

THE CENTRE POST

Issue 77, Summer 2025

Next Issue: Fall, 2025: Submissions Due: August 16, 2025

A LIFE WELL LIVED AND LOVED

by Lisa Pinch and Rebecca Jones-Boudreau

From shaping young minds in the classroom to working tirelessly for Ducks Unlimited, sharing his passion at Benjamin Bridge Winery, and keeping the community connected through his articles in the Centreville Post, Gren proved that every day should be spent doing something that you love.

In addition to living every day to the fullest Gren spent many years advocating for the French language and culture, in classrooms at Cornwallis District High School, Kings County Academy, and Northeast Kings Education Centre, along with Canadian Parents for French. Gren was also very proud of his many years taking students to France for the summer to continue their education in the country that he loved so much. Nova Languages grew, after his retirement from the classroom to tours with adults who shared his love for all things France. From St. Malo, his heart home, to the Loire Valley, and Normandy, Gren was passionate, and driven to share his experiences and knowledge.

During this time, and well into his retirement, Gren was a tireless and dedicated volunteer with Ducks Unlimited Canada. From starting the Annapolis Valley DU Chapter, to being the Senior Director for NS and NL, he dedicated his life to conservation and the guardianship of natural spaces. He was a driving force behind Miner's Marsh in Kentville, as well as many other wetland preservation sites across Nova Scotia.

He spent countless hours championing this organization and the work that they do. Gren's great respect for nature was evident within his home community as well, clearing many trails in the woods in Foleaze Park for family, friends, neighbours to enjoy throughout the years. Gren was commonly seen walking with his beloved pups, taking his clippers with him to keep the trails clean, often taking a break to share a tale or two with neighbours as they were passing through.



Gren Jones
February 11, 1950 - March 14, 2025

This past year, as tours to France and commitments to DUC were winding down, Gren found a new passion: working at the Benjamin Bridge Winery. Every day he was excited to go to work to meet new people, and to share his stories and experiences with co-workers and customers alike. It was a perfect match - a love for wine, mixed with a love

for educating and supporting local business.

Gren was also an avid storyteller and enjoyed connecting with new people and reconnecting with old friends and students. He very rarely forgot a name and one of his biggest joys was celebrating friendships old and new.

Most importantly of all, Gren was a loving husband, father and grandfather. He shared his absolute joy of life with his wife, Gail, and daughters Lisa and Rebecca. Hunting, camping, and beach days, traveling in France and England, picnics at Grand Pre and Ross Farm, road trips to Boston and summer stays at the cottage in Summerville. His love surrounded his family, extended and beyond.

Gren's love for adventure, his unwavering commitment to the causes he cared about, and his ability to enjoy the finer things in life (especially a good glass of wine!) will continue to inspire all of us.

Note from Editor: I never had the pleasure to meet Gren, although we exchanged many emails when I nagged him to submit his DUC article for the Centre Post. He was always so cheerful and accommodating. He also always threw in some French in those emails. I tried to respond in kind but admit to having to use google translate on occasion. Sorry Gren!

The Centre Post

*is published four times a year: Spring,
Summer, Fall and Winter.*

The deadline for news items, etc., is the 16th day of February, May, August, and November. It is always good to get your information in before the deadline.

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What's Inside...

A Life Well Lived and Loved	1
From The Editor	2
CDCDA Meeting Information.....	3
Charles Macdonald Concrete House <i>Terry Drahosy</i>	4
I've Got Your Back <i>Gail Salmon</i>	5
Blueberry Coffeecake <i>Margie Brown</i>	5
In Memory of Dick Brown	6
Message from Premier Tim Houston.....	7
Municipal Corner <i>Councillor Everett McPherson</i>	8
Shelter Movers <i>Gail Salmon</i>	9
Northville Farm Heritage Centre <i>Jennie Sawlor</i>	10
Community Groups	11, 12
Listening To Americans <i>David Ward</i>	14
Time For A Break!!	15
Community Information	16

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To view a colourized version of this and past newsletters, visit: www.centreville-kings-county.com/the-centre-post

From The Editor



Welcome back, Summer!

After too many trips around the sun, I still get that feeling of excitement for Spring and Summer. Yes, I know. Summer comes every year, but the giddiness takes over every time. However, as I get older, I find the heat can sometimes border on oppressive. But do I complain? Heck NO!!!!

