

THE CENTRE POST

September 2015, Issue 41

Next issue December 21, 2015
Submissions due December 1, 2015

Centreville Park Association Report

Submitted by Suzanne Trudeau

Centreville Day: This year's Centreville Day attendance wasn't dampened by the weather. We did get some light showers during the morning but they didn't last long and the activities went on full speed ahead. Of course, we weren't as lucky in the afternoon when the skies opened and soaked everyone!

Centreville residents were entertained with baseball tournaments, children's games, the ever-popular dunk tank (thanks to our good sport Mike Foote, who braved the cold water again this year!), and music by Larry Knowles and Friends. A few new attractions this year included the Kentville Fire Department's, which provided sprinkler showers to cool off anyone who cared to, as well as Scott Henderson's impressive Centreville Farm horse-drawn wagon. In addition, there was the 1st Annual Car, Truck & Motorcycle Show, thanks to Bernie Larose and the newly formed Atlantic Region Car Club.



The Fireworks were postponed until Sunday, August 23rd due to the rain and, as usual, they did not disappoint! (Thanks to James Stacey.) A huge debt of gratitude goes out to the local businesses that helped defray the cost of the fireworks: Centreville Kwik Way, Pineo's Pet Spaw, Footes Farm Market,

Brooks Levy Construction, Ansems U-Pick, Ray Winkelman, Colby Daniels Rust Check, and Chris Hines Auto Repair.

Classic Car, Truck and Motorcycle Show: The newly formed Atlantic Region Car Club put on a fantastic all-vehicle show at the soccer fields off Saxon Street. The club was formed last November, and President Bernie Larose and 28 members have been meeting since then to plan their first annual show in conjunction with Centreville Day.

A lot of money, time and 'TLC' are invested into the restoration and preservation of these vehicles. The owners are very passionate about their craft and hope to pass on their knowledge for the next generation to carry on the tradition.

In addition to club members' vehicles, there were more than 80 classic vehicles on display. The all-vehicle show helped raise funds for the Centreville Percy A. Lydiard Park Complex through free-will offerings, food sales, and a quilt raffle.



Classic Car, Truck and Motorcycle Show



Centreville Farm



Larry Knowles and Friends provided music

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The Centre Post is published four times a year:

September, December, March and June.

The deadline for news items, etc., is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.

For announcements, stories, ads or information, contact one of the following:

Submissions/Set-up of newsletter:

Suzanne Trudeau at (902) 678-7769

E-mail: centrepostlady@hotmail.com

To place an advertisement:

Mike Sweeney at (902) 679-2780.

Centreville Website

www.centreville-kings-county.com

If you haven't yet, pay the website a visit. It has lots of interesting information about the community – past and present – as well as a calendar of events, old photographs, items of concern to residents, past and current issues of *The Centre Post*, and useful links. It is a work in progress, and depends largely on input by you. If you have an upcoming event you would like posted, send the information to:

events@centreville-kings-county.com

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Lead Editor's Note...

As I write this, my heart is heavy as I will be attending the Celebration of Life service for our good neighbour and friend, Louise Brown. I will miss dropping in for coffee, a chat, and a few laughs. She even invited my dog, Sandy, into her home and, after a thorough 'vacuuming' of the kitchen floor, Sandy would go and find Doug. She would always say: "Stop by anytime!" I will miss her very much - her warm smiling face and hugs at the Big Breakfasts. May you rest in peace. I offer my sympathies to her wonderful hubby, Doug, and family.

Thank you to our regular and new contributors. I was concerned that I wouldn't have enough material for even 12 pages but in the end, struggled to fit everything in 16! What can I say Mike, you were right!

Suzanne Trudeau

Submissions may be edited due to space limitations or for clarity purposes. Context will not be changed.

Never Quit.

If you stumble, get back up.
What happened yesterday no longer matters. Today's another day so get back on track and move closer to your dreams and goals.
You can do it.

-Author Unknown-

Agap2

Dates to Remember...

September 16.....	Park Association
September 17.....	Good Neighbour Club
September 19.....	Big Breakfast
September 23.....	Fall begins 4:21 a.m.
September 24.....	CDCDA 7:00 p.m.
October 1.....	Good Neighbour Club
October 12.....	Thanksgiving Day
October 15.....	Good Neighbour Club
October 17.....	NO Big Breakfast
October 21.....	Park Association
October 22.....	CDCDA
October 24.....	Fuel Supper
October 30.....	Clothing Give Away, Baptist Church
October 31.....	Hallowe'en
November 5.....	Good Neighbour Club
November 18.....	Park Association
November 19.....	Good Neighbour Club
November 21.....	Big Breakfast
November 26.....	CDCDA

Centreville Park Association Report

Continued from Page 1

New Playground Equipment: Later on that morning we gathered around the new playground equipment for a very proud and exciting moment for the members of the Centreville and District Parks and Recreation Association (CDPRA). A ribbon cutting ceremony was held to mark two years of planning and building this beautiful playground equipment. The honour was given to Kings County Councilor Pauline Raven and CDPRA president George Graves (see photo).

