

Please check the [Housing First](http://www.housingfirstkc.ca) website for updated, more complete information - [www.housingfirstkc.ca](http://www.housingfirstkc.ca)

**211** - Find the right community and social services.

**The Housing Helping Tree**

helps Kings County residents find housing and related supports.

\* Click on the blue words to visit the websites

**Fuel Emergency - Salvation Army** - Good Neighbour Energy Fund - 678-4534

For other emergency shelter **Kentville Police** 678-3378  
RCMP:

**New Minas** 679-5555  
**Kingston** 765-3317  
**Wolfville** 542-3817

**Inn from the Cold** (Nov-Apr)  
Kings County 365-3665 or call Kentville police 678-3378

**Chrysalis House 24/7**  
(women and children)  
679-1922

**Emergency Shelter, Housing, and Heating**

**Housing First Association**  
300-9350  
[housingfirstkc@gmail.com](mailto:housingfirstkc@gmail.com)  
support for housing options

**The Refuge**  
(Transitional Housing for men)  
365-3773

**NS Government Support**  
repairs for homeowners, seniors, disabled, landlords, developers  
1-800-564-3483

**Housing Authority**  
Rental units for families and seniors on low or fixed income  
681-3179

**CMHA – Shelter Me**  
Housing support for people with mental health needs  
679-7573  
[shelterme@cmhakings.ns.ca](mailto:shelterme@cmhakings.ns.ca)

**Habitat for Humanity**  
No phone currently  
[habitat.av@gmail.com](mailto:habitat.av@gmail.com)  
Mobilize volunteers and community partners in building affordable housing

**Planned Housing Options**

**Credit Counselling Services**  
1-888-753-2227

**Income Assistance**  
679-6715

**Financial Help**

**Mental Wellness Helping Tree**  
More helpful services

**Detox Addiction Services**  
825-1341  
24 hour support

**AVH Crisis Response Service**  
Mental Health, Alcohol, Drugs, and Gambling  
M-F 8:30-4:30 679-2870

**Provincial Mental Health Line**  
24 hour phone  
1-888-429-8167

**Mental Health and Addictions**

**Lawyer Referral Line**  
1-800-665-9779

**Residential Tenancies - Access NS**  
1-800-670-4357

**Legal Aid**  
Kentville 679-6110

**Legal**

**Open Arms**  
Community/ Learning Centre  
365-3665

**Valley Community Learning Association**  
679-5252

**PeopleWorx Society**  
Job Search - 679-7460

**Daytime**

**Kings Transit**  
fully accessible bus service  
1-888-546-4442

**Kings Point to Point**  
transportation for reasons such as health, disabilities, and/or lack of available resources  
681-2846

**Transit**

**St. Vincent de Paul**  
Emergency help  
542-9499

**Local Food Banks**  
**Berwick** – 538-1996  
**Hantsport** – 352-3002  
**Kentville** – 679-3364  
**Wolfville** – 542-0040  
**Canning** – 582-3886

**Food Banks - Feed NS Helpline**  
24/7 - 1-877-521-1188

**Food**

**Housing Authority**  
Housing for Seniors on low or fixed income  
681-3179

**Kings Point to Point**  
Transit for seniors  
681-2846

**Continuing Care Programs**  
(help at home)  
1-800-225-7225  
Department of Seniors  
1-800-670-0065

**Seniors**

**The Red Door Youth Health Centre**  
679-1411

**The Portal**  
(Youth Outreach & Support)  
365-3773

**Youth**

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Created by Housing First Association of Kings County in partnership with AVDHA  
To suggest corrections or updates please call 300-9350

**Kings County Housing Helping Tree**