As some of you may know, the CDCDA and Centre Post offers a \$500 bursary to a graduating student from NKEC. But \$500 doesn't go very far for a struggling student. We felt that it was time to bump it up a bit. We approached the Good Neighbour Club with our plea, and we are so happy to report the GNC came to the rescue and stepped up with an additional \$250, bringing the annual bursary to \$750. We can't thank the ladies enough for not only adding to the bursary, but for everything they do in the Centreville community. **THANK YOU, GOOD NEIGHBOUR CLUB!!**

We also want to mention that longtime resident and owner of *Brown's Convenience*, Dick Brown, has passed after his long battle with illness. He will be missed within the community.



CDCDA Community Meeting

The CDCDA will be having a community meeting on Thursday, August 28 at 7:00 pm at The Community Hall. While folks gear up for the upcoming school year, guest speaker, Ryan Hainstock will conduct a 30-minute presentation on Digital Citizenship, centering on the responsible and respectful use of technology online, including protecting privacy, understanding copyright, and engaging in ethical online behavior, including navigating the digital world safely and effectively, understanding the impact of our actions online, and contributing positively to online communities. Ryan is the Coordinator of Educational Technology and Student Data with the Annapolis Valley Regional Centre for Education. Ryan also is a part-time professor at Acadia University where he teaches Technology methodology courses to Education students.

All are welcome to attend!



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BUILDING TODAY FOR A BRIGHTER TOMORROW:
FOSTERING OUR COMMUNITY'S NEXT GENERATION

Charles Macdonald Concrete House ***by Terry Drahosy***

On Sunday, June 1 at 1 pm, the Concrete House Museum opened its doors for the 30th summer. We will be celebrating the opening of a new group exhibit "*For the Love of Charlie*" showcasing 25



paintings and dioramas honouring the artwork of Charles Macdonald. Like last year's Teapot Cottage Project, all artwork will be for sale for \$200 each and presented anonymously.

Our summer schedule is packed with art exhibits, musical events, artist run workshops, and community events every Wednesday afternoon.

This summer, the Hazelwood Gallery will be presenting three unique art exhibits: In June - *For the Love of Charlie*, in July - *Two for Joy*, *Rug Hooking* by Ellen Gould Sullivan, and in August - *Inspired by Blue*, photography by Holly Worthington. To accompany each exhibit, we will be hosting an artist run workshop; June 21 - *Dioramas with Miyoshi Kondo*, July 12 - *Rug Hooking* with Lynn Denney, and August 9 - *Cyanotype Photography* with Holly Worthington. To sign up, please visit our website for details, www.concretehouse.ca.

Each Wednesday, our summer interns will be presenting a variety of community events. Everything from gardening and silk-screening to tea and cookies. Wednesdays will be a great day to visit the Concrete House, to learn something new and make friends. For a full list of those activities, follow:

www.facebook.com/centrevilleconcretehouse.

The past five years of fundraising and restoring the Concrete House has been a difficult labour of love for all those involved. Our board of directors is eternally grateful to the Centreville community for being so supportive of this project. We welcome you to stop by and visit for a behind the scenes tour.



Now that the five-year restoration project is behind us, the Concrete House is ready to start the exciting work of welcoming the public and hosting events. If you would like to become more involved at the Concrete House, now is the time. With a fresh coat of paint and a solid foundation we are ready for new ideas on how to work with and welcome both locals and visitors.

Email charlesmacdonaldsociety@gmail.com and tell us how you would like to get involved.



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Blueberry Coffeecake

Margie Brown, My Country Magic

Blueberry Topping

2 cups Blueberry Acres blueberries (fresh or frozen)
1 tbsp flour
½ cup honey
2 tbsp lemon juice
Place berries in the bottom of a greased 9-inch round cake pan. Sprinkle with flour, then drizzle with honey and lemon juice.

Cake

1 ½ cups flour	2 tsp baking powder
½ tsp baking soda	½ tsp salt
½ cup honey	2 eggs
¼ cup milk	1 tbsp lemon juice
1 tsp grated lemon peel	1 ½ tsp vanilla
6 tbsp butter (melted)	

- Combine flour, baking powder, baking soda and salt in a small bowl and set aside.
- In a medium bowl, combine honey, eggs, milk, lemon juice, lemon peel, vanilla and melted butter; beat well.
- Add flour mixture to liquid mixture and mix gently.
- Pour batter over the blueberries, spread evenly.
- Bake at 350 degrees for 30 – 35 minutes.
- Cool for 10 minutes on wire rack, then invert cake onto large plate and cool.
- Enjoy!

