

THE CENTRE POST

Issue 80, Spring 2026

Next Issue: Summer, 2026: Submissions Due: May. 16, 2026

CENTREVILLE'S OWN BELLY DANCING GROUP!

by Gail Salmon

Marcia Savidant Hinks has been teaching the ladies of Centreville and area how to belly dance since February 2023, but she is taking time off teaching to just enjoy dancing with the group. We appreciate all the work she has put in keeping it fun with all the laughing and exercise we experienced every Monday at dance class.

We are so lucky to have Jessica Best Smith step up on the dance floor to allow us to continue belly dancing. Jessica grew up and lives in Centreville with her family.

Jessica says the time will change slightly, starting at 6:30 and going until 7:30 pm. It will still be at the Centreville Hall. The price is \$50 for eight weeks of classes. She hopes to start classes on March 23rd. We are all looking forward to it.

Jessica started belly dancing with DalDance in 2006 while going to Dalhousie University to obtain her degree in Theatre Costume Studies.

She has been part of the belly dancing group and is excited to be able to share her knowledge. She danced for many years with Angie Jenkins in Wolfville.



She has taken workshops with experts like Kami Liddle, Rose Harden and others. She has also done workshops and shows with local talents such as Serpentine Studios in Halifax, and Sacha Begg in Yarmouth.

Along with her dance skills, Jessica's expertise as a seamstress has given her opportunities to create 18th century costumes for members of the 84th Regiment Re-enactment group, Regency gowns for a member of the Annapolis English Country Dance Society, as well as many other fun costuming projects.

If you would like to see her creations, you can visit her Facebook or Instagram pages. Her company is Hillside & Grimm. If you scroll through the posts, it showcases her sewing and craft skills. Jessica also does alterations (but no zippers!). You may see some of her many dance costumes in person if you join the belly dance group and get involved.

No experience is necessary as this is an informal fun activity for women of all ages and abilities. Centreville Belly Dance has a Facebook page if you want to take a look. Maybe we'll see you in class!


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From The Editor

The Centre Post

is published four times a year: Spring, Summer, Fall and Winter.

The deadline for news items, etc., is the 16th day of February, May, August, and November. It is always good to get your information in before the deadline.

For submissions, contact:

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Gail Salmon

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Spring has sprung! Even though there may still be some snow on the ground, our indoor cats are ripping around the house like furry maniacs. And we've able to open the windows on a couple of occasions for a few hours.

With Spring comes another year of the Centre Post. Hopefully!

I want to take this opportunity to reach out and ask our community, if you love the Centre Post even a little bit, please think about becoming a contributor. I understand folks can be a little intimidated about writing for the public but there is nothing to worry about. People are interested in what you have to say, whether it be satirical, about the arts community, about your own experiences, your hobbies, or anything that floats your boat. Gail is doing a wonderful job as our Roving Reporter and I jump in every once in a while with a little something. In addition, we have our devoted regulars, but content is dwindling and if we don't have content, we don't have a paper. I take immense joy in putting this paper together for the community and it would be so disappointing to have to call it a day.

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To view a colorized version of this and past newsletters, visit: www.centreville-kings-county.com/the-centre-post



You're Invited: The Pet Spaw Open House
Saturday, June 13th, from 10:00 AM – 2:00 PM
(2044 Hwy 359, Centreville, NS)

Join us for a relaxed and informative day where you can explore our space, meet our team, and learn more about the care we provide.

What to expect:

• Barbecue • Tour of our Doggy Daycare & Boarding Facility • Nail Trims (10:00 AM – 12:00 PM) • Raw Feeding Talk & Q&A • Complimentary Raw Food Samples

Whether you're a current client or just curious about what we offer, we would love to have you join us.



We hope to see you there!



Open Letter To the Centreville Community, from The Concrete House



Six years ago, the Concrete House was a very different place. In the fall of 2019, stepping inside was difficult. The smell of animals and mould lingered heavily,

there was no proper heating or ventilation, and the building was nearly unusable. For such a rare and distinctive heritage structure, it was a heartbreaking state of affairs.