This project was spearheaded by a study undertaken by Acadia University Recreation Management students. They conducted research to see what this community was looking for to improve our park. The overwhelming consensus was to replace the outdated playground equipment.

Henderson Equipment offered the playground equipment at a saving of approximately \$30,000 and the work was completed almost entirely by volunteers. The new playground cost approximately \$54,000 to build, but without support and donations the cost would have been closer to \$115,000.

We wish to acknowledge and thank the following organizations and individuals for their support and donations: the Department of Municipal Affairs, for providing accessibility components; the County of Kings and the NS Department of Health and Wellness for providing Special Project and Recreational Facility Grants; the Chicken Producers of Kings County for their generous donation; the Kentville Kinsmen; *The Centre Post* for a donation to purchase park benches for the playground area, and Easson's Transport for transporting the equipment from Ontario to Centreville. A special thanks to Pauline Raven, District 3 Councillor, for her invaluable assistance in searching out and applying for grants. Last, but not least, thank you to the residents of Centreville.

Many volunteer hours were provided to complete this project and we wish to thank everyone who contributed to achieving this goal. It's wonderful to see this colourful addition to the park and know that so many children will benefit from it for years to come. It is proving to be a great area for parents and grandparents to bring their children and grandchildren to play and socialize. We hope you will take the time to come see what a beautiful transformation is taking place at the park!



Ribbon Cutting Ceremony: New Playground Equipment

Center: George Graves (President, CDPRA) and Pauline Raven (District 3 Councilor); From L-R CDPRA members: Billy Rhynard, Vicki Harris, Helen MacDonald, Neil Prince, Billy Foote, Suzanne Trudeau (or at least, part of my pink tutu!)

Other news: We held free day camps again this summer for two age groups: 4-6 years old and 7-12 years old. Our summer student kept the kids busy with many fun activities and theme days. A big thank you to our summer student, Ashia!

The **next projects** include new washroom facilities in the park building and a new trail and gazebo. They will be fully wheelchair accessible thanks to a federal grant. The work is expected to begin in September and will be completed by spring of 2016.

There will be a **fall cleanup**: the date will be announced on the Community Hall sign. We encourage anyone who can spare a couple of hours to join us.

New signage will be posted asking dog owners to please take their pets' 'treasures' home from December to March. We are asking for your cooperation in this matter.

Finally, I have noticed that the **old tennis court** has become a multi-use area: it is being used for various activities such as ball hockey, beginner cyclists, and exercise classes. Some young people even cleared part of it to play hockey this past winter. We will be assisting and encouraging them to continue these activities this coming winter. The December issue of *The Centre Post* will have information regarding **winter activities - snowshoeing** and more.

Pineo's Pet Spaw & A Dogs' Day Inn

What we Have in Store:

For those of you who have never ventured into the Spaw, we thought we'd take this time to let you know about some of the great products that we're carrying.

For Grooming:

We have shampoo from *Tropiclean*, *Nature's Specialties*, *Epi-Pet Canada*, and *Sea Foam Lavender*. *Tropiclean* and *Nature's Specialties* are our largest lines, and include scented, medicated, and hypoallergenic shampoos. *Epi-Pet Canada* is our favorite everyday shampoo, as it is hypoallergenic *and* medicated. It treats various kinds of skin conditions and keeps the coat clean and healthy between grooming appointments. *The Sea Foam Lavender* shampoo and conditioners are great all-natural products that also help repel fleas and mosquitoes.

We carry every brush you'd ever need for your pet, so don't be afraid to come in and talk to the groomers about what tool is best for your dog's coat!

For Their Health:

We carry *Epi-Pet* ear cleaner and medicated skin spray, *Tropiclean* medicated wipes and oral health-care products, *Sea Foam Lavender* bug spray, *Oregapet* first aid gel and eardrops, and *Bailey's Rescue Remedy Cream*. Any one of these products can help with insect bites, seasonal allergies, weepy eyes, sore feet, dirty/infected ears, and hotspots.

We also carry coconut oil, salmon oil, glucosamine oil, and probiotics to help keep the skin, coat, and belly happy and balanced, which all go well with our variety of food products.