I've Got Your Back

by Gail Salmon

I've got your back; I'm by your side
I wear your friendship with such pride.
When you are scared, your hand I'll hold
If you are timid, I'll be your bold.

If you get bullied, together we'll stand;
Kindness and respect we'll both demand.
We'll pass this caring to others for free,
I know it's contagious, just wait and see.

If you're sick and tired, I'll be your rock,
My shoulders are strong; I'll hear when you talk.

We can go through it all, find strength in our bond

You'll find the community's help will have spawned.

And these feelings will grow, the messages shared

It may start very slowly, ideas declared.
From each little town, it will spread like wild fire,

That caring and goodness is all we desire.

Problems will find answers, work will ensue
And each one of us will know what to do.
The world can start healing, smooth all the cracks

No one left behind; we've all got your back.



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In memory of James “Dick” Brown



To say we lost an amazing man is an understatement. James Brown, lovingly known to friends and family as “Dick”, sadly passed on March 13, 2025. He was the proud owner of Brown’s Convenience and Centre

Slice Pizza in Centreville, Nova Scotia. It was a dream come true for James on opening day to have a store in the community he grew up in and loved so much.

All who had the pleasure of knowing James knew he was a loving, caring and kind man with an infectious smile and laugh. He has touched many lives including his “Dream Team”, his staff, who continue to keep his dream alive in his memory. They miss him tremendously. James said he was lucky to have the staff he had but we all were the lucky ones to have an amazing boss, friend and father-figure such as him and will hold the time we had with him in our hearts forever. Thank you to his family for sharing him with all of us.

The staff is grateful to the new owners, Bhavik and Kalpesh, for keeping the name of the store as a tribute to such a great man and continuing James’ dream for him. Thank you to the community for your continued support. We know you have also felt the loss as James loved seeing you all come in and have a chat or laugh.

Until we meet again, Dick, we will keep your dream going to the best of our abilities.

With love and gratitude,
Your Dream Team



For the Grand Opening of Brown’s Convenience, on Sunday, June 8th, the new owners had an Open House and Market. Vendors were invited to set up tables of crafts, jewelry, baked goods, and other businesses. There was a ‘free will’ payment to set up tables, and the money raised went to the Centreville Park and the Free Spirit Therapeutic Riding Association FSTRA. Each was given \$201.55. James Dick Brown was always interested in helping the Centreville Park and realized the good work at the FSTRA.

The new owners hope you come in to say “hi” and try a pizza at the Brown’s N Slice.



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Putting Wind to Work: Nova Scotia's Plan for Energy Security and Growth



Nova Scotia is blessed to have some of the fastest, most consistent wind speeds in the world.

Harnessing wind can make Nova Scotia a clean energy powerhouse, bringing jobs and investments into our communities. That's why we're putting wind to work.

Onshore wind power is the main ingredient to green our grid. We have lots of it in place, and plenty more is coming. It will make Nova Scotia more energy secure by making us less reliant on imported energy. It will also help stabilize power rates from the mercy of volatile global fuel prices.

Right now, Nova Scotia is on the edge of a clean energy breakthrough. We're already working toward licencing 5 gigawatts of offshore wind energy by 2030, with the first call for bids this year. For context, that's more than twice the amount our entire province uses during peak demand.

There is potential for far more. Nova Scotia can produce up to 66 gigawatts – and produce 40 gigawatts reliably. These wind farms are expected to be built within the next 10 years, helping us tap into what is anticipated to be a \$4.6-billion industry.

But why produce at least 40 gigawatts when we

only need 2.4? The answer is export - and we can't do that without a way to move it. We need a cable, ideally along a national energy corridor, to deliver that wind energy westward across Canada. We call it Wind West, and Nova Scotia's Wind West project can produce energy that is equivalent to powering about 27% of the country's needs.

This would make Nova Scotia an energy superpower.

