected representative in Halifax. I have a much deeper appreciation of our communities and their issues than a year ago. I also have gained admiration for those of you who actively contribute by volunteering in your community. There are so many ways to do so it would be impossible to list, but every act of service adds quality of life to community. A great big thanks for that.

Have there been any surprises? Yes, several! One surprise is how many issues end up involving two or three levels of government. I am getting to know the Kings North municipal councillors much better than I expected. And I have been impressed by their dedication and commitment to bettering the lives of our citizens. A second surprise is how difficult it is to resolve neighbourly disputes. Fortunately there haven't been many, but I will suggest that the wise place high value on good neighbourhood relationships.


Recently someone asked me about the Ivany Report. Would it end up just gathering dust on a shelf somewhere? I believe that this is the single biggest issue our current government has to deal with. It is our party's intention to keep the report alive and make every effort to see its recommendations enacted. A second major issue in the county is the state of the roads, both potholes and brush trimming. I have had a number of meetings and many emails and phone conversations on the topic. The work is slowly getting done though I feel that, in regard to brush control, the trees are actually growing faster than we are trimming at the moment. We will need a substantial increase in brush trimming to get things back under control.

As we go into the fall I encourage you to contact me if you have any suggestions for legislation or issues you wish me to raise in the house. My office is in Centre Square in Kentville, next to the Dollar Store. I am also doing a weekly newsletter by email, which has been very well received. It contains government press releases that relate to Kings County and also a listing of upcoming events. Please let me know about any upcoming events and I will include them in the newsletter. And please email me to get on the distribution list. If you don't have email, phone my office to arrange some other way to receive the newsletter. My email is johnlohrmla@gmail.com or phone [902-365-3420](tel:902-365-3420).


Thanks,
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Not Just Garbage and Leaves

by Pauline Raven

As news spreads about fall cleanup cancellation, hundreds of calls and emails are arriving. There are a number of reasons why this service and the November leaf collection have been cut. I'd like to cover some of these reasons and link the lack of fall cleanup to the need for us to consider changes in municipal government.

Valley Waste Resource Management is experiencing decreased revenues and increased costs (for example, lower prices paid for recyclables on the open market and higher gas prices). Add economic hardship at some of its municipal units and a uniform decline over many years in provincial funds to all seven waste authorities, and the crunch was on.

Plugs were pulled that would cause the least long-term disruption. After staff reductions and other less noticeable items, fall cleanup was reluctantly axed for 2014. The Town of Hantsport was struggling, but other units also had to argue against keeping the fall cleanup to balance their budgets.

We do get great value for our tax buck at Valley Waste. It's similar in format to other provincially mandated authorities across Nova Scotia, but consistently outranks the others in performance. In fact, Valley Waste's management team and staff have provided more at less cost during many years of services to over 40,000 households.

Centreville residents who point out that cancelling fall cleanup may have unwanted results, including illegal dumping, are right on the money. Savings may not be as large as expected, especially if the volume of spring cleanup becomes greater and causes costs to escalate. Pitfalls were considered and are being watched to determine if any of the changes made this year should become permanent. It's not just what to do with the extras in our garages, basements or cupboards that may draw our attention before long. The more significant issues are economic decline and outward-bound youth and families.

Change is here. Welcome or not. What we are experiencing at Valley Waste demonstrates that counties and towns aren't islands unto themselves. What happens down the road doesn't stop at a town or county border.

Recently, Pictou County, the Town of Pictou, and the Town of New Glasgow announced their plan to be one regional government by election time in 2016. There, a warden and two mayors are planning their own replacement by one regional mayor. With "Now or Never" as their rally call, they've issued an open invitation to the towns of Stellarton, Westville, and Trenton to join them.

Here, consideration of a Regional Government made a brief appearance at the Kings Partnership Steering Committee. In the face of a reluctant warden and mayors it was dropped in favour of sharing more services between cooperating but independent municipalities. The 2050 initiative is set to launch a regional service review during the years ahead, especially if all councils show interest in sharing planning services.

Does the pending dissolution of valley towns like Hantsport and Bridgetown indicate urgency and a need for more than change on the shared-services front?

Could reducing layers of government, as Pictou plans to do by 2016, help prevent the loss of young families, encourage more business development, and create a stronger tax base?

Can we afford to continue spending tax dollars on duplicate administrations or must that stop, and quickly, now that cracks are showing?

As always, I'd be pleased if any fact or opinion shared with you in this column produces debate, opposing views, or direction. I welcome your call at 902-670-2949.

