

THE CENTRE POST

June 2016, Issue 44

Next issue: September 21, 2016
Submissions due: September 1, 2016

Centreville Dodge Redo

by Gail Salmon



Have you driven past the old Centreville Dodge building lately and wondered what is going on? A few years ago it was home to a computerized call centre, and after the company left the building remained empty. Now there is a hub of work going on, and I set out to talk to the new owner of the building, Ray Winkelman. Ray owned Winkelman's Windows, which he sold, and he purchased the Centreville Dodge building three or four years ago. He has been deciding what he should do with this very large structure, knowing it was too large to house only one business. Ray decided to divide the space to provide homes to a few smaller businesses, and he is excited about his prospects for this venture. He has worked as a contractor for a long time, and has

been busy creating the facelift on the front of the building - complete with new windows, doors, and bright, happy yellow siding. The colour embodies Ray's enthusiasm for this new endeavour and the chance to bring new small businesses to the area. The upper floor has been divided to allow for a couple of undertakings. There is a prospective businessman who is renting one of the bays and hopes to have all legalities and paperwork completed soon so he can proceed with his business by the summer. Ray says the other bay is still available for rent if anyone would like to contact him.

The front part of the building will be the new home for the Baked Inn Bakery & Eatery. I spoke with Maja, one of the bakers and daughter of the owners, who was busy painting the window frames and doing some of the final touches before they open for business. Maja said that she, her mother Sanja, and her father would be working at their new place. For those who might recognize these owners, they owned and operated Saraj Bakery, which was in New Minas. They ran Saraj for ten years and closed the restaurant in April, as they wanted a smaller business in their home community of Centreville. The Baked Inn will be open for breakfast, lunch, and supper. Maja said they have catered weddings, doctors' and lawyers' events, and baby showers, and will carry on with the catering at their new facility. They hope to get specialty cake orders and catering jobs for weddings and other special events, and will continue making their own renowned breads, pastries, and cakes.



The eatery menu is diversified, offering schwarma, Greek dishes, tasty soups and sandwiches, paninis, and many other specialties. Sanja said that all food will be homemade and home baked. Much of the produce will be local and some of the meat will be purchased from Oulton's Meat in Windsor. Sanja has a degree in food science and knows the importance of eating healthily. There will be gluten-free dishes, as there are many customers with a susceptibility to gluten. They are planning to have four or five tables, packaged food for takeout, and really good coffee and assorted Danishes, pastries, and muffins to grab on the way to work. For the dog lover, Sanja - who has dog family members - has made healthy and tasty birthday cakes for dogs, and will take orders for your four-legged best friends. She says they plan to open in mid-June and look forward to meeting new customers as well as welcoming old ones.

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Assistant Editor's Note...

The Centre Post would like to welcome two new contributors this issue: Danielle de Graaf and Mary Ellen MacDuff. We're always looking for new material, and would love to hear from anyone who has stories to tell or information to share. We'd also like to extend a welcome and a thank you to our new advertizers - see if you can find them :)

Gail Salmon, our roving reporter, has found out everything we wanted to know but were afraid to ask about new businesses and/or eateries that are or will be opening in our community. Read about them in her feature articles. We wish them success, and urge readers to check them out.

Thanks to everyone who makes this newsletter happen, and have a great summer!

Anne-Marie Waterbury

Submissions may be edited due to space limitations or for clarity purposes. Context will not be changed.

The Centre Post is published four times a year:
September, December, March and June.

The deadline for news items, etc., is the 1st day of these months, with the newsletter at the outlets by the 21st. It is always good to get your information in before the deadline.

For announcements, stories, ads or information, contact one of the following:

Submissions/Set-up of newsletter:

Suzanne Trudeau at 902-678-7769

Email: centrepostlady@hotmail.com

To place an advertisement:

Mike Sweeney at 902-679-2780

Acadia Lifelong Learning Centre (ALL)

<https://openacadia.ca/index.php/all-home>

The Acadia Lifelong Learning Centre (ALL) provides courses, seminars, outings and special events in literature, science, fine arts, writing, and more. Participation is no longer restricted to those 50+ years of age, with the exception of free credit course audits. Annual membership fee (Aug 1 - July 31) is \$25 and you can join at any time.



For more information visit their website, phone 902-585-1434 or 1-800-565-6568 (toll free) or email allinfo@acadiu.ca

Centreville Website

www.centreville-kings-county.com

If you haven't yet, pay the website a visit. It has lots of interesting information about the community – past and present – as well as a calendar of events, old photographs, items of concern to residents, past and current issues of the *Centre Post*, and useful links. It is a work in progress, and depends largely on input from you. If you have an upcoming event you would like posted, or suggestions for content, please send the information to:

info@centreville-kings-county.com

Dates to Remember...

