

# THE CENTRE POST

June 2019, Issue 55

Next issue September 21, 2019  
Submissions due September 1, 2019

## *Lux by Maja*

*Article & photo by Gail Salmon*

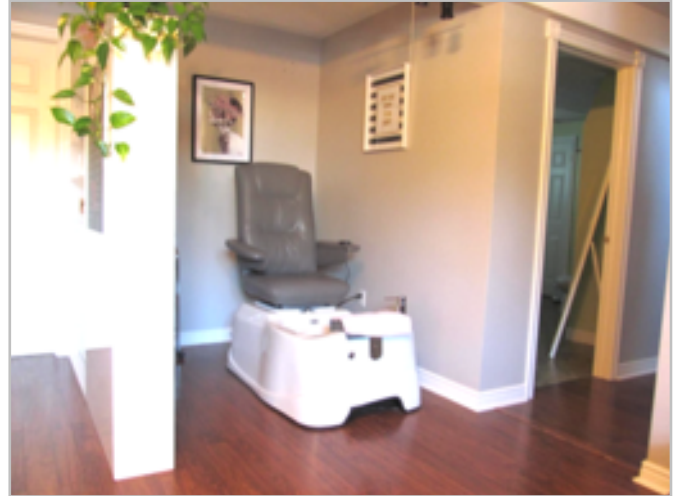
Lux is a nail boutique in Centreville that is owned and operated by Maja Novakovic. Lux has been opened for two years, and Maja hopes to eventually make it a sustainable business and work full-time. "My mother is an entrepreneur, and I wanted to work for myself in a business that makes both me and my clients happy." Right now, she takes clients by appointment, as she works part-time for Careforce Home and Health Care in Kentville. Maya has loved doing nails since she was young, and practised on her friends and her mother.

Maja has a beautiful boutique in her parents' Centreville home and has it decorated exquisitely. She has lived in Centreville for around thirteen years and says that she absolutely loves the community. When I look around the boutique, it is obvious that Maya's touch has illuminated the walls, tables, and windows. Warm, friendly colours and personal touches welcome you to a wonderful experience.

Maja has twenty regular clients but says she is getting two or three new clients per week. "The best way to get new clients is word of mouth". People are gradually learning about the intimate experience of being the sole person being pampered, and new customers are being drawn in. She also has male customers, as more men are realizing the importance of healthy, well-maintained nails. Her father is one of her customers, and her mother always enjoys the experience. Her mother, Sanja, has often shown off her beautiful nails and takes pride in telling people her daughter decorated them.

The boutique is always immaculate, as Maja cleans and sanitizes after each customer. She has certification and training from the Board of Cosmetology and says that she is inspected regularly, which is fine. "When you are working with nails, it is imperative that everything is clean to prevent infections and nail damage." She also says that putting your heart into your work is investing in yourself.

Maja offers several services, from the Signature Manicure or Pedicure to Lux, gel polish add-ons, acrylic enhancements, and maintenance visits to fill or repair your manicure. Men also have the Essentials Manicure and Pedicure, or the Combo. You can go on Lux's Facebook page for more information. Maya has an airbrush nail machine and can create unique, dazzling designs.



Maya also mentioned the importance of daily care. Using cuticle oils and moisturizing as regular maintenance will help keep your nails and skin healthy. Our nails and skin get especially dry in the winter, which can cause nails to crack or chip. There are ways to protect your nails, such as wearing rubber gloves when doing dishes or using harsh cleansers, and not using your nails as tools (she must have seen me using my thumb screwdriver...)

Maja hopes that her future includes her own place in Centreville where she can have a clientele, hire assistants, and still provide a place where the clients feel special. Life provides us with many ups and downs, and sometimes we all need a little pampering. Having a manicure and pedicure, complete with a splash of colour, raises our spirits and makes us feel beautiful. It is always easier to cope with life's little bumps if you are confident and glamorous.

*Lux* nail boutique

Manicure/Pedicure  
Gel/Acrylic Nail Enhancement  
Paraffin Wax Treatment  
Pedicure Nail Art

*Maja Novakovic*  
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940 Parkview Drive, Centreville  
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Find us on Facebook: Lux Nail Boutique



*The Centre Post is published four times a year:*

*September, December, March and June.*

*The deadline for news items, etc., is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.*

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**Editor's Note**

Another issue put to bed and I will be able to spend more time doing other things! This year's Quilt and Rug Hooking Show was a sight to be treasured. If you missed it, make sure to take it in next year. It is well worth it and brings so much colour into our lives (especially when the weather is so dreary!) Well done, Sharon Manzer and all involved, for hosting such a magnificent event in our own backyard. Many people come from far away to see it, so consider yourselves very fortunate.