Today, the Concrete House has been completely transformed. It is bright, clean, and welcoming. The building is now comfortably heated in winter and air-conditioned in summer. The roof and foundation have been fully reengineered, the house thoroughly insulated, and all plumbing and electrical systems replaced. Every room has been carefully renovated while preserving the character and charm that make the Concrete House so special.

This remarkable transformation was made possible by the generosity of our wider community and the dedication of an incredible group of volunteers. Their time, care, and belief in this place brought the Concrete House back to life.

With the major restoration work now complete, we are turning our attention to the future. As we enter this new chapter, we are inviting members of the Centreville community to become more involved. Our board of directors is looking for new local voices to help guide the Concrete House as a vibrant, living part of the community. Board service is straight forward and enjoyable. We meet nine to ten times a year, work collaboratively and aim to keep the experience positive and engaging.

The Concrete House belongs to Centreville and we want it to feel that way. The yard is always open for you to enjoy. Stop by in the summer for a visit and perhaps a cookie or two. Need office space? We have room to share. Looking for a unique venue to host a meeting or event? The Concrete House is here for that too.

We invite you to step inside, get involved, and help shape what comes next. This historic place has been carefully restored. Now it is ready to be lived in, shared, and made your own. To get involved email us at charlesmacdonaldsociety@gmail.com. We'd love to hear from you.

www.concretehouse.ca

Best

Terry

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Welcome from the Canard Community Church
By Corrine Langley Mayfield

The Canard Community Church at 1315 Highway 341 is a non-denominational community church, based on inclusive fellowship and community outreach. Sunday morning services begin at 11:00 a.m. During the service we offer Sunday School for the younger children as well as the older kids. Our church has always been very kid-friendly, and our minister, Rev. John Wray, is excellent with all the children.

We have a new sign in front of the church! Now we can keep the community informed of what's happening.

We continue with our "Soup's On!" luncheons, held every Thursday at noon. There are different kinds of soups every week, provided by one or two of the church members who are on a sign up list. There is no charge for the luncheon, but free will donations are accepted. Everyone is welcome. It's a wonderful time to get together with other community members to chat, enjoy lunch, and, if you like, stay awhile to play games, sing, or just enjoy visiting.

And our communal dining doesn't stop there. Pot Luck Lunches are held following the services on the last Sunday of every month. Church members bring in a wide variety of dishes that make it a wonderful smorgasbord for our after church luncheon. The selections often include yummy desserts as well as tea and coffee.

We continue to support the CAICC, (Canning and Area Interchurch Council), in their Lenton Luncheons that started on February 20th, and we are happy to announce that our church will be the host for the Lenton Luncheon on March 27th.

Looking ahead to April, we will be having special Easter activities. Don't forget to check our new sign for details.

Come join us for fellowship, caring friendship, food, and conversation.

Everyone welcome!

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MUNICIPAL CORNER

by **Everett MacPherson**
Councillor, District #1



The days are getting longer, and the sun is getting stronger. Although it has been cold and feels like a long winter, I am optimistic about an early spring.

Along with spring comes pothole season. You can report potholes on provincial roads by contacting Toll-free: 1-844-696-7737. If the road is owned by the Municipality of Kings County you can report a pothole at [this website: https://www.countyofkings.ca/residents/services/potholes](https://www.countyofkings.ca/residents/services/potholes) The dropdown menu will list all Municipal roads, just click on your road and report the concern. If your road is not on the dropdown list, it is probably a provincial road.

It is time for students to prepare their resumes. The Municipality is now hiring for summer student jobs. Check out the positions available on the website: <https://www.countyofkings.ca/services/employment>.

We are also preparing for the upcoming grant season with deadlines on April 1, May 1 and June 1. This is a wonderful opportunity to acquire funding to support your community initiatives, including: festivals & events, parks, playgrounds & trails, community halls, recreation programs, graduation events, etc. You can find important information as well as application forms at: <https://www.countyofkings.ca/residents/services/grants-funding>.

Gibson Woods is one of 52 historic African Nova Scotian communities in Nova Scotia. It is a resilient community featured as part of the Mathieu Da Costa Heritage Trail. We are proud to celebrate the rich history of this community with the folks of Gibson Woods including prominent families such as the Gibsons, Brownings, Clements, and States.