June 19: Fathers' Day

June 20: World Refugee Day

June 21: ***First day of Summer!***

June 25: Day Camp registration 10 am - 1 pm, Park

July 1: ***Canada Day***

July 6: Day Camp begins ages 4-6

July 7: Day Camp begins ages 7-12

July 20: Park Association Meeting 7:30 pm

August 1: ***August Holiday***

August 20: Centreville Day

August 27: Centreville Classic Car Show

September 5: ***Labour Day***

September 7: "50"- Plus resumes

September 15: Good Neighbour Club resumes

September 17: Big Breakfast 7:00-10:30 am

Centreville Dodge Redo - con't from pg.1

The upper level of the building will be used as a fitness centre. Ray has purchased hydraulic exercise equipment and other fitness apparatus to put into the 1500 sq.ft. fitness room for local residents to use. There will be full facilities with showers and a changing area, and he hopes he can obtain an adequate membership so he can maintain an onsite employee to assist clients. More information on the fitness business and membership will follow as it nears the opening. There is another room (1500 sq.ft.) in the front part of the building, which Ray plans to rent out for fitness classes, yoga, or any other type of recreational or instructional purposes. It will take a while to get the upstairs up and running, but with Ray's enthusiasm and hard work we should see things happening soon.

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*You're always welcome here at TJ's.
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Story from the Family Farm

by Mack Frail



Before electricity came to Centreville in 1923 the community depended on oil lamps and gas lamps to light their homes. The electric power was purchased from the Canard Electric Light and Power Company: sixty shares of common stock were sold at \$50.00 each to pay for the cost of the ninety cedar poles and material required to extend the power to Centreville. The power was produced by the Gaspereau River Light and Power Company's water-powered generator. In 1931 Centreville formed its own company, known as the Centreville Light and Power Company.

I was three years old in 1938 when my parents had our farmhouse wired. That year, electric service became available on our road as far as the base of Centreville Mountain, and my parents were among the first on Highway 359 to have it connected to our home. The same year that we had electricity installed, a Beatty electric washing machine salesman came to our home and gave my mother a demonstration. Money was scarce during those years known as the 'dirty thirties', and my parents informed the salesman that they could not afford to purchase a washing machine. They agreed that he could leave the washing machine, which they were allowed to use for thirty



days. His wise salesmanship paid off, and that old Beatty washing machine remained in our farmhouse kitchen for many years until it was worn beyond repair. Not only did it relieve my mother of a lot of work washing for a family of eight children, but it managed to keep going with a few minor repairs that included the use of rubber bands and rabbit wire. Years after the old Beatty washing machine was retired to the barn, evidence was on the woodwork in the kitchen from

its habit of travelling across the floor under a heavy load of clothes and striking the wall. When I visit the old farm barn that was built in about 1870, I notice the remains of the old washing machine among the relics from the past and it reminds me of those early days when it provided a valuable service to my mother. She came to Canada from England when she was twenty-one to marry my father. She grew up in a middle class home, and was accustomed to conveniences that were not available to her in Canada. The old Beatty washing machine was a big help for her to endure the hardships during those years of raising a family on our family farm in Centreville.

In 1942 my mother was given an electric iron as a Christmas present. They were a big advantage over the irons that were heated on the stoves. Several of our neighbours would come to our home with baskets filled with freshly washed clothes that they would iron with my mother's electric iron. I remember coming home from school and they would be visiting with my mother, ironing clothes and listening to the

popular soap operas known as *Ma Perkins* and *Pepper Young's Family*. We didn't have wrinkle-free wash-and-wear material; clothes in those days were ironed and pressed.

We didn't have as much back then but we were happy, and people did not complain any more than they do now. Most of the smaller family farms lagged behind the larger farms. Oxen were the beast of burden on our farm during the early 1940s, and were common on other farms until they were replaced by horses. Farm tractors were small compared to those used on the farms today, but they did the work that was required of them. Farming methods have changed over the years to the times when practically everything is done by machinery. I was involved with doing the jobs with my hands and with the tools provided for that particular purpose. I have only to look out my window towards the farmland on the north side of Banes Road to witness the work that is carried out with the use of large equipment. The job of pruning fruit trees is carried out while remaining in the tractor cab, and without leaving the tractor seat. Land is cleared of apple trees and forest using a large Caterpillar tractor with a boom and movable jaws attached. The advanced method of clearing land is to remove the trees by the roots as they stand, pile them in a large heap, and try to burn them. Without success in burning, they are eventually loaded on a truck and hauled away. No need to leave the comfortable cab to do any of the work, when the smallest limbs are picked up by the jaws of the large piece of equipment. In my days of working with our hands on the farms and clearing land, the trees would have been cut down and used or sold for firewood. With the trunk of the trees and large limbs used as fire wood, the smaller limbs were easily burned and only the stumps remained to be removed with a dozer or back hoe. Up-to-date mechanized equipment enables the present generation to live a lifestyle with less physical labour than past generations.

