THE CENTRE POST

Issue 78, Fall 2025

Next Issue: Winter, 2025: Submissions Due: Nov. 16, 2025

FOOD BANK DONATIONS NOW BEING ACCEPTED AT THE CENTREVILLE POST OFFICE

by Gail Salmon



In March 2023, The Centre Post featured an article on The Canning Food Bank and the work they do to to help people who cannot afford food to feed themselves and their family. Unfortunately, the economy still is not doing well, and it seems that food prices increase every week. Working people

realize that the cost of living in the Annapolis Valley has far surpassed their income meaning the Canning Food Bank has become important for many families who must now rely on food banks.

Founded by Lions Joe Gillis and Harry Currie, this nonprofit organization, located at 1000 Seminary Ave, does a marvelous job trying to meet the needs in Canning and many others, covering Centreville, Billtown, Hall's Harbour, Upper Dyke, Blomidon, Scots Bay, South Scots Bay, Lower Blomidon, Baxters Harbour, Glenmont, Sheffield Mills, Upper



Canard, Canard, Lower Canard, Hillaton, Habitant, Kingsport, Medford, North Medford, Norths Corner, Middle Pereau, Upper Pereau, Delhaven,

Arlington and Woodside.

The Centreville Post Office now has a Food Bank donation box inside the Post Office. Madeline Sheffield has taken the responsibility to monitor the box and deliver the items to the Canning Food Bank. Let's help our community by donating as much as we can. Further, if you would like to support a Food Bank Donation Box at your business, please contact the food bank at canningfoodbank@gmail.com or 902-582-3886 or follow them on Facebook, https://www.facebook.com/p/Canning-Foodbank-100057498007895/ for information on government offers of assistance, notices for pop-up food drives, amongst other things.



The Centre Post

is published four times a year: Spring, Summer, Fall and Winter.

The deadline for news items, etc., is the 16th day of February, May, August, and November. It is always good to get your information in before the deadline.

For submissions, contact: Carol Anne DaCosta, Editor

E-mail: centreposteditor@gmail.com

To place an advertisement, contact:

Gail Salmon

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To view a colourized version of this and past newsletters, visit: www.centreville-kings-county.com/the-centre-post

From The Editor



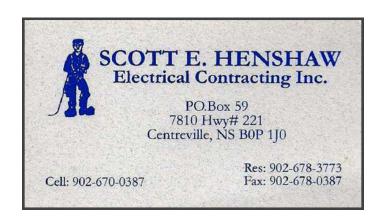
It's always sad to bid farewell to the summer.

This summer was a little different for Valley dwellers

as we were dealing with the drought, the heat and the horrendous wildfires that consumed our province.

It is quite possible that by the time we go to print, the Long Lakes fire will still be out of control. Let's hope not. There are no words to express sadness for the people who lost their homes, nor are there words to express immense gratitude to the first responders and hundreds of other volunteers from the province as well as across the country.

As Fall approaches, I always look forward to visiting the Lookoff to gaze upon the beautiful landscapes dotted with calming yellows, lush oranges and vibrant reds. Nothing can surpass this annual Valley presentation. Mother Nature, while fickle, can be kind to us.





BURSARY WINNER!



Once again, the Centreville and District Community Development Association, (CDCDA) has picked a Northeast Kings Educational Centre graduate student and will give them a bursary, totalling \$750.00. This year, Madison Walsh will receive the bursary. The Centre Post

donated \$500.00, and the Centreville Good Neighbour Club donated \$250.00.

Maddy will be going to Acadia University, starting a Community Development Degree and hoping to continue her education to become an elementary school teacher. Maddy says that she loves children and enjoys babysitting young children. She decided if she went to Acadia she could live with her parents and commute, which would save money.

Maddy is a well-rounded student, both academically and physically. She played and was the captain of the Senior Girls NKEC hockey team and assistant captain of the Valley Wild Female Hockey Association. She started playing hockey at five and hoped to play for the Acadia Women's Hockey team. Maddy and her family have lived in Centreville for the past 15 years and she says that she loves the park and all it has to offer. She has played on soccer and baseball teams and enjoys all the trails and events the Park offers. She also works as a volunteer, teaching children skating in the 'learn to skate program' put on by the Valley Wild Hockey Association. She also helps with the Acadia Minor Hockey Program.