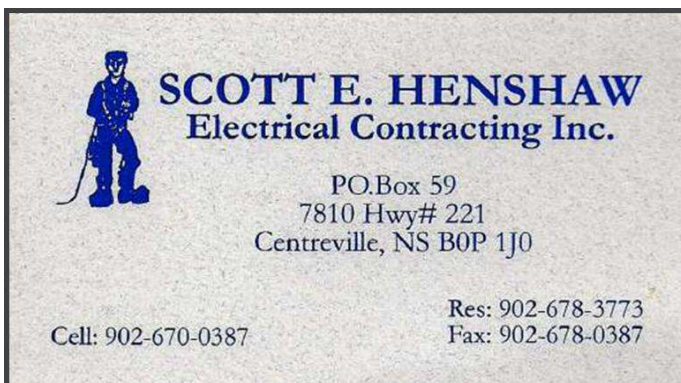
By building Wind West, we can put our wind to work to fuel green hydrogen and battery plants, AI data centres, and the industries of the future. This will transform our economy, create jobs, and support families.

It would be a game changer.

My government is ready to invest. Private capital is ready to invest. Federal government support is also crucial. We are ready to build a self-reliant and prosperous future for Nova Scotia and Canada.

With strong partnerships, we can put wind to work to power our province and country. We will green our grid, create good paying jobs, and grow our economy. Together, we can make it happen.

Tim Houston
Premier of Nova Scotia



MUNICIPAL CORNER

by **Everett MacPherson**
Councillor, District #1



Although we didn't have much of a spring, the weather is improving. Trees are budding, flowers are beginning to bloom, and the crack of golf clubs hitting a ball can be heard in Centreville. I had the pleasure of working with a group of dedicated Centerville volunteers recently sprucing up the Centreville Park, getting ready for a busy summer season. What an incredible space!

Local resident, Sarah Foote did a talk on the birds of Nova Scotia at the Sheffield Mills Community Hall a few weeks ago. Sarah is extremely knowledgeable and passionate about the life and habits of birds. She shared many of her photos and provided interesting information about habitats, migration, etc. She has lots of ideas on how we can protect the local bird population.

As we clean our properties, if you decide to burn, please be aware of burn restrictions and the Daily Burn Map. It can be found at www.novascotia.ca/burnsafe. The new fines for burning outside of permitted times are quite hefty!

A challenge lately has been avoiding potholes on our roads! Hopefully, we will see significant improvement soon. I encourage you to report your road concerns by phoning 1-844-696-7737. They will issue you a ticket number and get you on a list that will hopefully result in a repair.

This spring, Municipal Council completed the budget process delivering an operating budget of \$69.8 million and a capital budget of \$48.1 million for the 2025-26 fiscal year. A large portion of the Operating Budget goes towards education, policing, waste management, transit, and personnel. By far the largest chunk of money in the capital budget goes towards sewer. I am pleased to say that tax rates remain at their current level. It is also positive that over \$4 million is issued for community grants in support of such things as community halls, recreation, etc. This expenditure is important as it has a direct impact on our communities. See the highlights of the 2025-26 Municipal budget at: <https://www.countyofkings.ca/government/Fiscal-Budget>.

I was very saddened recently to hear of the passing of Centreville resident Grenville Jones. Gren was a good friend of mine as we both worked together teaching French at Cornwallis District High School. Gren was a good family man with a deep passion for his community. He will be fondly remembered and dearly missed.

Finally, we live in one of the most beautiful places in the world. Take advantage of it to be active. I encourage you to get out into the community and enjoy the many interesting things happening throughout Centreville and the Annapolis Valley. Start with a stroll through the beautiful Centreville Park!



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by Gail Salmon

A few weeks ago, I was in a Wolfville coffee shop. There was a table with pamphlets, business cards and two women ready to talk to me. They were two volunteers from the Shelter Movers/Transit Secours. Shelter Movers is a national, "volunteer-powered charitable organization providing moving and storage services at no cost to individuals and families fleeing abuse." They collaborate with local organizations and agencies to support people. Most of the people needing this is women and children, but anyone who fears abuse in their home can ask for information and help. Domestic abuse is a reality in Canada.

There are three parts in their process.

Clients must be referred through their website, email or phone. Referrals can be made by shelter-staff, social workers, healthcare providers, community-based organizations and police.

The Intake Team will reply to gather safety and logistics information and will contact the client to coordinate resources.

On moving day, a police-escorted team will accompany the client to pack, transport and store belongings

Shelter Movers has three services:

Urgent Exit: Moving the client from their current home to a shelter or a safe place.

Escorted Move: Escorting a client to their former home with security accompaniment to retrieve their belongings.

Resettlement Move: Transporting a client and their belongings from a shelter to their new home.

Shelter Movers is looking for volunteers. They have recently opened the Annapolis Valley to their services and are looking for movers to load and unload trucks in this area. You may also make donations to pay for the trucks. The storage units are already donated.