Celebrations this year has been with heavy hearts with the recent passing of Dr. Geraldine Browning, a pillar of Gibson Woods and the Black community in general. She was a mentor and role model to many. Trained as both a nurse and teacher, Dr. Browning was an incredible community builder who championed many institutions that continue to support African Nova Scotians today and into the future.

I am always impressed by the tremendous volunteers in the Centreville community who work hard to make Centreville a wonderful place to live. A tip of the hat to the volunteers on the Centreville Park committee. They are busy planning the park for 2026. We are so fortunate to have this incredible greenspace within our community. Take advantage of the wonderful trails and fields. It won't be long before you will hear the crack of a baseball bat, the sounds of a cricket game, or Tony's runners out for a run. Also, a tip of the hat to the folks on the Community Hall committee. They do a tremendous job maintaining and managing events at the hall. There isn't a better community breakfast available!

Drive carefully and watch your speed on Centreville Roads. Stay safe!

Everett
Councillor District#1
councillor.macpherson@countyofkings.ca

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DO YOU NEED A FOOD HANDLING CERTIFICATE?

by CA DaCosta

Centreville has so many weekly, monthly and annual events where delicious food is served, sold, and/or shared. Have you ever wondered, when participating in any of the great events featuring food in Centreville, what are the protocols for food safety? I never did until local Big Breakfast volunteer, Ann Steadman, brought it to my attention that she will be renewing her certificate in March through a Food Safety Trainer. I decided to dig a little deeper.

Mark Pound, a certified instructor, will be holding a food handler's course on March 28, 2026, at the Billtown Community Church.

Pound has been teaching the course for approx. five years but his involvement in food safety began long before that. "I've been working in food for as long as I can remember. It started volunteering part-time with Sodexo while I was in high school working with catering." Sodexo is a global company that specializes in catering for Universities, Health Care and Senior Living amongst other industries. Pound believes that all instructors in food handling should have their own experience in the food industry so they can speak knowledgeably while applying the teaching materials.

Pound then moved on to part-time work in Acadia's Dining Hall. "I stayed on as student manager of the dining hall." And if that wasn't enough experience, Pound found his safe food training being used on local movie sets, Scouts Canada, public events, camping, and, as a volunteer fire fighter with Kentville Fire Dept. at any events they sponsor involving food. Pound speaks about the ladies auxiliary, "Through the fire department, the Ladies Auxiliary of the Lions Club do a lot of fund raising dinners and part of our membership requirement was to serve and assist at the dinners. I wear my uniform and serve turkey dinners. It is a good camaraderie thing to do. A good way to help the Ladies Auxiliary".

Food Handler's Certification is managed at the provincial level and each province has their own certificate. Train Food Safety is the recognized Food Handler Certification course in Ontario, Alberta, Manitoba, Saskatchewan, Nova Scotia, New Brunswick, Northwest Territories, Newfoundland and Labrador, and Prince Edward Island.

Employers in these provinces accept that certificate for roles that require Food Handler training, including restaurants, cafés, catering, long term care, grocery, and other food service jobs. And while receiving a certificate online seems like the easiest way to go, Pound explains that not everyone is comfortable with the online model, preferring an in-person trainer, "it doesn't always work for everyone as there are segments of the population that don't benefit or do well through online course, Lions Clubs, fire departments, churches, for example, that benefit from an in-person course with an instructor."

Here in rural NS there are so many volunteer breakfasts, soup and sandwich church lunches and charity BBQ's. How does one determine if a Food Handling Certificate is required? Pound explains "just one person at the community event needs a certificate regardless of how many volunteers are handling the food". Pound suggests you display the certificate so if an inspector drops by during the event, they don't have to seek out the one person who holds the certificate. Pound also says groups should consider having a binder of certificates easily available in one spot.

If you, or someone you know, works or volunteers for any event that requires the handling of food, consider getting your Food Handler Certificate. The course takes place at the Billtown Church Hall on March 28, 2026 from 8:30 am – 4:30 pm. The cost per person is \$45.00 which includes your certificate and your book.

For further information, contact Mark Pound

by email, poundm@gnsps.ca

or by phone, 902 670-1395.