***The machines men are so intent on making
have carried them very far from the old
sweet things.***

Sherwood Anderson, *Poor White*

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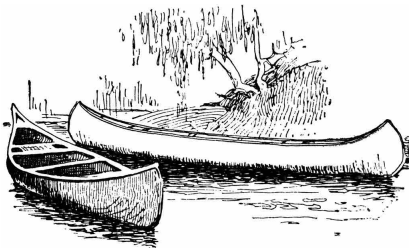
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Sentiments on Cottage Life



As I sit on the deck looking at the lake and listening, I can only think what a peaceful paradise. Butterflies enjoying the warm sand, squirrels chattering and running about, the trees gently crunching as their tops rub together in the warm breeze. Dragonflies big and small sunning themselves. Lady's slippers and trilliums are signs of something so undisturbed. Woodpeckers pecking early in the morning in case you don't have an alarm clock. Hummingbirds whizzing by in search of sweet nectars. A turtle popping his head out of the water excites even the adults as if they were still children. A loon carrying a baby on its back or teaching it to dive. Hoping the baby will survive predators. A mother duck bringing her babies into shore as if to introduce them. A spider hangs from its web high up in the tree and comes down for a look around. A clear sunny day the sky and water so blue and trees so green make you want to stay forever.



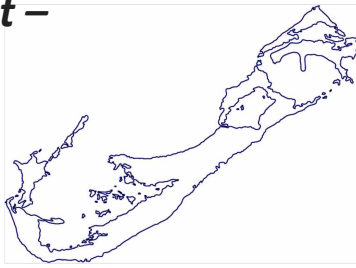
Canoes and paddleboats in all colours floating along, inviting friendly waves. Eagles flying over head only to make a quick dive and come up with an eel or fish hanging from their beak. Sounds of laughter from the children swimming carries around the lake. Evening brings a candlelit dinner on the deck that takes you away from the busy workweek. Pink sky reflecting in the water at sunset. Fish jumping just to let you know they're there. Clear nights with stars glowing as if you could reach up and touch them. The sound of musical instruments echoes across the lake. Patio lights and the glow of campfires around the lake feel warm and friendly. To everyone's delight the occasional fireworks. Sitting around our own campfire enjoying hot dogs and marshmallows. Card games and board games seem a must here. The late night call of the loons makes you wonder what they are saying. Giggles coming from the bunks when all are tucked in, these walls hold memories of stories and laughter. A hint of red in the leaves, just a sign of the beauty of fall. Reflections in the water that can only be truly captured with the naked eye. Rafts and docks brought in from the water. Boats and canoes disappearing from the shoreline only makes you long for the next summer season to relive those cherished times.



Mary Ellen MacDuff

From East To West – Bermuda Offers You So Much

**By
Heather M. Kennedy/ CTC**



Strolling along pink-sand beaches. Sailing in the Great Sound. Sipping on a Dark 'n Stormy®. Enjoying gorgeous weather year-round. It's no wonder Condé Nast Traveler readers have voted Bermuda "Best Island in the Caribbean/Atlantic" 18 times since 1994. And all things "Bermudaful" are much closer than you think.

The first known European explorer to reach Bermuda was Spanish sea captain Juan de Bermúdez in 1503, after whom the islands are named. He claimed the apparently uninhabited islands for the Spanish Empire. The islands became a British colony following the 1707 unification of the parliaments of Scotland and England, which created the Kingdom of Great Britain. After 1949, when Newfoundland became part of Canada, Bermuda was automatically ranked as the oldest remaining British Overseas Territory. Its first capital, St. George's, was established in 1612 and is the oldest continuously inhabited English town in the New World.

Did you know that the only source of fresh water in Bermuda is rainfall, which is collected on roofs and catchments (or drawn from underground lenses) and stored in tanks? Each dwelling usually has at least one of these tanks forming part of its foundation. The law requires that each household collect rainwater that is piped down from the roof of each house.

Many people mistakenly believe that Bermuda is part of the Caribbean. In fact it rests hundreds of miles north of the Bahamas in an astoundingly beautiful stretch of the Atlantic, a mere 2 hours from Halifax.

- All of Bermuda fits in a cozy 21 square miles (54 sq km).
- Bermuda boasts 75 miles (120km) of dramatic coastline.
- Bermuda may seem like one continuous landmass to visitors, but is actually made up of 181 islands, islets and rocks. Most of these are uninhabited, but eight of the larger ones are linked by bridges and one causeway and form the subtropical paradise visitors cannot resist.

* Bermuda's unique location in the Atlantic provides it with an extraordinarily pleasant climate that rarely sees extremes of either hot or cold.

- The Island's pink beaches are actually a combination of crushed coral, calcium carbonate and the shells of tiny single-celled animals called Foraminifera, and "yes" the beaches are pink!