If you would like to be a volunteer, or more information, visit their website: sheltermovers.com
Volunteer Recruitment number is 902-797-1268.

**You found the courage to leave.
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We Care

THE NORTHVILLE FARM HERITAGE CENTRE

by Mike Turner & Jennie Sawlor



As we celebrate the 25th anniversary of the Northville Farm Heritage Centre, I want to take a moment to express heartfelt thanks to the many individuals and groups who have supported us over the years.

First and foremost, thank you to our dedicated volunteers-past and present-whose hard work and passion have shaped this Centre into what it is today. We're also deeply grateful to the local farmers, valley businesses, and government partners who have helped keep us running year-round and supported our events, projects, and upkeep.

To the broader community—thank you for showing up, for your interest in our history, and for sharing in the experience of exploring the tools, equipment, and stories of farming days gone by.

We're lucky to have an amazing group of volunteers right now, and we'd love for you to stop by, say hello, and ask questions. We are open to the public on Wednesdays or by appointment. Be sure to check our Facebook page for news and upcoming events.

***With sincere appreciation,
Mike Turner
President, Northville Farm Heritage***

Summer Horse Pull

Saturday July 5 (Rain date: July 6) 10:00am - 4:00pm (approximate)

Watch the incredible strength and teamwork of draft horse teams as they compete to pull weighted sleds in this thrilling showcase of power, precision, and partnership. The Horse Pull highlights the skill of both horses and handlers in a tradition rooted in agricultural heritage.

Fall Heritage Festival Day

Monday September 1 (no rain date) 10:00am - 4:00pm
Celebrate the rich traditions of our rural past at the **Fall Heritage Festival** — a family-friendly event that brings history to life with hands-on heritage demonstrations, community competitions, and a bustling local vendors market. Watch teams of oxen in action during the thrilling **Ox Pull**, marvel at traditional skills in the **Maritime Hand Mowing Competition** and experience the rhythms of the harvest season with live demonstrations and artisan displays.

Fall Tractor Pull

Sunday October 5 10:00am - 4:00pm

Step back in time at our Antique Tractor Pull event, where vintage machines roar to life and compete in a thrilling display of strength and skill. Watch beautifully restored tractors from decades past test their power by pulling weighted sleds down the track. It's a celebration of agricultural history, mechanical ingenuity, and good old-fashioned fun for the whole family.



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COMMUNITY GROUPS



Centreville District Park and Recreation Association (CDPRA)

Submitted by Joy Acker, Secretary

A new bulletin board has been installed on the side of the building, so make sure you post your upcoming events for all to see.

A few more picnic tables have been obtained for your use and another memorial bench will be installed in the wooded area, within the next month, in memory of Bob McLeod.

The park has also obtained an additional grant of \$6,670 from the Dept. of Communities, Culture, Tourism and Heritage under their Community Recreation Capital Grant program to complete our funding for the new Walking Track to be constructed this summer. We have also obtained a grant from NS Trails to upgrade some of our equipment in the park building. We are so thankful that these organizations exist to contribute to the growth of our park.

Upcoming events at the park include:

July 14-18 from 8:30-12:30 - Multi-sport Camp organized by the Municipality of Kings Recreation Department.

August 16th from 10 am to 5 pm. Centreville–Day!!

Free breakfast at Baptist Church 7 - 10 am

U8 baseball tournament at the Centreville Park (10 teams) starting at 10 am

Children's games in the tennis court & bounce kingdom from 10- 3

Wagon rides, fire department sprinkler, Kubota display and BBQ.

Musical entertainment of Terry Jagger from 10 - 3 and then local musical performers from 3 until 5 with the serving of the Centreville Cake at that same time.

There will be NO evening entertainment this year...everything will be over by 5 o'clock.

Volunteers are needed for the children's games either from 10:00 to 12:30 or 12:30 to 3:00.

September 6th - Picture Me In A Tree 1, 3 or 6 Hour Trail Run or Walk organized by Tony Martin.

If you have an event that you would like to hold at the park and have the washrooms available for your use, please message us on Facebook or email at centrevilleparkrecreation@gmail.com. We would be more than happy to work with you.

Don't forget, we meet every 3rd Tuesday of the month at the Community Hall during the winter and at the park building during the warmer months. We'd love to have you come out and join us or participate in Centreville Day or a park Clean-up day.

Want to volunteer? Reach out to us on Facebook or at centrevilleparkrecreation@gmail.com. We'd love to hear from you!