Nova Scotia's Energy Future Being Held Back



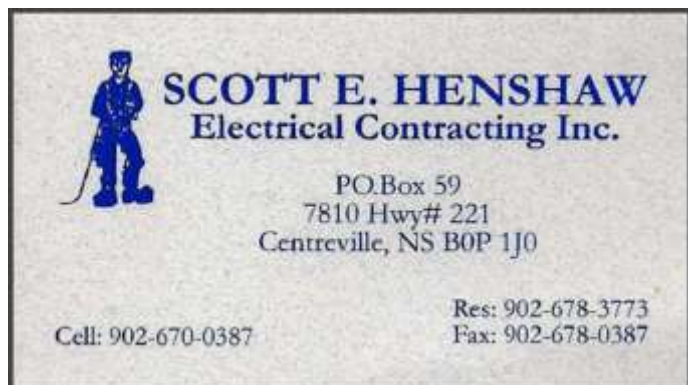
Nova Scotia Power has announced there will be a new CEO taking over shortly.

While I wish the new CEO more success than his predecessors, I am concerned this announcement is less about real change and more about deflecting from a long-standing pattern of failure. Successive CEOs have been unable to deliver reliable, affordable power for Nova Scotians, all while collecting excessive amounts of personal data and then seemingly failing to adequately protect it.

Time will tell whether this CEO is prepared to break that cycle – or whether Nova Scotia Power will continue to do what it has done for years: ask households for more at a time when many are already struggling.

On February 6, Nova Scotia Power filed its final arguments in this latest rate case, and the message is the same as always: the monopoly wants more. More staff. More capital. More profit. But the facts in the public record tell a very different story – one Nova Scotians deserve to hear.

First, Nova Scotia Power claims there's "no justification" for lowering its return on equity. That's simply not true. The Department of Energy's position is based on expert evidence from Dr. Sean Cleary and the simple fact that Nova Scotia Power has received large reductions in the risk it faces – from fuel costs to a new storm rider to financial assistance – yet still wants a nine per cent return. The Board is free to set a lower return on equity, and the record supports doing exactly that.



Second, Nova Scotia Power says it had "no reason" to update depreciation schedules for nearly a decade. Meanwhile, Federal and Provincial climate policies shifted dramatically. Coal regulations tightened. Transition timelines accelerated. New generating technologies became lower cost. Yet Nova Scotia Power kept using depreciation assumptions from 2010-2011. Their own 2020 Integrated Resource Plan referenced a 2040 coal phase-out – even though Federal regulations had already moved the country toward 2030. The facts suggest the utility's planning did not reflect either the policy reality or changing technology. It's worth noting that new technology is becoming cheaper, which Nova Scotia Power is tracking but not acting on.

Third, Nova Scotia Power's filing ignores the biggest structural change in our grid: The rise of independent renewable power. Wind developers – not Nova Scotia Power – are financing and maintaining much of the new generation coming online. That means less capital burden on the monopoly. But you wouldn't know it from their rate application, *which asks for more in every category of capital spending, increasing to more than \$700 million over a decade.*

Today, we are relying on a single, high-cost provider at a time when global competitiveness depends on diversified, affordable energy. Other jurisdictions are attracting industry with flexible, *distributed*, multi-fuel systems. Nova Scotia is not.

This is why we need to continue to push our energy opportunities. We have world-class wind. We have tides. We have natural gas resources under renewed study. *We have Nova Scotian families and firms installing their own energy – heat pumps, solar, batteries and beyond.* We have offshore potential.

The question that belongs to all of us: whether we continue relying on a single utility whose business model depends on rising electricity rates, or whether we build a modern, diversified energy system that puts Nova Scotians first.

Tim Houston
Premier of Nova Scotia

Centreville Neighbourhood Memories

by Madeline Sheffield

My husband's family grew up here in this community with his mum living to be 100 years old.

We married young and started our family living in a small apartment in Kentville. We were anxious to get back to the country. His mum alerted us that an older home had just gone on the market. We quickly got on a waiting list for purchase.

After much hard labour of cleaning, stripping several layers of wallpaper, painting and upgrades, we made the move to our "new" home in Fall of 1974.

We were just settling in when a big snowstorm arrived, with a power outage for nearly a week. Luckily, my in-laws lived nearby with a propane stove. We survived to tell the tale.