Thanks to all our advertisers and contributors for making this newsletter possible. A special thank you to Mike Sweeney, who has been pounding the pavement to get new advertisers, and a warm welcome to those who have joined our newsletter supporters.

We encourage anyone who is interested in contributing material or becoming involved in the production of the paper to contact Suzanne: [centrepstlady@hotmail.com](mailto:centrepstlady@hotmail.com)

**Have a safe and warm summer!** Suzanne Trudeau

**Dates to Remember...**

June 15.....	Big Breakfast, Community Hall (7:00 - 10:00 am)
June 19.....	Park Association Meeting (7:30 pm)
June 21.....	Summer Solstice
June 26.....	50 Plus meets for the last time before summer break
July 17.....	Park Meeting, (7:30 pm)
August 24.....	Centreville Day at the Park (rain date August 25/31)

**To view scheduled  
events, see the calendar  
on the website.**



In case of emergency,  
Automated External Defibrillators  
(AEDs)  
are located inside the main  
entrances of the  
Centreville Community Hall and  
Centreville Baptist Church



## Centreville Park and Recreation Association

by George Graves, President

As the snow left and the spring was ending, things started to happen at the park. We opened our garbage bins and litter boxes. Next, we finished clearing out a lot of shrubs and trees going to the first soccer field.

On May 15th we held our spring cleanup and raked leaves from the entrance at Sherman Belcher Road, all along the right side going along the ditch to the fence. Also, to the west line next to the first ballfield, all poplar trees, bushes, and stumps were removed and taken to the burning pit next to the soccer field. Valley Waste provided a dumpster, which was filled to the top with shrubs and leaves.

The parking lot has been divided using large rocks instead of fencing, which gives it a more natural look. Stephen LeBlanc Construction spent endless hours installing and arranging these rocks to make the park look amazing!

We had three baseball registrations in May, and we may have close to 200 players signed up for July and August. There are plans in motion to transform the first soccer field into a baseball field. We decided to install a new backstop, with fences on both sides of it. This is a big project, costing money. I checked with the manager at Foodland in Kentville who informed us that, if we can obtain a lottery license number, we could have 50/50 tickets made up from now until September 4, 2019. Hopefully, we could make enough money to cover the cost of the new backstop. We are waiting for our lottery license.

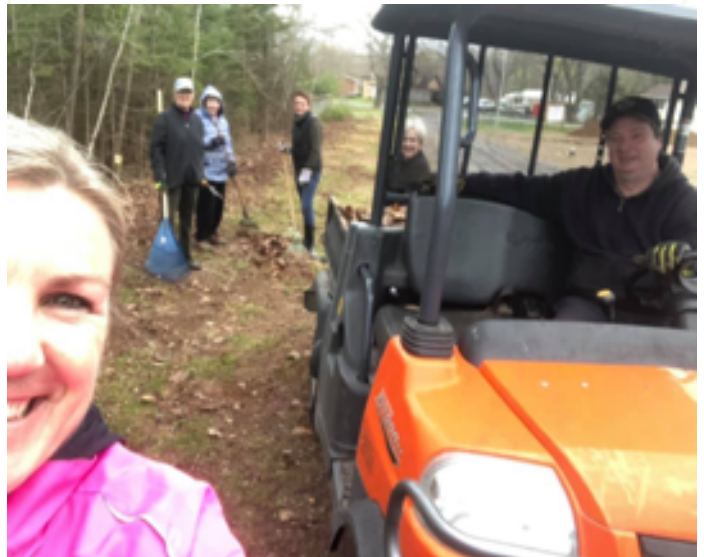
Stephen LeBlanc was kind enough to bring us four truckloads of tires which are needed to shore-up the BMX trail. Hugh Whitty will install these 320 used tires around the BMX trail and then cover them with large loads of fill inside to secure walls.

The top mesh in the fenced-in baseball field is being replaced, as the old one came down last winter. This mesh will be purchased from a Halifax firm, and Schurman's Industrial Supplies in Berwick will supply the cable to go across 200 feet to hold the top of the mesh in place.

Again this year, we will only get one student for the maintenance of the park, so there will not be any daycare offered at this time.



Troy Harris helping out with his new tractor!




Volunteers having fun raking leaves and picking up brush at the May 15 spring cleanup.

Another exciting day is being planned for

### **Centreville Day at the Park!**

Be sure to mark it on your calendar and come and join us for a fun-filled day on **August 24th** (with a rain date of August 25 or August 31, depending on the weather).

Come on out and bring your family and friends!