With its island soul and British charm you will quickly discover that Bermuda isn't just world-class, award-winning beaches – there are many fun and exciting things to do. You can head out on the water for a flyboarding lesson, visit art galleries with exclusive art work, shop for locally-made souvenirs at the Clocktower Mall located in the Royal Naval Dockyard, and explore the UNESCO World Heritage site Town Of St. George's and the Crystal Caves with stalactites and underground saltwater pools. Lastly, don't forget to spend some time in the City of Hamilton for great restaurants and shopping.


Do you like to golf? Then this is the place for you. Bermuda has more golf courses per square mile than many other destinations in the world. Port Royal Golf Course has been the host of the PGA Grand Slam for 8 years, so it's safe to say that, in Bermuda, they know their golf!

It is not possible to rent a car on the island; public transport is available or you can hire scooters for use as private transport. I always take the bus, as it's much safer!!

Love fine food? The flavours of Bermuda are diverse, blending culinary influences, ingredients, and techniques from the Caribbean, British, West African, Native American, and Portuguese. The result of this unique mix is what is called Bermudian Cuisine. Bermuda's fresh island cuisine, international platters, and locally caught fish prepared by their world-renowned chefs are known to spark the senses and delight all palates. From their trademark cocktails to the freshest seafood, everything is so much more delicious in Bermuda.

Looking for a 'home away from home' vacation feel, or on a tight budget? Bermuda offers great accommodation that will suit your needs.

I've been to this paradise island more than 15 times and I have to say, for me personally, this is my favorite place to visit. I know once you go, you'll be like me and will want to go back!!!



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assortment of small readymade treats and cakes ready to decorate. You can order special cakes, too. Vicki says they also have some flavours of hard ice cream for those diehards. We all know that hot, sunny, summer days are near at hand. Whatever your preference, enjoy the tastes, the textures and the coolness, share with friends, enjoy, and of course, chill.



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Centreville Baptist Church News

Mack Frail

Since the church news was published in the March *Centre Post*, activity has been brisk at the Centreville Baptist Church. The ten-week Alpha Course was completed on April 10th, and those who participated were encouraged by the fellowship involved with learning God's word. More recently, the annual Quilt and Rug Hooking Show was held May 6-7, and attracted people from faraway places within the Maritime Provinces. The showing of the quilts and rugs was too wonderful for me to find words to justly describe. It was a big success, with 600 people viewing the 300 quilts and rugs on display; 400 meals were served. Thanks go out to the quilters and rug hookers for their items on display, and to those who brought food and provided various services to make the event a success.

The Somalian family sponsored by the Aldershot and Centreville Baptist Churches arrived in Nova Scotia on April 20th, and settled in their home in Kentville. It is a challenge for them to adapt to a different culture and to learn to speak the English language.

Youth Pastor Jeff Milne and his wife Charlene travelled to Moncton with four youths to attend 'Springforth', which was held May 13-14. Associated with the Atlantic Baptist Convention, it is directed at students. Jeff left on May 17th for the Holy Land to further his studies for his divinity degree at Acadia University.

The Pastoral Committee continues to hold meetings to select a Senior Pastor. In the meantime the church continues to grow under the capable leadership of interim Senior Pastor Dr. Rev. Judy Saunders.

Men's and Women's Bible Study Groups and the Monday after-school program for the children are suspended for the summer and will resume in the fall. Regular activities include:

Sunday: Adult Sunday School - 9 a.m.

Sunday: Worship Service - 10:30 a.m.

Tuesday: Men's Prayer Group - 7:30 a.m.

Wednesday: Choir Rehearsal - 7:00 p.m. and Worship
Team practice - 8:00 p.m.

Thursday: Youth Group under the direction of Youth
Pastor Jeff Milne and Children Coordinator
Rev. Sarah Stevens - 7:00 p.m.

Friday and Saturday open for upcoming events.

Daily Vacation Bible School will be held at the church July 25-29. Beginning the second week of September the church will be hosting another Alpha Course: contact Jill Gerrits for more information or to register.



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Centreville Park & Recreation Association

Good News from Your Community Park's Board of Directors

This year's summer park program is set to be the best yet!

* Grants are approved for two summer students. The students will provide day camps with lots of physical activity and crafts. The students will also help park volunteers with maintenance. See the job posting in this edition of the *Centre Post* and encourage applications. All students aged 15-29 years old who are returning to school (high school, college, or university) are eligible to apply.

* The refurbishment of the park's bathrooms is complete and they are available for use by the public until dusk.

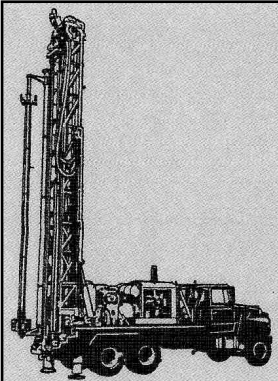
* The ball fields are being prepared for a busy season.

* Centreville Day is set for Saturday August 20, rain date August 27. The evening activities will include a family dance (7-9 pm) followed by fireworks.

* The Centreville Classic Car Show is set for August 27.