For their Belly:

We carry three lines of dog food: two lines of kibble and a raw line. Our kibble lines are *Taste of the Wild* and *Grain*

Free Naturals. Both lines have a variety of flavours, are made with real meat and vegetables, are full of vitamins and antioxidants, are free of grain, and are free of artificial colour and flavour. *The Taste of the Wild* also comes in a feline line and offers a canned variety, too. Our raw line is *Inner Wolf*, from Wild Mountain Farm, and offers clients a variety of raw meat (ground or on the bone) and raw treats (bones, hooves, feet, etc.), as well as dehydrated treats. Wild Mountain Farm is located on the North Mountain right here in Kings County.

We also carry a variety of Canadian-made limited-ingredient dehydrated treats (beef liver, beef lung, chicken necks, beef tenderloin, smoked bones and antlers).

For Their Entertainment:

We carry two Canadian lines of leashes, collars and harnesses: we have a fabric line from *RC Pets* and a leather alternative from *Smoochy Poochy*. The *RC Pets* line brings us three types of collars, leashes and harnesses in a variety of sizes (there are great running leashes from this company). They also provide us with pet first aid kits and hunting vests for fall hikes! *Smoochy Poochy* offers two types of collars and four types of leashes in a variety of lengths. The *Smoochy Poochy* products are perfect for dogs that swim and like to roll in stinky things, as they are easily cleaned with a wet wipe.

We also have a great line of life jackets for dogs of all sizes that work great for boaters or those that like to do any type of water retrieval but are scared of the swim distance. We also carry *Chuck It* toys, all of which are floatable and hours of fun. We have Halloween costumes, a limited supply of small dog coats, and doggy beds in a large variety of shapes, sizes, and textures!

So don't hesitate to stop in: even if you're not a pet owner, we have products that make great doggy gifts!

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Companionship Transportation

Submitted by Alice Morse

As VON Annapolis Valley approaches the second anniversary of the Companionship Transportation program, it's hard to imagine what our community ever did without it. Since its October 2013 debut in Kings and Annapolis Counties, the number of clients who rely on the resource has increased to 45.

Companionship Transportation was designed to address the growing need for transportation and social support for grocery shopping and errands. Funded by the Millett New Minas Recreational Trust, it is staffed by a coordinator and two drivers, one of whom is a volunteer.

In September 2013, Bev Slaunwhite suffered a stroke, resulting in the loss of her peripheral vision and ability to drive. "My family is spread across the country and no one is local," she says. "A VON nurse recommended the program to me, knowing I would need assistance with errands. I really miss my car, but this program has been a great help in my life."



*Left to right:
Susan Porskamp,
the volunteer
driver for the
program, and
Hilda Allen,
Companionship
Transportation
client.*

"What makes our program unique is the companionship component," says Jillian MacDonald, Program Coordinator. "The social support that clients receive helps them maintain an independent lifestyle."

Susan Porskamp is a volunteer driver for the program. Before she retired, she spent many years with the Department of Community Services. "We serve all types of clients," she says. "Some may have mobility issues while others have mild dementias. I always offer my arm or help carry groceries, and I truly believe they are giving as much to me as I'm giving to them."

Companionship Transportation's hours of operation are Monday to Friday from 9 a.m. to 5 p.m. with the exception of holidays. VON Annapolis Valley is currently investigating funding sources for expansion in Annapolis County.

For more information on this service, contact Community Supports at 902-678-3415 or e-mail cssannapolisvalley@von.ca.

HERE'S HOPING FOR A WARMER, MORE ECONOMICAL WINTER!

Submitted by Pauline Raven

Meteorologists might wonder why anyone takes the Farmers' Almanac seriously. A bitterly cold and "snowy as last year" prediction for winter could be very wrong but it looks like there's more wood in some yards this year than last. In rural Nova Scotia when children return to school thoughts turn to harvest time, and making sure we're as prepared as possible for the winter that's surely ahead.

Home Warming Program Comes to a Hall Near You

With what could be on the way weather-wise, I've arranged for a brush up on how we can get ready for winter. If you noticed drafts last year or despaired when the power bill arrived, there is likely more you can do to make your home more energy efficient. You're invited:

Thursday, October 1, 7-9 PM, Meadowview Community Hall, Brooklyn Street (refreshments served)

"Home Warming" funds can benefit homeowners with small incomes. Nova Scotia Power representatives will be present to describe this program and funding streams open to all homeowners. There will be an opportunity to meet staff and get help filling out applications on the spot. If you want to make changes before this winter's cold and blustery months arrive come along. Without spending a dime homeowners can be ready for winter. The "Home Warming" changes recommended in an energy audit are paid for entirely by Nova Scotia Power if your household income is as follows.