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**PUBLIC MEETING  
PROPOSED TELECOMMUNICATIONS TOWER  
Located off Highway 359, Centreville  
(File 19-09)**

A **PUBLIC MEETING** will be held on **THURSDAY, June 27<sup>th</sup>, 2019 at 7:00 p.m.** at the **Centreville Community Hall – 1951 Highway 359 in Centreville, NS.** The meeting is being held to provide an opportunity for the public to ask questions and comment on an application from Eastlink Wireless to install a 90m (295 ft) telecommunications tower on vacant land owned by Richard Vaughan (PID 55329122).

Any interested persons who wish to speak on the matter are invited to attend and make their opinions known. Written submissions may be directed to Mark Fredericks, GIS Planner, Municipality of the County of Kings, PO Box 100, Kentville NS B4N 3W3 or by email at [mfredericks@countyofkings.ca](mailto:mfredericks@countyofkings.ca)

Further information may be obtained by contacting Mark Fredericks, GIS Planner, at 902-690-6276 or by email at [mfredericks@countyofkings.ca](mailto:mfredericks@countyofkings.ca).

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***Eastlink responds to community feedback  
and updates its proposed  
cellular tower location in Centreville***

*In May 2018, Eastlink shared its plans to install a cellular tower location in Centreville. The company is pleased to report that it has submitted a new development plan to the Municipality that sites its tower location approximately 400m further back from the original proposed location.*

*This change reflects community feedback and represents collaborate work aimed at providing excellent coverage while minimizing impacts to the community.*

*This location will fulfill Eastlink's goal of offering Centreville residents more choice, competition, reliability and better value, including high quality, competitive services like Worry-Free Data plans, a contract buy-out program and its innovative easyTab® model where monthly prices actually go down over time.*

*The updated application will be presented to Centreville residents at an upcoming public meeting.*

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## Mac Berry Farms

by Gail Salmon



Summer is on its way, and we will soon be able to pick fresh berries. Sherman Belcher Road is home to the third largest highbush blueberry farm in Nova Scotia. Dean McAllister is the owner, president, and operator of Mac Berry Farms Ltd. He lives on the premises and has a lovely spot that overlooks the blueberry bushes and two beautiful ponds. It was raining and, as we sat in his solarium overlooking these ponds, I could imagine looking out the window at acres of blueberry bushes in flower.

Mac Berry Farms has a history that dates back to the early 1940s when Bredin Delap, a WWII British navy captain, and Earnest Eaton, an agriculturist, decided that they would start a blueberry farm. They purchased about five acres of land and blueberry bushes from Quebec. The bushes located by the entrance of the farm date back to around 1946, and are still producing delicious berries.

McAllister purchased the farm from the Forsythes in 1992. He did not "get serious" about farming until 2001, and now has fifty acres of blueberry bushes. He has learned a lot about cultivating blueberries, and he believes that his berries are at their best. He had problems with loss from frost and has set up irrigation systems to prevent damage. "Every day is Monday," farming is always busy. When he talks about Mac Berry Farms, he speaks with pride.

Mac Berry Farms has fifteen different varieties of blueberries, so berries are ready from mid-July to October. His farm offers employment to commercial pickers, and he hopes to hire local students who want to pick on weekends and over the summer. People who want to come and pick are welcome. The u-pick berries are in a different area from the commercial to ensure the safety of the pickers, as many families come to pick. The experience of picking blueberries is one that children enjoy, and just walking around the fields and looking at the ponds on a sunny, summer's day is a special family experience.

Besides blueberries, Mac Berry Farms also grow raspberries and Arctic kiwi. The raspberry fields are located in Sheffield Mills on Hwy 221, and kiwi is grown in both locations. Raspberries are more delicate and have a much shorter season. If you are planning to pick, you can check the website for the best times. The Arctic kiwi is exclusively commercial and can be purchased in some of the local farm markets. The Arctic kiwi vines in Sheffield Mills were planted about twenty-five years ago and produce mature, larger kiwi. McAllister planted new vines on the Sherman Belcher site, where you can see these vines growing up and out, supported in a similar fashion to grape vines. Arctic kiwis are smaller than regular kiwis and have smooth skin like a grape, but taste like their larger, fuzzy cousins.

McAllister rents the land in Sheffield Mills to the Harvies, who have acres of farmland in the area and grow hops and barley for their brewery. McAllister will be selling raspberries and kiwi to Matt Harvie's Millstone Harvest Brewhouse for flavouring their beer.

Mac Berry Farms welcomes pickers of all ages and has made picking accessible to all: "I have seniors that come and pick just to earn a little extra money." McAllister will hire pickers of any age if they are serious about picking. He has made it convenient: pickers can drive close to the picking bushes, and he provides instructions on how to pick efficiently. Commercial pickers are required, as 95 percent of the farm's income is commercial. He is always looking for new, enthusiastic workers.