Both letters of recommendation confirmed Maddy's strength of character, her compassion for helping others and drive to move forward to reach her goals. Her hard work and dedication to sports led to her receiving the Athlete of the Year Award and the Heart and Hussle Award. Maddy says that she is excited to start the Community Development Program and hopes to gain knowledge and experience that will help her 'step-up' and see what she can do to help the Centreville community.

The CDCDA and the Good Neighbour Club, as well as the Centreville Community wish you well in your future endeavours!



12 GLUTEN-FREE RASPBERRY-GINGER MUFFINS

Margie Brown, My Country Magic

- 1 1/2 teaspoon baking powder
- 1/2 teaspoon kosher salt
- 1 1/2 cups plus 1 tablespoon gluten-free all-purpose flour
- 1 large egg
- 1 cup (packed) light brown sugar
- 1/2 cup unsalted butter, melted
- 1/2 cup whole milk
- 1 teaspoon finely grated peeled ginger
- 1 1/2 cups fresh Vital Berry raspberries
- . Coat muffin pan with nonstick vegetable spray.
- . Whisk baking powder, salt, and 1 1/2 cups flour in a medium bowl.
- . Whisk egg, brown sugar, butter, milk, and ginger in a large bowl; mix in dry ingredients.
- . Toss raspberries with remaining 1 tablespoon flour in a small bowl; gently fold into batter.
- . Divide batter among 12 muffin cups and bake until a tester inserted into center comes out clean 25–30 minutes.
- . Let cool 5 minutes in pan before serving.

Muffins can be made 1 day ahead. Store airtight at room temperature.

Reflecting on the Summer & the Road Ahead -An Update from Your MP



I hope you've had an enjoyable summer with family and friends. It's hard to believe how quickly the season has flown by. For me, the summer was a welcome opportunity to catch my breath after an incredibly busy first half of

the year.

The federal election was called in March. While campaigns are always a big undertaking, what makes them truly worthwhile is the chance to meet so many people across Kings-Hants and hear directly about what matters most to you. Affordability, housing, and economic growth were at the heart of those conversations. These are challenges that affect all of us, and they remain front and center in my work. I want to take a moment to say thank you to everyone who stopped to chat at a community event, sent an email, and came out to vote. Representing Kings-Hants in Ottawa is the greatest honour of my life, and I am humbled by the trust you've placed in me to continue serving.

Parliament resumed in May following the election and we wasted no time delivering on key commitments.

- Effective July 1st , we delivered a middle-income tax cut saving a two-income household up to \$840 each year. This will benefit over 22 million Canadians.
- We've eliminated the GST (federal tax) on new homes priced under \$1 million for first-time homebuyers. This equates to savings of up to \$50.000.
- Through Bill C-5, all federal barriers to interprovincial trade have been removed. Included in this legislation is the streamlined approval process for major projects of national interest.

This will allow our country to continue to bolster economic activity. As we head into the fall session of Parliament, I'm focused on keeping that momentum going to continue to make a difference for Canadians.

Thank you again for your trust and support. If you see me in the community, please don't hesitate to stop and say hello. I always value hearing from you and if my team can be of assistance, our door is open! Here's to a great start to the fall season!

Hon. Kody Blois Member of Parliament for Kings-Hants



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Welcome from the Canard Community Church By Leta Ells

Located at 1315 Highway 341. A non-denominational community church based on inclusive fellowship and community outreach. Sunday school and youth programs and possibly a nursery, if required, will be resuming within the next couple of weeks. A warm welcome to everyone and we welcome visitors anytime!

It has been a hot dry summer. It has been a challenge for those trying to grow gardens and particularly challenging for farmers. Some crops look like they are suffering from not having enough rain. Some provinces have been fighting wildfires all summer and now we have some in our province. As a community church, we are concerned about how people are surviving during these hard times.

During the months of July and August we hold Vesper services in the evening at 7:00. These are shorter services that are held in the vestry of the church where we join in a circle. Along with scripture and prayer and the singing of hymns we have been interviewing some members of the congregation to hear the story of their lives. This has been quite interesting as they have told us about their life experiences.

Morning services at 11:00 a.m. will resume on September 7th with Rev. John Wray officiating. We are a very informal group of people. No one wears a necktie, not even the minister! You are welcome in your jeans or in your shorts as long as the weather permits or you can wear whatever you wish. We welcome everyone, whatever their denomination or if they are of no denomination. As Rev. Wray says in a call to worship "You do not need to demonstrate holiness, godliness, or piety. All we ask is that you are present and open to the possibility of the Divine."