Income Eligibility Chart for Free "Home Warming" Work	
Number of people living in your home	Maximum annual household income
1 person	\$20,550
2 to 4 people	\$38,185
5 or more people	\$54,381

Wayne Sampson, New Aldershot Cross Walk Guard

The elementary school serving Centreville and much of the surrounding area has just had a cross walk installed by the municipality. You may have noticed the new, safer location or new cross guard, Wayne Sampson, as you slowed down to 30K when children are present! Overhead lights are ordered and scheduled for installation as soon as they arrive.

The Aldershot cross guard now works under the supervision of the Kentville Police Department through a contract paid for by the county. The PTA is pleased to not have this responsibility for employing a cross guard and I'm happy to see this busy group of parents move on to more suitable work for them. Thanks to the Aldershot Mamas for their help in making this happen and a heartfelt welcome to Wayne for taking on this important role for our community.

As always, please do not hesitate to give me a call if you have any questions or concerns. **902.670.2949**

“Sorry Virginia, there’s no such thing as a ‘fish-friendly’ hydroelectric turbine.”

Submitted by Christopher Cann

In keeping with the Principles for Community Participation, which are being finalized at Kings County Council and which entail the seeking of ‘qualified evidence’ for public information, the following report may be of interest.

Report and Update on Turbines in the Bay of Fundy

After initial adventures with the data projection, which were resolved with the cooperation of those present at the meeting, the following is the report of the November 27, 2014 presentation by Dr. Mike J. Dadswell at the Hall’s Harbour Fire Hall, concerning the effects of hydroelectric turbines on marine ecology. In his presentation, Dr. Dadswell addressed the effects of the type of hydroelectric turbine used in the Annapolis Basin pilot project.

His presentation consisted of four parts:

- the natural history of fish behaviour and the global reach of the Fundy fish population;
- the physics and force in currents and turbine blade structures, as well as created pressures;
- the effects of hydroelectric turbines on different fish species (with regard to size, age and rigidity of spinal column); and
- a discussion on the latest developments in turbine design to save harmless fish stocks that already inhabit the Fundy, as they have for thousands of years.

For a complete presentation, please go to: ***Tidal Power... Is It Really Green? - YouTube***

The discussion among the thirty neighbours who attended this meeting was dynamic, and addressed the permanent effects on the local fisheries if 300 turbines were installed between Baxter’s Harbour and Scotts Bay, including sedimentation and littoral currents. Extraction in excess of 5% of the potential tidal energy would already degrade the normal rhythm and flow of the tides. Nonetheless, the market for this electricity production would require much more than 5%. The electricity produced by these turbines would not be based on Nova Scotia’s energy needs, but on the expectation of market-driven export.

Rumour has it from official sources that this project has been formally withdrawn. The project cannot be formally withdrawn when there never was an application for a Letter of Authority or lease from the

Department of Natural Resources. Please query the MP, ministers, MLAs, and councilors regarding the status of this project: It is important to understand what “withdrawn” means.

For a complete presentation, please go to: ***Tidal Power... Is It Really Green? - youtube***

Tidal Power...Is It Really Green?



Jerry Lockett

Published on Jan 16, 2015

Proponents of tidal power in Nova Scotia’s Bay of Fundy say that it is environmentally friendly, but tidal turbines have a downside. In this documentary, Michael Dadswell, a retired Acadia University biology professor who has studied the effects of these turbines on fish, and Darren Porter, a commercial fisherman in the Minas Basin, argue that tidal power could seriously damage the region’s valuable fisheries and its species at risk. (January 2015, 17:06 minutes).

The Charles Macdonald Concrete House

www.concretehouse.ca

by Fred Macdonald

We've ended another successful season at the Charles Macdonald Concrete House. Based on guest-book signatures and estimates, more than 500 visitors stopped by to learn a little about Charlie and Mabel Macdonald, see our exhibits, sign in at our GPS cache, and toy with Kevin West's "Wings and Wire" Uncommon Art exhibit. Passersby would have noticed that July was Cuba Month. We had two exhibits celebrating Nova Scotia's ties with Cuba: one with Charlie's photographs of Havana in 1898 and the other, Jude Caborn's "Convergence of Two Cultures".

We had two great student guides this summer, allowing us to be open daily from 10 am to 5 pm. Sarah Lincoln and Madeline Ahern busied themselves touring visitors, scanning and digitizing our archives, and uploading our collection of over six hundred historic postcards to the province's Passages Program website. www.novamuse.ca/index.php/Detail/Entities/6323 Both Sarah and Maddy are returning to university in the fall, and we thank them for their toil and wish them well.