In other news... An outdoor learning centre and rest area is under construction in the wooded area between the playground and Saxon Street and this area will soon be linked to the playground and washrooms with a wheelchair accessible trail. Thanks to all our volunteers and partners for their ongoing work and support of our beautiful park. Your work makes our work possible.

George Graves, Community Park Chairman



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Centreville Activity Day Camps July & August

The Park Association is offering Summer Day Camps again this year. There will be two separate groups - one for children ages 4-6 and one for ages 7-12 - and each group will have two program leaders.

Ages 7-12: Monday and Wednesday, 9 am to 4 pm
Starts July 6 - Ends August 24
\$10.00/day

Morning and afternoon snacks will be provided: participants will bring their own packed lunch.

Ages 4-6: Tuesday and Thursday, 9 am to 12 pm
Starts July 7 - Ends August 25
\$5.00/day

A morning snack will be provided.

Registration is required: June 25, 10 am - 1 pm at the park.

Any questions, email to: centrevilleparkrec@gmail.com

Centreville Day August 20, 2016 (Rain date August 27)



Once again the Centreville Park & Recreation Association has planned a great day of fun for the whole family. Activities include children's games, live musical entertainment, a 50/50 draw, and a ball tournament. Have a ride in a Centreville Farm wagon, take a dip in the ever popular dunk tank, cool off in the sprinklers provided by the Kentville Fire Department, jump in the Bouncy Castle courtesy of the Centreville Baptist Church, and dance the night away (or at least part of it, 7 - 9 pm). The day's festivities will come to an end with cake and fireworks at dusk.



Come one, come all !!



Anyone who would like to showcase their musical talent (for free, of course...) is asked to call George at 902-678-8136.

Pauline

902 670-2949



Raven

in touch

Your District 3 voice on county council

EMAIL councillor.raven@county.kings.ns.ca

BLOG kingscountydistrict3.blogspot.ca

It's Your Money. Keep Your Eyes on It.

Pauline Raven

On May 30, pockets became lighter as municipal tax bills got paid. Valuable things happen with tax dollars. Some of those things we don't think about much, like sewer services. Other things we wish we had more of, like sidewalks.

Your community development association had their eyes on last year's tax bill. The result? Taxes for Centreville street lights were removed from your tax bill for this and subsequent years. The \$20 charge paid by each household over several years was in excess of what was needed. When this cost returns in a few years time it will be less per year. A small thing, but significant, because it demonstrates the value of keeping eyes open when it comes to tax bills.

Each year I push to scrutinize every line of the county's budget. Why? I want to do a more thorough job of looking after your municipal tax dollar. In Kings County, department managers have to justify only changes from the previous year's budget. The assumption is that the baseline is automatically approved in advance of any examination by elected officials.

I've asked council to do a zero-based budget where every line item of the budget, not only the changes, must be approved. In my opinion, this should be done at a minimum of at least once in each four-year session of a council. The resistance by the top dogs in our council to opening up the entire budget to discussion has shocked me. Our experienced and talented finance staff could easily manage such a task if they were permitted. I believe more effective uses of taxes could be found in a number of areas and that program adjustments could be made to better serve us all. I could be proved wrong. If we could get to zero-based budgeting, we'd all see if improvement is possible or not.

Here are three key concerns my eyes are on:

1. For the past four years Kings County has been significantly below the average for rural municipalities on a liquidity score (average is 3.2 while Kings is 1.6). Kings is also below the average when it comes to operational reserves (average is 47.8 percent while Kings is 16.7).
2. A huge burden is being placed on Kings County taxpayers regarding capital reserves. We are paying four times the amount of the average rural municipality. Despite this, the county hasn't been able to figure out how to catch up on needed sidewalks for many communities, including Centreville.
3. Our sewer rate per household has soared in the last 10 years (from \$200 to \$460). Local engineers and developers are questioning the reason given for these hikes and are calling for a review of our capital program. They ask why are we seeking to replace sewer lines they say have 50 plus additional years of useful life.

Here are three areas I think we can take pride in:

1. Relative to other municipalities, a small but significant amount is returned in grants to community organizations. When this money is used in conjunction with volunteer hours, we see each tax dollar magnified in ways that add valuable infrastructure to our communities.
2. The county continues to strengthen the tax shelter available to lower income homeowners. This helps keep homeownership affordable for struggling seniors and others on small or fixed incomes.
3. Commercial and residential tax rates have not increased for several years.

A municipal election will be held on October 15. Either eight or nine councillors plus a mayor will be responsible for the next budget. Will it be a zero-based budget? Will you ask this question of any mayoral candidate who knocks on your door?

With brave new leadership we may be able to ensure that no more than the right amount of money comes out of your pocket. It's been said taxes create civilized society by providing services communities as a whole need. I believe that. But taxes are only as good as the use they are put to, and your attention to who controls the purse strings is greatly needed.