Our mission statement reads: We are an open-minded congregation that welcomes a range of religious and humanitarian perspectives and preferences. We have a clear focus on fellowship. community outreach, social justice and spiritual fulfillment in the mainly Christian context that is a precious part of our heritage.

We promote ethical values that encourage selfimprovement and compassionate behaviour. Our ultimate objective is to employ both ancient and modern wisdom to enhance our religious expression and spiritual inspiration, and to adapt this goal to an ever-changing world.

We share our building with the Kentville Christian Reformed people on Sunday morning. They meet from 9:30-10:30 and have a coffee time following while we are arriving for our service at 11. So if anyone wants to join us, do not be discouraged by some leaving at that time.

Outreach to the community over the summer provided funds for 11 children to attend the Canning Day Camp and two to go to Kingswood Camp.

The church is open to having other groups make use of it. A group of songwriters will be hosting a music show on Oct. 17th. I don't know the details but I'm sure they will be on media as we get closer to the time

The chairperson of our Board is Rufus Ells and he can be contacted at 902-670-7700 or at rallenells@gmail.com. Our minister is the Reverend John Wray and he can be contacted at 902-385-9729 or johnphilipwray@gmail.com.

Our website is canardcommunitychurch.com



Help Keep Our Firefighters Safe



Fires can start in so many ways. An accidental spark. A dropped cigarette butt. A fire not fully extinguished. Any of these scenarios could result in catastrophic consequences for our

province.

Now is the time for all Nova Scotians to work together to keep our firefighters, and each other, safe.

We are seeing fire activity across the province. While trying to get large fires under control, our firefighters are being called to new fires every day.

Conditions are tinder dry – drier than they were during the devastating fires in 2023. These conditions make it harder to get fires under control and out.

Our firefighters are stretched very thin. They are giving their all. Risking their health to keep all of us safe. It's up to the rest of us to support them.

I get that people want to go for a hike or walk their dog in the woods. But how would you like to get stuck in the woods while there is a fire burning around you?

Be smart. Treat this situation with seriousness. It's so easy for a fire to start. But Nova Scotians are good at stepping up. It's the Bluenoser spirit.

And we're asking everyone – Nova Scotians and visitors, industry – to do just that. Act responsibly and abide by the bans in place.

Stay out of the way of firefighting efforts. Keep your drones away from the fires. Get your boats off the water if you know it's being used to fight them. Stay out of the area and let the firefighters do their work.



The restrictions aren't fun, but they are necessary.

We know that eventually we will get the rain we need and at that time we'll all be able to breathe easier.

Until then, I ask all Nova Scotians to the right thing for our families, our neighbours and for our heroic firefighters.

Let's work together to keep everyone safe.

Op-Ed by Tim Houston Premier of Nova Scotia



MUNICIPAL CORNER

by Everett MacPherson Councillor, District #1



It has been a hot and dry summer! In fact, it has been a while since we have had a summer quite like this one. Although wonderful for outdoor activities such as trips to the beach and days at the park, it

has been a stress on water supplies and our forests. Here in Centreville, we are fortunate to have such a wonderful community park. It is host to many important leisurely activities for families. We need to treat it with respect and protect it by following the rules, especially regarding access to the woods and smoking requirements. Hopefully, we will have more precipitation during the fall and winter so that we can continue to enjoy the park and the outdoors in general.

It is exciting that Mayor Dave Corkum has announced that the Municipality of Kings County, in partnership with the Towns of Wolfville and Kentville, has procured land at the geographic centre of the municipality, which is Coldbrook, for a new, and much-needed, Regional Recreation and Wellness Centre. Kings County is the third largest municipality in Nova Scotia.

It is a beautiful and accessible location with a growing population. It is important to provide both wellness and recreational opportunities to our citizens. This facility will potentially offer of an aquatics facility, gymnasium and track, multi-purpose areas, and support and amenity spaces.

It was a pleasure to attend the recent African Nova Scotian Valley Homecoming 2025 event, a three-day cultural gathering that celebrated the history, community strength, and the enduring legacy of African Nova Scotians in the region. Activities included: children's crafts inspired by African Nova Scotian traditions, keynote speakers who spoke to the present-day realities of rural Black communities, and moments for collective remembrance and joy.