In late June an exhibit of paintings by Dyan Hatanaka, Miyoshi Kondo and Ryan Hupman was installed in The Legge Gallery with a pleasant summer's eve opening attended by some 30 guests.



Photo: Mandy (left) and Sarah hold a picture painted by Charlie of Murray Harbour PEI. It was recently donated to the society by the family of Lyndon Kaizer, who is believed to have known Charlie.

The Blue Cottage in Hunting Point continues to attract people to the area for holidays. This season we set a record, with 13 weeks of occupancy by member/guests from Ontario, New Brunswick, and Nova Scotia.



For almost 20 years now, the Charles Macdonald House of Centreville Society has proudly contributed to the economic and cultural well-being of North Kings by drawing visitors and vacationers to our area. Anyone interested in membership or helping out is invited to contact us at info@concretehouse.ca

FALL /WINTER CLOTHING GIVE AWAY

Centreville Baptist Church

870 Murray Drive (off Hwy #359)

Sponsored by the Centreville Baptist Church
Missions in Action.

ONE DAY ONLY !

Friday, October 30, 2015

8:30 a.m – 11:30 a.m

Donations of clean fall/winter clothing, bedding, towels, and footwear gratefully accepted. No summer clothing accepted this time. Items for children especially appreciated. **Items may be dropped off the week prior** to the give away, up to Thursday afternoon the 22nd when we set up. For more info contact Marilyn 902-678-3939 or the church 902 -678- 1946.



Story From The Family Farm

By Mack Frail

It has been seventy-five years since the day George Frail entered the back porch of our farmhouse in Centreville. He arrived during a blustery cold winter's day in 1941, when the roads had been impassable for several days. I was six years old and I remember being very excited and surprised to have a visitor arrive at our home during such severe storm conditions. He was welcomed by my family as he sat in our kitchen and warmed himself near the wood-fired cookstove. Walking through the deep drifts of snow was practically impossible. I was concerned about how he had arrived, and looked outside through the frosted window panes. Standing upright in the snow was a pair of skis and ski poles. George was teaching school in Glenmont that year, and he had stopped at our house on his way to the home of his parents, Walter and Georgie Frail, who lived in Upper Canard.

I was four years old when WWII began in 1939, and I developed a strong interest in airplanes and the pilots who flew them. I would draw airplanes, and make them from pieces of wood. I spent many hours working at assembling the airplane kits that consisted of a diagram of a plane and balsa wood for assembly. My favourite radio program was "L for Lanky", about a Lancaster Bomber and its crew. My heroes were people who flew airplanes. At age five I informed my mother that I was going to be an airplane pilot when I grew up. My mother was pleased with my choice of careers because it gave her an idea: she said to me, "You must eat lots of carrots because they improve eye sight, and airplane pilots require good vision." It worked - I ate lots of carrots. I pulled carrots from our vegetable garden and ate them on the spot. Before my mother's words of advice I wouldn't eat carrots.

George Frail's next visit to our home was in 1942, and when he entered our kitchen dressed in his Royal Canadian Air Force uniform I was caught by surprise: to me it was as if King George VI had entered our home. George was twenty-two years of age, and a good looking man who I have heard described as handsome. I did not know that he had joined the Air Force and had completed his training as a pilot. I was proud when realizing that George Frail, my cousin, was a Royal Canadian Air Force pilot. He had come to our home to visit before leaving for England, where he was to become involved with air force flight attacks against

the Nazis. Flight Lieutenant George Frail was pilot of a Lancaster Bomber and commander of his crew, carrying out bombing missions over Germany. While on leave in England he visited my mother Mabel's family living in her home town of Birkenhead. My parents received news about George while he was in England, and I had a feeling of pride when hearing the compliments that were expressed concerning him. My mother was fond of George, and it meant a lot to her that he had visited with her family in England.

George returned to Canada after a distinguished military career with the Royal Canadian Air Force. He married Marion Moses in 1945, and they settled in Greenwood, Nova Scotia before moving to Halifax. He attended Dalhousie University and in 1951 he graduated as a Civil Engineer. George and Marion had four children. They both lived busy lives raising their children, and made several moves to locations in Canada where George's engineering

expertise was required. The first Annapolis River Causeway was among the many challenges that George was involved with as an engineer. He moved with his family to Saskatchewan to become involved with building the Gardner Dam. His engineering jobs took him to Newfoundland, where he was engineer for the building of the Trans-Canada Highway. Among his many engineering projects was the Avon River Causeway in Windsor, Hants County. He was engineer working on the Kings County dykes and the Wellington Dyke at Starr's Point. George had several employers before he opened his own firm, known as GE Frail Engineering Ltd. He was the arbitration engineer on a court case concerning the Mactaquac Dam in New Brunswick, and was Town Engineer for Amherst before moving to Centreville in 1987.