One morning two older ladies, Kay Slipp & Doris Foley, came to visit and welcome us to the community, leaving gifts from the Welcome Wagon.

Our children enjoyed the neighborhood and meeting lots of kids their age. A stray dog found his new home. The park behind us offered lots space to run, play ball and ride a bike. There were no sidewalks

then; mainly just older homes without all the newer subdivisions.

Former neighbours had horses, so our daughter fell in love and was riding at the age of five. We later bought her a pony, which made her very popular with her friends. Our son enjoyed Boy Scouts at the Community Hall. He enjoyed snaring rabbits, working on local farms and picking tobacco to earn spending money. As an adult, he settled here in Centreville with three children. We are blessed they live close by.

Today, we see local kids walking by on the sidewalk and wave. They come knocking at Hallowe'en or bottle drives. It's always nice to see them.

We have good neighbours who look out for us and call if they don't see movement or we are away for few days.

We are fortunate to live in such a great community. I hope you have friends to reach out to. Get out for a walk in the park, stop at the farmers' market, the post office, the local church or community hall. Become a good neighbour. You will be surprised by the rewards.



Born and raised right here in Centreville, Nova Scotia. I'm proud to call this community home. I know these roads, these neighbourhoods, and the people who make this place special right here in Centreville and in the Annapolis Valley Area. My roots here run deep, and that local insight becomes a real advantage when you're navigating one of life's biggest decisions.

Whether you're buying your very first home, selling your current property, or upgrading to that dream house you've always imagined.

I'm here to guide you through the process with clarity, patience, and genuine care.

Real estate is more than transactions, it's about people, stories, and new beginnings. I bring strong communication, attention to detail, and a commitment to making your experience smooth and stress-free.

Sarah Ward-Escott
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THE NORTHVILLE FARM HERITAGE CENTRE

Preparing for 2026

by Jennie Sawlor

The **Northville Farm Heritage Centre** is gearing up for an unforgettable 2026 season - one that celebrates the sights, sounds, and stories of rural life through a full slate of hands-on heritage events. From thundering antique tractors to the quiet strength of working horses and oxen, this summer's event series brings history to life in motion.

History in Motion – Saturday, May 16 (Rain Date: Sunday, May 17, 2026)

The season kicks off with *History in Motion*, an exciting new signature event designed to bring multiple historical associations together for one immersive day. Visitors will be invited to explore working demonstrations, displays, and interactive experiences that showcase how different groups preserve and share our agricultural and rural heritage. From machinery to skills, stories to artifacts, this event offers a full, walk-through experience for all ages - perfect for families, history lovers, and curious newcomers alike.

Apple Blossom Antique Tractor Pull – Sunday, May 31 (Rain Date: June 6, 2026)

A fan favourite returns as antique tractors line up to test their strength and endurance. The Antique Tractor Pull is a celebration of craftsmanship and mechanical history, where beautifully restored machines are put back to work in a thrilling, competitive setting. It's loud, exciting, and packed with nostalgia- an early-summer highlight that draws participants and spectators from across the region.

Horse Pull – Saturday, July 4 (Rain Date: July 5, 2026)

Always scheduled to follow the Draft Horse Association's July 1st pull, the Horse Pull showcases the power, teamwork, and grace of these incredible animals. Teams of draft horses demonstrate the essential role they once played in farming and hauling, offering a rare and powerful glimpse into pre-mechanized agriculture. This event is both awe-inspiring and deeply rooted in tradition.

Harvest Day & Ox Pull – Monday, September 7, 2026 (Rain Date TBA)

Harvest Day celebrates the heart of the farming year. Visitors can experience demonstrations, displays, and seasonal activities that reflect how harvest time shaped rural communities. The Ox Pull is a standout feature, highlighting the strength and steady work of oxen - animals that were once indispensable to farms across Nova Scotia. If that isn't enough, be sure to put your name in to compete in the Maritime Hand Mowing Competition as well! This event blends education, tradition, and community celebration.

Get Involved: Memberships & Volunteers Needed

The Northville Farm Heritage Centre relies on dedicated members and volunteers to make its summer events possible. As part of the 2026 membership drive, new members can be invited by an existing member and join for just \$5 for the year. Volunteers are also needed throughout the season - whether for a single event or behind-the-scenes support, every helping hand makes a difference.