Con't on page 13





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BECOMING A GOOD DIGITAL CITIZEN

by Gail Salmon



Access to information in schools and education has changed exponentially in the past decade. In fact, with multiple search engines, websites and chat sites, we can read news, weather, sports, and even find old friends we have not

spoken to for years. Most children today own or have cell phones available, and these can be hooked up to computers and other electronic devices.

On August 28th, Ryan Hainstock and our Councillor for Kings County, Everette MacPherson, came to the Centreville Hall for an informal talk about teaching students to become good Digital Citizens. This is an important topic for all parents of school age children, as technology has become a mainstay of our lives in all aspects of society. People of all ages are affected by these changes and greater attention should be paid to these issues.

Ryan is the Coordinator of Educational Technology and Student Data with the Annapolis Valley Regional Centre for Education. He is also a part-time professor at Acadia where he teaches Technology Methodology courses to Education students.

Ryan believes that it is important to become responsible and respectful Digital Citizens. It is necessary to teach our children to be responsible and respectful when using electronic devices. This means finding reliable sources and protecting and promoting human rights.

It is important to teach them the skills to communicate, collaborate and act positively on any device. They also must learn empathy, privacy protection, and security measures to prevent identity theft.

Children should have the skills to be Digital Citizens before they use a cell phone or any other device. Ryan shared his belief that "Kids are 'good button pushers' but don't necessarily think ethically due to their front cortex not being fully developed. This can impact on identity, anxiety and social pressures."

Nova Scotia has a new Bill which will disallow children using cell phones during educational times. Grades 7 to 12 may use their cell phones when they are not in class. Blocking technology can be a great disservice to youth because they will not have the foundations that could have been put in place when they were younger. For example, cyber-bullying is now manageable for kids because of good digital citizenship. Youth should learn those skills in school. Parents should discuss boundaries at home that will help their children be responsible.

Con't on next page . . .







. . .Becoming a Good Digital Citizen, con't from previous page

We have all had scam phone calls, emails and other forms of communication trying to trick us into giving up personal information. I know of people in their senior years that have fallen into this category. It will not get better, or go away, so it is important to learn all we can.

The immergence of Artificial Intelligence (AI) on devices is a current trend that makes it difficult to tell if any information is real. Children need to have the skills to be critical thinkers, especially with AI. Ryan says that AI does not know when it is wrong, so kids need to know the difference. There are Five components to help children know and understand technology: Identity, Authorship/ownership, Participation, Privacy and Credibility.

Everyone needs to become aware of how our society has changed through increased exposure to a digital world. Whether you are paying bills online, doing your banking, surfing the net, online shopping or using a credit card we are all affected by new technology and it begins with teaching ourselves and our children all we can about our digital world. Below are three reputable websites to help parents and teachers through the digital system and to become good Digital Citizens.

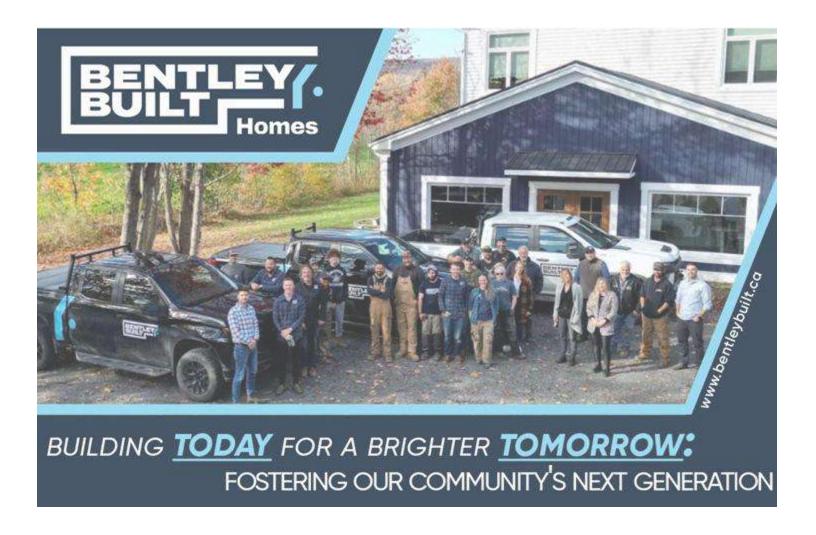
MediaSmarts - https://mediasmarts.ca/digital-media-literacy/general-information/digital-media-literacy-fundamentals/what-digital-citizenship