Centreville 50-Plus Club **"Friends Enjoying Friends"** *by Darrell E. Spurr, President*

WOW! How time flies! Centreville's "50" Plus has completed its 16th year. As summer approaches, we will be shutting down July and August. We will start up again on September 3rd.

We meet on Wednesday afternoons from 1:30 to 4:00 pm. We get together to play Bridge, Cribbage, 45s, Sequence, Aggravation, and many more. There is a short break for coffee, tea and sometimes, treats.

We also celebrate monthly birthdays on the third Wednesday of the month.

New members pay a one-time \$10 membership fee.

In addition, we have a free-will offering and a 50/50 draw that goes toward rent, coffee, tea and condiments.

Hope to see you on Wednesday!

COMMUNITY GROUPS, con't



It's Time To Dance!

Local resident and artist, Marcia Savident Hinks, welcomes you to join her and a few fun-loving women on Monday nights at the Community Hall to try your hand at this ancient Egyptian discipline.

You don't need any experience as the classes are geared to beginners and intermediates. Marcia considers herself a hobby dancer who enjoys sharing her experience with those who want to have some fun, benefit from some light exercise and socialize. And to ensure a safe place, spectators are not allowed.

Classes start on September 22. The cost is \$30 for 8 sessions. All proceeds go towards supporting the Community Hall. We meet on Monday nights. The class lasts approx. 1 hour and anyone who wants to stay behind and socialize is more than welcome.

So pack your sense of humour and, if you have one, a jingly belt. If you don't, Marcia has many and is happy to share.

You can contact Marcia directly through Facebook – Centreville Bellydance.



Good Neighbour Club

The Good Neighbour Club (GNC) meets at the Centreville Community Hall on the 3rd Thursday of the month at 7 pm.

If interested in joining the Club or volunteering, please call Ann, 902-698-3747 or Heather, 902-582-1399.



Centreville Baptist Church

Please check the Calendar of Events at <https://www.cbckc.ca/calender>

Pins and Needles

The Pins and Needles group has met for nearly 20 years in the Centreville Community Centre on Thursday mornings where they spread out their tools and colourful fabrics, enjoy a cup of tea or coffee and talk quilts with other like-minded sewists.

But the group is not restricted to quilters. You are only limited by your imagination if you have a portable hobby. Some neighbours bring along crafts like vinyl cutting, beading, needlework or knitting. In the past we've also had rug hookers. The rooms are often abuzz with conversation and machines. Bring along your lunch and enjoy the day for less than the cost of a fancy coffee!

From this creative group, a secondary group has formed, meeting monthly to sew quilts for comfort and charity. In the past we have created warmth and comfort for fire and accident victims, quilts for families in crisis, neighbours with terminal illness, almost anywhere you can imagine comfort is needed. The group relies on donated fabric and some fund raising for finishing materials such as batting and professional quilting.

If you can offer help in any of these areas, Comfort Quilts meets on the first Tuesday each month at the Centreville Community Centre.

PLAY PICKLEBALL!!

For more information, please contact Pat at (902) 599-0215 or email at centrevillepickleball@gmail.com



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Listening to Americans

by David Ward

Do you remember the Rick Mercer TV program years ago called "*Talking To Americans?*" The program essentially dealt with the general lack of knowledge the average American has of our country. The misinformation that Americans have of our country is not new. It has been commonplace for many years. Through the late '60's and '70's, I spent from three weeks to 12 months in the U.S. attending summer school and post graduate studies and three different agricultural universities.

In 1968, I attended a three-week summer school for agricultural extension agents at the University of Colorado and when one County Agent learned I was from Canada, he asked how I got there. When I answered that I came by air, he again asked how I entered the U.S. And when I told him that I flew from PEI to Montreal to Chicago to Denver, he persisted and wanted to know how I was admitted to the U.S. To end the conversation, I said that immigration agents with firearms in the airport in Chicago inspected all my luggage and papers. He was relieved. In Oregon, I learned that I spoke English very well because I was told that most Canadians spoke French.

One day in the library of the Faculty of Agriculture, University of Wisconsin, I had a conversation with a PhD student whose studies focused on determining the lean meat content of hogs.

When I told him that the Livestock Branch of Canada's Department of Agriculture had developed a grading system to do just that, I learned from him that Canada did not produce hogs!