For updates, volunteer opportunities, and event details, keep an eye on local listings and community announcements as the season approaches.

EVERETT MACPHERSON
Councillor, District 1



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COMMUNITY GROUPS



Centreville District Park and Recreation Association (CDPRA)
Submitted by Joy Acker, Secretary

Although winter is sometimes slow for volunteers at the park, there is still lots going on.

Catch Centreville Charlie groundhog event was held on Feb 1th organized by Tony Martin and the Municipality of Kings and had a great turnout of over 75 people.

Snowshoes are still available to loan out if you want to give that a try.

We have applied for a summer job grant and if you are interested in applying for that position at the park, please forward a resume to centrevilleparkrecreation@gmail.com for consideration.

Up-coming events this year and days to keep in mind are:

Hop Into Spring	April 4 th
Centreville Day	August 15 th
Picture Me in A Tree Walk/Run	September 12 th

The Area Rate meeting was held on February 24th and a rate of \$28 was approved.

It's that time of year again when the snow melts and dog poop is left behind. Municipal Dog By-Law #71A carries a fine of \$237.50 for failing to remove dog feces. Please be mindful of dog feces when using the park trails and PLEASE PICK UP AFTER YOUR PETS!!! Thank you

If you are interested in volunteering at the park or getting involved, we meet every 3rd Tuesday at 7:00 at the Community Hall during the winter months. We'd love to see you!

You can contact us at any time either on our Facebook page or through centrevilleparkrecreation@gmail.com.



Centreville 50-Plus Club
"Friends Enjoying Friends"
by Darrell E. Spurr, President

Centreville "50" Plus Senior Group meets every Wednesday afternoon from 1:30-4:00 pm. Games, including Bridge, Cribbage, 45's, Skipbo, Aggravation, and Hearts are played.

We take a break mid-session to enjoy tea, coffee, chit chat and often treats. Recently we have welcomed several new members to our group. We celebrate special occasions e.g. Valentines, St. Patrick's Day, Easter and other occasions with treats. Monthly birthdays are celebrated with a cake!

We charge a one-time fee of \$10.00 to join and this pays for a name tag. Each week we have a 50\50 draw and a Free will offering. This supplies funds to pay rent, buy coffee, tea, birthday cakes, etc.

All area Seniors are welcome to drop in any Wednesday; we will find a game for you!



Good Neighbour Club

The Big Breakfast turned 17 on February 21, 2026!

We couldn't have done it without our many volunteers so we would like to take this moment to thank those who come from near and far, for their help and support in making the Big Breakfast such a huge success. The Big Breakfast will be held on the following dates March 21, April 18, May 16 and June 20. Hope to see you there!

The Good Neighbour Club meets at the Centreville Hall at 7:00 pm on the third Thursday of the month (except June, July, August, and December). Anyone who would like to volunteer to help with the Club's undertakings or join the GNC, please call: Ann - 902-678-4472 or Heather - 902-582-1399

COMMUNITY GROUPS, cont'd



It's Time To Dance!

Local resident and artist, Marcia Savident Hinks, has been teaching belly dancing to locals for the last couple of years, but has decided to hand over her jingly hip scarf to local dancer and artist, Jessica Best Smith.

You can contact Jessica directly through Facebook – Centreville Belly Dance.



Centreville Baptist Church

Submitted by Madeline Sheffield

870 Murray Drive, off Hwy 359
Pastor Emma Batumbya, 902-678-1946
pastor @ cbckc.ca Or info@cbckc.ca

Weekly Events:

- Sunday** - 10:30 Morning Worship In Person or Online (come early for coffee/ tea)
- Monday** - 9:00- 1:00 Ladies Quilting Contact Sharon Manzer 902 678-2836
- Tuesday** - 10:00 Al-Alon Meets;, Senior Exercise & Walking in Gym
- Wednesday** - 10:30 Bible Study Groups (Men's & Women's) Starting soon
- Thursday** - 7:00 pm Zoom Prayer Meeting
- Friday** - 10:00 am Senior Exercise & Walking in Gym Starting soon
6:30 - 8:00 pm Youth Group Ages 12-18 Games Gym, Various & Snacks

Note: Our gym is available to rent for Pickleball.
Contact Ann Steadman 902 670-8608

Ladies Auxiliary does Soup & Dessert Luncheon Last Tuesday of Month (Sept-May)

Special Event: October 19, 7;00 Harvest Hymn sing (Various Churches)
Freewill Donation goes to Canning & Area Foodbank.