CommonSense -

https://www.commonsense.org/education/digitalliteracy

Be Internet Awesome -

https://beinternetawesome.withgoogle.com/en ca



THE NORTHVILLE FARM HERITAGE CENTRE CELEBRATES 25 YEARS!

by Jennie Sawlor



Back in 2000, a small group of local farmers and community members came together on an empty piece of land with a shared dream: to keep the stories of

Annapolis Valley's farming past alive. They knew that the tools, skills, and traditions of rural life were too important to be forgotten, so they rolled up their sleeves and founded what would become the Northville Farm Heritage Centre.

What started as a few pieces of old farm equipment and the passion of its founders has grown into a vibrant community space where history comes to life. Visitors can see how farming shaped everyday life, watch demonstrations of traditional skills, and take part in events that bring neighbors and families together. Over the years, the Heritage Centre has become more than a museum—it's a gathering place, a classroom, and a reminder of the resilience and spirit of the generations who worked the land before us.

Thanks to that dedicated group in 2000, the Northville Farm Heritage Centre continues to celebrate the past while inspiring new generations to appreciate the rich farming heritage of our community.

Although the registration paperwork names a handful of officers and directors, the true story of the Northville Farm Heritage Centre is much broader. It was the dedication of countless farmers, volunteers, families,

Wolfville, NS B4P 2C1

and neighbors who each lend their hands, time, and spirit which brought the Centre to life and allows its continued operation.

Memorial Antique Tractor Pull – October 5, 2025

Join us at the Northville Farm Heritage Centre on Sunday, October 5th, 2025, for our annual Memorial Antique Tractor Pull. This special event is held in honor of the Heritage Centre members who helped build and preserve our wonderful facility. From the rumble of vintage tractors to the spirit of friendly competition, the day is filled with excitement, tradition, and community pride. Spectators can enjoy the thrill of the pulls, take in the sights and sounds of the farm, and connect with neighbors in celebration of those who helped to make all of this possible.



The founding Officers and Directors of the Northville Farm Heritage Centre:

President: Celia Best, Vice President: Marvin Brown, Secretary: Judy Sawler, Treasurer: Darlene Ansems, Directors: Everett MacDuff, Willem (Bill) Rupka, Lawson Sawler, Albert Sweet, Derek Wood.



COMMUNITY GROUPS



Centreville District Park and Recreation Association (CDPRA) Submitted by Joy Acker, Secretary

A very successful Centreville Day was held on August 16th with a free

community breakfast at the Baptist Church and 6 teams of Kentville Minor Ball U8 baseball teams playing. The usual children's games took place in the tennis courts, BBQ, music and cricket matches. Lots of people came out to enjoy the games and sunshine.

Our summer student Joe is back to university in September – thanks for a great summer!

The new walking track is now open and with some rain, it will pack down very nicely. Come out and take a look and make use of one of the 3 benches that are installed as well.



We are in the process of obtaining 2 more dog poop boxes to be placed on the trails on the Sherman Belcher Rd side of the park. We have had a community member step forward to volunteer to empty those for us on a regular basis—love our volunteers! If you'd like to be a part of a group that looks after that, just let us know.

In conjunction with the Municipality if Kings, Tony Martin is running a Couch to 5K event every Tuesday at supper time. Come on out and see what that's all about.

If you would like to hold an event at the park and have the washrooms open, just message us and we'll be more than happy to arrange that for you.

Don't forget – we can always use volunteers, and we hold a monthly meeting on the 3rd Tuesday of each month at the Community Hall – we'd love to have you come out and join us!

centrevilleparkrecreation@gmail.com



Centreville 50-Plus Club "Friends Enjoying Friends" by Darrell E. Spurr, President

As in previous years '50' Plus took a break during July and August, re-starting on Sept 3rd. Our annual Fall BBQ was held on Sept. 17 for our members and guests.

We meet every Wednesday afternoon from 1:30 to 4:00pm. Area seniors are invited to join us any Wednesday to enjoy card and board games. We take a short break mid afternoon for tea, coffee and sometimes snacks!