My wife Sheila and I often visited with George and Marion: we played a lot of games of Chickenfoot and enjoyed our times together. After Marion died on January 26, 2009, I visited with George regularly. If I missed a couple of weeks without a visit he would phone to find out if we were alright. He and I were good friends: I not only liked and admired him, I also respected his opinions. He possessed a broad knowledge and when I visited with him I often had questions to ask. He died February 13, 2015, age ninety-five. I miss George and my visits with him.

Con't next page

Continued from P. 8

George Frail
1919-2015



George was born November 20, 1919, in the house on the corner of Highway 221 West and Highway 359, next to the Centreville Community Centre. He was the tenth child born to Walter and Georgie Frail. He had nine older sisters and two younger sisters. My father Wallace and George's father Walter were brothers. I write about George not because he was related to me, but because I believe he is among those former Centreville residents who should be remembered for their contributions to society and the community.

He married Marion Moses
in 1945



Interested in volunteering?

Contact the Kings Volunteer Resource Centre, located in the County of Kings complex at 87 Cornwallis Street. For more information, call 902-678-1398 or Weblink: www.kingsvolunteerresourcecentre.ca

The KVRC's focus is on volunteer matching and training.

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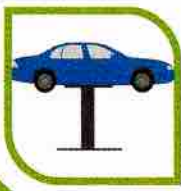
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Disney – The Magic Never Stops!

By Heather Kennedy, CTC

With more places to go, more things to see, and more Disney characters to meet, there's never been a better time to make the dream come true at the **Walt Disney World® Resort**. Enjoy a week-long vacation experience highlighted by four not-to-be-missed theme parks, each with a unique

version of Disney magic. Then hit the beach, slides, and surf of Disney's two watery playgrounds. Splash into a world of fun and thrilling attractions for big kahunas and shore huggers of all ages.

Fantasy becomes real and reality becomes fantastic as you relive childhood memories and create new ones. Discover a world of entertainment and family fun that knows no boundaries. Choose from 23 imaginative resorts and explore endless world-class shopping, dining, and recreation.

Fairytale dreams come true for children of all ages at Magic Kingdom® Park. Delight in classic attractions, enchanting fireworks, musical parades, and beloved Disney characters across six whimsical lands. See fantasy become a reality as you explore Adventureland, Frontierland, Liberty Square, Fantasyland (open while undergoing the largest expansion in Magic Kingdom history!), Tomorrowland,

and Main Street USA. Zoom through space, become a swashbuckling pirate, and watch fireworks light up the sky over Cinderella Castle. Journey to imaginary lands of adventure, fantasy, the past, and the future. Sail on magic carpets, plunge down waterfalls, hurtle through space as you travel to places beyond your imagination - attractions such as Space Mountain, Big Thunder Mountain Railroad, Buzz Lightyear's Space Ranger Spin, Splash Mountain, Cinderella Castle, Country Bear Jamboree, Dumbo the Flying Elephant, The Hall of Presidents, The Haunted Mansion, "It's A Small World", Jungle Cruise, Liberty Square Riverboat, Mad Tea Party, Pirates of the Caribbean (my favourite), The Many Adventures of Winnie the Pooh, Seven Dwarfs Mine Train, Swiss Family Treehouse, and so much more...

Celebrate the stories you know and love with popular characters from some of your favourite Disney films. It's the Disney Festival of Fantasy Parade, an exciting tribute to Fantasyland®, dazzling its way down the streets of Magic Kingdom® Park! Starring many of your favourite Disney characters, the enchanting floats featured in this afternoon showcase have been produced on an enormous scale - each inspired by the classic characters and tales of Fantasyland you know and love.

Besides the Magic Kingdom Park, there are also these parks to enjoy: **Epcot®, Disney's Hollywood Studios®, Disney's Animal Kingdom® Theme Park, and the Disney Water Parks.**

There are more great reasons than ever to stay at a Walt Disney World® Resort Hotel. Disney Resort benefits make a Walt Disney World® vacation fun, relaxing, and worry-free with a wide variety of Disney Resort amenities and programs. The Disney Park hotels range from the Disney's Value Resorts to the Disney's Moderate Resorts to the Disney's Deluxe Resorts. You can even book into the beautiful Disney Deluxe Villa Resorts or have fun staying at the Disney's Ft. Wilderness Resort & Campground.