Come for a visit, All Welcome!



Pins and Needles

The Pins and Needles group has met for nearly 20 years in the Centreville Community Hall on Thursday mornings where they spread out their tools and colourful fabrics, enjoy a cup of tea or coffee and talk quilts with other like-minded sewists.

But the group is not restricted to quilters. You are only limited by your imagination if you have a portable hobby. Some neighbours bring along crafts like vinyl cutting, beading, needlework or knitting. In the past we've also had rug hookers. The rooms are often abuzz with conversation and machines. Bring along your lunch and enjoy the day for less than the cost of a fancy coffee!

From this creative group, a secondary group has formed, meeting monthly to sew quilts for comfort and charity. In the past we have created warmth and comfort for fire and accident victims, quilts for families in crisis, neighbours with terminal illness, almost anywhere you can imagine comfort is needed. The group relies on donated fabric and some fund raising for finishing materials such as batting and professional quilting.

If you can offer help in any of these areas, Comfort Quilts meets on the first Tuesday each month at the Centreville Community Hall.



PLAY PICKLEBALL!!

For more information, please contact Pat at (902) 599-0215 or email at centrevillepickleball@gmail.com

BLUEBERRY GINGERBREAD CAKE WITH TOFFEE SAUCE

Margie Brown, My Country Magic

CAKE

- 1 ½ cps flour
- ½ tsp baking soda
- 1 tsp baking powder
- ½ tsp ground cloves
- 1 tsp ground allspice
- 1 Tbsp ground cinnamon
- 1 ½ Tbsp powdered ginger
- 2/3 cp molasses
- 1 cp milk
- 1 cp salted butter
- 1 ½ cps lightly packed brown sugar
- 3 large eggs
- 1 tsp vanilla extract
- 1 ½ cps fresh or frozen blueberries



TOFFEE SAUCE

- 1 cp whipping cream
- ½ cp butter
- ½ cp firmly packed brown sugar
- 2 Tbsp molasses
- 4 Tbsp golden syrup or corn syrup
- 2 tsp vanilla extract

Bring all of the ingredients to a slow rolling boil for about 2 minutes, before serving over slices of cake.

PREPARE CAKE

- Preheat oven to 350 F. Grease well, a large bundt pan, (or a tube pan or 2 – 8 x 4 inch loaf pans) and dust the inside lightly with cinnamon. Dusting with cinnamon improves the final appearance.
- Sift together the flour, spices, baking soda and baking powder.
- Stir together the molasses and milk until well blended and the molasses is fully mixed into the milk.
- Cream together the butter and brown sugar until light and fluffy, about 5 minutes, add the eggs, one at a time, beating well after each addition. Beat in vanilla extract.
- Fold the dry ingredients into the creamed mixture, alternately with the molasses and milk mixture. Always begin and end with the dry ingredients. Generally, 3 dry portions and 2 liquid portions.
- When the last of the dry ingredients is almost fully incorporated into the batter, add the blueberries for the final few folds of the batter.
- Spread the batter evenly into the prepared bundt pan and bake for about 1 hour and 15 minutes or until a wooden toothpick inserted into the center of the cake comes out clean. Start checking about 10 minutes before the baking time is up. Using frozen berries will take the longest time to bake.

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Wrapping Our Community In Care

submitted by the Comfort Quilt Women

Comfort Quilt Volunteers are **Wrapping Our Community in Care** in communities across the Annapolis Valley and beyond. Simple acts of kindness can make an enormous difference. One such act is the gift of a comfort quilt, something warm, handmade, and filled with compassion. Our Comfort Quilt Group is inviting new volunteers to join us in this meaningful work. We meet once a month for a relaxed and friendly day where people come together to create quilts that are given to Nova Scotians who are going through difficult times. Our quilts have been shared with people facing cancer, struggling with mental health challenges, victims of house fires, women's shelters, nursing homes, search and rescue and local people we hear who could use comforting.