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An Introduction to Massage Therapy

Danielle de Graaf BSc, RMT, CMLDT

*Owner of Valley Massage Therapy Clinic
and Blue Horizon Massage*

Frequently when I start a discussion about massage therapy with someone, I can tell that they have little knowledge of what massage therapy is and how it can benefit someone. So, I would like to take this opportunity to help this wonderful modality be understood.

Massage therapy is the assessment and the manipulation of the soft tissues, joints, and fluids to aid in the recovery of injured and stressed tissues. It can be used during all stages of healing: acute, sub-acute, and chronic. Many people use massage therapy for injury management or prevention, or for maintenance and stress relief. During the application of the techniques an increase in blood and lymph circulation occurs, resulting in improvements in the function of muscles and joints. This, therefore, relieves stress and pain.

There are numerous forms of massage, including Swedish (what most Canadian schools teach), Shiatsu, Thai, and deep tissue massage to name a few. Many techniques can be listed under the scope of practice of massage, such as Manual Lymphatic Drainage (MLD), myofascial release (MFR), active release, craniosacral, trigger point therapy, hydrotherapy and cupping.

Massage therapy is a scientific healing therapy. However, because of each individual therapist's personality and continuing education, it can also be viewed as being very artistic. Some therapists have a very smooth flow between strokes, while others may have a quicker flow between strokes. Some therapists alternate between deep and light, while others stick with a constant pressure throughout the session. There are some therapists that tend to be very sociable in their sessions, while others can be very quiet and reserved. Not all therapists are alike in their techniques and/or personality, so it is always a good idea to try a few until you find the one who makes you feel the

most comfortable. If you are uncomfortable in your session, you will not benefit from the treatment to your optimal potential.

Massage therapy has many benefits, including increased blood circulation, lymphatic flow, and flexibility, and decreased pain, inflammation, stress, and anxiety.

Common conditions that benefit from massage therapy include strains, sprains, tendonitis, fractures, neck and back pain, poor circulation, respiratory conditions, and many more.

If you are wondering if massage therapy might be of benefit to you, please call a Registered Massage Therapist (RMT) to have a discussion.

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Charles Macdonald Concrete House

by Fred Macdonald

We're busy cleaning, painting and getting ready to open for the summer on June 21. With the return of Sarah Lincoln and newcomer Halie Sproul we're again open daily from 11 am until 5 pm.

Exhibits in the main gallery will include a wall dedicated to Charlie's unconventional approach to advertising Kentville Concrete Products in the *Kentville Advertiser*, and on another, a series of reproductions of watercolours of the Steam Mill area created by Charlie early in the last century during visits home between adventures at sea.

Once again Kevin West has crafted an exhibit for the Uncommon Common Art initiative on the grounds of the Concrete House. It's called *Window on Centreville Socialists* and it comes with movable parts. On one side we're introduced to a little known collective, The Centreville Socialists, and on the other we're reminded of Charlie's unorthodox advertising campaign in the *Kentville Advertiser*. And this year we have second installation, but on the Blue Cottage Beach at Huntington Point. *Moment in Time*, by Colleen Gerrits, features bird sculptures pieced together with "daily surprises washed ashore".

So come by this summer, have a look around, and say "Hi" to Sarah and Halie.

Uncommon Common Art...



Window on Centreville Socialists



Moment in Time

Says Johnny Cann the do-boy: "Doctors say the patient cures himself—with encouragement"—an' sick agriculture must be made well. The tourist "industry"—hateful bourgeois term—is not sufficient. "Cooperation"? Got'cha. Will all advertisers here declare their allegiance to the farmer—or the speculator—as does

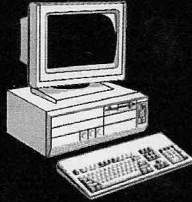
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For information about Uncommon Common Art - and great ideas for day trips and excellent adventures - visit:

www.uncommoncommonart.com

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My Day on a DU Wetland Tour

by Gren Jones, Senior Director for NS & NL

A month ago, I spent a day touring local wetlands and potential sites for development with Lee Millett, NS Conservation Specialist for Ducks Unlimited Canada. Lee, whose parents live in Centreville, is a graduate of Acadia University and he has a passion for the wetlands. He lives in Sackville, NB, and works from the Eastern Regional Office in Amherst.

Lee arrived at our place in Foleaze Park at 0900 and we left to inspect a wetland in Woodville on Hwy 221. Boates' Farm is well known for its products, including cider vinegar. Several years ago I asked Brian and his wife Karma if they would be interested in having a DU wetland on their property. There was an area on the eastern end of the farm that was too wet to cultivate and looked to me like the ideal spot. As luck would have it, this became Lee's first project. We dropped by to check on the water level and the general health of the wetland. It is doing very well! We saw ducks and geese there on that day and I believe there are ducks nesting there.



Soon after that, we arrived in the Berwick area to visit Rockland Brook, a beautiful wetland just south of Berwick in the Windermere area. Rob Fraser, our DU Habitat Manager, had asked Lee to inspect the fishway on this project: he had received a call about beavers having clogged the fish ladder, which naturally changed the water level to

suit their needs. Rob and I went there a week later to clean out the debris, allowing the water to flow and fish to migrate.