*Continued on p.6*

*MacBerry Farm - con't from p.5*

When my children were young, we went to pick berries for our own consumption. When they were older, they went to Mac Berry to earn some cash. My daughter spent quite a bit of time making money by picking raspberries in Sheffield Mills. We still go down and pick berries for eating and our freezer to get us through the winter. Dean McAllister commented that this is a pruning year and the berries will get optimum nutrients and will be bigger. We will be back again this summer to enjoy the berry picking experience and search for those optimum, bigger berries.

Mac Berry Farms is open, seasonally, seven days a week. They are situated opposite the Eagle Crest golf course on Sherman Belcher Road. Below are their website, Facebook, and phone numbers for picking and the farm.

macberryfarms.com  
<https://www.facebook.com/macberryfarms>  
Picker's number: 902-678-3961

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## News from the Legislature

*John Lohr, MLA Kings North*



As I write this, to date, it has been one of the coolest and wettest springs in memory. Our farmers are struggling to get the work done on the land, and, in general, it seems everything is at least one week late—maybe more. I will remind you, of course, that the weather is a federal responsibility! As a federal election is just about upon us, I hope you take the issue up with the various candidates! All kidding aside, I certainly hope that things turn around and our farmers have a prosperous and successful year.

On the provincial level, health care continues to be the major concern, followed by roads. We are remarkably well served by Valley Regional Hospital and have escaped, to some extent, what is happening in other regions. However, due to increased demand, even here we see periodic ER overcrowding and very difficult working conditions in the hospital. That affects us all and continues to be a top concern for me and our PC party.

Spring is pothole-filling season, and I must say my heartfelt thanks go to our local DTIR road crews that are getting right at fixing them. If you have a specific pothole you want to be filled, please call both my office and the DTIR contact number. The DTIR number is 1-844-696-7737. Having potholes reported to this number creates a work ticket, which our local crews use to guide their work plans.

As many of you know, my constituency assistant, Martha MacQuarrie, is now the nominated candidate for the Conservative Party of Canada for Kings Hants. She has served my office exceptionally well, and I know she will do the same for the citizens of Kings Hants if elected this fall.

Please do not hesitate to contact me if you have any questions or concerns about government services.

Thanks,  
John Lohr

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## **Story from the Family Farm**

*by Mack Frail*



I was born into a farm family when Centreville was a farming community. The area of Centreville that is presently referred to as the 'growth area' has undergone a big change. The six subdivisions that are located within the Centreville growth area are responsible for the large increase in the population. The family farms and the Centreville community that I was familiar with has faded into the past, and Centreville has become a bedroom community. I have many special memories of growing up on our family farm. We were a family of eight children, and I am the sixth child to be born in the old farmhouse. Only my youngest sister, Rachel, and I remain of our family.

Where the Doggy Day Care is located was the garden centre and a part of the farm and nursery business that I operated for fifty years. The remains of some of my greenhouses are on the property that is now owned by my nephew. I am pleased that the home and most of the original farm property remains within my family. When I go to the home place where I lived for over seventy years, I am reminded of the past.

My father, Wallace Frail, purchased the property in 1919 after his return from serving in France during WWI. While serving in the front lines, he suffered several wounds and the effects of shell shock.

It was two years and many letters across the Atlantic Ocean to England before his sweetheart, Mabel Isaac, was to arrive in Halifax. Mabel was seventeen in 1917 when she met Wallace, who was recovering from his first German bullet wound at a make-shift hospital in Birkenhead, England. Birkenhead was Mabel's home town and, when they met, she was doing volunteer work at the hospital that had previously been a school. Mabel was wearing her Girl Guide uniform when she first met Wallace: she was a member of the Rock Ferry Girl Guides.

My parents struggled to raise a family during difficult times. They had expected that the apple export market to Europe would continue, and my father had planted most of their farm in orchards. It was a disappointment to them when the market did not recover, and the orchards that my father planted did not come into full production before the early 1950s when the Nova Scotia Government was financially supporting farmers to remove their orchards.

Although life on the family farm for me was a happy and contented way of life, it was a struggle for my parents. It was difficult to provide for a family without some other means to supplement the farm income. My father was a cooper and a carpenter and was also adept at grafting fruit trees. He operated his own cooper shop that was located on the farm. During the season for grafting fruit trees, he was in demand by the local fruit farmers.

Prior to the 1800s, when the early grantees began their farming operations, these family farms were handed down to their children. It was after about 150 years of successful farming before the difficult years began on the family farms that caused the sons to leave the farms for jobs that offered them more security. It is sad that the family farms that had been passed down to several generations were sold, and a way of life has faded into the past.