We celebrate monthly birthdays on the third Wednesday of each month. Each week we have a free will offering and a 50/50 draw, this enables us to provide tea, coffee and miscellaneous supplies. Come join us any Wednesday!



Good Neighbour Club

Good Neighbour Club (GNC) had their first meeting after summer break was held on September 18th at 7:00 pm. We meet at the Centreville Community Hall on the 3rd Thursday of the month at 7 pm.

Our Big Breakfasts will be held on the following dates, Saturday Sept 20th, Oct 18th, and Nov 15th from 7-10 AM.

If interested in joining the Club or volunteering, please call Ann, 902-698-3747 or Heather, 902-582-1399.

PLAY PICKLEBALL!!

For more information, please contact Pat at (902) 599-0215 or email at centrevillepickleball@gmail.com

COMMUNITY GROUPS, con't



It's Time To Dance!

Local resident and artist, Marcia Savident Hinks, welcomes you to join her and a few fun-loving women on Monday nights at the Community Hall to try your hand at this ancient Egyptian discipline.

You can contact Marcia directly through Facebook – Centreville BellyDance.





Centreville Baptist Church

Submitted by Madeline Sheffield

870 Murray Drive, off Hwy 359 Pastor Emma Batumbya, 902-678-1946 pastor @ <u>cbckc.ca</u> Or <u>info@cbckc.ca</u>

Weekly Events:

Sunday - 10:30 Morning Worship In Person or Online (come early for coffee/ tea)

Monday - 9:00- 1:00 Ladies Quilting Contact Sharon Manzer 902 678-2836

Tuesday - 10:00 Al-Alon Meets;, Senior Exercise & Walking in Gym

Wednesday - 10:30 Bible Study Groups (Men's & Women's) Starting soon

Thursday - 7:00 pm Zoom Prayer Meeting **Friday** - 10:00 am Senior Exercise & Walking in

Gym Starting soon

6:30 - 8:00 pm Youth Group Ages 12-18 Games Gym, Various & Snacks

Note: Our gym is available to rent for Pickleball. Contact Ann Steadman 902 670-8608

Ladies Auxiliary does Soup & Dessert Luncheon Last Tuesday of Month (Sept-May)

<u>Special Event:</u> October 19, 7;00 Harvest Hymn sing (Various Churches)

Freewill Donation goes to Canning & Area Foodbank.

Come for a visit, All Welcome!

Pins and Needles

The Pins and Needles group has met for nearly 20 years in the Centreville Community Centre on Thursday mornings where they spread out their tools and colourful fabrics, enjoy a cup of tea or coffee and talk quilts with other like-minded sewists.

But the group is not restricted to quilters. You are only limited by your imagination if you have a portable hobby. Some neighbours bring along crafts like vinyl cutting, beading, needlework or knitting. In the past we've also had rug hookers. The rooms are often abuzz with conversation and machines. Bring along your lunch and enjoy the day for less than the cost of a fancy coffee!

From this creative group, a secondary group has formed, meeting monthly to sew quilts for comfort and charity. In the past we have created warmth and comfort for fire and accident victims, quilts for families in crisis, neighbours with terminal illness, almost anywhere you can imagine comfort is needed. The group relies on donated fabric and some fund raising for finishing materials such as batting and professional quilting.

If you can offer help in any of these areas, Comfort Quilts meets on the first Tuesday each month at the Centreville Community Centre.



Municipal Corner Con't from page 7

From live music to soul food, this homecoming was rooted in pride and resilience. Several activities happened in Gibson Woods with several community members from Gibson Woods taking leadership roles in the organization. Although there is a rich history and heritage of African communities through out the Valley, we are fortunate to benefit from the talents and wisdom of this rich culture through the people living in our area at Gibson Woods and Pine Woods (Alderhsot).

Centreville Day was a huge success again this year! It was a beautiful day with lots of people out to enjoy the festivities. The Centreville Park Committee did a tremendous job of organizing something for everyone. There were lots of games for the kids, musical entertainment for the adults, a baseball tournament, a cricket game, and lots of food, including some celebratory cakes! The proceeds will be put right back into maintaining such a wonderful park. There was even time for a ribbon cutting ceremony to mark the opening of a new trail. That same morning, the folks over at the Community Centre were providing a delicious free breakfast for the community! What a

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tremendous community effort! Well done!