Continuing westward, we met several landowners who had requested a visit. Lee often lends support to landowners even if the project isn't something that could be done by DU. We visited a beautiful wetland just west of Bridgetown that was built many years ago by a landowner who did not consult or approach DU to build the pond. The new owner had contacted Lee for advice and possibly to have DU take over the wetland. Lee and I observed nesting pairs including ringnecks, hooded mergansers, Canada geese, and mallards.

From there we traveled to one of DU's most popular marshes, located in Belle-Isle. This project contains 645 acres and is co-managed with the Department of Natural Resources. Indeed, it is an agricultural partnership adding to the potential for greater bio diversity in that area. Major repairs were carried out on dike walls in four segments last year, further protecting this vital habitat for waterfowl. On that day he and I were treated to one of nature's great spectacles, as spring migration was in full swing. We observed great flocks of ducks and geese as well as nesting pairs. There were so many species of ducks that it was difficult to name them all or even to do a bird count. There were nesting pairs of geese in all of the impoundments.

I highly recommend this place to anyone who likes to visit wetlands. Recreational pursuits include bird watching, photography, hiking, paddling, and riding a bike. It is open to the public, and makes for an excellent day trip! I recommend that people park in the common area where the road meets the fields: although there is no sign, the road is called Little Brook Road. There is an old Anglican Church on Highway 1 on the left-hand side just before the access road. The marsh is along the Annapolis River and is well worth seeing.

On the return trip, we continued to visit and inspect more wetlands. I fully enjoyed my day with Lee and look forward to networking with him, helping to identify potential projects in the area.

Here are several quick facts about DUC's progress in restoring, protecting, and enhancing wetlands in NS:

- * Nearly 50,000 acres have been secured and nearly one million acres of land have been positively influenced by these wetlands.

- * There are over 400 projects and over 700 landowners that have formed partnerships with DU in Nova Scotia.

For further information:

www.ducks.ca



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The spring legislative session has now concluded. It was a session dominated by doctor shortages, mental health issues, Pharmacare changes, the Yarmouth ferry, and the Valley Hospice.

The MacNeil government promised in the 2013 election that they would provide a family doctor for every Nova Scotian. The fact is that in the past 2 1/2 years the family doctor situation in Nova Scotia has not improved but gotten worse, particularly in Cape Breton but also even here in the Valley. There are possibly as many as 70,000 people in the province with no family doctor. Our party was calling the government to account for this situation and to fulfill their campaign promise. If you are looking for a family doctor, please let me know.

Another area of much debate was mental health issues, in particular the closing of the Psychiatric Ward of the Aberdeen Hospital in Pictou County. Minister Glavine had initially promised to reopen the ward but that has not happened, and now it is clear it will not be reopened. Jamie Baillie has called for a public enquiry into the crisis in mental health services in the province but so far the MacNeil government has maintained that there is not a crisis. It doesn't take too much looking around locally to realize we have serious problems here, too. Let's hope the public enquiry does take place.

The proposed changes to Pharmacare, which were adopted then later canceled and apologized for at length, took time last session. Questions linger about the plan... What will the government do with the information collected? Why were

married couples forced to combine incomes to arrive at the premium rate they had to pay? What is the plan for Pharmacare?

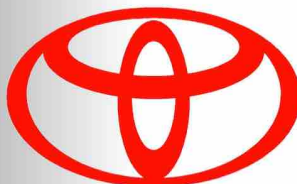
The Yarmouth ferry also was the subject of much debate in the legislature. Again there are many questions... Last summer the government announced that any prospective bid on a ferry service must have a ship secured prior to bidding. Clearly that was not the case with Bay Ferries: they didn't acquire a vessel until this winter and that has seriously affected this year's bookings. The 10-year cost of the Yarmouth ferry has also been debated, with our party saying it could be as much as a \$100 million commitment. The government has denied that but has not provided any other numbers. The *Nova Star* cost over \$40 million in two years. The many conditions that the City of Portland placed on the contract has us all scratching our heads. We are paying for line painting and renovations on the Portland wharf, have blackout days when the ferry is not welcome in Portland, and are told no trucks in Portland. We are paying an undisclosed management fee to Bay Ferries and are paying for their tax advice. Our fear is that if the ferry is too expensive, then it's not sustainable. It seems that is the case and that has us all worried. The ridership will be key, and we have recently learned those numbers will not be released monthly as in previous years.

Finally, the Valley Hospice is an issue that I have raised repeatedly in the legislature for the past two years. Each time I have asked, Minister Glavine has said it would be announced "very soon". After two years of waiting, "very soon" is no longer a credible answer! With \$4 million in fundraising now long finished, the credibility of the Minister of Health and the government is on the line. To add insult to injury, the Halifax Hospice (fundraising not yet finished) has recently been announced. How does Halifax get to go first under the circumstances? The Minister, Leo Glavine, will have to explain, because I certainly can't.