They did not have the assistance that is available to those that purchased their farms. The Nova Scotia Farm Loan Board did not exist during those years and, if it had, many of those farmers would not have gone deep into debt as some of today's farmers. I mention this because they had a different concept of debt. My father received a very small pension from the Department of Veterans Affairs (DVA) for the wounds and shell shock that he suffered from WWI battles in France. The pension that he received kept up the mortgage on his farm that was purchased through the DVA, and I know that any other debt would have been a worry to him. The opportunity to purchase his small family farm was his only compensation for the sacrifice that he made for his country.

I have lived and worked on farms during my early years, and I have researched the earlier years of farming before my time. I feel that I am qualified to state that these early farmer settlers were the backbone of the Annapolis Valley. They should be recognized and remembered for their contribution to society.

I was born and spent most of my life in Centreville, and I am aware of the changes that have taken place. My wife Sheila and I moved into our newly-built home on Banes Road seven years ago. Our home was built on the back woodlot section of the farm property. Where we live in the Centreville District is a peaceful and quiet area, and we like it here.

*con't next page*

*Story from the Family Farm - con't from previous page*

Sometimes I go to the old home place where I was born and lived for about seventy years. A lot of changes have taken place to the area where I operated my nursery greenhouse business. We protected the lily pond area, which is one of the very few ponds that was formed by a glacier eons ago. It is also a habitat for rare plants and wildlife.

One of the things that I miss is the wonderful sounds of nature that could be heard coming from the lily pond. I especially miss the sounds of the frogs that I enjoyed those many years that I lived on our family farm. It is disgraceful that so much of nature is allowed to be destroyed in the name of progress.

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## ***What is Reflexology?***

*Cameilia Williams RMT and Danielle de Graaf, RMT, CMLDT  
at Valley Massage Therapy Clinic*

Many people understand that reflexology usually involves 'massaging' the feet. However, it is a little more complex than that. The feet, along with the hands and ears, have a map of the body on them called a homunculus, similar to the homunculus of the brain. Remember the commercial of the lady in the operating room, where she smelled burning toast as the surgeon touched a part of her brain with his instrument? This led to identifying which parts of the brain 'control' sensory and motor functions for different parts of our body. A similar map is used by reflexologists to affect different parts of the body by applying pressure to the corresponding areas on the feet.

Here is a common picture of the map of the feet that reflexologists would follow:



The use of reflexology on patients who are unable to have other, more-invasive, treatments due to physical conditions is a great alternative for diabetics, the elderly, and the infirm.

The theory is that the applied pressure sends a message from the peripheral nervous system to adjust tension in the body. This non-invasive technique can improve the blood and energy circulation, resulting in relaxation and balanced homeostasis. With regards to energy circulation, areas of the body can communicate using electromagnetic fields, which can be blocked. This energy flow can be restored and can be reopened by reflexology. Reflexology can also breakup lactic acid crystals that build up in the feet, allowing more efficient removal of waste from the body.


Reflexology is most often used as a complimentary therapy to massage and an excellent introduction to those seeking relaxation and improved health.

Reflexology can assist in numerous conditions and symptoms, including:

- reducing pain and psychological symptoms (stress and anxiety);
- increasing relaxation and improving sleep;
- stimulating nerve function;
- increasing circulation, and
- it can prevent migraines.

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## News from the Municipality

by Pauline Raven

### Residential, Commercial, and Municipal Taxes and Service Costs

For many years, and again for 2019-20, Kings County has not increased its residential or commercial tax rate. In April, council approved a balanced budget with no tax increases.

The operating budget for the upcoming year is just above \$48 million, and the capital budget is just over \$21 million. Council supported an addition of \$60,000 to the capital budget to have the ability to install some speed radar signs and crosswalks. I raised the need for additional funds due to the request for speed signs at Aldershot Elementary. As well, students at NSCC will be requesting a crosswalk to access the vineyard that's part of their Cool Climate Wine and Viticulture Program: it is located on the north side of Belcher Street.