So I ask... "What's your Disney side?" It's that side you simply can't wait to share as a family. It's that side of you that laughs more, screams more, and just plain lives life to the fullest. It's that side of you that comes out to play the moment your family steps through the gates of a Disney theme park. So what are you waiting for? Share the magic right now and go show your **Disney side!**

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GOOD NEIGHBOUR CLUB REPORT

By Susan Wood



The Good Neighbour Club (GNC) members are hoping everyone had a great summer! Now that fall is coming and students are back in school we are resuming breakfasts on September 19th. As always, we will need help from our great community, so you may be receiving a call. Please note that there **won't be a breakfast in October**.

The GNC club will have its annual potluck supper on September 17th; any women who would like to join us, come along. We meet at 6 pm and supper is at 6:30 pm. There is no meeting, just a meet-and-greet to catch up on everyone's summer vacation.

The Annual Fuel Supper (turkey) will be held October 24th from 4:30 – 6:30 pm. The cost is \$12.00 for adults and \$6.00 for children under 12. Take-outs will be available. For those new people in our community, this is an annual supper that we put on to pay for fuel for the Community Hall. Anyone - whether a new or long-time resident - who would like to help that day or the evening before in getting the vegetables and setup done, would be greatly appreciated. Also, we do call as many community members as we can for donations of food and supplies (tin foil, pickles, napkins, paper towel, etc.) If you need to contact someone for further information, please call Mary Ellen at 902-679-9780. Thanks and have a great fall.

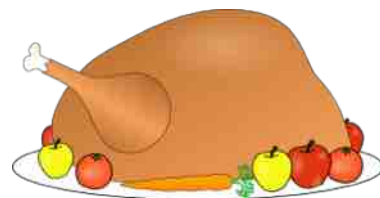
Centreville Community Hall

Submitted by Budd Murphy

The Centreville Community Hall has recently had two new heat pumps installed.

As a busy and proactive community organization, the Centreville Community Hall has once again benefited from the efforts of our volunteers and the Community Hall Assistance Program (municipal) to finance this latest project.

We are looking forward to energy benefits during the winter months and the units have already provided much-appreciated cooling during summer activities at the hall.



ANNUAL FUEL SUPPER (TURKEY)

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A Midsummer Night's Eve...

Submitted by Gail Salmon



I know that I usually write about a business in Centreville, but I wanted to tell you about my experience attending the Two Planks and a Passion performance of Shakespeare's *The Tempest*. I had friends visiting from north of Montreal and the four of us ordered a pizza from the KwikWay Diner, took a bottle of homemade wine, and headed out for a magnificent evening.

For those of you who have not experienced this live, open-air theatre, or are unaware of the whimsical place in back of Canning, up the hill on Jordan Road: Two Planks and a Passion, the creation of Chris O'Neill and Ken Schwartz, makes its home at the Ross Creek Centre for the Arts. The theatre grid is set outdoors on 178 acres, where stories and legends come to life with the help of accomplished artists. Early arrivers can sit at picnic tables under the canopy or in a tent and enjoy their own picnic or order one from the kitchen on the grounds; wine and beer are for sale on the premises.

We sat under the canopy, sipping our wine and munching on the delicious pizza, anticipating the show. As the evening sea air can be a little cool, blankets were provided to all, and for a small fee one can rent a padded seat. So we took our fuzzy fleece blankets, did the short walk to bleacher seating, and awaited the show. With driftwood directly in front of us, a reed and bulrush-duck pond beyond, and the sound of a soft breeze provided by Mother Nature, we were soon met by Prospero, the main character and father of a young girl. Prospero lead us into the twisted story of an enchanted island, mystical creatures, and young love as we were transformed into the story. Actors appeared and disappeared behind tall grasses and trees, snuck up behind us and - occasionally - sat down beside an audience member to engage him or her in conversation about the woes of life, betrayal, fond memories, and hope. As dusk approached, a slight fog floated in off the bay and transported us onto the shipwrecked island, which certainly put a new twist on live theatre.

www.twoplanks.ca/

Pauline



Raven

in touch

902 670-2949

Your District 3 voice on county council

EMAIL councillor.raven@county.kings.ns.ca
BLOG kingscountydistrict3.blogspot.ca

Recipes from Between the Bushes Restaurant

Submitted by Margie Brown
The Nova Agri Group of Companies

Lemon-Raspberry Muffins

The secret to the sparkling flavour of these delicately crumbed muffins is the strips of lemon zest finely ground into the sugar. Enjoy the muffins warm right from the oven.