Thanks,
John Lohr, MLA Kings North
401A Main Street
Kentville NS B4N 1K7

johnlohrmla@gmail.com
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**HIRING DEPUTY RETURNING OFFICERS
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The Election for Municipal of the County of Kings Councillors and School Board members will be held on Saturday, October 15, 2016.

The Municipality is seeking over 100 people who are interested in working as Deputy Returning Officers and Poll Clerks on Election Day. The rate of pay is \$180.00 for Deputy Returning Officers and \$145.00 for Poll Clerks.

If interested in making application for either position, please forward a letter of application by September 1st to the undersigned at P.O. Box 100, Kentville, N.S. B4N 3W3, or via email at election@countyofkings.ca. Please include your telephone number, mailing address, civic address and email address, together with a brief description of your experience with elections, if any. If you have any questions regarding these positions, please contact the undersigned at 902-698-9960.

David Poole
Returning Officer



**Job Postings for Students
Centreville Community Park**

Camp Program & Park Maintenance

Park Directors are currently welcoming applications from students eager to work at a great park this summer. The successful applicants will work an 8-week term beginning on July 4 and ending August 26. Two positions are available.

The successful applicants will have experience providing care and activities for children aged 4-12. Prior experience working in a summer camp for children is an asset. Please see the summer camp schedule in this edition of the *Centre Post* for more details.

Time not used to prepare and deliver camp programs will be used to perform a wide range of park maintenance duties, including operation of a lawn tractor, mower, and a weed-eater/grass trimmer. Applicants must be able to operate these pieces of equipment safely and confidently.

We are seeking energetic, self-motivated, and responsible students aged 15-29. Applicants must be returning to full-time study at high-school, college, or university in September 2016. Ability to work well with others and collaborate on tasks is a must.

Rate of pay is \$11 per hour. The position requires 37.5 hours per week. A full job description can be found at: centreville-kings-county.com/2016-summer-job-posting/

Please apply by email to:
centrevilleparkrec@gmail.com as soon as possible.
The positions will remain open until successful candidates are found.



Community Groups

Good Neighbour Club

The Good Neighbour Club (GNC) meets at the Centreville Hall at 7:30 pm on the first and third Thursdays of the month (except June, July and August). All Centreville women are welcome to attend and join the club. Meetings resume September 15/16

'50-Plus' Fun Group

The '50-Plus' Fun Group meets at the Centreville Hall every Wednesday, 1:30 - 4:00 pm. New members are welcome. Meetings resume September 7/16



Pins and Needles

Anyone is welcome to join us at the Community Hall on Thursdays. Bring along a craft you are currently working on and a paper bag lunch, and stay for the day. Tea and coffee are available. We also get together once a month to work on 'comfort quilts': These are made with donated fabric and are sewn and tied, then given to organizations to provide comfort to those in need.

For further information call Ann Steadman at 902-678-4472

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on Monday evenings. Weigh-in is from 6:00 to 6:30 pm, followed by a short meeting. We are open to new members at the cost of \$36.00 yearly, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free night. For more information contact Sheila Frail at 902-679-5274 or Madeline Sheffield at 902-678-7584.

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held every Tuesday at 10:00 am at the Baptist Church here in Centreville. For more information, please contact Beverley at 902-678-4798.

Battery Recycling in Centreville

Used batteries can be dropped off at the Centreville Community Hall on Thursdays, 9:00 am - 2:00 pm, as well as at the monthly Big Breakfast, except in July and August.

All batteries can be turned in **except** car batteries.



Centreville Park Association

The Centreville Park Association meets the third Wednesday of each month at 7:30 pm at the Centreville Hall. Anyone interested in becoming involved or wishing to share ideas or concerns is welcome to attend. Centreville community members are those who will make the park a success.

Next meeting - July 20/16

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall

When: Fourth Thursday of the month

Time: 7:00 pm

Exceptions: June, July, August and December by notification

All meetings are open to the public — come out and support your community's development!

Next meeting: September 22/16

Cancer Support Group

For women with and/or recovering from any type of cancer. Meeting the 3rd Wednesday of each month.

Info:

Dorothy 902-538-3374 msalsman@xcountry.tv

Pat 902-678-9100 patmutch@hotmail.com

Margot 902-542-1466 margotwithat@hotmail.com

'Big Breakfast'

The Good Neighbour Club's 'Big Breakfast' is held at the Centreville Hall on the third Saturday of the month, 7:00-10:30 am, except in July, August, October, and December. Choices include eggs, bacon, sausages, baked beans, hash browns, toast, tea, coffee, and juice.

Free-will Offering

Next breakfast is on September 19, 2015

(June's Big Breakfast has been cancelled due to kitchen renovations.)

**Centreville Hall Rental
Contact Minnie Sheffield at
902-678-6391**