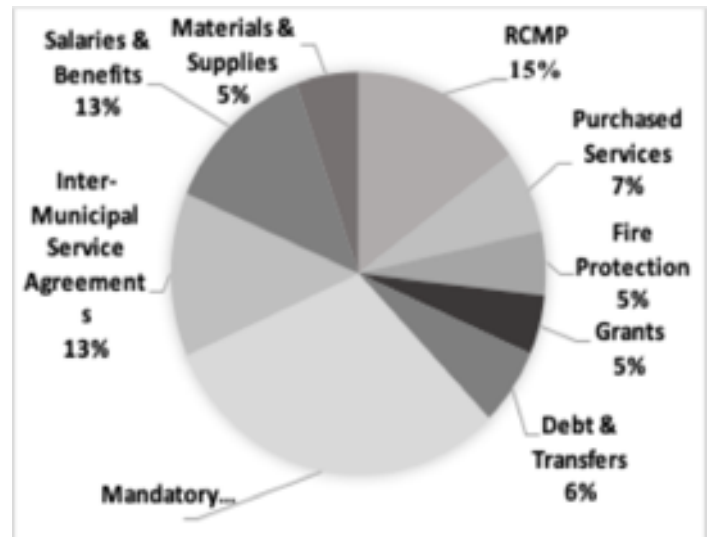
Your tax rate remains 85.3 cents (residential use) and \$2.287 (commercial use) for every \$100 of property assessment. Every home's assessment was adjusted upwards for "cost of living" (2.9%). That causes a very slight increase in the dollars paid.

There are other charges on your tax bill, too. The recreation rate remained steady at \$25 per household per year; \$3 is the amount you'll pay this year toward the streetlights at Centreville intersections. If your household is served by the regional sewer system, the rate this year for residential lots is \$505 (an increase from last year's rate of \$490). Similarly, vacant lot rates increased to \$151.50 (from the \$147 charge for the prior year). The increase is to fund a capital reserve for future replacements and repairs as needed. It's notable that, while taxes are 100% forgiven to the Charles MacDonald Museum, the

Centreville Hall, and the park, all are required to pay the service charges for sewer and light.

Mandatory costs drive the bulk of the tax rate, as we must contribute to things like library, correctional, and educational services and the costs of maintaining provincially owned roads. All costs are displayed in the chart below (RCMP costs keep 46 officers on duty to offer 24/7 services to county residents).

### Mandatory Costs



RCMP	\$7,188,461
Purchased Services	\$3,190,123
Fire Protection	\$2,480,300
Grants	\$2,282,700
Debt & Transfers	\$2,989,737
Mandatory Payments	\$14,709,418
Inter-Municipal Service Agreements	\$6,316,000
Salaries & Benefits	\$6,304,668
Materials & Supplies	\$2,576,738

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*News from the Municipality - con't from previous page*

### ***The Kings 2050 Goal of Regional Planning Failed***

When Kings County and the towns signed on to work together towards a regional plan for how residents would want our part of the world to look in the year 2050, it was difficult to predict where this work would take us. Unfortunately, the regional aspect of the work fell apart along the way, causing the towns and the county to promote their own separate and distinct planning strategies and bylaws.

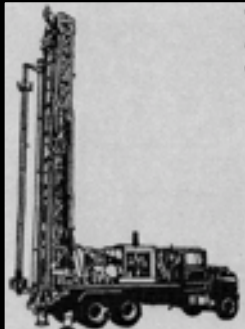
### ***Presentation of the Final Draft of the County's Municipal Planning Strategy (MPS) and Land Use Bylaw (LUB) is Ready***

Between December 2017 and October 2018, the county's Planning Advisory Committee made multiple motions to amend the working draft of your new MPS and LUB. Amendments were aimed at a better representation of what community members had asked for. Staff used those amendments during January-May 2019 to construct a final draft. Their report will be presented at the Planning Advisory Committee meeting to be held on June 11, 2019, in


Council Chambers at the Municipal Complex in Kentville (the new council chambers will not be quite ready for that date).

### ***New Municipal Complex Open for Business***

Starting June 1st, staff's move to the new building at 181 Coldbrook Village Park Drive, Coldbrook, will be complete. All business associated with staff (building permits, dog tags, tax payments, etc.,) will be available there. The 6 pm, July 2, 2019, meeting of council will be the first held at the new site. Please plan to attend and be welcomed to the new digs.



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# BLIND

by Steven Hopper  
Senior Pastor  
Centreville Baptist Church



I was born almost totally blind in one eye. Don't feel sorry for me, it really hasn't hampered my life much. If you met me (and if I hadn't just told you), you likely would never have known.

I have often wondered, though, what my life would have been like if I had lost sight in my other eye, too. I would not have been able to play the same sports I did, or ride motorcycles. I may not have gone as far in university, or have had the opportunity to minister in all the churches I have pastored for the last 35 years. Most drastic, I would only be able to listen to my beloved Boston Bruins win the Stanley Cup this year! (Here's hoping!)

Fortunately, I have not had to experience this reality that many others have to live with daily. There was one accident, however, that happened when I was twelve years old and living in Moncton. The optometrist had recently told my parents that my eyesight had improved and I no longer needed glasses. I began wearing them at three years of age, so this felt like I had a new lease on life.