There have been complaints about people driving beyond speed limits on all routes in and around Centreville. Sargent Nugent from the RCMP has agreed to increase speed checks in the community. This becomes even more important with kids and adolescents going back to school. Please help to keep Centreville a safe place by observing the speed limits. Our community and children are depending on you!

Finally, as a society we rely more and more on computers for finding information for communicating. We are also learning that computer usage brings risks, whether it is with our finances through numerous scams or simply exposure to questionable information. There can also be high risk to our children. Thank you to Ryan Hainstock from the AVRCE for his recent presentation on good Digital Citizenship. There are things we can do to protect ourselves and especially our children while online. This session was organized Centreville Community Development by Association. Keep your eyes open for more interesting educational sessions to come.





Exclusive Golf Discounts for Centreville Residents

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The telegram from London was dated Aug. 17, 1918, and was addressed to Mrs. John Ward, McKee's Mills, Kent County (N.B.) and reads as follows - "Dear Mrs. Ward: I am sorry to say that your son has been admitted into 49 CCS suffering from a rather severe wound in the knee, but I trust that he will make good progress and that he will be restored to you in good health and strength again. I remain, Yours sincerely, R.H. Hingley, Chaplain."

Mrs. Ward was my grandmother, who I never knew, and her son was my father. Dad was shipped back to Canada, minus a kneecap but with a pearl Rosary, which I have, and there is a fortunate story as to how he came into possession of that Rosary.

Before he was wounded, Dad was on his way to Vimy and his unit had cleared German soldiers from a Catholic Seminary. And just to make sure the enemy was gone, the unit entered a building, a long hallway with rooms on either side. As he was about the last to exit that building, he remembered seeing a Rosary on a red velvet covered table; he went back to get it and as he picked it up, a German mortar shell blew up the end of the building.

The fortunate aspect of this is - if Dad had not gone back to pocket the Rosary, he would have been killed because he would have been the last of his unit to leave the Seminary. The Cross of the Rosary is missing, and the pearls are quite faded; it is now well over 100 years old. My Dad's family were Baptist, and I never knew him to attend church other than for weddings and funerals so the Rosary must have had great significance for him. Dad was born in 1893 and died in 1974.



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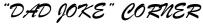


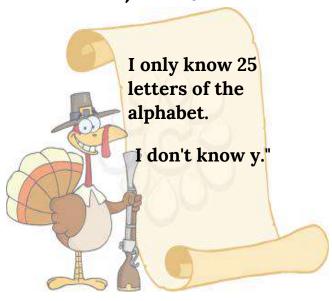


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We Care

TIME FOR A BREAK!





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		6		2				5

Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Solution on next page. "Sudoku puzzles are provided by www.sudokuoftheday.com"

Community Information



In case of emergency,
Automated External Defibrillators
(AEDs)

are located inside the main entrances of the

Centreville Community Hall and Centreville Baptist Church and attached to the side of the Centreville Park Building

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on *Monday evenings (except holidays) at 5 pm.* We are open to new members at the cost of *\$59.00 yearly*, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free meeting. For more information contact Madeline Sheffield at 902-678-7584. *Please note changes to time and contacts.*

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held **every Tuesday at 10:00 am** at the Baptist Church here in Centreville. For more information, please contact Christine at 782-232-1448. Please note change in contact info.

REMO – Register Now for Updates

The Kings County Regional Emergency Management Organization (REMO) visited the Hall to speak about emergency action for disasters such as hurricanes, flooding and evacuations that may impact residents at risk. They want to make sure that Vulnerable Persons are registered. This is a free and confidential service aimed at improving the safety of vulnerable persons during emergencies. To register please visit: REMO KingsCounty@countyofkings.ca.

Centreville Hall Rental

Contact Betty Harper 902-678-0041 timharper@eastlink.ca

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall

When: Quarterly (Feb, May, Aug, Nov) on the 4th

Thursday Time: 7:00 pm

All meetings are open to the public — come out and support your community's development!

Cancer Support Group

For women with or recovering from any type of cancer.

Meetings are held the **second Thursday of each month** at 1:00 pm at alternating locations.

Info:

Dorothy 902-538-3374 msalsman@xcountry.tv
Pat 902-678-9100 patmutch@hotmail.com
Margot 902-542-1466 margotwithat@hotmail.com

Soduko Solution

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7	6	7	2	_	ω	G	9	8
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