During my year in Wisconsin, a fellow student, highly critical of the American forces in Vietnam, asked me if he might find a job in Canada. I gave him the name of an individual with the Ontario Department of Agriculture which led him to Toronto for an interview. I suggested that he take his wife with him and asked him to let me know the result of his interview. On his return, the first thing he said to me was that I didn't tell him something. When I asked what it was that I didn't tell him- his reply was that there were paved streets, office towers "and everything".

Then there was the tourist from the southern States in his motorhome on the way to Alaska. We were stopped for road work in NW British Columbia, and he was behind me in the line-up. I had let my dog out of my van, lost sight of her, and heard a voice saying, "your dog is back here". The traveler asked where I was from, and I pointed to my Alberta license plate and he said, "where's that?" I asked if he entered Canada from Montana and he said he did. When I told him he spent a day driving through Alberta, all he said was "Oh".

But to be fair, there's no doubt that there are things we don't know about the U.S.



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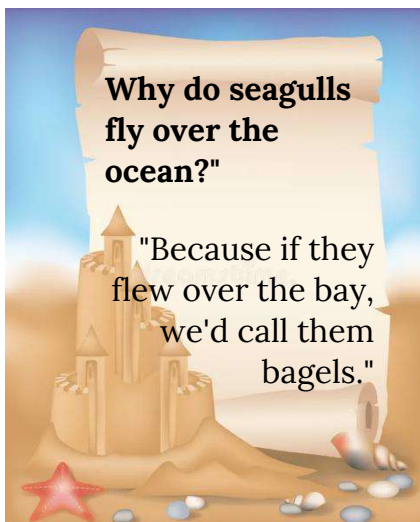
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TIME FOR A BREAK!

"DAD JOKE" CORNER



	9				3			
				4	6		7	
		1	2	5			8	
3			4			7		6
6								2
1		8			2			3
	5			3	1	9		
	1		9	2				
			5				3	

Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Solution on next page. "Sudoku puzzles are provided by www.sudokuoftheday.com

Community Information



In case of emergency, Automated External Defibrillators (AEDs) are located inside the main entrances of the **Centreville Community Hall** and **Centreville Baptist Church** and attached to the side of the **Centreville Park Building**

Centreville Hall Rental

Contact Betty Harper
902-678-0041
timharper@eastlink.ca

Centreville District Community Development Association (CDCDA) Board of Directors' Meetings

Where: Centreville Hall
When: *Quarterly (Feb, May, Aug, Nov) on the 4th Thursday*
Time: 7:00 pm

All meetings are open to the public — come out and support your community's development!

TOPS

TOPS meets at the Centreville Baptist Church, Murray Drive, on **Monday evenings (except holidays) at 5 pm.** We are open to new members at the cost of **\$48.00 yearly**, which includes a magazine from headquarters with "Eating Sensibly" ideas and recipes. You can drop by for one free meeting. For more information contact Madeline Sheffield at 902-678-7584. **Please note changes to time and contacts.**

Al-Anon

Are you affected by someone else's addictions? If so, Al-Anon is for you. Al-Anon is a support group for families and friends whose lives have been affected by someone else's drinking, drugs, etc. Our meetings are held **every Tuesday at 10:00 am** at the Baptist Church here in Centreville. For more information, please contact Christine at 782-232-1448. Please note change in contact info.

Cancer Support Group

For women with or recovering from any type of cancer. Meetings are held the **second Thursday of each month** at 1:00 pm at alternating locations.

Info:

Dorothy 902-538-3374 msalsman@xcountry.tv
Pat 902-678-9100 patmutch@hotmail.com
Margot 902-542-1466 margotwithat@hotmail.com

REMO – Register Now for Updates

The Kings County Regional Emergency Management Organization (REMO) visited the Hall to speak about emergency action for disasters such as hurricanes, flooding and evacuations that may impact residents at risk. They want to make sure that Vulnerable Persons are registered. This is a free and confidential service aimed at improving the safety of vulnerable persons during emergencies. To register please visit: REMO_KingsCounty@countyofkings.ca.

Sudoku Solution

1	3	2	4	9	5	7	8	6
7	9	5	8	2	6	3	1	4
8	4	6	1	3	7	9	5	2
3	5	4	2	6	9	8	7	1
2	6	8	7	1	3	5	4	9
9	1	7	5	8	4	6	2	3
4	8	3	6	5	2	1	9	7
6	7	1	9	4	8	2	3	5
5	2	9	3	7	1	4	6	8