Like many kids growing up in the 70s, I spent more time outside than in. There were always treehouses to build, woods to explore, fish to be caught, bicycles to be ridden, and adults to torment.

There were also lots of sports to play. I played both organized baseball and hockey but, most often, we played road hockey in the summer. Burned into my memory is having one of my friends yell "CAR" and us scampering to move the nets off the road before some impatient driver called the police on us. I will also never forget the tourist who interrupted the game one July day when he stopped, with skis on the roof of his car, to ask us how to get to the Magnetic Hill ski hill!

We also played a lot of baseball in a nearby empty lot. One day, I was pitching, dreaming I was playing for the Big Red Machine and throwing the ball to Johnny Bench. I wasn't having much luck getting the ball over the plate that day. The on-deck batter became bored and started batting rocks while he waited his turn. As fate would have it, one hit me right in my good eye.

Instantly, pain gripped me, and I fell to my knees with my hands over my eye. When it subsided a bit, I opened

my eye and realized I couldn't see. I panicked and, with my hands over my eye, I ran home yelling, "I can't see, I can't see." My friends, not knowing the severity of what had happened, yelled back something to the effect of, "Lower your hands and open your eyes, stupid!"

To this day, I am not sure how I made it all the way home being unable to see. I arrived at the back door to find it locked. I remembered Mom and Dad had gone out. This was the time they had ever trusted me to stay home alone! I really panicked now. I ran to my neighbour's and banged on her door until she opened it. I tried to tell her the story of what happened and, in the process, made her panic. She gave me an aspirin and tried to calm me down. Eventually, my parents came home and took me to the hospital. The doctor said the rock damaged the shape of my pupil, causing it not to constrict as fast in the sunlight. Other than that, there would be no lasting effect. He covered it with a patch and said to leave it on for three days, while the swelling went down. Sure enough, after three days I could see again. I will never forget, though, what it was like to be blind—even for a short period of time.

According to historical record, Jesus, after he was baptized, went into the temple, opened a scroll, and read a few lines from the prophet Isaiah. Among other things, it said that, since the Spirit of the Lord was upon Him, He would give sight to the blind. The people were amazed when, later, He literally did that very thing, by restoring the sight of Bart (not Simpson), the beggar.

The words of the prophet have a deeper meaning, though. Jesus gives us sight or, perhaps better stated, insight into spiritual things. Having difficulty understanding your place in the world? Pray and ask Jesus to help you discern the truth.

I invite you to learn more about Jesus by attending our Sunday worship services, which are held at 10:30 am each week. A nursery and children's program are provided, so come and bring the whole family.

## **Centreville Baptist Church** **870 Murray Drive, Centreville**

We are here to serve the community. Our excellent facilities may be available to you - simply contact the church.

**Steven Hopper, Senior Pastor**  
**902-678-1946 (Office)**

**vicki@cbckc.ca**

## **"50" Plus Club**

*by Darrell Spurr*

**Centreville "50" Plus** recently celebrated its 10th anniversary: our first meeting was held on April 22, 2009. There were 17 seniors present and the club was formed. We now average 35-40 members weekly. Founding members who are still active were honoured with a Founding Member memento. They are: Darrell Spurr, Myra Spurr, Madeline Sheffield, Doug Brown, Mel Bartlett, Carl Rideout, Doris Foley, Corey Coffin, and Gary Coffin.

Each Wednesday from 1:30 – 4:00 pm, seniors of all ages from Centreville and area meet to enjoy card and board games. A lunch is enjoyed mid afternoon. We celebrate monthly birthdays on the third Wednesday of the month and we also celebrate other occasions. A free-will offering and a 50/50 draw are held weekly, which provide funds for rent and supplies.

As in the past, we will be shutting down for July and August. Our last meeting will be held June 26th and we will be starting up on September 4th. New members are always welcome—drop by any Wednesday for an enjoyable afternoon.



*L to R: Darrell Spurr (president), Madeline Sheffield, Myra Spurr, Carl Rideout and Mel Bartlett.*

*Darrell Spurr presenting Doris Foley with Founding Member memento (photos provided by Myra Spurr)*



## **Centreville Quilt & Rug Hooking Show**

*by Sharon Manzer*

The 10th Annual Quilt and Rug Hooking Show at the Centreville Baptist Church was another successful event. We wish to thank quilters and rug hookers who brought us 400 quilts and rugs to display—they were beautiful. Also, thanks to the Evening Workers Auxiliary (EWA) and the people in our church who brought food and worked for many hours. And lastly, thank you to our quilters who worked tirelessly for hours, helping organize the event and during the four days of the show. More than 500 people came to see the beautiful display. Thanks, everyone, from the Organizing Committee.