Ingredients

- 1 lemon
- 1/2 cup sugar
- 1 cup nonfat buttermilk, (see Tip)
- 1/3 cup canola oil
- 1 large egg
- 1 teaspoon vanilla extract
- 1 cup white whole-wheat flour, or whole-wheat pastry flour (see Shopping Tip)
- 1 cup all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon baking soda
- 1/4 teaspoon salt
- 1 1/2 cups fresh or frozen (not thawed) raspberries



Preparation

1. Preheat oven to 400°F. Coat 12 large (1/2-cup) muffin cups with cooking spray or line with paper liners.
2. Use a vegetable peeler to remove the zest from the lemon in long strips. Combine the zest and sugar in a food processor; pulse until the zest is very finely chopped into the sugar. Add buttermilk, oil, egg and vanilla and pulse until blended.
3. Combine whole-wheat flour, all-purpose flour, baking powder, baking soda and salt in a large bowl. Add the buttermilk mixture and fold until almost blended. Gently fold in raspberries. Divide the batter among the muffin cups.
4. Bake the muffins until the edges and tops are golden, 20 to 25 minutes. Let cool in the pan for 5 minutes before turning out onto a wire rack. Serve warm.

Blueberry Cheesecake

Crust:

- 1 package digestive biscuits, crushed (3 cups)
- 3/4 cup melted butter
- 2 T sugar

Mix and press into a 9"x13" pan; bake 10 minutes @ 350° F.

Filling:

- 2 packages cream cheese (500 g)
- 2 tsp lemon juice
- 1 cup sugar
- 2 tsp vanilla

Blend thoroughly.

Whip 1/2 litre cream until stiff; fold into cream cheese mixture.

Fold in 4-6 cups blueberries. Spread over cooled crust and refrigerate.

.....
▪ *When asked about rumours that he owned*
▪ *a bakery, Shakespeare replied, 'It's much*
▪ *a-dough about muffin.'*
.....

A black and white advertisement for POEHL'S AUTO RECYCLERS LTD. The top part has the company name in large, bold, stylized letters. Below the name is an illustration of a vintage computer system with a monitor, a desktop unit, and a keyboard. Underneath the illustration, the text reads 'THE AUTO PARTS LOCATOR' and 'Dana Poehl'. At the bottom, the address 'RR#1 Kentville Kings Co., NS B0P 1J0' is listed, along with the telephone number '(902) 678-4564' and fax number '(902) 678-8099'.

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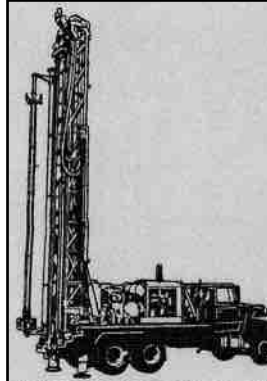
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Community Groups

Good Neighbour Club

The Good Neighbour Club (GNC) meets at the Centreville Hall at 7:30 pm on the first and third Thursdays of the month (except June, July and August). All Centreville women are welcome to attend and join the club.

'50-Plus' Fun Group

The '50-Plus' Fun Group meets at the Centreville Hall every Wednesday, 1:30 - 4:00 pm. New members are welcome.



Pins and Needles

Anyone is welcome to join us at the Community Hall on Thursdays. Bring along a craft you are currently working on and a paper bag lunch, and stay for the day. Tea and coffee are available. We also get together once a month to work on 'comfort quilts': These are made with donated fabric and are sewn and tied, then given to organizations to provide comfort to those in need.

For further information call Ann Steadman at 902-678-4472

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on Monday evenings. Weigh-in is from 6:00 to 6:30 pm, followed by a short meeting. We are open to new members at the cost of \$36.00 yearly, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night. For more information contact Hope Shanks at 902-678-1302 or Madeline Sheffield at 902-678-7584.

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held every Tuesday at 10:00 am at the Baptist Church here in Centreville. For more information, please contact Beverley at 902-678-4798.

Battery Recycling in Centreville

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 am - 2:00 pm, as well as at the monthly Big Breakfast, except in July and August.



All batteries can be turned in **except** car batteries.

Centreville Park Association

The Centreville Park Association meets the third Wednesday of each month at 7:30 pm at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are those who will make the park a success.

Next meetings: September 16 and October 21/15

Centreville District Community Development Association (CDCDA) Board of Directors Meetings

Where: Centreville Hall

When: Fourth Thursday of the month

Time: 7:00 pm

Exceptions: June, July, August and December by notification

All meetings are open to the public — come out and support your community's development!

Next meeting: September 24/15

Cancer Support Group

For women with and/or recovering from any type of cancer. Meeting the 3rd Wednesday of each month.

Info:

Dorothy 902-538-3374 msalsman@xcountry.tv
Pat 902-678-9100 patmutch@hotmail.com
Margot 902-542-1466 margotwithat@hotmail.com



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