Each quilt we make carries a message: You are not alone. With every stitch and every helping hand, we are wrapping our neighbours in warmth, care, and supplies are provided, many in our community have donated money and supplies.

There are plenty of ways to help. Some Volunteers enjoy sewing, while others help by cutting fabric, pressing pieces, binding quilt edges, organizing materials, or preparing quilt kits. Every task, big or small, helps turn fabric into comfort for someone who truly needs it. Beyond the quilts themselves, our monthly gatherings are a wonderful way to spend a day. The atmosphere is welcoming and relaxed, the coffee pot is always on, and it's a great place to meet new friends while doing something meaningful for the community.

If you enjoy good company, want to give back to the community, or are interested in learning to quilt, we would love to have you join us. Come lend a hand and help us continue bringing comfort to those who need it most. We meet the first Tuesday of each month at the Centreville Community Hall, 1951 Route 359, Centreville, Nova Scotia. We set up around 9 a.m. and pack up in the afternoon. Come when you can, stay as long as you like. We bring our own lunch. New volunteers are always welcome. If you have any questions you can call Ann Steadman, 902-670-8603.

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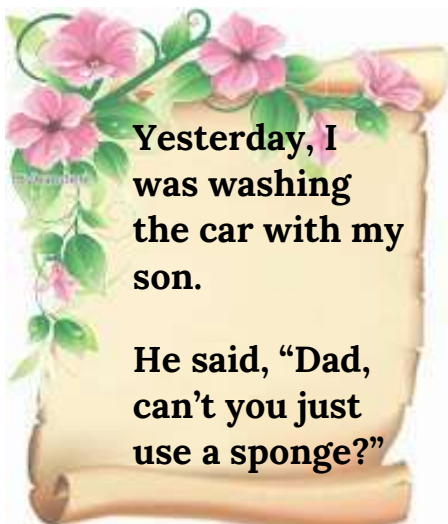
TIME FOR A BREAK!



- Allergies
- April
- Baseball
- Bees
- Crocuses
- Cyclamens
- Daffodils
- Dandelions
- Equinox
- Flowers
- Frogs
- Golf
- Grass
- Green
- Growth
- Irises
- Lillies
- March
- May
- Melt
- New Leaves
- Rain
- Renewal
- Robins
- Season
- Softball
- Snow
- Spring Cleaning
- Spring Break
- Tulips
- Warmer
- Wet

T L E M W O N S S S A R G L A
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"DAD JOKE" CORNER



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			9			6		

Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Solution on next page. "Sudoku puzzles are provided by www.sudokuoftheday.com

Community Information



In case of emergency, Automated External Defibrillators (AEDs) are located inside the main entrances of the **Centreville Community Hall** and **Centreville Baptist Church** and attached to the side of the **Centreville Park Building**

Centreville Hall Rental

Contact Betty Harper
902-678-0041
timharper@eastlink.ca

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall
When: *Thursday, September 17th, 2026*
Time: 7:00 pm

All meetings are open to the public — come out and support your community's development!

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on **Monday evenings (except holidays) at 5 pm**. We are open to new members at the cost of **\$59.00 yearly**, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free meeting. For more information contact Madeline Sheffield at 902-678-7584. **Please note changes to time and contacts.**

Cancer Support Group

For women with or recovering from any type of cancer. Meetings are held the **second Thursday of each month** at 1:00 pm at alternating locations.

Info:

Dorothy 902-538-3374 msalsman@xcountry.tv
Pat 902-678-9100 patmutch@hotmail.com
Margot 902-542-1466 margotwithat@hotmail.com

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held **every Tuesday at 10:00 am** at the Baptist Church here in Centreville. For more information, please contact Christine at 782-232-1448. Please note change in contact info.

REMO – Register Now for Updates

The Kings County Regional Emergency Management Organization (REMO) visited the Hall to speak about emergency action for disasters such as hurricanes, flooding and evacuations that may impact residents at risk. They want to make sure that Vulnerable Persons are registered. This is a free and confidential service aimed at improving the safety of vulnerable persons during emergencies. To register please visit: REMO_KingsCounty@countyofkings.ca.

Soduko Solution

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Word Search Solution