*photo by Marlene Dufour*

## **Good Neighbour Club**

*by Susan Wood*

The Good Neighbour Club had its closing for the summer on Thursday, June 6th. Club will be restarting on September 19th at 7 o'clock. Ladies of the community who are interested, please keep this date marked on your calendars.

The last breakfast for the summer will be held Saturday, June 15th. Thanks for all the support we receive from the great community of Centreville.

## **Centreview Farm Wagon & Sleigh Rides**

**Scott Henshaw**  
**7810 Hwy 221**  
**Cell 902 670 0387**  
**Home 902 678 3773**



**Firewood & Kindling for Sale**

## **The Gesner Monuments 292 Middle Dyke Road**

*Submitted by Suzanne Trudeau and Pauline Raven*

For those of you who are not familiar with the name **Dr. Abraham Gesner**, he was a geologist, explorer, inventor, author, and founder of the first Natural History Museum in Canada. Of his innovative experiments, the most famous led to a refining method for a new fuel named *kerosene*. His biography by Allison Mitcham, *Prophet of the Wilderness—Abraham Gesner*, depicts “a man far ahead of his time, as interested in social problems, such as lighting cities at night and establishing decent immigrant settlements, as he was in advancing science and industry.”

Gesner was born May 2, 1797, on a farm in the township of Cornwallis, Kings County, and died in Halifax on April 29, 1864. A monument to commemorate his lifelong achievements was erected near his birthplace and unveiled May 4, 2019, with a large number of well-wishers in attendance.



*Thank you to everyone who helped ensure success, especially sculptor extraordinaire Ruth Abernethy. A lasting legacy for our Valley Region and a major boost to our tourist economy. ValleyArtMap.ca is coming soon with Abraham Pineo Gesner front and centre.*

*Many thanks to everyone who came to celebrate with us. The presence of each and every person made this moment in Kings County history especially meaningful. Together we rock!*  
*Pauline Raven*

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# Community Groups

## Good Neighbour Club

The Good Neighbour Club meets at the Centreville Hall at 7:00 pm on the **third Thursday of the month** (except June, July, August, and December). All Centreville women are welcome to attend and join the club.

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## '50-Plus' Club

The '50-Plus' Club meets at the Centreville Hall **every Wednesday**, 1:30 - 4:00 pm, except in July and August. New members are welcome.

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## Pins and Needles

Anyone is welcome to join us at the Community Hall on **Thursdays**. Bring along a craft you are currently working on and a paper bag lunch, and stay for the day. Tea and coffee are available. For further information call Ann Steadman at 902-678-4472.

## Comfort Quilts

Quilters meet at the hall on the **first Tuesday of the month** to work on 'comfort quilts'. These are made from donated fabric and are sewn and tied, then given to organizations to provide comfort to those in need.

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## TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on **Monday evenings**. Weigh-in is from 6:00 to 6:30 pm, followed by a short meeting. We are open to new members at the cost of **\$46.00 yearly**, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night. For more information contact Sheila Frail at 902-679-5274 or Madeline Sheffield at 902-678-7584.

***Congratulations on the Certificate of Recognition for being an active chapter of TOPS Club, Inc for twenty-five years!***

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## Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held **every Tuesday at 10:00 am** at the Baptist Church here in Centreville. For more information, please contact Sue at 902-681-6446.

## Centreville Park & Recreation Association

The Centreville Park & Recreation Association meets the **third Wednesday of each month** at 7:30 pm at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Community volunteers are those who make the park a success.

### Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

**Where:** Centreville Hall

**When:** **Fourth Wednesday** of the month

**Time:** 7:00 pm

**Exceptions:** *June, July, August and December by notification*

All meetings are open to the public — come out and support your community's development!

## Cancer Support Group

For women with or recovering from any type of cancer. Meetings are held the **second Thursday of each month** at 1:00 pm at alternating locations.

### Info:

Dorothy	902-538-3374	<a href="mailto:msalsman@xcountry.tv">msalsman@xcountry.tv</a>
Pat	902-678-9100	<a href="mailto:patmutch@hotmail.com">patmutch@hotmail.com</a>
Margot	902-542-1466	<a href="mailto:margotwithat@hotmail.com">margotwithat@hotmail.com</a>

### Battery Recycling in Centreville

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 am - 2:00 pm, as well as at the monthly Big Breakfast, except in July and August.

All batteries can be turned in **except** car batteries.

### Centreville Hall Rental

Contact Betty Harper  
902-678-0041  
[timharper@eastlink.ca](mailto:timharper@eastlink.ca)