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**Recipes from
Between the Bushes Restaurant**



*Submitted by Margie Brown
The Nova Agri Group of Companies*

Raspberry Muffins

Ingredients

- 1-3/4 cups all-purpose flour
- 2 teaspoons baking powder
- 1/3 cup shortening
- 1 cup sugar
- 2 eggs, lightly beaten
- 1/2 cup milk
- 1 teaspoon vanilla extract
- 1 to 2 cups fresh or frozen Vital Berry Farm raspberries (Vital Berry is open until early October)

Additional sugar


Directions

Combine flour and baking powder; set aside. In a large bowl, cream shortening and sugar. Add eggs; mix well. Combine milk and vanilla; add to creamed mixture alternately with flour mixture. Fold in the raspberries. Fill greased or paper-lined muffin cups two-thirds full. Sprinkle with sugar. Bake at 375° for 20-25 minutes or until center of muffin springs back when lightly touched. Yield: about 1 dozen.

If you would prefer a less sweet muffin, try: increase the flour to 2 cups, increase the baking powder to 3 teaspoons, and decrease the sugar to ½ cups.

Visit the information on our u-picks under Blueberry Acres on www.betweenthebushes.ca.

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Leftovers, anyone?

Thanksgiving (not to mention Christmas...) is not far away - don't know what to do with turkey leftovers? This easy casserole dish will look after them...

Turkey Casserole

- 2 cups cooked and diced turkey
- 1 cup chopped celery
- 2 cups cooked rice
- 1 cup sour cream
- 2 tbsp. finely chopped onion
- 1-cup evaporated milk
- 1 can cream of mushroom soup
- 1 tsp. Worcestershire sauce
- 2 tbsp. lemon juice
- 2 chicken bouillon cubes dissolved in ½ cup boiling water
- ½ cup cheddar cheese (grated)
- 1 cup crushed crackers or breadcrumbs

Combine all ingredients except cheese and crackers in a large mixing bowl; stir to mix. Turn into a greased 2-quart baking dish. Sprinkle cheese and crackers over top.

Bake at 350° F for 45 minutes. Makes 6-8 servings.

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A 72-year-old man who loves to fish was sitting in his boat one day when he heard a voice say, "Pick me up."

He looked around and couldn't see anyone. He thought he was dreaming when he heard the voice say again, "Pick me up."

He looked in the water and there, floating on the top, was a frog. The man said, "Are you talking to me?"

The frog said, "Yes, I'm talking to you. Pick me up and kiss me, and I'll turn into the most beautiful woman you have ever seen. I'll make sure all your friends are envious and jealous because I will be your bride!"

The man looked at the frog for a short time, reached over, picked it up carefully, and placed it in his front pocket.

The frog said, "What? Are you nuts? Didn't you hear what I said? I said kiss me and I will be your beautiful bride!"

He opened his pocket, looked at the frog, and said, "Nah, at my age I'd rather have a talking frog."



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We would like to introduce Heritage Land Surveying to the community of Centreville. Owner operators Sean and Jenny Magee have been living in Centreville for three years now and just recently opened Heritage Land Surveying. Jenny specializes in legal surveying and is commissioned as a Nova Scotia Land Surveyor while Sean excels in and manages the construction surveying for Heritage.

Whether you have been thinking about subdivision and would like to know more about the process, would like to determine where your property boundaries are, or would like to discuss a potential property concern, call Jenny today for more information or an estimate.

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Community Groups

Good Neighbour Club

The Good Neighbour Club (GNC) meets at the Centreville Hall at 7:30 pm on the first and third Thursdays of the month (except June, July and August). All Centreville women are welcome to attend and join the club.

'50-Plus' Fun Group

The '50-Plus' Fun Group meets at the Centreville Hall every Wednesday, 1:30 - 4:00 pm. New members are welcome.



Pins and Needles

Anyone is welcome to join us at the Community Hall on Thursdays. Bring along a craft you are currently working on and a paper bag lunch, and stay for the day. Tea and coffee are available. We also get together once a month to work on 'comfort quilts': These are made with donated fabric and are sewn and tied, then given to organizations to provide comfort to those in need.

For further information call Ann Steadman at 902-678-4472

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on Monday evenings. Weigh-in is from 6:00 to 6:30 pm, followed by a short meeting. We are open to new members at the cost of \$32.00 yearly, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night. For more information contact Co-Leaders Hope Shanks at 902-678-1302 or Madeline Sheffield at 902-678-7584.

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held every Tuesday at 10:00 am at the Baptist Church here in Centreville. For more information, please contact Beverley at 902-678-4798.

Battery Recycling in Centreville

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 am - 2:00 pm, as well as at the monthly Big Breakfast, except in July and August.



All batteries can be turned in **except** car batteries.

Centreville Park Association

The Centreville Park Association meets the third Wednesday of each month at 7:30 pm at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are those who will make the park a success.

Next meeting - October 15/14

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall

When: Fourth Thursday of the month

Time: 7:00 pm

Exceptions: June, July, August and December by notification

All meetings are open to the public — come out and support your community's development!

Next meeting: September 25/14

Cancer Support Group

For women with and/or recovering from any type of cancer. Meeting the 3rd Wednesday of each month.

Info:

Dorothy	902-538-3374	msalsman@xcountry.tv
Pat	902-678-9100	patmutch@hotmail.com
Margot	902-542-1466	margotwithat@hotmail.com



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